



Lake Simcoe Public School Newsletter

FEBRUARY 2018

Lake Simcoe Public School

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Administrators' Message

As we begin the month of February, we look forward to the second Term of the school year. Report Cards will be sent home on February 14, 2018. This is a great time to review not only achievement in curriculum areas, but also to have conversations and set goals with your children about Learning Skills. Talking at home about attributes like Collaboration, Initiative and Organization are an important way to help your child see how learning skills transfer from the school setting into all aspects of life.

Over the course of the year, we have been looking at various sources of data that help us to understand our Student's Achievements, and to identify instructional needs.

The charts on the next page are an excerpt from our Lake Simcoe P.S. **2016-2017 EQAO** scores. It's exciting and encouraging to see that so many of our students' report that they like Reading and Math. With our leadership team and classroom teachers, we continue to look at how we can ensure our Instruction and Assessment practices are meeting student needs, especially in our daily Math learning using YRDSB Comprehensive Math Program. Be sure to ask your children about their problem solving strategies, DreamBox (an online math tool that can also be accessed at home) or have them explain a math game you can play together at home!

As a school, we also look in great detail at our **School Climate Surveys**, where Grade 5-8 students are able to complete an extensive survey covering their perceptions of Learning, the School Environment, their Social Identities, Well-Being and Belonging. (See the next page for charts)

We have many successes to recognize and celebrate, and much work to do as we continue with our goals of creating a Safe and Inclusive learning environment for all students. We encourage all parents/guardians to come join us at our School Council meetings, with the next taking place February 7, 2018. At this meeting we engage in conversations about supporting student learning to improve success.

Angelie Barkey

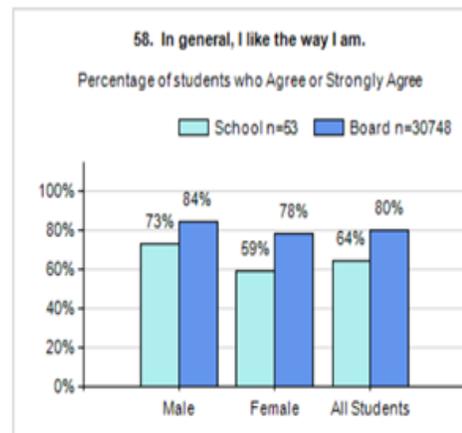
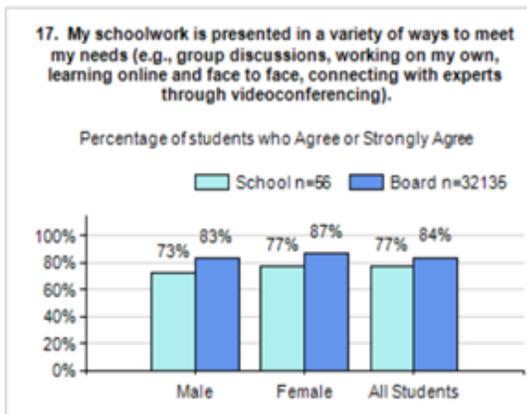
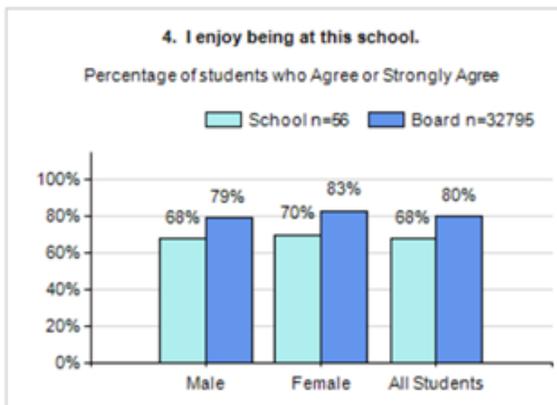
Debra Camden

Administrators' Message Cont'd

The charts below are an excerpt from our Lake Simcoe P.S. **2016-2017 EQAO** scores.



School Climate Survey





If your child will be ABSENT OR LATE:

Please **call:**

905-656-5970,
and leave a message.

The machine is available for messages 24/7

Events this month:

- Feb 1—National Sweater Day /Movie Night at The Gem
- Feb 2—PA Day ~ No School
- Feb 7- Winter Walk Day
- Feb 13—Boston Pizza Celebrity Server ~ 5:30-8:30pm
- Feb 14- Term 1 Reports go home
- Feb 15- Grade 4-8 Electives Day
- Feb 19—Family Day ~ No School
- Feb 22- Character Assembly
- Feb 27—School Council Meeting ~ 7pm
- Feb 28- Pink Shirt Day (Cyber Bullying Awareness)



Before and After School Child Care

Upper Canada Childcare, operating within Lake Simcoe PS.

