

NOVEMBER, 2016

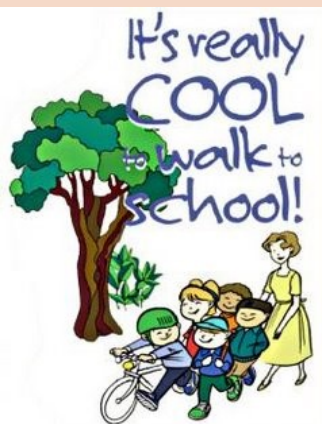
Superintendent: Clayton LaTouche Office Assistants: Marg Speed & Cheryl Ebidia Trustee: Susan Geller



CHARLTON P.S. NEWS

November has arrived and we have much to look forward to as we move into our third month of school. Although the teachers and students focus most of their time on academics, we also recognize the importance of our learning skills as well as the physical and social/emotional well being of our students. Our commitment to healthy living and nourishing the body, mind and spirit are equally important. Our teachers' commitment to Daily Physical Activity, the healthy snack program and the various extra curricular activities that your children have participated in such as Cross Country are all important components of school which enrich the lives of our students. The social emotional well being therefore of our students is very important. Research evidence shows that education and health are closely linked. Promoting the health and well-being of students within schools has the potential to improve their educational outcomes and their health and well being outcomes. At Charlton, our staff is very intentional with regard to promoting awareness around health and well-being in a variety of ways. Equally important to building academic success in school are the learning skills and work habits that teachers address daily in a purposeful way. Teachers, students and parents/guardians need to work together to set goals to develop all of the learning skills, work habits and healthy living goals in order to set the foundation for academic success. We look forward in the months ahead as we continue to work in partnership to achieve these goals!

Tina Diavolitsis



Thank you to all of our families who continue to walk to school!

Way to go
Cheetahs!

IMPORTANT DATES & UPCOMING EVENTS

November

- 3-School Council Meeting- 6:30 pm
- 11-Remembrance Day
- 22-Photo Retake Day
- 23-Reports Go Home
- 24-Parent-Teacher Interviews starting at 3:15
- 25-Parent Teacher Interviews PA Day-No School for Students

December

- 1-Mental Health Workshop for Parents-7:00 pm
- Winter Break-December 26th to January 6th
- First Day Back at School After Holidays- January 9th, 2017

SCHOOL CASH ONLINE



Our goal at Charlton is to have all students pay for all school events, Pizza and other school items online. Please visit <http://charlton.ps.yrdsb.ca/> to register today!!!

Parent Volunteers Needed to Support Charlton's Healthy Snack Program

Please Contact Mrs. Ptasznik at 905-738-5497

Student Allergies

Due to the severe allergy to peanuts/nuts and shellfish of several of our students, we are asking that **NO peanuts /nut products or shellfish** be brought into the school for snacks or lunches. As well, we have some students allergic to eggs. If you have received a letter indicating there is a specific allergy in your child's class, please refrain from sending that specific food item to school in your child's lunch. **If you would like a list of nut free snack and lunch ideas please visit:**

<http://snacksafely.com/>



CHARLTON P.S. MODES OF COMMUNICATION

Please bookmark this website so you can check to see what is happening at Charlton P.S! Our website aims to be more environmentally friendly by reducing the amount of communication sent home on paper.

<http://www.yrdsb.ca/schools/charlton.ps/Pages/default.aspx>

Follow us on Charlton's New Twitter Account!! @charltonps



SCHOOL NEWSLETTERS

If you are not on our email distribution list to receive monthly newsletters, please contact the school. Parents are encouraged to share their email address to receive school newsletters and updates! If you are unable to provide an email address, please let the school know and we will send a hard copy of the newsletter home with your child.

STEM Club

STEM club - is for Gr.6-8 students who are interested in science, technology, engineering and mathematics. We are currently researching topics such as rockets, robots, animals, computers and end-of-the world scenarios! We are looking forward to fun experiments, design builds and learning how to code. We meet every Monday at lunch recess.

Reporting an Absence from School

From time to time your child may need to miss school due to illness or an appointment, etc. You must call the school to report the absence. You can do this anytime as the answering machine is available 24 hours a day.

