



Aurora Senior News

125 Wellington St. W,
Aurora, Ontario
L4G 2P3
905.727.9751

Jodi Sepkowski
Principal

Claudia Fischer
Vice-Principal

Gayle Brocklebank-Vincent
Superintendent
905.884.4477

Peter Adams Luchowski
Trustee
905.713.1729



Upcoming Dates

June 4	Friday Schedule
June 6	PA Day
June 10	Area Track and Field
June 11	Area Track and Field RAINDATE
June 12	Provincial Election
June 17	School Council Meeting 7 pm
June 18	Regional Track and Field
June 20	Volunteer Breakfast 7:30 am to 9 am
June 20	Junior Dance 1:45 pm to 3:15 pm
June 23	Grade 8 Graduation Aurora High School
June 26	Aurora Senior Public School Awards

JUNE 26, 2014
11:55 AM
EARLY DIMISSAL

SEPTEMBER 2, 2014
BACK TO SCHOOL
8:50 ENTRY

JUNE 2014

www.aurorasenior.ps.ca

A MESSAGE FROM YOUR ADMINISTRATION TEAM

June is here and it is amazing to realize how quickly we have almost come to the end of another school year! The month of May produced many successes including our Welcome to Kindergarten Night, Gr. 4 Orientation Day, Jump Rope for Heart, Dress Loud Day, Track and Field and of course, we closed the month with our Annual Spring Fair. The School Council hosted **Spring Fair**, on Saturday, May 31st and it was a wonderful way to bring the community together. The weather was perfect and it was obvious that students were having an incredible time with their families. Thank you to everyone involved, for making this such a successful event!

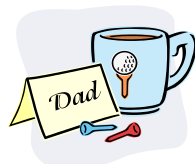
Just a reminder to our parents that all students will discover who their homeroom teacher is on the first day of school. Class placement is very much dependent upon the number of students registered within a certain grade and as this number changes over the summer, the students within the class also change. In addition, due to staffing that also occurs over the summer there is a possibility that a teacher may change assignments between now and the first day of school. When determining class placements we consider learning style, teaching style, social relationships and parent input. It is a very thoughtful process, one in which there is much discussion by staff and administration.

We are now looking forward to the excitement of the events in June followed by a long wonderful summer. As we look back to the many events that have taken place last month, and over the course of the year, we are reminded of how many passionate and supportive staff, parents, community and student volunteers we have at George Street and Aurora Senior. These individuals willingly devote their time and expertise to always providing amazing opportunities and educational experiences for our students, and we look forward to celebrating them this month with a Volunteer Tea at both schools.

George Street and Aurora Senior would not be the extraordinary place that it is without all of you!

Mrs. Jodi Sepkowski
Principal

Mrs. Claudia Fisher
Vice-Principal



Happy Father's Day

**AURORA SENIOR P.S**

125 Wellington Street West Tel: 905-727-9751
Aurora, Ontario Fax: 905-727-1811
L4G 2P3

**GEORGE STREET P.S.**

115 George Street Tel: 905-727-4921
Aurora, Ontario Fax: 905-727-1697
L4G 2S3

May 30, 2014

Dear Parents/Guardians:

RE: June 26, 2014 - Early Release Day

All schools in the York Region District School Board are committed to improving student achievement and well-being. On **Thursday, June 26th, 2014** an early release day will take place to allow elementary teachers and support staff to take part in meetings during the afternoon of that day. These meetings will allow for school staff to engage in culminating activities regarding the review and revision of the School's Improvement Plan as well as year-end and transition activities that support student success.

As has been our practice over the past four years, students will attend school during **the morning of Thursday, June 26th, 2014 only**. Students will be dismissed early that day at

George Street: 11:35 AM

Aurora Senior 11:55 AM

Arrangements will be made to ensure that students who are normally bussed to and from school will receive transportation at this time. Parents whose children attend after school child care should make appropriate arrangements to address this change in schedule.

If you have any questions, please feel free to contact me.

Sincerely,

Jodi Sepkowski, Principal
Jodi.sepkowski@yrdsb.edu.on.ca

Claudia Fischer, Vice-Principal
Claudia.fischer@yrdsb.edu.on.ca

OVERDUE/LOST LIBRARY BOOKS

It would be appreciated for a quick return of books by June 13.



