



# GLEN SHIELDS PUBLIC SCHOOL

## WEEKLY UPDATE

### NOVEMBER 07-11, 2016

Daily	Breakfast Program 8—8:45 am Entry from front of the building (Donations are welcome!)
Monday Day 2	Eco Club - Lunch recess Library Helpers—Lunch recess School Council Meeting 7:00—8:00 pm
Tuesday Day 3	Dodgeball—Lunch recess Origami Club —Lunch recess Pokemon Card Club—Lunch recess <b>Grade 6 VIP 1:40 in Library</b>
Wednesday Day 4	Intermediate Girls Volleyball Practice—8:00 am Gym Intermediate Boys Volleyball Practice — 1:00 pm Gym
Thursday Day 5	Band Practice 7:30—8:30 am Preps (Preschool) Program—9:30—11:30 am — Room 112 Dodgeball—Morning and Lunch recess Library Helpers—Lunch recess
Friday Day 1	Preps (Preschool) Program—9:30—11:30 am — Room 112 <b>Remembrance Day</b>

### Upcoming

Progress Reports Go Home Wed. Nov. 23rd

Parent Interviews, Thursday, Nov. 24 & Friday 25

PA Day Friday, November 25, 2016— No school

Dental Screening for JK, SK, Grades 2, 4, 6 & 8 —  
November 28 & 29

### For your information...

Attached is a guide that provides hands-on activities so that parents, guardians, caregivers and other family members can help support the development of mathematics abilities in Kindergarten to Grade 6 learners. It includes tips as well as practical activities that can be used at home and in your local community. Enjoy learning together!

<http://www.edu.gov.on.ca/eng/literacynumeracy/parentGuideNumEn.pdf>

## **PARENT COUNCIL UPDATE**

**Purchase your treat cards! Enjoy a convenient way for your child to have yummy treats without always worrying about having change. Treat cards available for purchase through CASH ONLINE. Buy yours today!!**

### **CASH ONLINE DONATIONS**

**As part of our fundraising efforts, donations can be made through CASH ONLINE. See the attached flyer for instructions on how.**

**If you are dropping off lunch for your children, please place their lunch INSIDE the green or red cabinets in the foyer labeled LUNCH. Thank you!**

### **POPPY DONATIONS**

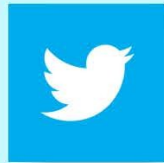
**We have poppies available in the office. Any donations to the Royal Canadian Legion would be appreciated.**

### **LUNCH HOUR SUPERVISORS WANTED!!**

**If you are available Monday - Friday from 12:40—1:40 pm for lunch hour supervision both indoors and outdoors, please contact the school to learn more about this opportunity.**



# social media fitness



## Listen ~ Connect ~ Engage ~ Influence

Join us for an exciting and visual journey into the world of Snapchat, Twitter, Instagram, Facebook and more. And leave inspired, skilled and confident to support your family's journey through Social Media. Our kids are already engaged in this space. *We need to be engaged, too.*

### ***Core Discussions (mobile device recommended)...***

- How Students use Social Media
- How Students are Evaluated, Online
- Reducing Student Anxiety & Stress
- Building a Sustainable Reputation
- 5 Prominent Social Platforms
- Become "Googleable"
- Achieve Balance; less screen time
- Increase Online Confidence & Skill

### ***Chris Villum***

International workshops

Presented to more than 500,000 students throughout Canada and the United States



Recognized educator on

Twitter, Instagram, Periscope, Snapchat, Facebook, YouTube, Tumblr

Date: November 24, 2016 Time: 7:15

Location: Thornhill Secondary School, Library

Questions & RSVP: Thornhillcouncil@hotmail.com



Parents for Children's  
Mental Health

SUPPORT. EDUCATE. EMPOWER.

# HOW TO ADVOCATE EFFECTIVELY at SCHOOL

All welcome- an expert school panel will share information  
and answer your questions

**Monday, November 14th** at Kinark Aurora Office

## PARENTS' Support Group

Does your child's anxiety, ADHD, mood disorders, learning disability, or  
behaviour challenges make parenting difficult?

### Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
  - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
  - learn how to access resources in the community

When	Second <b>Monday</b> of every month NO pre-registration. Free childcare sign up <a href="mailto:parentengagement@kinark.on.ca">parentengagement@kinark.on.ca</a>  Meetings run every month all year. Chapter leader email <a href="mailto:york@pcmh.ca">york@pcmh.ca</a>	Second <b>Tuesday</b> of every month NO pre-registration <a href="mailto:info@theyorkcentre.ca">info@theyorkcentre.ca</a>  Meetings run every month except August.
Time	6:30-8:00pm	7:00- 9:00 pm
Where	Aurora Kinark Office at <b>24 Orchard Heights Blvd. Unit 101A Aurora.</b> (Entrance is at east side of grocery store) Free parking & very close to Yonge St for public transit.	The York Center at <b>11225 Leslie Street, Richmond Hill.</b> Free parking.
Next Meeting	Monday, December, 12th	To be announced

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit [www.pcmh.ca](http://www.pcmh.ca).



# Why Pack A Litterless Lunch?

A litterless lunch is simply that. It is a lunch that creates no waste! It involves the elimination of disposable products and encourages use of reusable containers. The goal of a litterless lunch is to reduce waste production, and therefore help to reduce our impact on the Earth.

## What Does a LITTERLESS Lunch Look Like?

### A Wasteful Lunch (DISPOSABLE)

- sandwiches sealed in plastic bags
- fruits and vegetables in plastic bags
- prepackaged chips, cookies, fruit bars, granola bars, cheeses, and fruit leathers
- prepackaged yogurts, apple sauces, and puddings
- crackers, pretzels, chips, and other snack foods sealed in plastic bags
- disposable juice boxes, juice pouchs, soda cans, water bottles, and milk cartons
- plastic forks and spoons
- paper napkins
- reusable lunchboxes and disposable paper and plastic bags

### A Litterless Lunch (REUSABLE)

- sandwiches and other main dishes, fresh fruit, fresh vegetables, and treats in a reusable lunch container
  - cloth napkins
  - stainless-steel forks and spoons
  - reusable drink containers
  - reusable lunchboxes
- \* With this type of lunch, lunch food items can be bought in larger quantities, in bulk. The packaging can be left at home for reuse or recycling. Waste-free lunches are not only a wise environmental choice, but they are less expensive as well.



Pack a **Litterless Lunch!**

## What Does it Cost To Pack a Waste-Free Lunch?

### A Disposable Lunch

1 egg salad sandwich	\$1.25
1 yogurt	.85
1 granola bar	.45
1 apple	.30
1 package of carrots and dip	.65
3 plastic bags	.12
1 juice pouch	.35
1 plastic spoon	.04
1 paper napkin	.01
<b>TOTAL</b>	<b>\$4.02</b>

### A Litterless Lunch

1 egg salad sandwich	\$1.25
1 serving of yogurt	.50
1 serving of granola	.35
1 apple	.30
1 serving of carrots and dip	.25
water	0
cloth napkin	0
stainless steel spoon	0
packaging	0
<b>TOTAL</b>	<b>\$2.65</b>

### The Bottom Line

<b>Disposable Lunch</b>	<b>Litterless Lunch</b>
\$4.02 / day	\$2.65 / day
\$20.10 / week	\$13.25 / week
\$723.60 / school year	\$477.00 / school year

**\$723.60 - \$477.00 = \$246.60 savings per school year per person**

**IT SAVES YOU \$ TO BE GREEN!**



## Information for Parents

# We are now accepting donations online

### What qualifies as a donation?

**Donations** must meet the Canada Revenue Agency (CRA) criteria for a tax receipt:

- there is no benefit to the donor,
- the directed gift does not benefit any person not dealing at arm's length with the donor, and
- decisions about how the donations will be used will be made by the charity (in this case the school).

