



## Week #30 Glad Park PS E-Bulletin: April 12 - 16

---

### UPCOMING DATES:

- April 19th - Return to school - bring all technology back to school
- April 26 - Virtual School Council @ 6:30 pm
- April 29th at 6:30 p.m - Sara Westbrook Parent Evening Registration
- [YORKHILLS Upcoming webinars for Parents and Caregivers](#)
  - April 14 - @ 6:30 - 8:30 pm **YORKHILLS webinar** - UNDERSTANDING THE BRAIN AND BEHAVIOUR DEVELOPMENT IN CHILDREN WITH AUTISM SPECTRUM DISORDER DISCUSSIONS
  - April 22 @ 6:30 - 8:00 pm **YORKHILLS webinar** - MANY FACES OF ANXIETY - UNDERSTANDING AND SUPPORTING CHILDREN WHO LIVE WITH WORRY
  - April 29 @ 6:30 - 8:30 pm **YORKHILLS webinar** - CALMING STORMY WATERS— SUPPORTING CHILDREN THROUGH SEPARATION AND DIVORCE

**School Technology** If your child's teacher sent home technology to support virtual learning, please ensure the technology is returned to the school on Monday April 19th.

**York Hills Here to Help Line** offers quick-access to counselling via telephone for students, parents and caregivers. New time changes starting in April.

**Sara Westbrook Parent Evening Registration** - A great big thank you to Harry Bowes Public School for offering our Glad Park parents the opportunity to register for Sara Westbrook's "Nurturing Your Child's Emotional Well-Being" Parent Engagement Evening.

The one hour presentation will take place virtually, using Zoom, on **Thursday, April 29th at 6:30 p.m.** An invitation to the meeting will be sent out by email on Friday April 23rd, 2021.

Please use one registration per family if that is possible. Priority will be given to registrations from the HBPS parent community until Friday April 9th, 2021. This evening is sponsored by the HBPS School Council.

Here is a link to the registration [form](#) for a Sara Westbrook Parent Engagement Evening on Thursday April 29, 2021.

**Ancestral Voices: Belonging and Identity In Canada** - This free online author series hosted by the Newmarket Public Library explores the experiences of Indigenous, Caribbean and African Peoples in Canada. Visit <https://bit.ly/2R2rSYC> for more information and to register.

Thursday, April 15, 2021 7:00 p.m. - 9:00 p.m - Lee Maracle

Thursday, April 29, 2021 7:00 p.m. - 9:00 p.m - Francesca Ekwuyasi

Thursday, June 10, 2021 7:00 p.m. - 9:00 p.m.- Waubgeshig Rice

**Actions for Happiness Calendar: ACTIVE APRIL** Keeping active is a great way to boost our mental wellbeing. So this month we're encouraging everyone to get moving and get outdoors as much as possible. Whatever your circumstances or physical limitations, you can find your own ways to be a bit

more active. We don't need to run marathons - there are simple things we can all do to take care of our bodies, like unplugging from technology, reconnecting with nature and getting more sleep!