

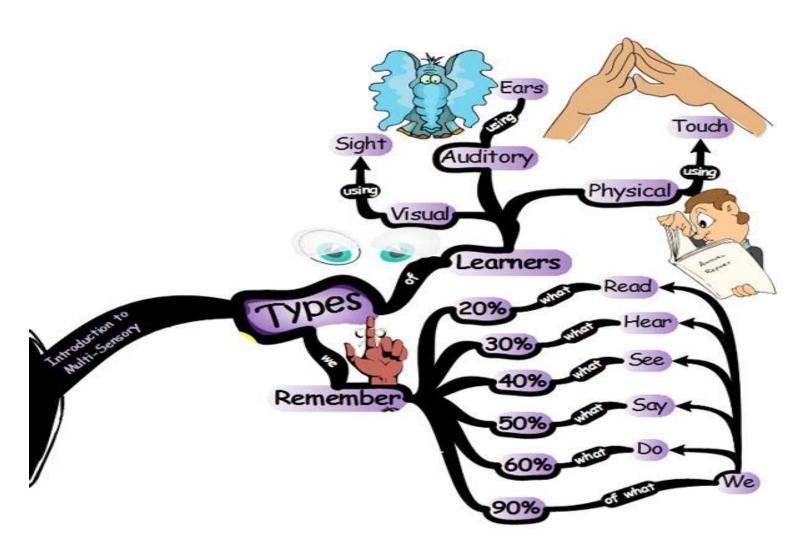
"'How To Do Well In School Without Studying' is over there in the fiction section."

FIND OUT WHAT
WORKS FOR
YOU!

#### ALL OF THESE THINGS WILL AFFECT HOW YOU DO ON YOUR EXAMS!

- Your Learning Strengths
- Your Organizational Skills
- Your Literacy Skills
- Your Memory Skills
- · Your Effort!

## Tap into as many senses as possible!





#### Etre

Je suis

Tu es

ll est

Elle est

Nous sommes

Vous êtes

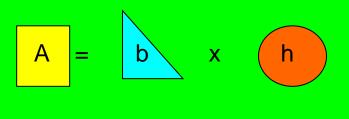
lls sont

Elles sont



## Use Colour and Shapes

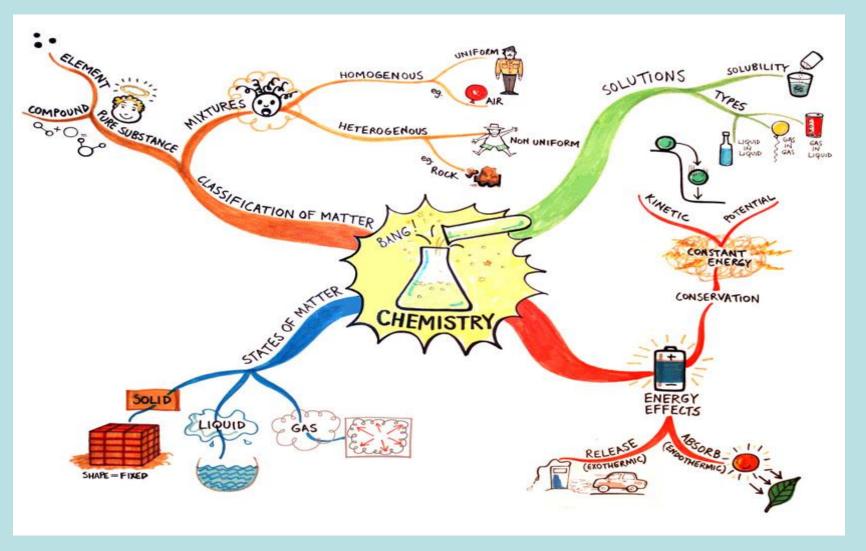
**EVENIR** ENTRER M OURIR **ETOURNER** ORTIR FNIR I I FR AITRE **ESCENDRE** NTRER **EVENIR OMBER** R **ESTER** RRIVER M ONTER ARTIR



HCI



### Try a mind map!



### Study Strategies that are sure to help!

- Hand write out or type out your notes
- Make notes from your notes
- Read your notes out loud
- Write questions from your notes
- Have someone ask you questions
- Write your own quizzes
- Read your notes in front of the mirror
- "Rap" your notes
- Teach your friend
- Use mnemonics i.e., acronyms soh cah toa, Dr MrsVandertramp
- Summarize the main points in a section of the textbook that you just read
- Summarize the steps in a problem you just solved
- Test yourself on the notes you just reviewed

# IMPROVE YOUR CONCENTRATION

Good concentration is essential for efficient study. **How you use your time** when studying is as important as how much time you spend. Here are some strategies to help you improve your concentration and get the most out of your study time.



#### HINTS TO HELP YOU CONCENTRATE

- Set time limits when you study, plan breaks
- Keep active mentally i.e.. Carry on an inner conversation with yourself talk out loud
- Be active physically i.e.. Use body movements to increase your concentration
- Vary your study activity and your subject focus because concentration is high at the beginning of every new activity
- Monitor your concentration i.e.. Record a check mark every time you find your mind wandering
- Set up a way to test what you have learned at the end of each study session thus making yourself accountable for learning and remembering
- Plan to concentrate
- Get interested in what you are studying
- Find a study buddy or join or make a study group
- Avoid external distractions
- Ignore distracting sights and sounds
- Arrange uninterrupted time
- EAT, SLEEP AND EXERCISE ADEQUATELY!

ANYTHING
WORTH
HAVING IS
WORTH
WORKING
FOR!

Success: you got it in ya!



ard work pays off!