### What does not qualify as a donation?

Examples of payments which do not qualify as donations (no tax receipt provided) and which **should not be made through the online donation module** include (but are not limited to):

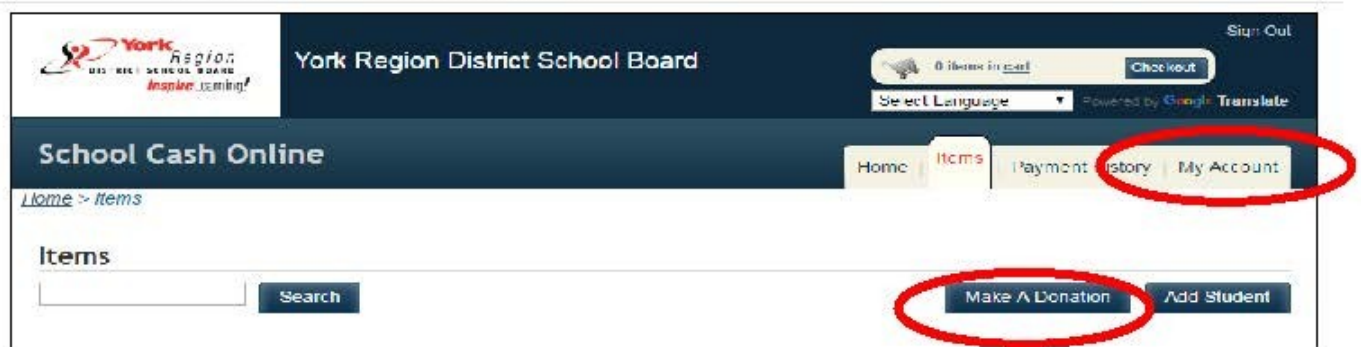
- donations to external charities (i.e. Terry Fox Run),
- payment for a table at a fun fair to sell parent crafts, and
- donations where the donor has requested that the gift be used for a specific purpose or person(s).

### Questions?

If you have questions about donations and process please contact the school. For support with School Cash Online call 1.866.961.1803. School Cash Online support is available 24 hours a day, 7 days a week.

## Using YRDSB School Cash Online to make a donation

1. Sign into your School Cash Online account
2. Click on "Make A Donation"



**Note** - The School Cash Online Account Holder name appears on the tax receipt. Account holder name should not be the student name. Please ensure the Account Holder name is correct by clicking on "My Account".

3. Select the amount you wish to donate
4. Choose the school name from the "Fund Destination" drop down



**School Cash Online** [Home](#) [Items](#) [Payment History](#) [My Account](#)

[Home](#) > [Items](#) > [Items](#)

**Give To York Region District School Board**

Please retain this receipt for tax purposes. The Board is a registered Canadian Charitable organization and your donation may be deducted when computing taxable income.

**Gift Information**

I would like to make a donation of:  \$20  \$50  \$100  \$250  \$500  \$1000 Other Amount:

Fund Destination: Select a Fund Destination ▼

**Tribute Information**

This gift is:  Name of honoree:

**Message to School Board**

Message: (Optional)

**Tax Receipt**

A donation receipt will be emailed to you upon completion of your cart checkout.

[Back](#) [Add To Cart](#)

5. Under Message to School Board, you can provide further details such as Student Name/Classroom.
6. Select "Add To Cart"
7. Other items can be purchased online (ie: field trip, hot lunch..) and can also be added to the cart before going to Checkout
8. Proceed to checkout to complete your order
9. Print your Donation Tax Receipt

[Print this page](#) | [Close](#)

<p>York Region District School Board 60 Wellington Street West Aurora, ON (905) 727-3141</p> <p><b>Leanne Shaw</b> Board Donation</p> <p>Donated By Leanne Shaw 24 Glenmorris St. Burlington, N1R7J4 CANADA</p> <p>Official Receipt For Income Tax Purposes Charity Name: ABC Educational Foundation Registered Charity Number: 325-3252</p>	<h1 style="margin: 0;">RECEIPT</h1>  <p><b>Receipt #:</b> 00006</p> <hr/> <p><b>Total:</b> \$150.00 CAD</p>	<p>Tender: CreditCard XXXX XXXX XXXX 5454 Reference #: 799596 Donation Date: Jan 22, 2013 Issue Date: Jan 22, 2013</p> <p> _____ <b>Officer: Jane Smith</b> Position: Treasurer</p>
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SchoolCashOnline.com



Dear Parents/Guardians:

***Re: Students with Anaphylaxis***

There are students in our school who have a life-threatening allergy to nuts which can cause an anaphylactic reaction.

