



# DECEMBER, 2016

Superintendent: Clayton LaTouche Office Assistants: Marg Speed & Cheryl Ebidia Trustee: Susan Geller

## CHARLTON P.S. NEWS

It was wonderful seeing so many families during Student Led Conferences/ Parent Teacher Interviews! We loved seeing the pride in your children as they shared their work with you. We often hear that when parents ask their children "what did you do at school today?", the response often is "good" or "not much", or even "nothing." There was a great article in the Huffington Post called 25 Ways to Ask Your Kids 'So How Was School Today?' Without Asking Them 'So How Was School Today?'.  
The full article can be found at <http://goo.gl/QJslMR>

Here are a few questions the author suggests:

1. What was the best thing that happened at school today?
2. Tell me something that made you laugh today.
3. How did you help someone today?
4. How did someone help you today?
5. Tell me one thing you learned today.
6. Tell me something good that happened today.
7. What do you think you should do more/less of at school and why?
8. Who in your class do you think you could be nicer to?

The full article can be found at

<http://goo.gl/QJslMR>

December promises to be an exciting month full of goodwill and responsible citizenship to others.

### WINTER HOLIDAYS

December 26- January 6

See you back at school on  
January 9th!



### IMPORTANT

Our goal at Charlton is to have all students pay for all school events, Pizza and other school items online. Please visit <http://charlton.ps.yrdsb.ca/> to register today!!!

### SCHOOL CASH ONLINE IMPORTANT MESSAGE TO PARENTS

Parents, please ensure that we have the most up to date phone numbers on file so that we can reach you in case of emergency or at least leave a message. Many voicemail boxes have not been initialized and accessibility to our parents is very important to us.



### Parent Volunteers Needed to Support Charlton's Healthy Snack Program

We are still in need of parent volunteers to wash and cut the Healthy Snacks on Mondays and Tuesdays for 10 minutes anytime from 8:10-9:00 am

If available, please Contact Mrs. Ptasznik at 905-738-5497



## Giving to our Giving Tree was a huge success!

The grade 1/2 class under the direction of Ms. McMaster, Miss. Ptasznik and Mrs. Bundy, would like to thank everyone that helped us collect hats, mittens and scarves for our Mitten Drive. Your donations were overwhelming! Our class representatives shared their excitement with Mrs. Diavolitsis at our Giving Tree. We were able to write about our donations, graph them, sort them, make predictions and conclusions and best of all pass them on to children in need of warm clothing. Feeding the Deed has shown us that anyone at any age can make a difference in the world!!



### GOODBYES

We would like to take this opportunity to say goodbye to Mrs. Bundy. She has been an important member of the Charlton family over the past several years. Mrs. Bundy has supported students as an Educational Assistant and has had a tremendous impact and influence on our school, staff and students. We wish her the very best in her future endeavours.

We would like to also thank Miss. Rossi, Mr. Murray and Miss L. Ptasznik as they were an integral part of our staff the past few months as Long Term Occasional Teachers. We welcome back Mrs. Rozen, Mrs. Wilks and Mrs. Aptekar!!

### ***Message From Our Trustee***

As we near the end of 2016, I hope everyone has had a great school year so far and found opportunities to get involved with the life of the school. It is wonderful to have opportunities to see not only what our students are learning, but to see how they are learning – collaborating and problem solving, using technology in exciting new ways, and engaged in hands-on activities. I want to take this opportunity to thank the dedicated staff members, students, families and community members across our Board. Thanks to all of the great people we have in our system, we continue to advance student achievement and well-being. Our Board continues to have a strong commitment to creating welcoming, inclusive learning environments that enable all of our students to thrive. Engaging families in your child's education and the school community is in an important part of creating that environment. There are resources for families available on our Board website at [www.yrdsb.ca/parents](http://www.yrdsb.ca/parents), including information on Board programs and supports, and tips for parents to support your child's learning at home and at school. Best wishes to everyone for a safe and happy holiday season and a wonderful start to 2017. I hope you are able to enjoy time with family and friends.

