



the **IWALK Club** provides incentives to students and schools to choose active travel and makes physical activity FUN! Active travel is any form of transportation that is human powered like walking and bicycling.

By joining, your school can:

- ◊ Reduce car trips to the school
- ◊ Encourage walking and other active travel
- ◊ Reduce pollution and climate change emissions
- ◊ Promote healthier lifestyle choices for students and their families
- ◊ Walk around the world - all activity ideas are curriculum-linked

Students and schools walk to win in the **IWALK Club** Schools:

- ◊ Receive a gift just for registering
- ◊ Are eligible for three fabulous grand prizes in a draw held by Green Communities at the end of the school year

Students:

- ◊ Receive certificates of accomplishment for completing their **IWALK Club** cards and receiving 5 'golden shoe' stickers
- ◊ Can be rewarded through in-school incentives. Note: incentives offered to the students are determined by the school community, and can be provided in-kind.

To learn more about the Active & Safe Routes to School program or to register your **school** for the **IWALK Club**, visit www.saferoutestoschool.ca and click on the 'IWALK club' logo or call **1-877-533-4098**



The **Active & Safe Routes to School** program encourages safe and active travel to and from school. **International Walk to School Day** is celebrated in October and gives schools a good first step to walking to school year round. Once parents and children discover the benefits, they might consider joining the **IWALK Club** or starting a **Walking School Bus** (students gather and walk together).

If just nine families participate regularly they can collectively prevent almost 1,000 kg (annually) of carbon dioxide from being released into the atmosphere. The program helps to clear the air, create safer neighborhood routes for children, increase physical activity levels and foster community spirit.



For more information contact the Town of Markham Transportation Group at **905-477-7000 ext.4000** or email lmele@markham.ca www.markham.ca

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SCHOOL SAFETY ZONE

ACTIVE & SAFE ROUTES TO SCHOOL

The Town of Markham is improving safety around schools and encouraging children to be more active.



HOW DO SIGNS HELP?

- ◇ Large advisory signs increase driver awareness approaching a school.
- ◇ “No Stopping” regulations on one side of the road ensure traffic can flow in both directions.
- ◇ “No Parking” regulations reduce the length of time a car is stopped, providing more opportunities and space for parents to pick-up or drop-off their children.
- ◇ U-turns are unsafe.

HOW CAN PARENTS HELP?

- ◇ Obey all the traffic signs.
- ◇ Do not drop your child off on the side of the street opposite the school.
- ◇ Stop on the same side as the school. Do not leave the car.
- ◇ Do not make U-Turns.
- ◇ Adjust your route to school if necessary and give yourself extra time.
- ◇ Respect other drivers. Be patient.
- ◇ Do not use side roads or private driveways in the area as alternate pick-up or drop-off points. Please respect other homeowners’ properties

WHAT IS A SCHOOL SAFETY ZONE?

School Safety Zones are areas in front of the school where special signs have been installed to improve traffic flow and safety.



Blue School Zone

Increases motorist awareness approaching a school.

No Parking

Parking is not permitted on the side of the street nearest the school. You are allowed to stop and drop-off or pick-up, however you cannot leave your car.

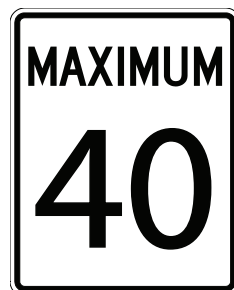


No U-turns

You cannot turn your car around on the street.

No Stopping

You cannot stop on the side of the street opposite to the school. All drop-off and pick-up activities must be restricted to the same side of the road as the school.



Maximum 40 Speed sign

Drive at a speed no more than 40 km/h.

Idle Free Zone (BY-LAW No. 2005-192)

Motorists have a 3 minute idle limit. After that, the vehicle must be turned off.

