

Colts Classic XC Invitational

Thursday September 29, 2016

Location

Milne Park Conservation Area
Markham, Ontario

[Click here for a location map](#)

Convenor Information

Derek Virgo
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Albert Wong
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Christie Taylor
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Schedule of Events:

10:30	COACHES MEETING	-----	RESULTS TENT
11:00	MIDGET GIRLS RACE	2900M	SEE COURSE MAP ON PAGE 4 FOR ROUTE DETAILS
11:30	MIDGET BOYS RACE	5000M	
12:00	JUNIOR GIRLS RACE	3900M	
12:30	JUNIOR BOYS RACE	6000M	
13:10	SENIOR GIRLS RACE	5000M	
13:45	SENIOR BOYS RACE	7000M	
3:00	AWARDS	-----	AWARDS AREA

Entry Information:

Entries can be completed online at TrackDatabase.com using the meet code **K46AAS**.
Please see page 3 for instructions for registration online at TrackDatabase.com

ENTRY FEES		
PER ATHLETE	TEAM MINIMUM	TEAM MAXIMUM
\$5.00	\$20.00	\$250.00

NO FAX OR E-MAIL ENTRIES PLEASE! ALL ENTRIES MUST BE DONE ONLINE BEFORE THE ENTRY DEADLINE OF **SEPTEMBER 26, AT 6:00 PM.**

Unfortunately, no exceptions can be made for late entries beyond the deadline.

PLEASE MAKE CHEQUES PAYABLE TO BILL CROTHERS SECONDARY SCHOOL. FEES CAN BE PAID AT REGISTRATION ON RACE DAY.

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Change Rooms:

There are no change rooms available on-site.

Race Course:

The course is primarily flat with some gentle rolling hills. Approximately 95% of the course is grass while the remaining 5% is on dirt trails. **7mm and 9mm spikes are recommended. See page 4 for a course map!**

Awards:

The top five racers in each race receive “top five” t-shirts. The top four runners (scoring runners) in the first and second place teams also receive “top team” t-shirts. If a runner receives a “top-five” t-shirt prize and is also on a winning team, his or her team t-shirt should be awarded to a fifth runner on his or her team.

Directions to Milne Park Conservation Area:

From 401 West

Take highway 404 north to Highway 7. Go east on highway 7 to McCowan Road. Go South on McCowan Road. Milne Park is located 200m south of Highway 7 on the east side of the road.

From 401 East

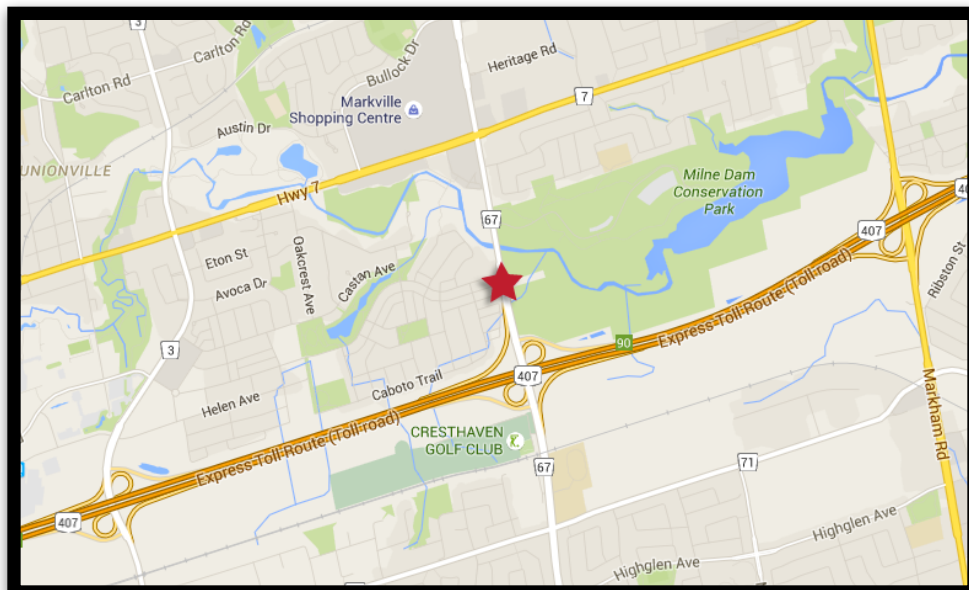
Take the McCowan Road exit north. Follow McCowan Road for approximately 12km. The Milne Park entrance is located on your right, just beyond Highway 407.

From North of Highway 7

Drive south to Highway 7. Take Highway 7 to McCowan Road. Go south on McCowan Road and enter Milne Park Conservation area on your left (approximately 200m south of Highway 7).

From the 407

Take the McCowan Road exit from the 407. Head North on McCowan Road (approximately 400m). The Milne Park entrance will be on your right.



<http://www.trackdatabase.com/>

Meet Name: Colts Classic XC
Meet Code: **K46AAS**
Meet Date: Sep 29, 2016

Entry Close Date: **Sep 26, 2016 @ 06:00 pm**

If this is your first meet with the Track Database online entries:

(Returning Users, see below)

Select 'Register' from the menu on the left to bring you to the registration page that will allow you to register your team. On your first visit to the registration system you will need to provide all the information required. OFSAA & CISAA have restricted modification abilities as much of their information is generated automatically.

Registration now uses a username and password, the username you create must be unique and cannot be changed. This username and password can be shared between the coaching team to allow multiple coaches to do registrations for segments of the team.

When you enter team data, be sure to use an email address which is checked often as any communication with either the meet convener, or trackDatabase.com will likely be time sensitive. Using the online entry system, your entries will be emailed to you prior to the entry close date in order to allow you time to review your entries and make any changes needed. These dates are set by your convener and should be noted in your meet package.

