

## **Crosby Heights S.I. Electives**

**\*\*Available to youth entering Grades 4 to 8 only.**

During the activity block, students are engaged in purposeful, intentional learning which is embedded within the following areas:

### **Actor's Studio**

Love to be on stage? Come have fun learning the basic fundamentals of drama and improvisation in a fun-filled atmosphere where creativity and individual expression are encouraged.

### **Archery**

Learn to sight along the bridge of your nose and feel the wind in the feathers of arrows when firing at bull's eyes in the archery field.

### **Artzcool**

You don't have to be an artist to be cool! If you like using your creativity, this is the place for you! Painting, drawing, colouring, collage making, crafts, and so much more! The sky is the limit because we try it all!

### **Bucket Drumming**

Get a real bang out of your summer! Join Bucket Drumming and learn basic rhythm skills as well as cool beats! Create exciting pieces of music working with other percussionists.

### **Coding & Robotics**

Coding is the way we tell computers to do all the helpful things they do for us. From finding a contact on your phone so you can send a message, to directing a rocket into space, computers follow lists of instructions, a coder, or programmer has written. You can learn to code by starting with a short, simple program. Once you understand the basics, you can build up to bigger projects.

### **Field Invaders**

In Field Invaders, you will learn a new "high energy" game every day that you can play with your family and friends. Some of the games will range from "Capture the Flag", "Spud", "Frozen Critters", "Ultimate Frisbee" to various forms of dodge ball. Participants will also have an opportunity to create their own games.

### **Fun Fitness**

This fun and energetic elective will combine forms of dance, mindfulness, Zumba, and other movement styles to energize and motivate for a healthy lifestyle. Topics of mental health and healthy eating will also be addressed.

### **Glee**

Belt a note, sing your heart out and do a little dance! Inspired by the hit television show "Glee", you will be part of a performance where the emphasis will be on popular songs, group vocal harmonies, movement, staging and fun!

**Knit Knots**

See a single string transform into something with form and beauty, almost like magic! Participants will learn a variety of knitting strategies and patterns. Create great projects that are as useful as they are beautiful!

**Lights, Camera, Action!**

Attention all photographers & videographers! This is your opportunity to learn and develop your skills in digital photography and video filming! Learn how to capture and manipulate images with the latest digital cameras and leading edge digital editing software.

**Math Masters**

Put your math skills to the test. In this technology-based elective, participants will have the opportunity to explore 'Prodigy' gaming, design their own code, and even create their own math game!

**Naturally Curious**

Take a closer look at the world outside your doorstep! Go on an insect safari, play some cool interactive nature games, make some nature crafts, learn how to be a nature detective, and become more aware of the wildlife that shares our city with us! This program will run outdoors, rain or shine.

**Net Sports**

Looking for fast-paced excitement? Learn the fundamentals of a variety of net games like badminton, tennis, table tennis and volleyball and apply them to game situations.

**Ready, Set, Cook**

Continues to offer the basics of food preparation and cooking. Participants will eat their daily creations and take home a recipe book at the end of each session.

**Soccer**

"Pass, shoot, score!" In this elective, participants will make use of a variety of training equipment to take their soccer skills to the next level.

**Street Ball**

Have you ever wanted to take the skills that you have learned in basketball and apply them to a game of basketball 'pick up'? Well this elective will do just that. You will learn all the skills needed to beat your opponent and drive to the net!

**Wacky Science World**

Get ready to enjoy a week jam-packed with discovery and exploration through themed, hands-on activities in the wonderful world of science. Participants will learn new and exciting concepts that will excite the scientist at heart.

**Yoga**

Try this non-competitive physical exercise to build your stamina, concentration and muscle power! You will learn poses and postures to strengthen your muscles and mind while controlling your breathing and movements. No special equipment required, just you!