# A PARENT'S GUIDE TO IMMUNIZATION



#### Immunization: Help Your Body Help Itself

Immunization is one of the safest ways to protect you and your child from illness associated with vaccine preventable diseases. Only after many years of research is a vaccine approved for use. Immunization helps save lives.

#### Why?

Immunization can help the body fight serious disease. Immunization activates the body's natural defences so it can build up resistance to diseases which might otherwise require medication or more serious medical intervention.

If a child is not immunized, they could get very sick and may need to be hospitalized. By keeping our immunization rates high, we are helping to protect the health of children and our community.

#### When?

Following the Publicly Funded Immunization Schedule in Ontario is the best way to protect the health of children and our community. These vaccines are considered so important that they are provided for free to all Ontarians.

## The Immunization of School Pupils Act (ISPA)

All children attending school are legally required to be immunized against certain preventable diseases, unless a valid exemption due to medical, conscience or religious reasons is provided. See the Publicly Funded Immunization Schedule (next page) for which vaccines are required, and when to get them.

### **Important**

York Region Public Health collects and reviews the immunization records of all students to ensure each child is immunized and their records are up to date. Doctors or schools do not provide this information to York Region Public Health. You need to inform York Region Public Health when your child has received a vaccination.



1-877-464-9675 TTY 1-866-512-6228 york.ca/immunization



## PUBLICLY FUNDED ROUTINE IMMUNIZATION SCHEDULE IN ONTARIO

|  |   | Age of Child |          |              |        |              |          |       |              |  |
|--|---|--------------|----------|--------------|--------|--------------|----------|-------|--------------|--|
|  | 2   | 4            | 6        | 12+          | 15     | 18           | 4-6      | Grade | 14-16        |  |
| Vaccine                                | months  | months       | months   | months       | months | months       | years    | 7     | years        |  |
|  | Each colour represents vaccinations given in one needle |              |          |              |        |              |          |       |              |  |
| Diphtheria*                            | ✓   | ✓            | ✓        |              |        | ✓            | ✓        |       | <b>✓</b>     |  |
| Tetanus*                               | ✓   | ✓            | ✓        |              |        | ✓            | ✓        |       | $\checkmark$ |  |
| Pertussis<br>(Whooping Cough)*         | ✓   | <b>√</b>     | <b>√</b> |              |        | <b>√</b>     | <b>√</b> |       | <b>√</b>     |  |
| Polio*                                 | $\checkmark$  | ✓            | ✓        |              |        | $\checkmark$ | ✓        |       |              |  |
| Haemophilus influenzae<br>type B (Hib) | ✓   | <b>√</b>     | <b>√</b> |              |        | <b>√</b>     |          |       |              |  |
| Pneumoccocal (Prevnar)                 | $\checkmark$  | ✓            |          | $\checkmark$ |        |              |          |       |              |  |
| Rotavirus                              | ✓   | ✓            | <b>✓</b> |              |        |              |          |       |              |  |
| Measles*                               |   |              |          | ✓            |        |              | ✓        |       |              |  |
| Mumps*                                 |   |              |          | ✓            |        |              | ✓        |       |              |  |
| Rubella*                               |   |              |          | ✓            |        |              | ✓        |       |              |  |
| Varicella (Chickenpox)*                |   |              |          |              | ✓      |              | ✓        |       |              |  |
| Meningococcal Disease*:                |   |              |          |              |        |              |          |       |              |  |
| Type C                                 |   |              |          | ✓            |        |              |          |       |              |  |
| • Type A, C, Y, W-135                  |   |              |          |              |        |              |          | ✓     |              |  |
| Hepatitis B                            |   |              |          |              |        |              |          | ✓     |              |  |
| Human papillomavirus<br>(HPV)          |   |              |          |              |        |              |          | ✓     |              |  |

Influenza (flu) - Everyone six months of age and older should get the flu shot every year

- √ Recommended time of immunization
- \* Mandatory per Immunization of School Pupils Act. Students are required to have these immunizations or a signed exemption to attend school in Ontario.

#### **Learn More**

To learn more about immunization, vaccines and requirements for students visit york.ca/immunization

Update York Region Public Health on your child's immunization status in one of the following ways:

- Online at eimmunization.york.ca
- Fax documents to 905-895-6066 or 1-866-258-2026
- Call York Region Public Health at 1-877-464-9675 ext. 73456
- Mail immunization information to Immunization Services, Box 147, Newmarket, Ont. L3Y 6Z1

### **York Region Public Health Immunization Clinics**

York Region Public Health offers immunization clinics throughout the year in Georgina, Markham, Newmarket, Richmond Hill and Vaughan. For a full list of immunization clinic dates, locations and to book an appointment online, visit york.ca/immunization. If you are having difficulty booking a clinic appointment online, please call 1-877-464-9675 ext. 73044.