

## Study Tips – Study Smart!

### ***Where should I study?***

- Find a place at home that is **free from distractions**
- Make sure you have a flat surface and enough light
- Try soft music, if it is distracting for you find a quiet place



### ***When should I study?***

- Each week, plan what you will work on each day
- Set a consistent study time for each day...make it a routine!
- Keep track of your plan on a calendar, agenda or electronic device
- Share your study plan with your family
- Aim to go over your notes regularly so that you don't fall behind in class
- Start studying for tests and exams days in advance



### ***What should I do? What does studying look like?***

#### **Read your notes from class and mark them up**

- Use a highlighter to underline main ideas in your notebook
- Add information that will help you understand when you are reviewing them later

#### **Take notes from the textbook**

- Add to class notes by taking key ideas from the text
- Use sticky notes to keep track of key ideas, terms and concepts

#### **Make Flash Cards**

- Summarize out key points on cards (avoid re-coping your notes)
- Summarize concepts using a graphic organizer



#### **Study with a friend or a small group**

- Talk about concepts with friends
- Ask each other questions about what you have learned

#### **Do practice problems**

- Make sure you can answer assigned questions

#### **Make up your own questions and answer them**

- Predict a test question based upon what you think is important. If you are not sure refer to the learning goals, the text and examples from class.



### ***Don't forget to take care of yourself!***

- Set time limits when you study, plan breaks (for snacks, movement)
  - It is ok to take a break!
- Get enough sleep
- Eat properly
- Exercise regularly
- Spend time with friends; have fun



## Sample Weekly Study/Homework Plan – Grade 10

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
M	Read + Highlight Notes (10 min) Hmk 2.1 (20 min)	Read + Highlight Notes (10 min) Hmk 2.2 (20 min)	Read + Highlight Notes (10 min) Hmk 2.3 (15 min)	Read + Highlight Notes (10 min) Hmk 2.4 (20 min)	Night OFF!	Day OFF!	Read + Highlight Notes (10 min) Hmk 2.5 (20 min)
	Study Break (10 min)						Study Break (10 min)
E	Read Chp 4 (15 min)	Read Chp 5/6 (15 min)	Write a Rough Draft Reflection (25 min)	Edit Reflection (25 min)			Read Chp 7 (20 min)
	Study/Snack Break (10 min)						Study Break (10 min)
H	Continue to read and highlight notes for test on Thursday (25 min)	Make cue cards Make a list of questions for class (30 min)	Read over my notes and do a self talk for tomorrow's test (30 min)	TEST TODAY!			
	Study Break (10 min)						Study Break (10 min)
B	Meet with group about Presentation (30 min)	Make plan for my part of presentation (20 min)	Write up presentation (20 min)	Share with group (30 min)			Practice Presentation (10 min)

*M-Math; E-English; H-History; B-Business*

## Additional Resources

(In no particular order)

### Study Skills form YRDSB

<http://www.yrdsb.ca/Students/MySkills/Pages/Study-Skills.aspx>

### Ten Study Methods that Work

<http://www.csc.edu/learningcenter/study/studymethods.csc>

### How to study for college science classes

<http://www.uwosh.edu/facstaff/gutow/general-study-hints-and-info/how-to-study-for-college-science-classes>

### How to Study Mathematics

<http://tutorial.math.lamar.edu/Extras/StudyMath/HowToStudyMath.aspx>

### 23 Science-Backed Study Tips to Ace a Test

<http://greatist.com/happiness/better-study-tips-test>

### How to form a successful study group

<http://arc.duke.edu/documents/How%20to%20Form%20a%20Successful%20Study%20Group.pdf>

