

PARENTING STRATEGIES FOR A SUCCESSFUL SUMMER BREAK!

Let's talk about it!

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.

June 13, 2023 | 10:00 a.m. – 11:30 a.m.

**We welcome parents, guardians, caregivers and
community members to attend this virtual session!**

This session will focus on how to ensure a safe and engaging environment for children with strategies to:

- how parents may get “trapped” in escalations and power struggles;
- understanding various traps ways to avoid these traps and develop age appropriate and do-able strategies; and
- how parents can have a successful, stress free summer break

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



Register Today!

This free parent presentation is brought to you in a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

For more information contact:

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