



**BEYNON FIELDS PUBLIC SCHOOL
SCHOOL COUNCIL MINUTES
BFPS Library
February 21, 2018**

DATE: February 21, 2018

PRESENT: Michelle, Kevin, Kim, Tannaz, Helena, Girija, Wilma, Julie, Roopa, Lisa, Katherine, Marc, Sam, Jin Jin

ABSENT: Kathy, Heather, Gail, Anne-Marie, Giulia, Terry, Sylvia, Sue

Agenda Item	Description	Action Required
Approval of January minutes	Approved unanimously	N/A
Empowerment Project - Shar Rai	<p>Science based mindfulness program, teaching children about the brain effects of positive behaviour. Control over feelings and actions can help change mindsets. Tools and techniques to harness happiness.</p> <p>“I am in charge of my happiness”</p> <p>Biochemical and physiological changes that occur with our thought processes how our internal environment affects our external environment.</p> <p>Hands on tools through visualization, affirmation statement, breath control and meditation.</p> <p>Four part program</p> <p>P1. Power of positive thoughts Understanding the science behind positive thought</p> <p>P2. Thanks, importance of being grateful</p> <p>P3. Visualization, the value of goal setting</p> <p>P4. Move, breath, focus</p> <p>Yoga, breathing to calm, meditate to focus</p> <p>Program is in line with Ontario curriculum</p> <p>Lisa brought up a point about drawing awareness to the fact that feeling all different</p>	Shar to send slides to Heather, Lisa and Kim for review/approval prior to presentation

	emotions is normal and sometimes people may require assistance if they're feeling overwhelmed by certain emotions or experience. In that case they can reach out to a parent, trusted adult, kids help line, or professionals to seek help from in case there are feelings of sadness, grief, etc.	
Principal's Report	No Report, was unable to attend.	Will present these items at April meeting
Treasurer's Report	Funds available \$12000 Subway sale \$2600 net Lice check happened in January All requested fund items have been ordered	
Fund Requests	<p>Fund Requests</p> <ul style="list-style-type: none"> • Math manipulatives \$800 approved • Gym equipment (Basketballs) \$400 approved <p>1) Math Manipulatives - \$800 These are used in all grades to support the concepts being taught, so that students have items to manipulate in order to better understand what they are learning (e.g. fraction cubes, protractors with a clearer idea of how to determine the angle, # cubes to determine 1's, 10's, 100's, 1000's). Most of these items we have already; they are so popular though that there never seem to be enough to go around, which is the reason for the request for more.</p> <p>2) Gym Equipment (Basketballs) - \$400 The basketballs are worn out. Requesting 40 more allows 2 classes to use them simultaneously for drills, etc.</p>	
Committee Updates	<p>Fundraising: Year end festival - Friday, June 22 @ 5:00-8:00pm Need help with planning, raffle baskets, we need as much help as possible so all hands on deck and please pass the word and get others involved.</p> <p>Education: Pro grant- Empowerment Project for grades 6-8 The presentation can be tailored to our school needs Clear Concept can be a good option for next year. PRO grant award was \$1000, council will subsidize \$1100 additional - approved unanimously</p>	<p>Kim to schedule Festival sub-committee meeting for after March Break</p> <p>Julie to schedule presentation with Shar - April 11 or 25?</p>

Coffee hour April 13 @ 9:00 public health nurse, Vanessa Fortier. Mental health.
Possible topic for May 11 coffee hour - financial literacy

**Positive Climates for learning (Healthy Schools/ Eco):
Healthy Family Night - March 2nd**

6-7 pm. Chef Amanda Li gluten and nut free recipes
7-8 pm. Terry Cariglia-Bull - self regulation for kids
Kids: Taekwondo 6-8 pm and movie for little ones- Magic School bus

You're the chef, last week going well
Kids are happy learning lots
Subway going well-known good vendor and kids are happy

Eco - Starting a new recycling program - recycling old phones for ape habitat
End of March sorting through our garbage to review our habits
Ordered mulch
Need volunteer once a week for garden care, watering, weed picking
Plant seeds in milk carton, decorated by art club and \$2 for mother's day

Student Programs:

Jin has been coordinating the Lego Club
Chess has already started
Scratch coding will start next month, have a few volunteers knowledgeable in programming.
Looking to set up a lunch time yoga program

Communications:

No update

Other business:

Safe routes to school

Traffic study in spring
Kim has been in contact with town representatives reminding them about our school community issues, signs, obstructed sight lines

Helena to thaw leftover frozen treats on April 12 for the event on the 13th

Wilma to look into presenter for Financial Literacy topic

Next Meeting:	Next meeting April 11 @ 7pm in Library	
----------------------	--	--