## Keswick High School E-Bulletin - May 19, 2023

### In this Newsletter

- Important Upcoming Dates
- Workshop for supporting students of the Tamil Diaspora
- Nurturing Your Teen's Emotional Well Being
- Student Attendance Expectations
- Recreation Subsidies
- Bike to School Week
- Student Mental Health and Addictions Newsletter
- Grad Breakfast Save the Date
- Graduation Hoodie -Deadline extended until May 23rd
- Guidance Information including Full Disclosure
- KHS Service Canada Social Insurance Clinic
- Math Help
- Vaping in the Washrooms
- Food Pantry Program at KHS
- YRDSB News and Events

# **Important Upcoming Dates**

May 22	Victoria Day (no school)
May 23	Girls Rugby @ Thornlea Secondary School
May 23	Boys Lacrosse @ Sutton High School 4:30pm game
May 23 & 24	Track & Field @ Bill Crothers Secondary School
May 23	M.A.D.D. Canada Presentation for Grade 11 & 12 students
May 24	Boys Rugby @ KHS 3:00 & 5:30pm games
May 25	Prom @ The Manor 5:30 p.m 11:00 p.m.
May 26	Girls Soccer @ KHS 4:00pm game
May 29	Mountain Biking Team Race @ Coulsons Hill
May 30	Women in Trades Symposium in Vaughan
May 31	Boys & Girls Rugby @ St. Theresa CHS
June 2	3 on 3 Basketball Tournament
June 5	Service Canada Social Insurance Clinic @ KHS
June 7	Girls & Boys Rugby @ Dr. G.W. Williams SS
June 8	Fine Arts Banquet 7:00pm

June 13	Grad Breakfast for Grade 12 Graduates 8:30am
June 15	Fine Arts Showcase
June 19	Grade 12 Period 3 Exams
June 20	Grade 12 Period 4 Exams
June 21	National Indigenous Peoples Day
June 21	All Grades Period 1 Exams
June 22	All Grades Period 2 Exams
June 23	Period 3 Exams Grades 9-11
June 26	Period 4 Exams Grades 9-11
June 26	KHS Graduation 7:00pm Large Gym
June 27	Culminating Activities Day/Credit Salvaging Day
June 28	Instructional Day
June 30	PA Day

# Parent/Caregiver Virtual Mental Health Workshop Supporting Students of the Tamil Diaspora

June 1, 2023 6:00 - 7:30 p.m.

Parents and caregivers are invited to join this workshop to learn about supporting their children's academic, emotional and social well-being. The session will provide practical tips to create space for open conversations about mental health and well-being, ways to provide support and resources available through YRDSB and the York region community.

Register here on our <u>Google Form</u>. Link to join will be provided via email following registration.

# **Nurturing Your Teen's Emotional Well Being - Pro Grant Workshop**

Emily Carr SS presents speaker Sara Westbrook. In this presentation, parents and guardians will learn 3 Strategies to help develop resilience and emotional well-being. Time: 6:45 - 8:00 pm. Please register ahead of time.

## EmilyCarrParentFlyer.pdf

## **Student Attendance Expectations**

As we get closer to the end of the school year, we would really appreciate your support with student attendance in their classes. It is the expectation that all students are to be in their classes by the time the bell rings at the beginning of the period. If your child arrives after the bell, they will be marked

late. The purpose of the 5 min. between classes is to give students time to travel between classes, go to the washroom, and fill up their water bottle.

It is very important that students stay in class for the entire period. This is where the learning happens. We want students to maximize the amount of time that they spend in class. If you child needs to go to the washroom, they must ask permission from their teacher and then go to the washroom that is closest to their classroom, and return immediately. Students are not allowed to hang out in the hallways during class time. No walking breaks. No laps around the school. Movement breaks can occur in the classroom. If you child has a spare, they are expected go to the library, the cafeteria or the student success room or be at home.

Finally, food delivery services are not allowed to deliver food during class time. Food delivery can only happen between 11:45 and 12:25 pm.

