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# KING CITY SECONDARY SCHOOL

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April 21, 2020

Sent via email

Hello Everyone

We are a few weeks into our Online Learning journey and everyone is trying to adjust to a new way of connecting, teaching, and learning. As much as we are all used to using social media and connecting with others online, it becomes a very different thing when that becomes the only way of connecting with others.

Please remember, in the midst of all this change, to take care of yourselves. Take care of your mental well being as well as your physical and spiritual well being. Your guidance teachers have put together some resources to help you with this and they can be found on the ["KCSS guidance" Google Classroom](#). Please join if you haven't already, review those resources, and remember to take time to take care of yourselves.

I want you to know that we all miss connecting with you in person and are looking forward to being back together in the school. In the meantime, we are still here. We may have to connect over the internet or by phone but we are still here to help and support you in any way that we can.

I wish you all good health and well being

Joseph D'Amico

Principal  
King City Secondary School

