Keswick High School E-Bulletin - May 12, 2023

In this Newsletter

- Important Upcoming Dates
- Workshop for supporting students of the Tamil Diaspora
- Nurturing Your Teen's Emotional Well Being
- Recreation Subsidies
- Bike to School Week
- Student Mental Health and Addictions Newsletter
- Grad Breakfast Save the Date
- Graduation Hoodie
- Guidance Information including Full Disclosure
- KHS Service Canada Social Insurance Clinic
- Yearbook
- Math Help
- Vaping in the Washrooms
- Food Pantry Program at KHS
- YRDSB News and Events

Important Upcoming Dates

May 15	Girls & Boys Rugby Team @ Huron Heights SS
May 15	Varsity Baseball Team @ The ROC - 12:30 p.m. game
May 15	School Council Meeting at 7:00 p.m.
May 16	Art Field Trip to Clearwater Farms
May 16	Mountain Biking Team @ Centennial Park
May 16	Boys Lacrosse Team vs Aurora H.S. @ Sir William 2:00 p.m. game
May 16	Sr Girls Soccer @ Huron Heights SS
May 17	S.N.A.P. Track and Field Event at Dr. Denison - 9:15 a.m.
May 17	Varsity Baseball Team @ The ROC 3:00 p.m. game
May 18 & 19	York Region Public Health Vaping Presentations - 12:45 p.m.
May 18	Varsity Baseball Team @ Stronach Rec Complex - 2:30 p.m. game
May 18	Coffee House @ K.H.S.
May 19	Girls Soccer Tournament @ Woodbridge College
May 19	Varsity Baseball Team @ Don McKnight Field - 3:00 p.m. game
May 22	Victoria Day (no school)
May 23	M.A.D.D. Canada Presentation for Grade 11 & 12 students
May 25	Prom @ The Manor 5:30 p.m 11:00 p.m.

Parent/Caregiver Virtual Mental Health Workshop Supporting Students of the Tamil Diaspora

June 1, 2023 6:00 - 7:30 p.m.

Parents and caregivers are invited to join this workshop to learn about supporting their children's academic, emotional and social well-being. The session will provide practical tips to create space for open conversations about mental health and well-being, ways to provide support and resources available through YRDSB and the York region community.

Register here on our <u>Google Form</u>. Link to join will be provided via email following registration.

Nurturing Your Teen's Emotional Well Being - Pro Grant Workshop

Emily Carr SS presents speaker Sara Westbrook. In this presentation, parents and guardians will learn 3 Strategies to help develop resilience and emotional well-being. Time: 6:45 - 8:00 pm. Please register ahead of time.

EmilyCarrParentFlyer.pdf

Recreation Subsidies

Free and/or Subsidized Recreation, Sport Programs, Summer and Overnight Camps For Children and Youth ages 4-18 whose families participate in one of the following:

- Ontario Works
- Ontario Disability Support Program
- Assistance for Children with Severe Disabilities
- Rent Subsidy (including STAR and Ontario Housing Benefit)
- Child Care Fee Subsidy (income below \$36,000) Some programs are only eligible to families in York Region Housing Communities
- Housing York Inc.
- Non-Profit Housing
- Cooperative Housing

For More Program Information and Eligibility: Call Access York at 1-877-464-9675 or visit york.ca/recreationsubsidies

Bike to School Week

Bike to School Week is May 29-June 2

Bike to School Week.pdf

Student Mental Health and Addictions Newsletters

May and June's Mental Health Newsletter for families and caregivers. Newsletter translations available on https://www2.yrdsb.ca/student-support/mental-health.

MH Newsletter May 2023.pdf

MH Newsletter June 2023.pdf

Grad Breakfast - Save the Date

Save the date! We are pleased to invite all KHS 2023 graduating students to attend a Grad breakfast on Tuesday, June 13th at KHS from 8:15 a.m. -10:00 a.m. in the cafeteria. We will be celebrating our graduates and their accomplishments as well as reviewing graduation expectations, ceremony procedures, and the agenda for the evening on June 26. We look forward to seeing all our Grads there.

Graduation Hoodie

We are pleased to offer a Grad Hoodie for our Class of 2023 Graduates. The Gildan Hoodie is available in red or black and costs \$48.00. It is available on School Cash Online until May 17th. Delivery will take place mid June. Please click on the link below to view the hoodie. You must be logged onto your google account to view.

https://docs.google.com/document/d/1g6RVo6qNHMSbK_jAKhWJYwz0GRSi-NDh/edit

Guidance Information

Full Disclosure

The Full Disclosure date for Grade 11 and Grade 12 courses for semester two is May 12th, 2023. If a student withdraws from a Grade 11 or 12 course on or prior to May 12th, then the course will not be recorded on the Ontario Student Transcript. If a student withdraws from a Grade 11 or 12 course after the Full Disclosure date, a withdrawal (W) is entered in the credit column, and the student's mark at the time of withdrawal will be recorded as a percentage in the achievement column of the transcript.

YRDSB Summer School Registration

YRDSB Summer School registration is now OPEN! Registration opened April 11th and will close on June 16th. YRDSB students can register online via My Pathway Planner, please refer to the my Pathway Planner Student Tip Sheet on how to register. See course offerings and locations below:

2023	Secon	dary Sum	<u>mer</u>	School Cou	irses and L	<u>ocations</u>			
2023	Online	Learning	ı (As	ynchronous) Secondar	<u>y Summer</u>	School	Course	List

Please book an appointment with your Guidance Counsellor to discuss summer school registrations. Your Guidance Counsellor will need to approve your summer school registration.