Sincere thanks to all students who have returned their library books!! Please note that students with outstanding books will not be able to borrow from the library in September until the book(s) have been paid for or returned. **This applies to the high school library as well.** We know that due to a variety of circumstances, these books may appear over the summer. Any money which is paid for lost books will gladly be refunded. Mrs. Baskin would like to express her appreciation to the many parents who have given of their valuable time to volunteer in the library this year.

Please remember to take advantage this summer of the wonderful collections of books available at our local library. We have listed the Aurora Public Library's link for your information:

<http://www.aurorapubliclibrary.org/>

Happy Summer Reading!

TO ALL OF OUR AURORA SENIOR PUBLIC SCHOOL VOLUNTEERS – THANK YOU!

On Friday, June 20 from 7:30 – 9:00am at Aurora Senior Public School, we would like to thank all of our volunteers at a special breakfast which will take place in the library.

If you have volunteered in any capacity this year, please come and join us. We appreciate all the jobs you do including driving to sporting events, escorting groups on field trips, organizing and handing out pizza and pitas, being part of the School Council, organizing the graduation, the list goes on and on.

We will not be sending out personalized invitations this year. Please know that you are welcome and we don't want to miss anyone



GRADE 8 GRADUATION



The grade 8 graduation planning is well underway. The grade 8 graduation ceremony will take place on Monday, June 23rd from 6:30 – 8:00 pm at the Aurora High School. The ceremony is hosted by the ASPS staff. The ceremony will consist of recognition of achievement in the areas of academics, athletics, the arts and citizenship. Following the recognition of students for these prestigious awards is the presentation of the diplomas.

The parent planning committee has been meeting and working between meetings to plan the after party which will take place following the ceremony from 8:00 – 10:30 pm. The after-party is a celebratory event with a DJ, finger foods and scrumptious deserts – it is a time for the grade 8's to dress their best and to have fun dancing and enjoying the camaraderie they have developed throughout their elementary years.

Graduation is a momentous occasion for our students as they move from elementary to secondary school. They have wonderful memories, have built tremendous friendships and have gained knowledge that will set them up for success for the next 4 years of high school and beyond.

If you would like to be part of the planning or to help the day of graduation, please contact Jodi.sepkowski@yrdsb.ca

****PREPARING FOR 2014-2015****



Our preparations for the 2014 - 2015 school year are underway, and our success depends on accurate projections of the school population.

Do you have new neighbours who need to register their child at Aurora Senior PS?

Are you moving to another address within our attendance area?

Are you moving out of our school area?

If you are moving out of our school area, please complete the form below and return it to the School as soon as possible

My child(ren), _____ (name(s)),
who is/are in grade(s) _____ (current grade), will not be attending Aurora Senior Public School in September 2014.

We will be moving to _____
(please provide name of new school, if known).

Parent/Guardian Signature _____ Date _____

Survey for Parents/Guardians

The deadline to complete the survey for parents/guardians has been extended to **June 6**. You can complete the survey:

Online at <https://www.surveymonkey.com/s/SchoolClimateParent2014>

On paper. Paper copies are available through the school in English and 11 other languages.

The surveys provide the Board and our school with valuable information about how you feel about the school environment and your child's education. The results will be used to identify areas that need to be addressed, monitor progress and plan strategies to support student achievement and well-being. We value parent input and encourage you to complete the survey. The information parents provide will be anonymous, considered confidential and kept in strict accordance with all relevant legislation.

Please contact the school if you have any questions.



WE ARE LOOKING FOR A VOLUNTEER TO ORGANIZE THE QSP MAGAZINE FUNDRAISER FOR 2014-2015. THIS IS OUR MAIN FUNDRAISER OF THE YEAR.

IF YOU ARE INTERESTED PLEASE CONTACT THE OFFICE AT AURORA SENIOR PUBLIC SCHOOL.

MEDICATION



Your child should be bringing home his/her prescription medication on June 26. Should he/she forget please make arrangements to pick it up June 27.

Any medication left at school will be discarded.

Character
Matters!



OPTIMISM

We maintain a positive attitude.

We look on the brighter side of situations..

We are able to see opportunities even in the face of adversity.

We have hope for the future.



We are Aurora Senior Public School

*We are ambitious in our learning and we try our very best to achieve our goals.
Success is everyone's accomplishment to celebrate.*

We take responsibility for our work, our words, and our actions and we try to make good choices.

We encourage one another to learn new and important lessons by taking risks and making mistakes.

We take care of ourselves and respect each other so we can learn, laugh, and live each day to the fullest.

