



Week #1 Glad Park PS E-Bulletin
August 24th - 28th

Attached: YRDSB Return to School Plan, How to put on a face mask, Proper Handwashing, How to speak to your child about COVID 19,

Welcome back Grizzlies!!! We are very excited to want to welcome our new and returning students and families to Glad Park! Thank you to all of our families for your commitment to your child's wellbeing and their ongoing learning since March during these unprecedented times. We know this has been a challenging time for everyone. Moving forward, we will be transitioning to EDSBY for all parent communication from our school. Please make sure you have access to EDSBY for up-to-date information. **EDSBY:** <https://yrdsb.edsb.com/>. If you do not have access to EDSBY please email glad.park.ps@yrdsb.ca and our office will respond with instructions.

In preparation for September reopening, our focus will be on the Health and Safety, Well Being and Mental Health for our students, staff and families, and building community. When people are facing stress and difficult life circumstances, it can particularly affect three areas:

- A sense of safety
- Feelings of connectedness
- Feelings of hope

In each of these areas, educators can make an impact. Please see the bottom of this communication for COVID-19 Mental Health Resources for Students and Families.

Some of the ways families can help prepare their child for a successful and smooth return to school are:

- Practicing wearing a mask
- How to wash hands and routine hand washing
- What physically distance looks like
- Bedtime and wake up routines
- Preparing healthy lunches and snacks (with labelled containers) - At this time we are strongly encouraging all students to remain at school for lunch as per messaging from YRDSB
- Filling their own water bottle, as we have water bottle filling stations at school

We will have visuals on the floors of the school to help students with directionality and physical distancing. Our washrooms will have posters to outline proper handwashing and this will be incorporated into classroom routines and instruction; attached is a copy of the poster.

As we receive updates from YRDSB we will keep you informed. Should you have any questions the most up to date information is available through our board website:

<http://www.yrdsb.ca/schools/school-reopening/Pages/default.aspx>

We know this is a time of uncertainty. What we do know is that we are all in this together and by working together we can accomplish more than what we can do alone.

Stay connected!

Glad Park email: glad.park.ps@yrdsb.ca

Glad Park website : <http://www.yrdsb.ca/schools/gladpark.ps/Pages/default.aspx>

School Council: glad.park.ps@sc.yrdsb.ca

EDSBY: <https://yrdsb.edsby.com/>

If you do not have access to EDSBY please email glad.park.ps@yrdsb.ca

Return to School Plan	
FOCUS WEEK August 24th - 28th	FOCUS WEEK August 31 - 4
<ul style="list-style-type: none"> 67% of YRDSB students will be engaging in Face to Face Learning 33% of YRDSB students will be part of ONLINE school learning Review of transportation - reminder bus transportation is provided to students based on YRDSB transportation policy Supported Entry communication to families Planning classroom and learning spaces to ensure physical distancing Reviewing School Procedures to ensure Health and Safety, Well Being and Mental Health are at the forefront of our daily and long term planning Planning for classroom cohorts, recess, lunch procedures Caretaking continues to deep clean the 	<ul style="list-style-type: none"> Health and Safety training for all staff Professional Development in: <ul style="list-style-type: none"> Health & Safety Training Student & Staff Mental Health & Well-being Compliance Training (Completed yearly) Anti-Racism, Anti-Oppression & Anti-Bullying New Math Curriculum School Council Meeting for 2019-2020 School Council Members @ 6 pm No locker use - plan for your child to bring a backpack which will be kept on their chair in their classroom

<p>school</p> <ul style="list-style-type: none"> • Community Class - Return to School Transition Program • Teachers preparing classrooms 	<ul style="list-style-type: none"> • Cubby hooks will be assigned for students in kindergarten - grade 5 • Communicate school procedures with families
--	--



COVID-19 Mental Health Resources for Students and Families

<http://www.yrdsb.ca/schools/Repository/NewsEvents/Pages/BoardNews/Coronavirus-Mental-Health.aspx>

Child friendly apps to help with anxiety: <https://www.anxiety.org/gift-apps-children-anxiety>

Stress management: <http://www.yrdsb.ca/Students/MySkills/Pages/Stress-Management.aspx>

Crisis Mental Health Supports for Students:

310-COPE: 905-310-COPE (2673) or 1-855-310-COPE (2673) - available 24/7

KidsHelpPhone: 1-800-668-6868, text 686868 - available 24/7

York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30-4:00 p.m. for children and youth (0-18 years) and their parents, caregivers or adult supporters.

If you have concerns regarding possible suicidal ideation for students, please refer to the Board's [Student Suicide Intervention Response Guidelines for the Period of COVID-19 School Closures](#).

Culturally Relevant Mental Health Supports:

Black Youth Helpline: 1-833-294-8650

Taibu Community Health Centre: 416-644-3536

Tropicana Community Services: 416-439-9009