Contact Number: 905-535-1448

Hours of Operation: 6:15am-8:15am & 2:40pm-6:00pm

Email: lakesimcoe@uppercanadachildcare.com

Website: www.uppercanadachildcare.com



Upcoming Events

- Mar12-16- March Break ~ No School
- Mar 21—Grade 8 grad Photos
- Mar 22—Boston Pizza Celebrity Server
- Mar 29—Character Assembly
- Mar 30—Good Friday ~ No School



School Times Supervision Begins:

7:55

Entry Bell:

8:10

Recess:

9:50-10:20

Lunch:

12:00-1:00

Dismissal:

2:40

As partners, we support each other's efforts on behalf of our students.



Character Trait of the Month: Initiative

When you believe in what you're doing and use your imagination and initiative, you can make a difference.

- Samuel Dash



Please Call us to Report Absences!

Please call 905-656-5970 to report any absences or lates.

The answering machine is on 24/7 so you can leave a message any time. By calling, you let us know that your child is safe. It saves us from interrupting your day, or calling all the emergency contact phone numbers to ensure your child is safe.

When a child is not accounted for, we will :

- Call home to see if the child is there, then
- Call the parent/guardian at work/mobile, then
- Call the emergency phone numbers, and finally if we are unable to speak to someone to confirm the child's safety we will:
- Call the York Regional Police.



This call is a safety check; in accordance with the YRDSB Safe Arrival Policy #665.

Kiss N' Ride Reminder

When dropping off and picking up students at school, we appreciate community cooperation to keep our Kiss N' Ride running SAFELY and SMOOTHLY. The Kiss N' Ride is an officially recognized Fire Route – *as such, the driver cannot exit/park their car in this area.*

- *Please wait in line for an available spot along the sidewalk
- *Ensure your child is prepared to exit on the **sidewalk** side of your car for safety
- ***DO NOT** double park – children are in danger if they cross between parked cars
- *Our Kiss N' Ride volunteers will walk kindergarten children to the gates

If you are planning to walk your children to their gate or line-up, kindly park your car in an available parking spot.





ALL parents and visitors MUST report to the office upon their arrival to the school, to sign in, and obtain a visitors badge.

We ask that all parents wait outside for their children, and if you need to speak to your child's teacher, please send a note or call their voice-mail/office to request an appointment.

We appreciate your support in keeping our students safe!

Are you moving or changing schools?

Are you moving before next September? Is there someone in your neighbourhood with 4 year old children? If so, please let us know!

We are currently projecting our student enrolment for September 2018. These projections help us hire sufficient staff. Any information you can provide us now will help with next year's preparations.



If your plans change—not to worry—your child will always have a spot at their home school.

Message From Our Trustee

With report cards coming home, this is a good time of year to review your child's progress and to set goals for the rest of the school year.

As trustees, our goals are set out in the Board [Multi-Year Plan](#). In the coming months, trustees will be reviewing and updating this plan. This process will include opportunities for public input, and trustees will be out in the communities talking about this. More information will be shared about this in the spring.

Developing and reviewing the Multi-Year Plan is just one of our responsibilities as publicly elected officials. Trustee responsibilities also include hiring the Director of Education, setting [Board policies](#) and the [annual budget](#), and communicating with the public.

This is a good time to learn more about the [role of trustees](#) with the next [municipal election](#) taking place later this year on October 22, 2018. York Region District School Board has [12 trustees](#), elected by ratepayers. As a trustee, listening and communicating with families is an important part of my role. Students, families and members of the public are welcome to attend and observe any public Board, Advisory or Board Committee meetings and to share their views with us on policy and Board governance.

As we move into the second half of the year, I hope that you are seeing evidence of your child's learning and progress, and finding opportunities to get involved in their learning and the life of the school.

I wish you all the best for a successful second term.

Snack Bin Program

Oatmeal Chocolate Chip Muffins

- 1 and 1/2 cups oats (old fashioned or quick oats)
- 2 and 2/3 cups flour (white, whole-wheat, or a mixture of both)
- 1/2 cup sugar or raw sugar
- 4 teaspoons baking powder
- 1/2 teaspoon salt
- 2 eggs, beaten
- 1 1/2 cups milk
- 1/2 cup olive oil or butter
- 6 ounces chocolate chips (I used mini chocolate chips, but I think it might be even better with regular-sized chocolate chips.)



Combine the oats, flour, sugar, baking powder, and salt. In a separate bowl, mix the eggs, milk, and oil. Stir the egg mixture into the flour mixture until moistened. Mix the chocolate chips in. Fill greased or paper-lined muffin cups 2/3 full with the batter. Bake at 400 degrees for 16-18 minutes, or until tops are light golden.