We treat each other fairly, truthfully, and honestly, always remembering how we would like to be treated.

We accept, honour, and celebrate our differences because we know that it's what is on the inside that matters most.

We try to make a difference every day by keeping our school healthy, safe, clean, and happy.

We welcome everyone in our work and play so that everyone feels included and has a role to play.

At Aurora Senior, everyone belongs!



Operation Sparrow is a local non-profit organization whose aim is to promote and facilitate the participation of children ages 3-18 in physical and cultural activities, regardless of their ability to pay for services.

Opportunities with local groups, including karate and art, are being offered (subject to availability).

Call (905) 716-1447 now for information.

SCHOOL COUNCIL COMMITTEE MEETING

The next school council committee meeting is
Tuesday, June 17 at 7 pm in the school library.

EVERYONE IS WELCOME!

You do not need to be a voting member to attend and participate in council.

Please join us at our next meeting.



Heart and Stroke Corner – June 2014 Edition



Tip of the Month

With summer on the way we want to ensure our children are staying active without school and aren't becoming couch potatoes. Raising active children is about the love of moving needing to be taught and encouraged, exactly the same way we teach and encourage our children to love to read. If you want your child to lead an active and healthy life and aren't sure how to get them on the right path, then these can't-fail tips to encourage them are for you. **1) Make physical activity part of your daily routine**-every night after dinner try building in a 15 min walk **2) Choose to walk or bike instead of drive**- have children walk to school, quick trip to the convenient store? Walk! **3) Expose your children to a wide variety of activities**- so they can find something they like to do and build different skills **4) Spend time outdoors** – activities outside almost guarantees some sort of movement, have bored children play outside instead of facing a screen **5) Choose a daycare or preschool that fosters physical activity**- small children especially need lots of opportunities to move and develop basic skills like running, jumping, hopping, skipping, etc. Structured and unstructured play are both essential in helping them to develop these skills.



Recipe of the Month

These frozen yogurt freezer pops are a perfectly cool treat on those hot summer days.....and they're healthy! Greek yogurt punches up the protein power, while the fruit adds a touch of sweetness and a ton of flavour.

Frozen Yogurt Fun

Nutritional Information: Calories: 72, Protein: 6 g, Fat: 1g, Saturated Fat: 0g, Dietary cholesterol: 0 mg, Carbohydrate: 10g, Dietary fibre: 1g, Sodium: 24 mg, Sugars: 1g, Potassium: 117 mg

Ingredients

- 1 tub (500 g) 0% plain Greek yogurt
- 1 ripe banana, cut in chunks
- 125 mL (1/2 cup) frozen blueberries or strawberries
- 25 mL (2 tbsp) ground flax
- 175 mL (3/4 cup) orange juice
- 15 mL (1 tbsp) maple syrup or liquid honey (optional)
- 5 mL (1 tsp) vanilla

Directions

1. In blender, combine yogurt, banana, blueberries and flax. Pulse to mix together. Add orange juice, maple syrup, if using and vanilla; puree until smooth.
2. Pour mixture among eight small (5 oz) disposable cups and cover with plastic wrap. Push craft stick in centre and place in freezer for at least overnight or up to 3 weeks.
3. Tropical variation: Substitute frozen mango and pineapple chunks for the banana and blueberries. You will need about 375 mL (1 1/2 cups) fruit in total.

Question of the Month

Q: "I'm a bit baffled by all the choices in the cereal aisle and, while I read the Nutrition Facts label, I don't really know what to look for. Can you give some guidelines?"

A: My kids begin most days with a bowl of cereal because it's a quick, high-fibre, filling breakfast. I add milk and fruit for a winning combination to start the day. Here are five things to look for when you read nutrition labels on cereal boxes: ^{*}*Check the serving size.* Cereal serving sizes on the Nutrition Facts table are standardized at 30 grams or 55 grams. Before comparing the nutrient content of two cereals, check to see if they are the same serving size. (The nutrition information here is based on a 30 gram serving.) ^{*}*Look for whole grains.* The first word on the ingredient list should be whole (oats, wheat, rice, corn, etc.). Wheat bran is also acceptable; it's the outer layer of the grain where most of the fibre is found. ^{*}*Choose fibre.* A "source of fibre" claim can be found on cereals with at least 2 g fibre per serving. Aim high - the more fibre, the better. ^{*}*Dodge sugar.* Sugar can range from 1 to 16 grams per serving. This time, you want to aim low - no more than 6 grams of sugar (roughly 1.5 teaspoons) per serving. If your children love pre-sweetened cereals (about 12 g sugar per serving), fill half the bowl with a lower sugar, high fibre cereal first. ^{*}*Watch out for sodium.* Salt? In cereal? Yes, even in sweet cereals, sodium is used as a flavourless preservative. Choose a cereal with 240 mg sodium or less per serving - the lower the better. ^{*}*Fat is not usually too high in cereals, unless they are made with lots of oil, coconut or nuts (think granola).* Aim for cereal with 3 grams of fat or less.



