



Week #35 Glad Park PS E-Bulletin: May 17 - 21st

If you need to contact the school please email: glad.park.ps@yrdsb.ca

UPCOMING DATES:

May 20 - Outdoor Classroom Day ***How will you plan for outdoor learning? Weather permitting morning announcements will be outside :-)

May 24 - Victoria Day

May 31 - P.A. Day

June 7 - Virtual School Council Meeting @ 6:30 pm

June 23 - Grade 8 Graduation Ceremony (tentative)

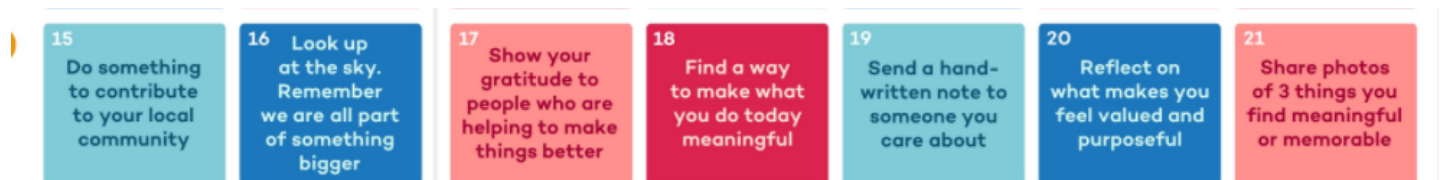
June 29 - Last Day of School (early release)

[GPPS Learning Commons](#) website has been updated to support remote learning. Share with your students and families...make it a scavenger hunt!!

- **Research** page to access YRDSB & Ministry of Education approved databases for research in French & English
- **Reading** page to access reading material in English, French and other languages
- **Makerspace** page, there is a range of difficulty in activities. Activities on the left are targeted for primary learners; in the middle, junior learners; on the right intermediate learners.

School Technology Should you need help with school technology during the move to virtual learning please submit your request for support to : [YRDSB Student Technology Help](#)

Actions for Happiness Calendar [May - Meaningful May](#)



- **ECO TEAM** -thank you to our students, staff and families for participating here are some pledges shared:
- **Expectations Regarding Appropriate use of Technology**

YRDSB Appropriate Use of Technology Policy and Procedures;

- **SUMMER LEARNING GRADE 6,7,8** - For more information about registration for Summer Learning see the following:
 - [Elementary Summer School](#) Grade 6, 7 and 8 (Literacy & Numeracy) Program
 - [Grade 8 Summer Reach Ahead](#)
- **NEWMARKET PUBLIC LIBRARY - Ancestral Voices: Belonging and Identity In Canada** - This free online author series hosted by the Newmarket Public Library explores the experiences of Indigenous, Caribbean and African Peoples in Canada. Visit <https://bit.ly/2R2rSYC> for more information and to register. **Thursday, June 10, @ 7:00 p.m. - 9:00 p.m.- Waubgeshig Rice**

Mental Health Awareness Month

- **[YORKHILLS Upcoming webinars for Parents and Caregivers:](#)**
To register for any of these virtual events below , register at www.yorkhillscentre.eventbrite.ca

Conscious Parenting - Tue, May 18 @ 6:30 PM

Presented by: Abner Lico - Child and Family Therapist

This workshop will provide an opportunity for parents to better understand their adolescent, and their role as parents. During our time together we will explore questions such as: How do I see myself as a parent? Why do I choose to parent the way I do? We will also look at what our triggers are and our reactions to these triggers.

Conscious parenting includes awareness of ourselves as individuals, as parents, and of our teenage child. We will look at the developmental period of adolescence and the specific factors that distinguish it from other developmental periods. The aim of this workshop is to introduce you to the concepts of conscious parenting. It is an invitation to become more aware, reflective, understanding and deliberate in the relationship with your child.

Self- Esteem - Triple P Tip Sheet Discussion - Wed, May 19 @ 12:00 pm

As children grow and develop they form views of themselves as a person, their value as an individual, and how good they are at doing things. This view of their self-worth is called self-esteem. An important part of being a parent involves building confidence in children and supporting them in and developing a healthy sense of self-esteem, which

includes children having a true sense of their strengths and challenges. This webinar will provide suggestions to help you promote and support your child's self-esteem.

Plugged In - Thu, May 20 @ 6:30 PM

Does screen time in your home ever feel like scream time? Is it hard to get your children unplugged? If you answered yes, the Plugged In workshop is for you. Topics include: Guidelines for healthy screen time use, understanding how screen time effects the brain, how your own technology use impacts children, and strategies for managing screen time.

Sibling Rivalry to Sibling Relationship - Tue, May 25 @6:30 PM

Come and learn! This workshop will discuss what sibling rivalry is, what causes it, and what parents can do to build and strengthen this important relationship.

- Explore the meaning of 'fairness' from a child's perspective, and learn how to handle each child's feelings.
- Learn how to respond to challenging behaviours, and how to balance the parental role of being a 'coach and a referee'.
- Learn the value of 'cooling off time', and teach your children to use 'quiet spaces' for calming and learning to work together with a sibling to problem solve.
- Learn ways to encourage positive and respectful sibling relationships.
- Learn additional ways to cope and manage when one/both siblings have mental health challenges.

JUNE

BeYOUtiful - Supporting Positive Body Image in Children and Youth - Tue, Jun 8 @6:30 PM

Positive Connections - Mon, Jun 14 @ 6:30 PM

Understanding and Managing Challenging Behaviours - Tue, Jun 15 @ 6:30 PM

Bringing Your Family Into Focus - Mon, Jun 21 @6:30 PM

Nightmares and Night Terrors - Triple P Tip Sheet Discussion - Wed, Jun 23 @12:00 PM