Please phone (905) 738-5497 and leave a message on the answering machine with the following information:

- your child's first and last name
- spell the name
- grade and teacher's name
- reason for absence



© Can Stock Photo - csp2014032

We had a very successful Cross Country season this fall. Congratulations to all of our runners! We had 43 runners participate at the Area Cross Country meet held at Concord Regional Park. Honorable mention goes out to the following students: Teresa (1st), Chloe (4th), Andrei (7th), Nathan (8th) and to our Gr. 8 boys team who came 1st overall. Due to this outstanding performance Charlton qualified 7 students to the Regional Championship meet at Bruce's Mill. Congratulations to Teresa who placed 4th overall. A special thank you to the cross country coaches Mr. Kim, Mrs. Carmosino, Mr. Goron and Mrs. Chan for their work over the season.

Thank you as well to the parents who showed their support throughout the cross country season. A special thank you to Ms. Gofman and Mrs. Yang for volunteering their time to help out at the Area meet.

Anaphylactic Reactions

At the January 26, 2006 Board Meeting, the Board of Trustees approved the new Anaphylactic Reactions Policy. This can be accessed on the Board's internet site at www.yrdsb.edu.on.ca. Select "Your Trustees" and then "Policies and By-laws." All students are to carry or wear the epipen on them at school. If parents indicate they do not wish for their child to do so, a letter will be sent home indicating parents have refused to follow the policy. The school and staff must still abide by the Board and School policy despite parents' refusal.

In addition, parents of students with anaphylaxis may also wish to contact the Canadian MedicAlert® Foundation. MedicAlert® is Canada's largest member-based, charity organization dedicated to providing services that protect and save lives. MedicAlert® is the leading provider of emergency medical information services linked to customized bracelets and necklets for Canadians with chronic medical conditions, allergies and special needs. MedicAlert® membership combines a custom-engraved MedicAlert® bracelet or necklet that is linked to the MedicAlert® 24-hour Emergency Hotline. In the event of an emergency, MedicAlert® ensures immediate access by emergency responders and health professionals to a member's medical record.

To learn more about MedicAlert®, visit www.medicalert.ca or call 1(800) 668-1507.

November is "Popcorn" Month

Come and enjoy some delicious Kernels popcorn!!!! Grade 8 students will be selling popcorn to help fund the Grade 8 Graduation.

Date: Tuesday, November 8th, 15th, 22nd and 29th

Time: morning recess.

Flavours: White Cheddar, Low-fat Caramel & Buttersalt

Cost: \$2 per bag Location: Primary hall near the Lost & Found bins

NEW THIS YEAR: For every bag of buttersalt sold, a donation will be made by Kernels to Autism Speaks Canada.



Literacy Corner

Free Online tutoring sessions
for Intermediate students can
help!

PROMOTING AND SUPPORTING MATH AND LANGUAGE LITERACY ONLINE!

Over 236,000 grade 7 to 10 math students now have access to live, interactive online math help through the expansion of a pilot project funded by the Ministry of Education. Homework Help is free, real-time math tutoring by certified Ontario teachers. Please visit <https://homeworkhelp.ilc.org/>

Students can log in from Sunday to Thursday, 5:30 p.m. to 9:30 p.m. EST for 20 hours a week of individualized confidential math tutoring. There are discussion rooms for each grade where students can join in and see what questions other students are asking, watch the tutors draw on the whiteboard – and ask their own question for on-the-spot help.

How the Program can benefit your child:

1. If they can't wait until the discussion rooms open, videos of best tutorials and commonly asked questions are available any time. Other online math resources include math games and a virtual locker, where students can save their work. We provide help with understanding math homework when students are outside of the school environment.
2. The chat room allows them to ask questions in a safe, anonymous environment.
3. Tutor strategies build on their strengths and skills to help them gain confidence and proficiency. They will bring this new confidence and understanding back to the classroom.
4. The queue allows them to watch the questions posed by their peers. This provides them with another opportunity for learning and emphasizes that everyone has questions, and its okay to ask for help.
5. Creates a safety net for students outside of the classroom, allowing them to challenge themselves with the knowledge that they can get help if they need it.