**THE SPRING FAIR COMMITTEE WOULD LIKE TO THANK
OUR COMMUNITY PARTNERS WHO HELPED US**

RAISE OVER \$7,300

BY SUPPORTING THE FAIR WITH THEIR GENEROUS DONATIONS!

Anonymous	NTR Canada (Newmarket)
Astoria Shish Kebob House	Nestle Canada
Aurora Downtown Hardware	Northern Karate Schools
Backyard Pool & Spa Company Ltd.	Omar's Shoes
Blue Panda – Arts & Ceramics Studio	Ontario Science Centre
Brand Wizard	The Pampered Chef (Jennifer Fasciano)
Canada's Wonderland	Panda Party Inc.
Canadian National Exhibition (CNE)	Party Magic Rentals & Sales (Bolton)
Canadian Tire (Newmarket)	Pizza Pizza
The Exterior Carwash Company (Aurora)	Playmobil Canada
Cardinal Golf Club	George Puccia, CA
Ce De Candy Company (Rockets Candy)	Saint Andrew's College
Cobs Bread	Shopper's Drug Mart (South Aurora)
Costco	The J.M. Smucker Company
Sandi Crawford	Snow Valley-Barrie
Flipside Clothing Co.	Sobey's
Hallmark Cards Canada	South Street Burger
Dianne Hughes	Starbuck's Coffee Company
The Keg	Strategic Objectives
Kids SuperGym	Subway Sub (15483 Yonge St.)
Ning Li	Summer Fresh
Lia Sophia Jewellery (Tammy Hudgin)	The Toronto Blue Jays Baseball Club
Lolita's Lust Chinchilla Lounge	Toronto and Region -
Longos	Conservation for The Living City
Mandarin (Newmarket)	The Toronto Zoo
Maplelea Girls	Tradegents Ltd. (Markham)
Margo Photography	The Tapping Family
Mary Brown's Fried Chicken	Town of Aurora-Recreation Department
Mastermind Toys	Wallace & Church (New York)
McDonald's	Wal-Mart (Aurora)
Metro	Wendy's
Michelberger Orthodontics	Wild Water Kingdom
Moksha Yoga	York Dance Studio
Mr. Sub (14760 Yonge St.)	Zona's II The Children's Shoe Shoppe



RAFFLE PRIZE WINNERS

SPRING FAIR - SATURDAY, MAY 31, 2014

BASKET #	BASKET NAME	WINNER NAME	WINNING TICKET #
1	Splish Splash	Katherine V	557
2	Crafty Kids	Juliet C	670
3	Lots O Lego-Tower	Omid G	008
4	Lots O Lego	Bryan C	407
5	Let's Play Ball	Lucas K	596
6	Wii U	Erin W	666
7	Candy Basket	Cameron B	439
8	Family Night	Laili J	497
9	Shop Till U Drop	Olimpia J	548
10	I-Tunes Gift Cards	Tara F	506
11	I-Pad Mini	Amanda M	638
12	Skylander's	Andreas D	608
13	Canada's Wonderland	Taylor F	053
14	Keurig Coffee Brewing System	Jack V	558
15	In & Around Toronto	Janet T	664
16	National Training Rinks	Donna L	618
17	Karate	Elizabeth G	617
18	Taste of Newmarket	Patricia S	266
19	Keep the Kids Busy	Michael C	656
20	SAC-Summer Camp	Katherine V	557
21	Snow Valley Barrie	Dianne G	652
22	The Arts	Olimpia J	548
23	Moksha Yoga	Jenn D	591
24	Brand Wizard	Joan P	450
25	Nexus 7 Tablet	Effy L	550
26	Cabbage Patch Dolls	Tara F	505
27	Playmobil-Pony Farm	Michelle D	564
28	Playmobil-Soldiers	Sunny C	035
29	Water Fight	Lauren P	359
30	Coach Perfume	Nancy L	679
31	Maplelea Doll	Madison W	280
32	Bicycle	Thomas K	612
33	Clinique Make Up	Beth-Lee P	576
34	Mac Make Up	Rose	312
35	Kindle Fire HD	Shi Lan Q	533
36	Smuckers Product	Mandy S	631
37	Build-A-Bear Animals	Narita S	368
38	Holiday Basket	Vito T	665
39	Save For A Rainy Day	Mason S	668
40	Summertime Fun	Amanda M	638
41	Indulge Yourself	Alexis M	613
42	Floater Lounge	Donna L	388
43	Artist's Studio Tour	Jacob D	628
44	Springtime Gardening	Claudia F	374
45	Margo Photography	Stephanie S	633
46	Lolita's Lust Restaurant	Amanda M	638