Makes approximately 18 muffins.

Recipe adapted slightly from [Frugal Homemaker](#).

If you would like to donate to our snack bin program the following items are much appreciated:

- Assorted fruit and vegetables, Cereal (Plain/Multi Grain Cheerios, Kashi, Fibre One Special K, Shreddies, Quaker Life Multi-grain Cereal)
- Crackers- Triscuit, Breton, -Non processed cheese, cream cheese, - Whole wheat wraps, Monetary donations,
- Ziplock baggies (snack and sandwich size)



Winter Recess Lake Simcoe PS Rules



These rules are made by kids for kids so we all have fun and play safe.

1. Build forts only with snow. No sticks or ice.



2. Play in grade appropriate field only (ie. grade 1-3 must stay in primary area, grade 4-6 must stay in junior area and grades 7-8 must stay in intermediate area.)

3. There are no fort leaders, no bossing other people around. Be inclusive.

4. Respect the fort building of other people. No destroying any snow structures.

5. No fighting or battles between or within forts. Hands off always.

6. No play fighting, tackling or pushing at any time.

7. Be respectful. No put-downs or inappropriate words.

8. No snowball throwing at any time. Keep snow and ice on the ground.

9. No sliding on hills or ice, unless a teacher is directly supervising. Only one supervised slide line at a time.

10. Try to solve problems yourself, then get help from a teacher.

11. Listen and respect staff on duty.

12. Come out for recess dressed appropriately for the weather.

School Bus Cancellation Reminders



To ensure the safety of students, school bus service may be cancelled from time to time due to inclement weather, extreme temperatures and/or poor road conditions. In these cases, parents and students should develop alternate care/transportation arrangements.

Since some busing schedules begin by 7:00 a.m., cancellation decisions must be made by 6:00 a.m. to allow time to communicate this message to bus drivers. Cancellation decisions will only be made after thorough

consultation with the Safety Officers of school bus companies servicing York Region and are based on several factors including precipitation, air temperature, road conditions and weather forecast.

Please note the following;

LUNCH BOX ORDERS DO NOT RUN ON SNOW DAYS!!

- A decision to cancel school bus service will be **region-wide** meaning all school buses, vans and taxis will not operate.
- **School bus routes may be cancelled when severe weather is not affecting all municipalities in York Region.** Both the YRDSB and YCDSB operate many regional educational programs. Students attending these programs are transported over large attendance areas encompassing several municipal boundaries. This limits the ability to cancel bus service using a municipality or zone methodology.
- Unless otherwise stated, schools will remain open and parents can make arrangements to transport their children to and from school even if school bus service is cancelled. **If buses are cancelled in the morning, they will not operate in the afternoon. Therefore students transported to school by parents will require the same transportation home.**

Parents, students and school staff are asked to access the following radio and television stations after 6:00 a.m. to receive bus cancellation information:

RADIO

590 AM 640 AM 680 AM 860 AM 1010 AM 1050 AM 1540AM 1580 AM 88.5 FM 89.9 FM 92.5 FM 93.1 FM 94.9 FM 95.9 FM 97.3 FM 98.1 FM 99.1 FM 99.9 FM 101.1 FM 102.1 FM 104.5 FM 100.7 FM 107.1 FM

TELEVISION

CITY TV CTV Barrie CFTO TV CP24 GLOBAL NEWS

A bus cancellation message will also be available at www.schoolbuscity.com and by calling 1-877-330-3001, or by following the YCDSB and YRDSB on twitter.

Please note that school bus charters for fieldtrips will not operate when buses are cancelled due to inclement weather.

Brrrrr Its cold!

All students from Junior Kindergarten to Grade 8 are expected to go out for every recess unless the Principal or Vice-Principal decides that weather conditions are so poor that it would be detrimental for them to be outdoors. **Students are to come to school ready for winter and prepared to be outdoors up to 40 minutes after lunch.** When temperatures and/or wind chill reach minus 20 degrees Celcius, we consider an indoor routine for recess. When temperatures and/or wind chill reach minus 18-19 degrees Celcius, we consider a shortened outdoor routine for recess/events.



Please make sure that your children are dressed properly for our invigorating winter days. **It is advisable for students to bring extra pants and socks.** A change is often necessary due to the wet and cold weather of the winter months. To avoid adding to our clothing collection in the Lost and Found, please be sure to label all articles of clothing.

Boots, hats, mitts/gloves, scarves, and snow pants for the younger children will help make recess an enjoyable time.

Lake Simcoe ECO Club News

Lake Simcoe's ECO club is promoting two campaigns this February, "Winter Walk Day" and "National Sweater Day".