Site resources are available 24/7, enabling students to develop new numeracy skills at any time of day or night. For more information visit

An additional homework support system is **The Khan Academy**. This is a not-for-profit organization with the goal of changing education for the better by providing a world-class education to anyone anywhere. All of the site's resources are available to anyone, including students and teachers. The Khan Academy's materials and resources are available to you completely FREE of charge. Students can make use of our extensive video library, practice exercises, and assessments from any computer with access to the web. For more information please visit:

<https://www.khanacademy.org/>

Charlton P.S. is accepting online payments through School Cash ONLINE!

School Cash Online provides the following benefits:

- A convenient fee payment option that saves time
- Reduces paper
- No more need to send cash or cheques to school
- A quick way to register. It takes less than 5 minutes to register.

Parents that opt to participate will receive notification via email of student fees owed (both required and optional), and can make secure online payments by credit card or Interac and receive a receipt.

To view a presentation about the program, go to <http://www.kevsoftware.com/movies/ParentRegEnglish/>.

Follow the easy steps on the next page to register and get started!

PLEASE NOTE: Your purchases will appear on your statement as "School Cash Online – YRDSB"

Step 1: Register

- a) Click on the School Cash Online button on our school's website at <http://charlton.ps.yrdsb.ca/> select the "Get Started Today" button.

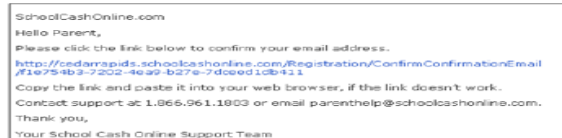
Complete each of the three Registration Steps

***For Security Reasons your password, requires 8 characters, one uppercase letter, one lowercase letter and a number.**



Step 2: Confirmation Email

A registration confirmation email will be automatically forwarded to you. Click on the link provided inside the email to confirm your email and School Cash Online account. The confirmation link will open the School Cash Online site prompting you to sign into your account. Use your email address and password just created with your account.

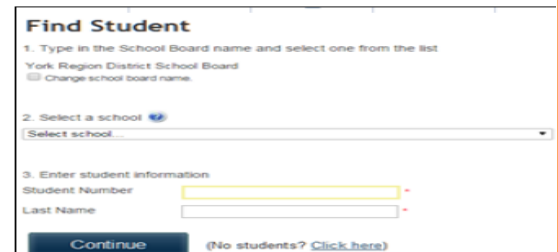


Step 3: Find Student

NOTE: A STUDENT NUMBER IS REQUIRED

This step will connect your children to your account.

- Enter the School Board Name
- Enter the School Name
- Enter Your Child's Student # and Last Name
- Select **Continue**
- On the next page confirm that you are related to the child, check in the Agree box and select **Continue**
- Your child has been added to your account



Step 4: View Items or Add Another Student

If you have more children, select "Add Another Student" option and repeat the steps above. 5 children can be added to one parent account.

If you do not wish to add additional children, select "View Items For Students" option. A listing of available items for purchase will be displayed.

NEED HELP?

If you require assistance, select the **GET HELP** option in the top right hand corner of the screen or contact School Cash Online – Parent Help Desk at 1-866-961-1803 or parenthelp@schoolcashionline.com.



Parents for Children's
Mental Health

SUPPORT. EDUCATE. EMPOWER.

HOW TO ADVOCATE EFFECTIVELY at SCHOOL

All welcome- an expert school panel will share information
and answer your questions

Monday, November 14th at Kinark Aurora Office

PARENTS' Support Group

Does your child's anxiety, ADHD, mood disorders, learning disability, or
behaviour challenges make parenting difficult?

Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
 - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
 - learn how to access resources in the community

When	Second Monday of every month NO pre-registration. Free childcare sign up parentengagement@kinark.on.ca Meetings run every month all year. Chapter leader email york@pcmh.ca	Second Tuesday of every month NO pre-registration info@theyorkcentre.ca Meetings run every month except August.
Time	6:30-8:00pm	7:00- 9:00 pm
Where	Aurora Kinark Office at 24 Orchard Heights Blvd. Unit 101A Aurora. (Entrance is at east side of grocery store) Free parking & very close to Yonge St for public transit.	The York Center at 11225 Leslie Street, Richmond Hill. Free parking.
Next Meeting	Monday, December, 12th	To be announced

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit www.pcmh.ca.