RAISING AWARENESS ABOUT DRUG ABUSE AMONGST YOUTH SEMINAR

سمینار بررسی عواقب استفاده از مواد مخدر در جوانان توسط متخصصین

Date: Sat. June 7, 2014

Time: 1:30 - 4:00 p.m

Location: Bayview Secondary School

Afrouz Sarmadi, OCT
Teacher Liaison

Inclusive School and Community Services-ISCS



In partnership with:



The Goals of Seminar

- Signs and symptoms that your child may be using drugs
- The negative physical effects of drug abuse
- Information about where at risk youth can get support
- Tips to help youth at risk (Drug Abuse) from York Regional Police
- Tips to help youth at risk (Gangs) from York Regional Police

اهداف سمینار

- بررسی علائم و نشانه های استفاده از مواد مخدر
- نشانه های جسمی و روانی
- اطلاعات در مورد مراکز کمک رسانی به جوانان در خطر استفاده از مواد مخدر
- راهنمایی پلیس منطقه ای یورک به جوانان در مورد خطر استفاده از مواد مخدر
- راهنمایی پلیس منطقه ای یورک به جوانان برای هشدار در مورد گنگ ها

Snack will be Provided.

Please RSVP

YRDSB

Ms. Afrouz Sarmadi, OCT
905-884-2046 ext. 265

Please RSVP

Settlement Workers (SEPYR)

Ms. Mahnaz Golchin (416) 721-7888,
Ms. Marjan Razzaghi (416) 616-2351

این سمینار به صورت فارسی، انگلیسی برگزار می شود.

Presentation will be offered in English and Farsi.

Address: 10077 Bayview Ave, Richmond Hill, ON L4C 2L4

Parent Talk

Winter/Spring 2014 Workshop Schedule – York Region

Workshop #	Location	Address	Room	Day	Dates	Time
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All prices include HST

Raising Cooperative, Respectful Children AND Parenting Without Anger (both condensed) Saturday Workshop - \$65/person \$115/couple

Woodbridge

1Y	Pierre Berton Resource Library	4921 Rutherford Rd (at Islington)	Boardroom	Saturday	Feb. 15	12:00 – 4:00pm
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Markham

2Y	Markham Centennial C.C.	8600 McCowan Rd (N of Hwy 7)	Pool Training Rm.	Saturday	Apr. 5	1:00 – 5:00pm
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Richmond Hill

3Y	Aurora Public Library	15145 Yonge St. (at Church)	Lebovic Rm	Saturday	Apr. 12	12:00 – 4:00pm
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Richmond Hill

4Y	Loyal True Blue & Orange Home	11181 Yonge St (N of Elgin Mills)	Room B13	Saturday	May 31	12:00 – 4:00pm
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Parenting Without Anger AND Building Your Child's Self-Esteem (both condensed)

Saturday Workshop - \$65/person \$115/couple

Markham

5Y	Markham Centennial C.C.	8600 McCowan Rd. (N of Hwy 7)	Pool Training Rm	Saturday	Feb. 22	1:00 – 5:00pm
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Aurora

6Y	Aurora Public Library	15145 Yonge St. (at Church)	Lebovic Rm	Saturday	Mar. 1	12:00 – 4:00pm
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Woodbridge

7Y	Pierre Berton Resource Library	4921 Rutherford Rd. (at Islington)	Boardroom	Saturday	Apr. 26	12:00 – 4:00pm
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Raising Cooperative Respectful Children (condensed) AND Building Your Child's Self-Esteem