## Student Allergies

Due to the severe allergy to peanuts/nuts and shellfish of several of our students, we are asking that **NO peanuts /nut products or shellfish** be brought into the school for snacks or lunches. As well, we have some students allergic to eggs. If you have received a letter indicating there is a specific allergy in your child's class, please refrain from sending that specific food item to school in your child's lunch. **If you would like a list of nut free snack and lunch ideas please visit:**

<http://snacksafely.com/>



## **Anaphylactic Reactions**

At the January 26, 2006 Board Meeting, the Board of Trustees approved the new Anaphylactic Reactions Policy. This can be accessed on the Board's internet site at [www.yrdsb.edu.on.ca](http://www.yrdsb.edu.on.ca). Select "Your Trustees" and then "Policies and By-laws." All students are to carry or wear the epipen on them at school. If parents indicate they do not wish for their child to do so, a letter will be sent home indicating parents have refused to follow the policy. The school and staff must still abide by the Board and School policy despite parents' refusal.

In addition, parents of students with anaphylaxis may also wish to contact the Canadian Medic Alert® Foundation. Medic Alert® is Canada's largest member-based, charity organization dedicated to providing services that protect and save lives. Medic Alert® is the leading provider of emergency medical information services linked to customized bracelets and necklets for Canadians with chronic medical conditions, allergies and special needs. Medic Alert® membership combines a custom-engraved Medic Alert® bracelet or necklet that is linked to the Medic Alert® 24-hour Emergency Hotline. In the event of an emergency, Medic Alert® ensures immediate access by emergency responders and health professionals to a member's medical record.

To learn more about Medic Alert®, visit [www.medicalert.ca](http://www.medicalert.ca) or call 1(800) 668-1507.



## **Student Arrivals and Reporting Absences**

Students are expected to be at school and sitting in class by 8:35 am. Students arriving after this time will be marked late. However, more importantly, they are disrupting instructional time for themselves and others. As well, parents are asked to call the school if their child will be absent or late. This will allow us to go through our safe arrival procedure faster to ensure the safety of all our students.

### CHARLTON P.S. MODES OF COMMUNICATION



Please bookmark this website so you can check to see what is happening at Charlton P.S! Our website aims to be more environmentally friendly by reducing the amount of communication sent home on paper.

<http://www.yrdsb.ca/schools/charlton.ps/Pages/default.aspx>

Follow us on Charlton's New Twitter Account!! @charltonps

### SCHOOL NEWSLETTERS

If you are not on our email distribution list to receive monthly newsletters, please contact the school. Parents are encouraged to share their email address to receive school newsletters and updates! If you are unable to provide an email address, please let the school know and we will send a hard copy of the newsletter home with your child.

## **Winter Weather**



With the coming of cold weather, students need to come to school dressed to play outside during recesses (hats, scarf, gloves/mittens, boots, etc.). It is advisable for children to bring extra pants and socks in case they get wet. Being physically active during winter is an essential part of a healthy lifestyle. The school administration keeps a close eye on weather conditions, including wind chill. When conditions necessitate, students will remain inside for recess or reduced outdoor recesses may take place. If a student is well enough to attend school, then he/she will be expected to go outside for recess. If a child is well enough to come to school, they are also well enough to go outside. **We are not able to supervise students in the office if they are sick. Parents are asked to keep their child at home if they are not able to go out for recess.**

## **Reporting an Absence from School**

From time to time your child may need to miss school due to illness or an appointment, etc. You must call the school to report the absence. You can do this anytime as the answering machine is available 24 hours a day.

Please phone (905) 738-5497 and leave a message on the answering machine with the following information:

- your child's first and last name
- spell the name
- grade and teacher's name
- reason for absence



# Literacy Corner

## MATH IS LITERACY TOO!!!

### Doing Mathematics with Your Child (Kindergarten to Grade 6)

Today, critical thinking, problem solving, reasoning ability and ability to communicate mathematically are essential skills. These processes are the foundation of mathematics instruction in Ontario schools. *“Doing Mathematics with Your Child”* is a guide available for parents of students in Kindergarten to Grade 6. This guide offers ways to engage their child in thinking and talking about mathematics around the four strands: number sense and numeration, measurement, patterning and algebra, and data management and probability.

