



# High Performance Athlete (HPA) Co-op Program

## Requirements for Admittance

**The requirements for consideration for the HPA Co-op Program are:**

1. Student-athletes must be involved in a qualifying sport\* and **be competing** at the provincial level or higher.  
Guidelines for consideration:
  - supervised training or competition for:
    - 15 hours per week over a 4 month period; or
    - 10 hours per week over a 10 month period; and
  - the training season aligns with the school year.
2. Student-athletes applying into the program in either Grade 9-10-11 or 12 must submit the following forms prior to acceptance:
  - YRDSB High Performance Athlete Application form;
  - YRDSB Coach's Reference form (Note: coach must be certified within sports governing body and willing to fulfill the role of placement supervisor for the student-athlete);
  - Student Credit Counselling Summary and/or most recent Report Card; and
  - Teacher's Reference form (optional).
3. Student-athletes must complete the Cooperative Education interview process, meeting the requirements of YRDSB Cooperative Education Program Readiness Criteria.
4. The parent/guardian or adult student must recommend the appropriate training supervisor.
5. The proposed training supervisor must meet the expectations of the pre-placement assessment as conducted by the teacher and be willing to sign the HPA Protocol Agreement.
6. Student-athletes must **reapply** for the program on a yearly basis.
7. All student-athletes enrolled in the HPA program are eligible to earn equivalent Cooperative Education credits related to their in-school courses. These credits count towards the requirements for an Ontario Secondary School Diploma.

Note: considerations for \*qualifying sports is a determination made at the individual school level based upon school specific program offerings.