Saturday Workshop - \$65/person \$115/couple

Richmond Hill

8Y	Loyal True Blue & Orange Home	11181 Yonge St. (N of Elgin Mills)	Room B13	Saturday	Mar. 29	12:00 – 4:00pm
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Woodbridge

9Y	Pierre Berton Resource Library	4921 Rutherford Rd. (at Islington)	Boardroom	Saturday	May 10	12:00 – 4:00pm
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Markham

10Y	Markham Centennial C.C.	8600 McCowan Rd. (N of Hwy 7)	Pool Training Rm	Saturday	May 24	1:00 – 5:00pm
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Raising Cooperative Respectful Children

Saturday Workshop - \$65/person \$115/couple

Aurora

11Y	Aurora Public Library	15145 Yonge St. (at Church)	Lebovic Rm	Saturday	Feb. 8	12:00 – 4:00pm
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Markham

12Y	Markham Centennial C.C.	8600 McCowan Rd (N of Hwy 7)	Pool Training Rm.	Saturday	Mar. 22	1:00 – 5:00pm
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Parenting Without Anger

Saturday Workshop - \$65/person \$115/couple

Richmond Hill

13Y	Loyal True Blue & Orange Home	11181 Yonge St. (N of Elgin Mills)	Room B13	Saturday	Feb. 1	12:00 – 4:00pm
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Richmond Hill

14Y	Loyal True Blue & Orange Home	11181 Yonge St. (N of Elgin Mills)	Room B13	Saturday	Jun. 7	12:00 – 4:00pm
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Building Your Child's Self Esteem

One evening workshop - \$40/person \$70/couple

Richmond Hill

15Y	Loyal True Blue & Orange Home	11181 Yonge St. (N of Elgin Mills)	Room B13	Thursday	Feb. 27	6:30 -- 8:30pm
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Register Online at www.practicalparenting.ca

For other payment options, please call 905-508-5240 or e-mail parenttalk.ca@gmail.com

Order Books Online: www.practicalparenting.ca [Prices include taxes, shipping & handling]

Parent Talk, 50 Quick solutions to the Most Common Parenting Challenges, by Shapiro & Skinulis \$25

Practical Parenting, A Common Sense Guide to Raising Cooperative, Self-Reliant and Loving Children by Shapiro & Skinulis \$25

LEARN TO TRAIN

**LEARN SPORTS
& HAVE FUN!**



**COLT
CAMP**

**BOYS & GIRLS
AGES 10-12**

The Program

The goal of Learn to Train Colt Camp is to Learn Skills & Have Fun!

Along the way, campers will develop in three key areas...

1. General Sport Skills
2. Fundamental Movement Skills
3. Motor Coordination Skills

These skills will be developed by playing four unique sports!

- Modified European Handball
- Tennis-Baseball
- Modified Ultimate
- Modified Rugby (non-contact)



**COLT CAMP
is for Kids who
LOVE TO PLAY!**

**ONLY
ONE
SESSION**

**JULY 7-11
2014**

9AM-3PM

**One week of FUN
is only
\$195.00!**

EARLY BIRD!!

**Register before
April 30
and only pay
\$165.00!**



How to Register

Fill out the registration form and mail it along with a cheque
OR
drop off registration at the main office with cash or cheque.

Cheques can be made payable to Bill Crothers Secondary School.

Office Hours:
Monday-Friday 8:30am-3:30pm

We will only accept 50 campers!!

The instructors of Colt Camp are all NCCP certified coaches.



**National
Coaching
Certification
Program**

Questions?

Questions can be directed via email to Derrick Stryker at derrick.stryker@yrdsb.ca

Bill Crothers Secondary School
44 Main Street
Unionville, Ontario
L3R 2E4

COLT CAMP - REGISTRATION

LEARN SPORTS
& HAVE FUN!



BOYS & GIRLS
AGES 10-12

Please fill out and submit this application along with a cheque to:
 Bill Crothers SS Athletics, 44 Main Street, Unionville, Ontario, L3R 2E4
 Office Hours: Monday-Friday 8:30am-3:30pm
 CAMP DATE: JULY 7-11, 2014

Camper Name:	Birth Date:	Gender:
Address:	City/Town:	
Postal Code:	Phone Number:	
E-mail:		
T-shirt Size: YM YL S M L	School:	
Emergency Contact 1:	Emergency Phone 1:	
Emergency Contact 2:	Emergency Phone 2:	

I authorize the director and instructors of Colt Camp to act in according to their best judgement in any emergency requiring medical attention:

Parent/Guardian Signature: _____

Make sure it fits!