Anaphylaxis is an allergic reaction that is so severe that it can cause death. The throat closes and the child cannot breathe. This allergic condition differs from any other allergic reactions in that it is life-threatening. Even contact with trace amounts of the nut allergen (through ingestion or touch) can trigger this type of reaction. The ONLY way to ensure a safe environment is to avoid bringing nut and nut products onto the school premises. To do this, we need everyone's cooperation.

Isolating students with anaphylaxis from the rest of the student population during lunch time does not solve the concern because upon their return to class a reaction is possible. For example, since children tend to play in such close proximity to each other, contact from someone's sticky peanut butter covered fingers is possible. As well, peanut butter or crumbs from cookies or chocolate bars, etc., can be left on rugs, desks, chairs, books or other school equipment, and no matter how hard we try to clean these areas. When the child returns to class, a severe reaction is possible.

The child who suffers an anaphylactic reaction must be administered an EpiPen® and transferred immediately to the local hospital. If the ambulance is delayed, a second EpiPen® must be administered.

Avoidance is the key in preventing the occurrence of these reactions.

It is for this reason that we asked for your co-operation in refraining from sending peanut products and by-products to school. We hope that you will be able to support us in this regard to reduce the risk factor.

Please check the ingredients label on any food you may send with your child for lunch or snack. Ensure that peanuts/tree nuts are not listed in the ingredients. Also ensure, that there is no warning of "may contain traces of peanuts/tree nuts" or "manufactured in a facility that handles peanuts/tree nuts". The warning may vary between manufacturers but they will identify if there is a risk that the food product contains nuts. Examples of tree nuts are almonds, pecans, walnuts, cashews etc. If there is no warning on the ingredients label and no peanut/tree nuts listed, then you may send the food item for your child.

We respectfully ask that children wash their hands thoroughly before arriving to school to ensure that he/she is not bringing any trace amounts of the allergen to the classroom and common areas such as library, playground and washrooms.

Your support in this important matter is deeply appreciated and critical to ensure the safety of all of our students.

Together we can ensure a safe environment for all.

Sincerely,

Mr. A. Medina

## **International Baccalaureate Program Information Evening**

The International Baccalaureate (IB) program is student-centred with a focus on developing intellectual, personal, emotional and social skills for students who live, learn and work in a rapidly changing world. The program emphasizes critical, compassionate thinking, community involvement and intercultural understanding. It is founded on international standards and assessment. Students who complete the program earn both an Ontario Secondary School Diploma and an IB Diploma.

We are pleased to announce the expansion of York Region District School Board's IB Program offerings. In addition to [Bayview Secondary School](#)'s IB Program, YRDSB has four candidate school sites for the Diploma Program:

[Alexander Mackenzie High School](#)

[Dr. GW Williams Secondary School](#)

[Maple High School](#)

[Milliken Mills High School](#)

Current Grade 8 and Grade 9 students and families interested in YRDSB's IB Program are invited to attend an information session to learn more about the program and application process. No registration is needed.

### **IB Information Evening – Wednesday, October 26, 2016**

Location: Le Parc  
8432 Leslie Street, Thornhill, Ontario L3T 7M6  
Hall: to be announced

Times:  
Families living EAST of Yonge St. 6:30 p.m. – 7:30 p.m.  
Families living WEST of Yonge St. 8:00 p.m. – 9:00 p.m.

Students eligible for Grade 9 and Grade 10 in September 2017 may apply.

### **Assessment Dates – Saturday, November 19 or Tuesday, November 22, 2016**

Admission to the York Region District School Board IB programs includes an assessment. At the time of application, students will select to write in either the a.m. or p.m. on Saturday, November 19 or in the evening on Tuesday, November 22.

There is a \$35 fee to apply to this program.

For additional information, please visit [www.yrdsb.ca/IB](http://www.yrdsb.ca/IB).