Keswick High School E-Bulletin - April 12, 2024

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Important Upcoming Dates

Link to Community Google Calendar - to view all upcoming events

April 14	<u>Vaisakhi</u>
April 15	OSSLT Spring Session
April 15	Last day of Semester 2 Term 1
April 16	OSSLT Spring Session
April 16	Semester 2 Term 2
April 17	Black Excellence Games and Food Event
April 19	Ontario Science Centre Field Trip
April 20 - May 1	Ridvan
April 22	Earth Day
April 22	Mark Visibility
April 23 - April 30	Pesach/Passover
April 24	Senior Co-ed Volleyball Tournament
April 25	Lacrosse Tournament - R.O.C.
April 25 - 29	Midterm Report Card E-Distribution
April 26	O.F.S.A.A. Day
April 26	Brook's Farm Field Trip
April 26	S.I.N. Clinic

Coffee House Auditions

Coffee House auditions are right around the corner (Apr. 22 to 26). It is open to all students in the school, it is designed as an opportunity to celebrate our students' diverse interests, abilities, and talent through an evening of entertainment (food and drinks included). All types of acts are welcome – music, dance, comedy, juggling, magic tricks, and anything else in-between.

Normally, students can sign up by scanning the QR Codes on <u>posters</u> around the school or <u>fill out the form at this link</u>. However, to help encourage our students to step out of their comfort zone and sign-up for auditions, students from the Music Council will be coming around class to class on Monday, April 15th during the 2nd half of period 1.

S.I.N. Clinic

Our school will be hosting a Social Insurance Number Clinic on April 26, 2024 from 11:00 a.m. to 3:00 p.m. in the Main Foyer. Service Canada representatives will be at our school to help students and newcomers apply for their Social Insurance Numbers, learn about the Canada Job Bank and Summer Program for Youth and learn about the new Federal Dental Program. This free service is brought to our school communities through a joint project with Service Canada and York Region District School Board. For more information please see the flyer.

Earth Day/Week/Month

April is Earth Month, and on April 22, we celebrate Earth Day.

Small Steps Can Make Big Change This Earth Month

It's Earth Month and there are steps we can all take to help reduce our environmental footprint.

Use active travel. Taking the school bus and walking, riding or biking to school helps reduce pollution and traffic congestion in our neighbourhoods. It's also great for your mental health, well-being and academic performance.

- If you drive, consider parking near the school and walking the rest of the way (obeying all neighbourhood parking rules). Even this small change can make a difference.
- The walk to school is also a great time to connect, look for signs of spring and appreciate the changing season.

Reduce your energy and water use. Turn off lights, TVs, computers, when you do not need them. Turn off the tap when you're not using the water.

Reduce your waste. Using a refillable water bottle for example, helps to reduce the use of plastic water bottles. Bring your own bags to the store. Reuse whatever items you can. Repair items that are broken instead of throwing them away. Recycle wherever possible instead of contributing to the landfill.

Plant a tree, native plant or vegetable garden. Learn about native species and plants that attract birds, bees and butterflies.

Explore the outdoors! There is no better way to celebrate Earth Week than going for a walk. Check out <u>York Regional Forest</u> to discover nature in your backyard. Want to take your Earth Day celebrations out of the classroom? Why not visit one of Ontario's 290 conservation areas? <u>Here's a map</u> to help you locate the one nearest to you. Don't forget to check <u>Whose Land</u> to acknowledge whose territory you are on.

For inspiration on using nature as a classroom, Resources for Rethinking offers a <u>Step</u> <u>Outside guide</u> that highlights what's happening in nature seasonally

To amplify the effects, turn Earth Day into Earth Week or Earth Month and select a variety of activities to support collective learning and action for a week or month.

Working together, we can all help to take steps to protect this beautiful planet we live on.

Family Engagement Evening

Understanding the Ontario Education Systems - Part 2 Welcome to our second SEAS "Family Engagement Evening" event supporting families and caregivers to develop a deeper understanding of the Ontario Education System.

In this session, we are discussing report cards, assessment and evaluation, at both elementary and secondary levels.

Presentations will be available in English, Mandarin, Korean and Cantonese.

Date: Thursday, April 25, 2024

Time: 6:30 - 8:00pm

Location: Markville Secondary School, 1000 Carlton Road, Markham, ON L3P 7P5

Please use this link to <u>register</u> by Monday, April 23, 2024. Please see the <u>flyer</u> for more information..

Student Mental Health Strategy Implementation Team Presentation Series "Lamps" - Phase 2

Family series supporting learning about mental health.

The YRDSB Central Mental Health Team is proud to be offering the *Learning about Mental Health Presentation Series (LAMPS)*. The objective of the series is to promote and enhance mental health literacy. The second session is "Technology Use and Mental Health, a Presentation for Parents and Caregivers" and will occur virtually on May 29 from 6:00 - 7:00 p.m. The presentation will focus on the characteristics of anxiety, and some general strategies that may be beneficial in supporting your children and their anxiety.