Please use the link below to access the guide in English and 13 other languages:

<http://www.edu.gov.on.ca/eng/literacynumeracy/parentGuideNum.html>

### Communicating with Children Using Math Language

#### **Talking About Math:**

Talking about mathematics with your child – whatever his or her age – helps strengthen his or her mathematical reasoning and understanding. Some ways to keep the talk engaged and focused while you support your child include:

1. *Revoice* - Repeat what you heard your child say, then ask for clarification (e.g., “So you are saying it’s an odd number?”).
  2. *Repeat/Restate* – Ask your child to restate your reasoning (e.g., “Can you repeat what I said in your own words?”).
  3. *Reason* – Ask your child to apply his or her own reasoning to someone else’s reasoning (e.g., “Do you agree or disagree? Tell me why.”).
  4. *Adding On* – Prompt your child to participate further (e.g., “What more would you add to that?”).
- Think Time* – Wait several seconds (try five) to give your child time to think (e.g., “Take some time to think.”). You may be surprised by how hard it is to stay silent in that time!

### Growth Mindset in Math

In general, a growth mindset is the belief that intelligence and ‘smartness’ can also be learned and that the brain grows from experience and effort. The opposite, a fixed mindset, is the idea that you are smart, or you are not. In math, that translates into “some people are good at math, and some are not.” Did you know that praising efforts rather than intelligence or results can impact your child’s ability to persevere in challenges?! The goal is to have children thrive on challenges and see failures, not as a sign of low intelligence, but as a learning opportunity. Brain research tells us that making mistakes actually wires more connections into the brain! When a person has a growth mindset, they accept challenges, see their efforts as worthwhile, and are open to learning from mistakes. Students with a growth mindset achieve at higher levels than those with fixed mindsets. How can you help? Some simple ways:

- Adding “yet” when they claim they are “not good at this” (Respond: “You are not good at this yet.”)
- Ask questions that focus on their effort and choices and get them to reflect on satisfaction of that effort (e.g. *What did you learn today? What mistake did you make that taught you something? What did you try hard at today?*)

Model this yourself as you share about your day.

### Inspiring Your Child to Learn and Love Math-

*Inspiring Your Child to Learn and Love Math* is a tool kit for parents developed by the Council of Ontario Directors of Education (CODE). This toolkit was created specifically for parents of children in the elementary grades in Ontario (Junior Kindergarten to Grade 8). The toolkit emphasizes the many ways in which parents’ help and support plays an important role in inspiring their children to learn and love mathematics. The goal of this resource is to provide parents with the most significant research-based information to help them be the best, most knowledgeable and most confident supporters for their child’s mathematics education. *Inspiring Your Child to Learn and Love Math* provides modules with simple, but effective methods and materials for parents to support their child’s math learning. It shows parents how to get involved in their children’s learning, and offers guidance for working with students of different ages. This *Parent Tool Kit* was developed by experts in mathematics education, with input and advice from parents and students. When families and educators join together, students of all ages can experience greater success in their learning.

Parents and educators alike can use the *Implementation Guide* to host a parent engagement session, and give parents in their school communities information they need to help their children navigate the K-8 mathematics program.

The complete tool kit is available at:

English: [http://www.ontariodirectors.ca/parent\\_engagement-math/en/index.htm](http://www.ontariodirectors.ca/parent_engagement-math/en/index.htm)

French: [http://www.ontariodirectors.ca/parent\\_engagement-math/fr/index.htm](http://www.ontariodirectors.ca/parent_engagement-math/fr/index.htm)



### School Bus Cancellation Notice

To ensure the safety of students, school bus service may be cancelled due to inclement weather, extreme temperatures and/or poor road conditions. In these cases, parents and students should develop alternate care/transportation arrangements.

Cancellation decisions will only be made after thorough consultation with the Safety Officers of school bus companies servicing York Region and are based on several factors including precipitation, air temperature, road conditions and weather forecast.