There are just over 4 weeks before the beginning of the exam period. Let's make every minute count. Be in class. Be awesome.

#### **Recreation Subsidies**

Free and/or Subsidized Recreation, Sport Programs, Summer and Overnight Camps For Children and Youth ages 4-18 whose families participate in one of the following:

- Ontario Works
- Ontario Disability Support Program
- Assistance for Children with Severe Disabilities
- Rent Subsidy (including STAR and Ontario Housing Benefit)
- Child Care Fee Subsidy (income below \$36,000) Some programs are only eligible to families in York Region Housing Communities
- Housing York Inc.
- Non-Profit Housing
- Cooperative Housing

For More Program Information and Eligibility: Call Access York at 1-877-464-9675 or visit york.ca/recreationsubsidies

#### **Bike to School Week**

Bike to School Week is May 29-June 2

Bike to School Week.pdf

**Student Mental Health and Addictions Newsletters** 

May and June's Mental Health Newsletter for families and caregivers. Newsletter translations available on <a href="https://www2.yrdsb.ca/student-support/mental-health">https://www2.yrdsb.ca/student-support/mental-health</a>.

MH Newsletter May 2023.pdf

MH Newsletter June 2023.pdf

#### **Grad Breakfast - Save the Date**

Save the date! We are pleased to invite all KHS 2023 graduating students to attend a Grad breakfast on Tuesday, June 13th at KHS from 8:15 a.m. -10:00 a.m. in the cafeteria. We will be celebrating our graduates and their accomplishments as well as reviewing graduation expectations, ceremony procedures, and the agenda for the evening on June 26. We look forward to seeing all our Grads there.

## **Graduation Hoodie - Deadline extended until May 23rd**

We are pleased to offer a Grad Hoodie for our Class of 2023 Graduates. The Gildan Hoodie is available in red or black and costs \$48.00. It is available on School Cash Online until May 23rd. Delivery will take place mid June. Please click on the link below to view the hoodie. You must be logged onto your google account to view.

https://docs.google.com/document/d/1g6RVo6qNHMSbK\_jAKhWJYwz0GRSi-NDh/edit

#### **Guidance Information**

#### **Full Disclosure**

The Full Disclosure date for Grade 11 and Grade 12 courses for semester two is May 12th, 2023. If a student withdraws from a Grade 11 or 12 course on or prior to May 12th, then the course will not be recorded on the Ontario Student Transcript. If a student withdraws from a Grade 11 or 12 course after the Full Disclosure date, a withdrawal (W) is entered in the credit column, and the student's mark at the time of withdrawal will be recorded as a percentage in the achievement column of the transcript.

## **YRDSB Summer School Registration**

YRDSB Summer School registration is now OPEN! Registration opened April 11<sup>th</sup> and will close on June 16<sup>th</sup>. YRDSB students can register online via My Pathway Planner, please refer to the my Pathway Planner Student Tip Sheet on how to register. See course offerings and locations below:

- 2023 Secondary Summer School Courses and Locations
- 2023 Online Learning (Asynchronous) Secondary Summer School Course List

Please book an appointment with your Guidance Counsellor to discuss summer school registrations. Your Guidance Counsellor will need to approve your summer school registration.

#### **Community Involvement Hours**

Students in Ontario are required to complete 40 Hours of Community Involvement activities to graduate in June 2023 with an Ontario Secondary School Diploma. If you are a Grade 12 graduating

student, please submit to KHS Guidance the documentation of any outstanding/unrecorded hours as soon as possible or by the latest June 16<sup>th</sup>.

A useful resource is 'Neighbourhood Network' which provides a directory of activities in our community requiring volunteers: <a href="www.neighbourhoodnetwork.org">www.neighbourhoodnetwork.org</a>. In addition, the parameters for obtaining community involvement hours has been extended to include, 10 hours from employment with a reflection and/or for duties normally performed in the home.

