Castlemore School Council is pleased to offer a Quiznos Healthy Lunch!

Dear Castlemore Families:

Castlemore School Council is pleased to organize Quiznos Healthy Lunch Days again this year. Beginning Tuesday, October 29, 2013, participating students can enjoy their choice of a nutritious sub sandwich, snack and a drink. Your family will also be supporting fundraising at Castlemore as we will receive a portion of the profits for our school! Last year we were able to raise over \$2500!

If you are interested in participating, please:

- Complete one order form (on the next page) for each child and return to school by
 Tuesday, October 22th. If you have more than one child at school, you may send one
 cheque per family. Please ensure FAMILY orders are stapled together with the cheque
 and that it is returned with your oldest child.
- Make your cheque payable to "Castlemore PS". Please write your child's name and homeroom teacher's name on the front of each cheque.

Please Note: Cash orders cannot be accepted. No refunds will be given due to student absence. The lunch will be saved for the following school day.

Please cut here and keep bottom half for your reference.

Quiznos Tuesday Lunch Dates:

Oct 29, Nov 12, 26, Dec. 10,

and

Jan 14, 28, Feb 11, 25, Mar 25, Apr 8, 22, May 6, 20

Kids Kitchen will not be available on the Quiznos dates. Parents not ordering Quiznos will have to send lunch from home

Complete and return with payment (cheque only). Please include your child's name and teacher on the cheque.

Student/Grad	e:		HomeroomTeacher:_		
Sandwich Size:	A. Regular 8 Inches (Cost \$6.50)	B . Small 5 Inc (Cost \$5.50)	ches		
Sandwich:	A. Turkey B. Ha E. Vegetarian (mush		C. Roast Beef guacamole)	D. Cheese only	
Bread:	A. White	B . Multi Grain	ı		
Toppings:	A. Cheese	B . Tomato	C. Lettuce	D . No Toppings	
Drink:	A. Apple Juice	B . Orange Jui	ice C . Bottled Wa	ter	
Snack:	A. Baked-Lays Chips	B. Sun-Chips			

Please choose one option from each of above items and complete the table below (*first row is sample order*).

Quiznos Date	Sandwich Size	Sandwich	Bread	Toppings	Drink	Snack
For example: July 5	Α	Α	В	B, C	А	В
Oct 29						
Nov 12						
Nov 26						
Dec. 10						
Jan. 14						
Jan 28						
Feb. 11						
Feb. 25						
Mar. 25						
Apr. 8						
Apr. 22						
May 6						
May 20						

Small Sandwich \$5.50	x 5.50	= \$_	
Regular Size Sandwich \$6.50	x 6.50	= \$_	
		Total Cost:	
		Cheque #:	