It's the law in Ontario for children and youth (under 18) to wear a helmet when bicycling



2 FINGERS ABOVE
YOUR EYEBROWS



V SHAPE STRAP
UNDER YOUR EARS



1 FINGER SPACE
UNDER YOUR CHIN

SHAKE, SHAKE, SHAKE, your head up and down and side to side to make sure the helmet is snug!

Make sure your child always wears a properly fitted helmet!

For more information contact York Region **Health Connection** at **1-800-361-5653** or visit www.york.ca/injuryprevention



Fight the Bite!

Protect yourself against Lyme Disease

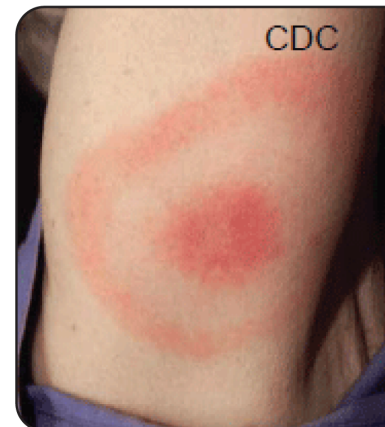


Lyme disease is an illness, caused by the *Borrelia burgdorferi* bacteria, spread through the bite of an infected blacklegged or deer tick. Signs and symptoms include a rash that can look like a "bull's-eye" and can develop into fatigue, chills, fever, headache, muscle and joint pain as well as swollen lymph nodes. Deaths from Lyme disease are rare.

Tips to protect yourself and family:

- Wear long pants and long sleeved tops that are light coloured to help spot ticks
- Wear closed footwear and tuck your pants into your socks
- Use an insect repellent containing DEET
- Search your body for ticks, especially the groin, scalp, underarm areas and back
- Remove attached ticks from your body as quickly as possible

Blacklegged ticks infected with the Lyme disease have been found in Ontario along the north shores of Lake Erie, Lake Ontario and the St. Lawrence River. Currently the risk is low; blacklegged ticks are not established in York Region.



For health-related information call York Region Health Connection at 1-800-361-5653, TTY 1-866-252-9933 or visit www.york.ca/healthyschools

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Drowning prevention: Splash into safety



Swimming is a popular and fun activity, however, drowning is the second leading cause of injury-related death of children under the age of 14. Minimize your child's risk in and around water:

- **Actively supervise.** Stay in sight and reach of children at all times and avoid talking on the phone or reading a book. Even children who can swim need adult supervision
- **Get trained.** An experienced adult who knows how to react in an emergency situation should provide supervision. Caregivers who are weak swimmers should take swimming lessons and learn First Aid and CPR
- **Use lifejackets.** Put young children and weak swimmers in a lifejacket or Personal Floatation Device (PFD)

Teach kids how to swim. Children under five years of age do not have the physical skills to perform swimming strokes on their own. Children five years of age and older can begin to learn swimming strokes and water skills by enrolling in swimming lessons.

Adapted from Safe Kids Canada, 2010

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BUS ROUTES HOTLINE
 1-877-330-3001
 www.schoolbuscity.com

Character Matters! Optimism
 We maintain a positive attitude. We look on the brighter side of situations. We are able to see opportunities even in the face of adversity. We have hope for the future.



June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 EQAO - GRADE 6	3	4 Friday Schedule	5	6 PA DAY (No School)	7
8	9	10 Area Track & Field	11 Raindate Area Track & Field	12 Provincial Elections	13	14
15 HAPPY FATHER'S DAY!	16 MADD Presentation Grade 7 & 8	17 School Council Meeting @ 7 pm	18 Regional Track & Field	19	20	21 SUMMER BEGINS
22	23 Grade 8 Graduation at Aurora High	24	25	26 ASPS Awards 11:55 am student pick up Last 1/2 Day of School	27 PT DAY (No School)	28
29	30 CLOSED				First Day of School Tuesday, September 2, 2014 8:49 am	

LUNCH SCHEDULE

- MONDAY - EXTREME PITA
- TUESDAY - THE LUNCH LADY
- WEDNESDAY - GREEK LUNCH
- THURSDAY - PIZZA LUNCH

(All lunches must be pre-ordered and pre-paid)

Updated: 3-Jun-14