## **KHS Service Canada Social Insurance Clinic for Students**

Service Canada representatives will be at KHS from 11:00 am to 3:00 pm on June 5, 2023 to help students apply for their Social Insurance Numbers and learn about the Canada Job Bank and Summer Program for Youth. Please see the attached link for more information:

Keswick HS -June 5 2023 SIN Clinic.pdf

## **Math Help**

The Mathematics Department will be offering a drop in session for extra math support starting the week of Feb 21st.

- No appointments needed students can drop by room 2027
- Tuesday AM (8:25 a.m. to 8:55 a.m.)
- Tuesday/Wednesday/Thursday @ lunch (11:50 a.m. to 12:20 p.m.)
- Wednesday/Thursday PM (3:15 p.m. to 3:45 p.m.)

Another great resource is TVO Mathify <a href="https://www.tvomathify.com/students">https://www.tvomathify.com/students</a>

- Free online 1:1 tutoring with certified teachers
- Available for grades 4 12
- Monday to Friday 9:00 a.m. to 9:00 p.m.
- Saturday/Sunday 3:00 p.m. to 9:00 p.m.
- Student's will need their OEN # to sign up (found on student report card)

#### **Vaping in the Washrooms**

We need your support. Several students are reporting that they feel unsafe within our washrooms as other students are vaping. As we monitor and find students vaping we do speak to them, reach out to families and follow progressive discipline. We are worried about the safety and the health concerns caused by vaping. Here is some information that we will be sharing with students and would like your support in having these dialogues at home too: <a href="https://www2.yrdsb.ca/student-support/caring-and-safe-schools/substance-use-and-misuse/vaping-and-e-cigarettes">https://www2.yrdsb.ca/student-support/caring-and-safe-schools/substance-use-and-misuse/vaping-and-e-cigarettes</a>

Please do not permit your children to bring vapes or vape cartridges to school. We will be working with Tobacco Enforcement Officers to provide information to your children around the health concerns associated with vaping and the consequences for breaking the by-law around vaping on school property. This may include being issued a ticket or summons.

Please refer to the link below to discuss vaping with your teen.

TALKING WITH YOUR TEEN ABOUT VAPING

## **Food Pantry Program at Keswick High School**

We are proud to announce that Keswick High School will be a pick-up location for students and families to access food that has been donated from the food bank of York Region. Any student can access and take part in this program, no questions asked.

Students can scan the QR code around the school to sign up or contact Mrs. Sedgwick or Mrs. Tweddle for more information.

Another option is that families may email Mrs. Sedgwick directly at <a href="mailto:pamela.sedgwick@yrdsb.ca">pamela.sedgwick@yrdsb.ca</a>

Distribution will occur on Wednesdays and Fridays from 3:10 p.m. - 3:30 p.m. for those picking up by vehicle or large quantities.

Non perishable food donations are also welcome. Please bring any donations to the main office.

#### **News and Events**

There are many upcoming programs and events for YRDSB families and their students.. Please visit <a href="http://www.yrdsb.ca/schools/keswick.hs/NewsEvents/Pages/default.aspx">http://www.yrdsb.ca/schools/keswick.hs/NewsEvents/Pages/default.aspx</a> for new events, programs and sessions that our board offers in partnership with different community resources.

## Report It

Acts of discrimination, hate and bullying are never acceptable. You can find Report It on the homepage of the Board website at <a href="https://www.yrdsb.ca">www.yrdsb.ca</a> and on the homepage of every school website, or watch this <a href="https://www.yrdsb.ca">short video</a> to learn more.

For more information on these and upcoming events, please visit our website at <a href="http://www.yrdsb.ca/schools/keswick.hs/Pages/default.aspx">http://www.yrdsb.ca/schools/keswick.hs/Pages/default.aspx</a>

This message is being sent on behalf of the York Region District School Board and/or your child's school in compliance with the Canadian Anti-Spam Legislation. If you no longer wish to receive commercial electronic messages, you may <u>unsubscribe</u> at any time.

If you no longer wish to receive any emails from Keswick High School, please contact the school directly to have your email address deleted from your child's Student Information Record.

Follow us on Twitter and Instagram @YRDSB\_KeswickHS