These sessions are offered to any parent/guardian. Translation will be provided in a limited number of languages. If your preferred language is not offered, we recommend watching with a friend or family member who is able to translate.

To register please visit this link.

Please Register by May 28th, 2024

Guidance News

YRDSB Summer School Registration

YRDSB Summer School registration will open Tuesday, April 9th and all Credit Recovery/Reinforcement Courses will be open on Monday, May 15th. YRDSB students can register online via My Pathway Planner, please refer to the my Pathway Planner Student Tip Sheet on how to register. See course offerings and locations below:

- 2024 Secondary Summer School Courses and Locations
- 2024 Online Learning (Asynchronous) Secondary Summer School Course List

Please book an appointment with your Guidance Counsellor to discuss summer school registrations. Your Guidance Counsellor will need to approve your summer school registration.

Community Involvement Hours

Students in Ontario are required to complete 40 Hours of Community Involvement activities to graduate in June 2024 with an Ontario Secondary School Diploma. If you are a Grade 12 graduating student, please submit to KHS Guidance the documentation of any outstanding/unrecorded hours as soon as possible or by the latest June 1st.

A useful resource is 'Neighbourhood Network' which provides a directory of activities in our community requiring volunteers: www.neighbourhoodnetwork.org.

Online Opt-Out Forms

For any grade 12 student who did not complete online Learning Courses, you are required to "opt-out" of that Ministry requirement by completing the Opt Out Form. If you have not done so already please be sure to come by Guidance and complete the form. Any student under the age of 18 requires parent permission.

Grad 2024 Hoodies

We are pleased to offer a <u>Graduation Hoodie</u> for the Class of 2024. These hoodies are the perfect way to showcase your accomplishment.

These hoodies are available on School Cash Online from April 8^{th} to May 3^{rd} . They are available in red or black for \$48 (Small – XL) or \$51 (2XL and above). Delivery will be early June.

Graduation 2024

Graduation is on June 26 from 7:00 to 9:00 p.m. at Keswick High School.

Prom 2024

Keswick High School will be hosting our Prom on Thursday May 23, 2024 at The Manor which is located at 16750 Weston Road in King Township.

The evening will begin at 6:00 p.m. and ends at 10:30 p.m. The evening's events will include dinner, prom awards, and dancing. Tickets are \$105.00 and will go on sale on School Cash Online on Monday March 18 to Thursday April 18.

We look forward to an exciting evening of celebration with our Grade 12 students.

Attendance

If you want to report a student absent please contact our attendance direct line at 905-476-7823 for quicker service, this will help you bypass the switchboard and it is a 24/7 answering machine. Email easier for you? Feel free to email your child's absence at keswick.hs@yrdsb.ca as it is monitored regularly.

Math Help Room

Is your student looking for some extra math support? If they are needing some additional support outside of class time and individual teacher help they can drop by the Math Help Room (no appointment necessary). Located in the math pod in Room 2027.

Tuesday/Wednesday/Thursday Lunch 11:50 a.m. – 12:20 p.m.

Wednesday afterschool 3:15 p.m. – 3:45 p.m.

Thursday afterschool 3:15 p.m. – 3:45 p.m.

Students can look for the posters around the school or speak to their math teacher. If you have any questions please contact Kristie Miller at kristie.miller@yrdsb.ca

Student Mental Health Supports

- 310-COPE: 905-310-COPE (2673) or 1-855-310-COPE (2673) available 24/7
- KidsHelpPhone: 1-800-668-6868, text 686868 available 24/7
- Mental Health Helpline: 1-866-531-2600 available 24/7
- York Hills Help Phone Line: 905-503-9561 Monday, Wednesday, Friday 9:30-4:00 pm for children and youth (0-18 years) and their parents, caregivers or adult supporters. Visit www.yorkhills.ca for more information.
- Hong Fook Mental Health Association: 647-619-9030 Asian youth brief counselling services
- Evergreen: 416-499-2185 grief counselling

Upcoming Opportunities

There are many upcoming programs and events for YRDSB families and their students.

Please visit http://www.yrdsb.ca/schools/keswick.hs/NewsEvents/Pages/default.aspx for new events, programs and sessions that our board offers in partnership with different community resources.

Please visit our website at http://www.yrdsb.ca/schools/keswick.hs/Pages/default.aspx
This message is being sent on behalf of the York Region District School Board and/or your child's school in compliance with the Canadian Anti-Spam Legislation.

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If you no longer wish to receive any emails from Keswick High School, please contact the school directly to have your email address deleted from your child's Student Information Record.

Report It

Acts of discrimination, hate and bullying are never acceptable. You can find Report It on the homepage of the Board website at www.yrdsb.ca and on the homepage of every school website, or watch this short video to learn more.

Follow us on Twitter and Instagram @YRDSB KeswickHS