Please note the following:

- A decision to cancel school bus service will be **region-wide** meaning all school buses, vans and taxis will not operate.
- **School bus routes may be cancelled when severe weather may not be affecting all municipalities in York Region.** Both the YRDSB and YCDSB operate many regional educational programs. Students attending these programs are transported over large attendance areas encompassing several municipal boundaries. This limits the ability to cancel bus service using a municipality or zone methodology.
- When bus service is cancelled all school tests and/or examinations will be cancelled and rescheduled.
- Student trips involving the use of school buses will also be cancelled.
- Unless otherwise stated, schools will remain open and parents can make arrangements to transport their children to and from school even if school bus service is cancelled. **If buses are cancelled in the morning, they will not operate in the afternoon. Therefore students transported to school by parents will require the same transportation home.**

Parents, students and school staff are asked to access the following radio and television stations after 6:00 a.m. to receive bus cancellation information:

**RADIO**

590 AM	640 AM	680 AM	860 AM	1010 AM	1050 AM
1540 AM	1580 AM	88.5 FM	89.9 FM	92.5 FM	93.1 FM
94.9 FM	95.9 FM	97.3 FM	98.1 FM	99.1 FM	99.9 FM
101.1 FM	102.1 FM	104.5 FM	100.7 FM	105.9	107.1 FM

**TELEVISION**

CITY TV CTV Barrie CTV Toronto CP24 GLOBAL NEWS

A bus cancellation message will also be available at [www.schoolbuscity.com](http://www.schoolbuscity.com) and by calling 1-877-330-3001, or by following @YRDSB and @YCDSB on twitter.



## What parents need to know about the flu

### What is influenza (Flu)?

Influenza is a serious, highly contagious, acute respiratory infection that is caused by a virus.

### How does the flu spread?

The flu spreads easily from infected people through coughing and sneezing. It also spreads through direct contact with contaminated surfaces, unwashed hands, or objects such as eating utensils that have been contaminated by the influenza virus.



### How can you help prevent your child from getting the flu?

- Get your family immunized
- Teach your child to wash their hands with soap and water thoroughly and regularly before meals
- Teach your children to sneeze or cough into their upper sleeve or a tissue, not their hand
- Keep your children at home when they are sick and limit contact with others

For more information on clinic dates, times and locations, visit [www.york.ca/flu](http://www.york.ca/flu)



## Charlton P.S. is accepting online payments through School Cash ONLINE!

School Cash Online provides the following benefits:

- A convenient fee payment option that saves time
- Reduces paper
- No more need to send cash or cheques to school
- A quick way to register. It takes less than 5 minutes to register.

Parents that opt to participate will receive notification via email of student fees owed (both required and optional), and can make secure online payments by credit card or Interac and receive a receipt.

To view a presentation about the program, go to <http://www.kevsoftware.com/movies/ParentRegEnglish/>.

## Follow the easy steps on the next page to register and get started!

**PLEASE NOTE:** Your purchases will appear on your statement as "School Cash Online – YRDSB"

### Step 1: Register

- a) Click on the School Cash Online button on our school's website at <http://charlton.ps.yrdsb.ca/> select the "Get Started Today" button.

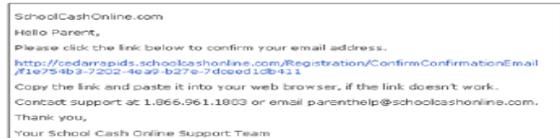
Complete each of the three Registration Steps

**\*For Security Reasons your password, requires 8 characters, one uppercase letter, one lowercase letter and a number.**



### Step 2: Confirmation Email

A registration confirmation email will be automatically forwarded to you. Click on the link provided inside the email to confirm your email and School Cash Online account. The confirmation link will open the School Cash Online site prompting you to sign into your account. Use your email address and password just created with your account.