National Sweater Day will be held on Thursday, February 1. Since 2010, over a million Canadians have participated in National Sweater Day at their schools, workplaces and homes. A slight reduction in heat can have a positive environmental impact. At Lake Simcoe, we will be turning down the heat, by just 1 or 2 degrees. Families can join us by lowering the heat at home too!

Please help us celebrate Sweater Day by wearing your favourite sweater on Thursday, February 1.

Schools across Canada celebrate Winter Walk Day. This year it takes place on **Wednesday, February 7, 2018.** Walking is the simplest form of exercise and helps children get the 60 minutes of daily physical activity they need. It's also a great cure for the winter blues and helps students concentrate better in class. We are encouraging students to walk to school on February 7th. If this is not possible, please encourage your child to join the ECO club for an enjoyable winter walk around the school yard during first recess, on Wednesday, February 7th.

News from our School Council

Please join us on **Thursday, February 1 @ 6:30pm at The Gem** to watch Ferdinand! Admission is \$3. Bring your family and friends for a fun night out!

Our next **School Council Meeting** will take place on Wednesday, February 7 @ 7pm in the library. We'll be planning out the carnival and talking about our fundraising plans among other things. All are welcome!

Booster Juice is back every Thursday and is available to order now! It will be available every Thursday from now until the end of the school year! Booster Juice will arrive at lunch time. Help our Grade 8's raise money for their graduation. Please go to www.lunchboxorders.com to place your order.

A 12oz cup for \$4.25 and an 8oz cup for \$3.50 is available to order with your choice of Mango Mania, Berry Blossom or Star Berry (strawberry banana). Thank you for your support!



The **ZONE** News

We are continuing to accept any board games families may be looking to donate to the zone. Some of our students have begun to collect milk bags to build mats to donate to homeless shelters in the GTA. If you have any milk bags please send them into the zone. Our "Me to We" team has begun an initiative for different classes to collect personal care items, and donate to our local women's shelter. Keep your eye out through individual classes for more information. If you have further questions, please feel free to contact Ms. Draper at the school.

Anyone interested in ordering Spirit wear please stop by the zone for an order form!



Brought to you by Lunchbox Orders

Healthy school meals are just one click away!

Place your lunch order at

www.lunchboxorders.com



Stay WELL During Cold Season

Amy Skeoch MHSc, RD

If you're one of the lucky ones who has yet to be impacted by this year's round of the cold virus, give yourself a pat on the back! Aside from general good habits such as proper handwashing, getting enough sleep and coughing into your elbow, there are a few things that you can do (backed by science) regarding your diet, to help bump up your immune system, or reduce how long your body is invaded by the circulating virus!

1. **Vitamin C** – Getting a least 200mg a day of this virus-scavenging vitamin may help reduce the length of cold symptoms. Foods that have high amounts of vitamin C are: oranges, berries, kiwi, strawberries, broccoli and bell peppers
2. **Zinc** – Although we don't know the exact amount needed to help with immunity to colds, we do know that consuming zinc in the early stages of a cold may help lessen symptoms and shorten the duration. We also know however, that taking more than 40mg/day is NOT a good for us, so stay clear of overloading on supplements. Good sources of zinc: beef, poultry, fish, oysters, baked beans, nuts and whole grains
3. **Probiotics** – There is some evidence that regularly taking probiotics (10 billion cultures or more) for at least 3 months before cold and flu season may improve your immune system, thus reducing your chance of getting a cold.
4. **Variety** – Variety in your diet (think eating from all four food groups) ensures that your body is getting all the various vitamins and minerals it needs to maintain good health

Sources:

Tips for staying well during cold and flu season, Dietitians of Canada; Penn – Handout, 2011

<https://www.mayoclinic.org/diseases-conditions/common-cold/in-depth/cold-remedies/art-20046403>

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 National Sweater Day Movie Night at The Gem	2 PA Day No School	3
4	5	6	7 Winter Walk Day	8	9	10
11	12	13 Boston Pizza Celebrity Server 5:30pm	14 Report Cards go home 	15 Gr 4-8 Electives Day	16	17
18	19 Family Day No School	20	21	22 Character Assembly	23	24
25	26	27 School Council Meeting 7pm	28 Pink Shirt Day	All YRDSB schools are now using School Cash Online as an online payment system. School Cash Online is an easy, safe and convenient way for families to pay online for extracurricular items or events, including yearbooks and field trips. It helps to reduce paper and the amount of cash/cheques handled by parents and students. Families may make payments using School Cash Online, or by cash or cheque. You can register for School Cash Online at any time. There is also a button on our school website. Once you are registered, you will be notified of any new items available for your child.		