

High Performance Athlete (HPA) Co-op Program Requirements for Admittance

The requirements for consideration for the HPA Co-op Program are:

1. Student-athletes must be involved in a qualifying sport* and **be competing** at the provincial level or higher.

Guidelines for consideration:

- supervised training or competition for:
 - 15 hours per week over a 4 month period; or
 - 10 hours per week over a 10 month period; and
- the training season aligns with the school year.

2. Student-athletes applying into the program in either Grade 9, 10, 11 or 12 must submit the following forms prior to acceptance:

- a) YRDSB High Performance Athlete Application form;
- b) YRDSB Coach's Reference form (Note: coach must be certified within sports governing body and willing to fulfill the role of placement supervisor for the student-athlete);
- c) Student Credit Counselling Summary and/or most recent Report Card; and
- d) Teacher's Reference form (optional).

3. Student-athletes must complete the Cooperative Education interview process, meeting the requirements of YRDSB Cooperative Education Program Readiness Criteria.

4. The parent/guardian or adult student must recommend the appropriate training supervisor.

5. The proposed training supervisor must meet the expectations of the pre-placement assessment as conducted by the teacher and be willing to sign the HPA Protocol Agreement.

6. Student-athletes must **reapply** for the program on a yearly basis.

7. All student-athletes enrolled in the HPA program are eligible to earn equivalent Cooperative Education credits related to their in-school courses. These credits count towards the requirements for an Ontario Secondary School Diploma.

Note: considerations for *qualifying sports is a determination made at the individual school level based upon school specific program offerings.