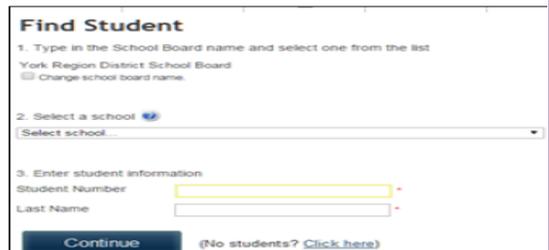


### Step 3: Find Student

**NOTE: A STUDENT NUMBER IS REQUIRED**

*This step will connect your children to your account.*

- Enter the School Board Name
- Enter the School Name
- Enter Your Child's Student # and Last Name
- Select **Continue**
- On the next page confirm that you are related to the child, check in the Agree box and select **Continue**
- Your child has been added to your account



### Step 4: View Items or Add Another Student

If you have more children, select "Add Another Student" option and repeat the steps above. 5 children can be added to one parent account.

If you do not wish to add additional children, select "View Items For Students" option. A listing of available items for purchase will be displayed.

### NEED HELP?

If you require assistance, select the **GET HELP** option in the top right hand corner of the screen or contact School Cash Online – Parent Help Desk at 1-866-961-1803 or [parenthelp@schoolcashionline.com](mailto:parenthelp@schoolcashionline.com).

# Ontario's Well-Being Strategy for Education

Fact Sheet for Parents

**Well-being** is fundamental to overall student success. Students can't learn if they don't feel safe and welcome at school, if their mental health is at risk and if they don't have the tools or the motivation to adopt a healthy, active lifestyle, both inside and outside of school. Children and students who have strong relationships and a positive sense of self are most likely to reach their full potential.

There are four key components to the ministry's well-being strategy:

- **Positive Mental Health** involves helping school boards develop and implement mental health and addiction strategies and working with staff to support positive mental health for all students, including supporting those with mental health needs or addictions.
- **Safe and Accepting Schools** set out expectations for all school boards to provide safe, inclusive and accepting learning environments that support the achievement and well-being of every student. These expectations include addressing and preventing bullying and creating a positive school climate.
- **Healthy Schools** are key to establishing the learning conditions necessary to help students reach their full potential. With these conditions in place, students are more likely to adopt healthy, active habits and continue with them throughout their lives.
- **Equity and Inclusive Education** involves identifying and removing discriminatory biases and barriers in the system to support student achievement and well-being – by demonstrating respect for our diverse identities and strengths.



## What is Well-Being?

Well-being is a positive sense of self, spirit and belonging that we feel when our cognitive, emotional, social and physical needs are being met. Well-being in early years and school settings is about helping children and students become more resilient, so that they can make positive, healthy choices to support learning and achievement, now and in the future.

### What Makes up Well-Being?

The ministry is focusing on four domains of well-being, which include:

- **Cognitive** — the development of abilities and skills such as critical thinking, problem solving, creativity, and the ability to be flexible and innovative.
- **Emotional** — the ability to learn about and experience emotions, and understand how to recognize, manage, and cope with them. It includes developing a sense of empathy, confidence, purpose and resilience.
- **Social** — the development of self-awareness, including the sense of belonging, collaboration, relationships with others, and communication skills.
- **Physical** — the growth and development of the body, affected by physical activity, sleep patterns, healthy eating and healthy life choices.



Promoting well-being is about fostering learning environments that encompass all four of these domains of well-being. Educators and staff who are motivated and enthusiastic about their work are an essential part of promoting well-being and achievement.

## Next Steps

We plan to work together with our education partners, such as school boards, to determine what well-being looks like, what is needed to support it and how best to measure it. We also want to learn from the good work that has already been done to promote well-being in Ontario's education system. By determining how best to measure well-being, we can also understand more clearly what is needed to create positive learning environments and focus on how this supports everything we do. It also allows us to figure out how to improve student well-being across the province.

In addition to our work with students in elementary and secondary schools, in the future we will also be expanding our focus to include children in the early years system, as well as educators and all staff.

Our goal is that all children, students and staff will feel supported in the areas of cognitive, emotional, social and physical well-being. We know that children and students will be more successful when they have a positive sense of self, spirit and belonging, and the skills to make positive choices.

Ontario is committed to helping students build the knowledge and skills associated with positive well-being, so they can become confident, capable and caring citizens.

Promoting well-being is one of the ministry's four goals outlined in *Achieving Excellence, Ontario's Renewed Vision for Education*. Learn more at [ontario.ca/eduvision](http://ontario.ca/eduvision)