

March 22nd, 2017	
Important Upcoming Dates	
March 23	Mental Health & Wellness Presentation for parents (see below)
March 24	Earth Hour @Muir Lights out on Friday from 1:00-2:00 p.m.
March 30	School Dance-a-thon (all day) Class schedule to follow
April 14/17	No School

## For your Information....



### School Council Dance-a-thon School Fundraiser

Pledge form envelopes went home yesterday with your child. We invite you to support our school council fundraiser by pledging your child(ren). If you wish to pledge online please go to [www.pledge.me](http://www.pledge.me) and search up Alexander Muir P.S. You are welcome to use credit cards for online pledges. **A variety of glow-in-the dark- light up items will be available for sale on the day of the dance-a-thon. They have a variety of price ranging from \$1 to \$5.** We hope that you are able to

support us! All Funds raised will be used to support the purchase of learning resources for our Makerspace centre in the Learning Commons (library) for all students at ALEXander Muir to use. We appreciate your support. Thanks in advance for your donation. We hope to raise \$5000+ from this fundraiser.

### MENTAL HEALTH AND WELL-BEING **STILL SPACE AVAILABLE!**

Parents, guardians and caregivers, we invite you to join for a special presentation on **Thursday, March 23rd at 6:00 p.m.** in the Alexander Muir gym. We will feature, Michelle Cassidy, Mental Health Lead for YRDSB. Come learn strategies to support a positive, mentally healthy mind and body. Childminding will be available for children 2yrs of age and up. Sign up today! Register at <https://bit.do/mentalhealthamps> We hope to see you there.

### Adult (On-call) Lunch Monitors Needed

We are looking for casual/temporary adult lunch monitors to fill in when our regular monitors are absent. This is a one hour a day paid position. A vulnerable screening police check is required (at your own expense). Please contact the office for more information.

## Cookies for Sale -on SCHOOL CASH ONLINE

Cookies are now available for sale on school cash online for Pizza Days. We apologize that they were not included earlier. They will be available for ordering up until March 29th. They will be added to your child(rens) pizza orders.

## GRADE 5-8 STUDENT SURVEY

A letter was sent home on Monday, March 20th to information families of the upcoming student survey. It will provide details about the contents of the survey and the process. All students in grades 5- 8 will complete the 30 minute survey during class time. Stay tuned for more details after the March Break.

## KINDERGARTEN REGISTRATIONS CONTINUE!

We continue to accept registrations for Kindergarten and other grade levels. Please come to the school to complete the registration package and provide the needed documentation to register your child. If you have a neighbour that does not currently have children at our school, we ask you to let them know. Please register early!

## A Taste of Our Cultures Night! We need your help!



We are excited to announce that on Thursday May 4, from 6:00pm – 7:30pm, we will be having our “*Taste of Our Cultures*” evening of fun-filled activities where families are invited to come out and join us to learn about each other’s cultures. There will be various cultural interactive games, dances, music, and food sampling from different regions from all over the world!

We are looking for as many adult volunteers as possible that will be able to help us plan, set-up, and run our evening. We are looking for people to help plan the different activities that will occur on the evening of May 4 as well as bring in different artifacts from a culture to display. We are also hoping to have volunteers to help us cook some tasty treats for participants to sample from different cultures.



If you would like to volunteer your time or help with this event, please click on the following link

[Diversity Night Volunteers](#) .

Alexander Muir Public School presents

## Supporting your Child's **MENTAL HEALTH & WELL-BEING** Presentation

Expert Guest Speaker  
**Michelle Cassidy**  
Mental Health Lead  
York Region DSB



We all have mental health and strive to be mentally healthy. What we do to promote our own and our children's mental health, and how we respond in times of stress is critically important.

There is a lot we can do to impact positively on mental health. A collaborative approach is essential and families and schools working together to support student and youth mental health is ideal.

***What does this look like?***

***What steps can we take to promote mental health?***

Join us for the **FREE** presentation to learn more.

**Thursday, March 23rd, 2017 @ 6:00 p.m.**

**Alexander Muir P.S. School GYM**

Child Minding available for 2 years and older.



**Reserve your seat and RSVP to:**

**<http://bit.do/mentalhealthamps>**

(Ctrl + click to access link.)

**Limited spaces available. Please RSVP soon.**

**THIS THURSDAY EVENING! PLEASE JOIN US!**