Community Involvement Hours

Students in Ontario are required to complete 40 Hours of Community Involvement activities to graduate in June 2023 with an Ontario Secondary School Diploma. If you are a Grade 12 graduating student, please submit to KHS Guidance the documentation of any outstanding/unrecorded hours as soon as possible or by the latest June 16th.

A useful resource is 'Neighbourhood Network' which provides a directory of activities in our community requiring volunteers: www.neighbourhoodnetwork.org. In addition, the parameters for obtaining community involvement hours has been extended to include, 10 hours from employment with a reflection and/or for duties normally performed in the home.

KHS Service Canada Social Insurance Clinic for Students

Service Canada representatives will be at KHS from 11:00 am to 3:00 pm on June 5, 2023 to help students apply for their Social Insurance Numbers and learn about the Canada Job Bank and Summer Program for Youth. Please see the attached link for more information:

Keswick HS -June 5 2023 SIN Clinic.pdf

Yearbook 2022/2023

The Yearbook Club is hard at work creating a senior yearbook for 2022/2023 grade 11's and 12's. We would love your support in making the yearbook a success!

We will need signed permission forms from parents in order to feature any student in the book who is under 18. This includes grad photos, prom and teams/clubs. If this form has already been filled out, it is not necessary to complete another one. The **Use of Student Personal Information Consent Form** can be requested through the main office.

All sales are online through the link below:

School's Order Number: 9276

Yearbook Order Centre

The deadline to order a yearbook is May 17th.

Math Help

The Mathematics Department will be offering a drop in session for extra math support starting the week of Feb 21st.

- No appointments needed students can drop by room 2027
- Tuesday AM (8:25 a.m. to 8:55 a.m.)
- Tuesday/Wednesday/Thursday @ lunch (11:50 a.m. to 12:20 p.m.)
- Wednesday/Thursday PM (3:15 p.m. to 3:45 p.m.)

Another great resource is TVO Mathify https://www.tvomathify.com/students

- Free online 1:1 tutoring with certified teachers
- Available for grades 4 12
- Monday to Friday 9:00 a.m. to 9:00 p.m.
- Saturday/Sunday 3:00 p.m. to 9:00 p.m.
- Student's will need their OEN # to sign up (found on student report card)

Vaping in the Washrooms

We need your support. Several students are reporting that they feel unsafe within our washrooms as other students are vaping. As we monitor and find students vaping we do speak to them, reach out to families and follow progressive discipline. We are worried about the safety and the health concerns caused by vaping. Here is some information that we will be sharing with students and would like your support in having these dialogues at home too:

https://www2.yrdsb.ca/student-support/caring-and-safe-schools/substance-use-and-misuse/vaping-and-e-cigarettes

Please do not permit your children to bring vapes or vape cartridges to school. We will be working with Tobacco Enforcement Officers to provide information to your children around the health concerns associated with vaping and the consequences for breaking the by-law around vaping on school property. This may include being issued a ticket or summons.

Please refer to the link below to discuss vaping with your teen.

TALKING WITH YOUR TEEN ABOUT VAPING

Food Pantry Program at Keswick High School

We are proud to announce that Keswick High School will be a pick-up location for students and families to access food that has been donated from the food bank of York Region. Any student can access and take part in this program, no questions asked.

Students can scan the QR code around the school to sign up or contact Mrs. Sedgwick or Mrs. Tweddle for more information.

Another option is that families may email Mrs. Sedgwick directly at pamela.sedgwick@yrdsb.ca

Distribution will occur on Wednesdays and Fridays from 3:10 p.m. - 3:30 p.m. for those picking up by vehicle or large quantities.

Non perishable food donations are also welcome. Please bring any donations to the main office.

News and Events

There are many upcoming programs and events for YRDSB families and their students.. Please visit http://www.yrdsb.ca/schools/keswick.hs/NewsEvents/Pages/default.aspx for new events, programs and sessions that our board offers in partnership with different community resources, including:

Managing Negative Self Talk, Fostering Your Child's Emotional Resilience - Mandarin Session, Triple P Parenting Sessions for March, Parenting Program for Farsi/Dari Speaking Families: Fostering positive relationships with children with looking at self-esteem enhancement strategies, Raising Resilient Children, Centre for Black Student Excellence Newsletter for March, Student Mental Health and Addictions Newsletter for March, Homestay Families Needed, York Region Traveller Safety Plan Virtual Information Session.

Report It

Acts of discrimination, hate and bullying are never acceptable. You can find Report It on the homepage of the Board website at www.yrdsb.ca and on the homepage of every school website, or watch this short video to learn more.

For more information on these and upcoming events, please visit our website at http://www.yrdsb.ca/schools/keswick.hs/Pages/default.aspx

This message is being sent on behalf of the York Region District School Board and/or your child's school in compliance with the Canadian Anti-Spam Legislation. If you no

longer wish to receive commercial electronic messages, you may $\underline{\text{unsubscribe}}$ at any time.

If you no longer wish to receive any emails from Keswick High School, please contact the school directly to have your email address deleted from your child's Student Information Record.

Follow us on Twitter and Instagram @YRDSB KeswickHS