

Specialist High Skills Major - SHSM

BUSINESS SHSM or HEALTH AND WELLNESS SHSM

Our SHSM programs provide our students with opportunities to focus their learning, make more relevant connections to their respective areas of specialization, and allow them to gain specific knowledge and skills to become better prepared in a world increasingly influenced by the many facets of Business and Health & Wellness. Throughout the program students earn sector-recognized certifications, tour post secondary institutions and participate in a variety of experiential learning activities. SHSM programs are open to grade 11 students with the completion of all components by the end of grade 12.

How does it work?

- Students take a bundle of 9 courses completed throughout grades 11 and 12 including 4 “Major” credits in their area of interest.
- English, Mathematics, Science, Social Science and Humanities courses are specifically designed to complement the “Majors.” In these “Non Major” courses, students will complete a CLA (Contextualized Learning Activity) which will focus on the Major subject area.
- Students take at least 2 Co-op credits and receive a valuable experience related to their SHSM.
- Students who successfully complete all the elements of the program earn a Specialist High Skills Major (Red Seal) designation on the OSSD, with a focus in Business or Health and Wellness.

What if...after starting the program the student decides this is not for them?

All credits earned in an SHSM program count towards the completion of a standard OSSD:

- Any certifications or training gained will hold a student in good stead for part-time jobs or work placements and will be recorded on their Credit Counselling Summary.
- Co-op is a valuable experience, allowing a student to discover what they like doing and just as importantly, what they don't like doing.
- There is no down side, if all requirements are not met at the time of graduation, the student will receive their OSSD but with no Red Seal designation.

What are the advantages? SHSM students will:

- Hear and see firsthand what a career in Business or Health and Wellness feels and looks like;
- Discover the relationship between school and careers;
- Network with post-secondary institutions, local industries, and businesses;
- Gain confidence in their ability to succeed;
- Complete industry recognized certifications and training;
- Open doors for summer jobs and future employment;
- Earn a Red Seal designation on their OSSD.



BUSINESS REQUIREMENTS

Students entering grade 11 who intend to apply for the Business-SHSM will be required to **complete a total bundle of 9 courses, throughout grades 11 and 12**, which reflect the following course categories according to their preferred pathway: Apprenticeship, College, University, or Workplace.

The SHSM-Business 9 course bundle, from the chart below, includes:

- **4 Business Major Courses**
- **1 English Course**
- **2 Math Courses**
- **2 Cooperative Education Credits**

SHSM BUSINESS REQUIREMENTS CHART		
Categories	All Pathways	
	Gr. 11	Gr. 12
<p>4 Business Major Courses</p> <p>Students may select: 1 credit in grade 11 and 3 credits in grade 12 OR 3 credits in grade 11 and 1 credit in grade 12 OR 2 credits in grade 11 and 2 credits in grade 12</p>	BAF3M CLU3M BTA3O BMI3C GPP3O ICS3U TGJ3M	BAT4M BOH4M BBB4M CIA4U CLN4U ICS4U TGJ4M
<p>1 English Course (CLA completion required)</p>	*ENG3E	ENG4C ENG4U ENG4E*
<p>2 Math Courses one course per year (CLA completion required per course)</p>	MBF3C MCF3M MEL3E MCR3U	MAP4C MCT4C MDM4U MHF4U MCV4U
<p>**2 Credit Co-op in grade 11 or 12</p>	COP3X2	COP4X2

*2 English courses and only 1 Math course if following a workplace pathway

**One additional co-op credit may substitute for one 'major credit'

Sector-Recognized Certification and Training

These certifications will enable students to acquire additional knowledge and skills related to safe work habits and give students an advantage when entering the work force.

Four (4) Compulsory Sector Recognized Certifications and Training			
Cardio-Pulmonary (CPR) Level C – includes automated external defibrillation (AED)	Standard First Aid	Customer Service	WHMIS – Workplace Hazardous Materials Information System
Two (2) Electives from the List Below			
Business Etiquette	Cash Handling And Register Training	Counterfeit Detection	Effective Networking
Equity Inclusion	Ergonomics	Ethical Considerations	Fraud Prevention
Health & Safety Basic	Public Speaking	Retail Representative	Software
Special business program/competition (e.g., regional or provincial DECA, Junior Achievement, Stock Market Competition, Make Your Pitch, Summer Company)	Successful Exhibiting		

Course Selection Procedures For Students Who Intend To Earn A **BUSINESS SHSM**

1. Select your courses on Career Cruising just like every other student.
2. ***Ensure that your course selections meet the criteria that are presented on the chart that appears on the previous page.***
3. Submit your selections on Career Cruising by the deadline date.
4. Obtain an ECSS SHSM Application Package from the Guidance Office.
5. Submit the ECSS SHSM Application Form together with the signed Statement of Understanding to the Guidance Office by the required deadline date.
6. The SHSM Coordinator will review each completed application after which you will be invited to an interview.
7. Each student will be contacted by the SHSM Coordinator about their eligibility and SHSM status.

Sector-Recognized Certification and Training

These certifications will enable students to acquire additional knowledge and skills related to safe work habits and give students an advantage when entering the work force.

Four (4) Compulsory Sector Recognized Certifications and Training			
Cardio-Pulmonary (CPR) Level C	Standard First Aid	Infection Control	WHMIS – Workplace Hazardous Materials Information System
Three (3) Electives from the List Below			
Advanced training in a technique (e.g., feeding, assistance, airway management, IV insertion)	Allergy Awareness	Ambulation, Lifting And Transfers	Animal First Aid
Babysitting	Behavior Management	Child Safety And Injury Prevention	Coaching/Personal Trainer
Communication Skills	Conflict Resolution	Customer Service	Ethical Considerations
Fire Extinguisher Use	Fitness	Group Dynamics	Lab Practices
Leadership Skills	Marine Wilderness First Aid	Medical Terminology	Non-Violent Crisis Intervention
Personality Inventory	Safe Body Mechanics	Safe Food Handling- Basic	Sign Language
Specialized Care (e.g., diabetes, dementia, nutrition)	Sterile Techniques	Stress Management Techniques	SafeTALK
Waste Management	Wrapping And Taping For Performance Injury		

Course Selection Procedures For Students Who Intend To Earn A HEALTH AND WELLNESS SHSM

1. Select your courses on Career Cruising just like every other student.
2. ***Ensure that your course selections meet the criteria that are presented on the chart that appears on the previous page.***
3. Submit your selections on Career Cruising by the deadline date.
4. Obtain an ECSS Health and Wellness SHSM Application Package from the Guidance office.
5. Submit the ECSS Health and Wellness SHSM Application Form together with the signed Statement of Understanding to the Guidance office by the required deadline date.
6. The SHSM Coordinator will review each completed application after which you will be invited to an interview.
7. Each student will be contacted by the SHSM Coordinator about their eligibility and SHSM status.