Returning Users:

Select 'Login' from the menu on the left and use the username and password from your previous meet(s).

Joining a Meet:

To join a new meet, select 'Join Meet' from the left menu. You will be prompted to enter the meet code provided by the convener. After entering this code and clicking the join meet button you will be added to the meet and it will now appear on your meet homepage.

Adding your entries:

The sign-up for relays is located under the "Athlete" heading. Select 'Relay Entries' to access to those events. It is automatically added to your entries list. Registering athletes for relays is done here as well.

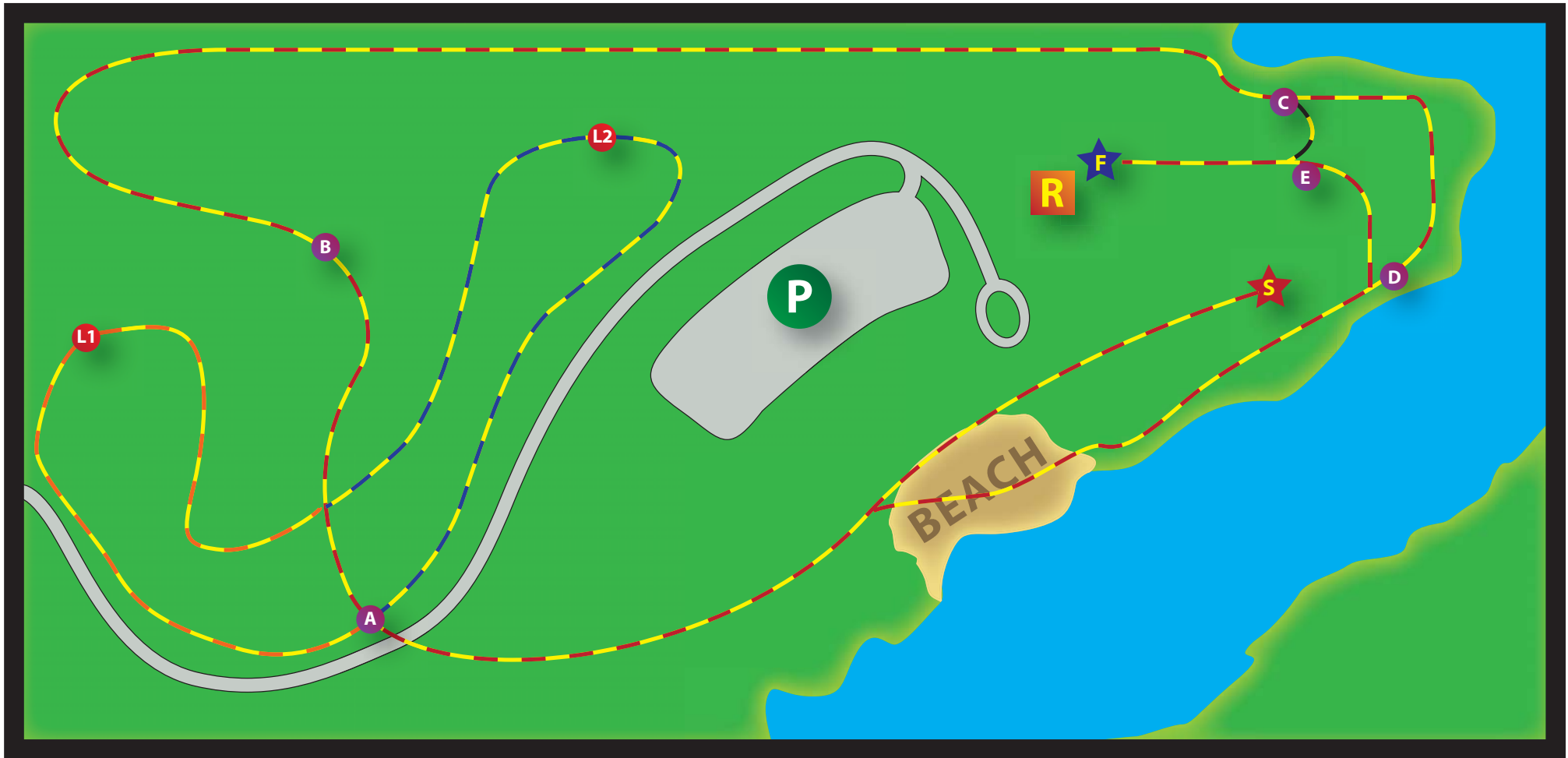
For all other events, you can select them in the edit view for each athlete, check the box beside the event to register for it, clicking submit at the bottom of the page will save the data entered. Seed times may optionally be entered for running events in the box provided.

Copy Entries:

After choosing the meet to edit, click the "copy entries" button, located at the top of the entries listing. This will bring up a form to select the meet you would like to copy the entries from. After selecting the source meet, a listing of all the athletes and entries from your team will come up, click the box beside the entries you would like to copy and click copy entries. The system will alert you if any of the copied entries are for events that don't match the current meet, or would violate entry limits.

COLTS CLASSIC 2016

COURSE MAP -- ALL RACES



DIVISION

MIDGET GIRLS
MIDGET BOYS
JUNIOR GIRLS
JUNIOR BOYS
SENIOR GIRLS
SENIOR BOYS

DISTANCE

2900 M
5000 M
3900 M
6000 M
5000 M
7000 M

ROUTE

S > A > B > C > D > E > F
S > A > B > C > D > A > B > C > F
S > A > L1 > L2 > B > C > D > E > F
S > A > B > C > D > A > L1 > B > C > D > E > F
S > A > B > C > D > A > B > C > F
S > A > L1 > B > C > D > A > L1 > L2 > B > C > D > E > F

	Parking
	Registration
	Finish tent
	Start line
	Route marker