

#### **LEGACY PUBLIC SCHOOL**

WEEKLY EBULLETIN FOR APRIL 25, 2014

legacy.ps.yrdsb.ca



#### **Last Chance to Order a Yearbook**

Yearbook orders will be on sale for all students on Wednesday, April 30th and Friday, May  $1^{st}$  during lunch recess. Parents attending school activities during the morning of April  $30^{th}$  will also have the opportunity to purchase a yearbook.

Due to our publishing deadline, we cannot accept any yearbook orders after May 7<sup>th</sup>.

The yearbooks are handed out in June. Please see the attached flyer for additional details.

#### **Spring Concert**

Legacy will be showcasing junior and intermediate student performances at the Spring Concert on May 15<sup>th</sup> at 6:30. Please see the attached flyer to purchase tickets to this extravaganza!!! (All profit from ticket sales will go to support our music program!!). Watching the practicing taking place, this looks like it will be a wonderful evening out!

#### **Conversation Café**

Our School Council invites all parents to our first ever <u>Conversation Cafe</u> with guest speaker, Dr. Lydia Thurton (*Naturopath*), who will be speaking on the subject of Healthy Living. Refreshments will be served. Please join us in the Library at 10:00 a.m. on April 30<sup>th</sup>!

#### Tamil Women's Group

Our school's Equity and Inclusivity committee has partnered with Family Services York Region to offer an evening group for our Tamil families (specifically moms, aunts, and grandmas). This group will be run by a Tamil and English speaking counselor and will focus on topics that are identified by the attendees. Please see the attached flyer for information.

#### **Earth Week**

We have had many wonderful experiences and a lot of learning this week planned and prepared by our ECO club!! These energetic students and staff are changing practice in our school, and hopefully in our homes, by teaching what we can do to repair our Earth from the damage we have done in the past, and what we can do to save it from damage in the future. Thank you ECO club!!



Classes in a Skype chat with a Scientist in the Arctic.

### ECO WEEK BOOK SWAP EXTENED TO MONDAY, APRIL 28th



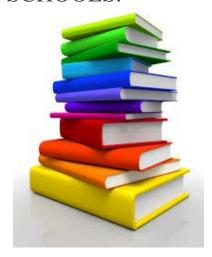


Legacy is collecting used books for our first ever BOOK SWAP. It is as easy as 1, 2, 3.

- 1. Bring in any books in good condition that you no longer need between Tues. April 22 and Fri. April 25.
- 2. For every two books you bring in, you will receive one BOOK TICKET.
- 3. Come to the library on Monday, April 28th or Tuesday, April 29th in the morning and choose a book for every ticket you have to take home and enjoy.

# ALL EXTRA BOOKS WILL BE DONATED TO A COMMUNITY THAT IS NEED OF BOOKS FOR THEIR SCHOOLS.





# LAST CHANCE TO ORDER YOUR YEARBOOK

This is the *last chance* for students to order the Legacy Yearbook, a special keepsake for all students. The 100 page Yearbook is printed **IN COLOUR** by a professional yearbook company.

Sales will take place outside the school office on the following days and times:

WEDNESDAY, APRIL 30<sup>th</sup>

Morning Recess and Lunch Recess

FRIDAY, May 2<sup>nd</sup>

**Lunch Recess** 

Due to our publishing deadline, we cannot accept any Yearbook orders after May 7<sup>th</sup>.

The cost of the Yearbook is \$25.00.\* Payment can be made by cash or cheque (payable to "Legacy Public School").

\*Please DO NOT give Yearbook money to classroom teachers. (Exception: Kindergarten Students)

#### The Legacy Yearbook includes:

- Class pages from Kindergarten to Grade 8, with individual student photos
- Grade 8 Graduate photos and write-ups
- Photos from Clubs, Groups, Sports, Spirit Days, Special Days and Events, Daily Life at Legacy
- Artwork, Year in Review, Autograph pages

Yearbooks will be delivered in June.

Yearbooks must be ordered in advance.

Yearbooks will NOT be available for purchase in June.



# Legacy Public School

61 Russell Jarvis Drive Markham, ON, L3S 4B1 Tel: (905) 472-4764 Fax: (905) 472-2322 Website: www.legacy.ps.yrdsb.edu.on.ca



Thursday April 17, 2014.

To: Parents/Guardians of Grade 6-8 Students From: Mr. Pavey

Dear Parent/Guardian,

On Thursday, May 15th, grades 4-8 students will perform in our "Spring Showcase". This concert will feature student learning and will highlight the great musical talent we have at Legacy.

The concert will be held in our school gym at 6:30pm and will feature group vocal, recorder, dance, and band performances. Also, we will be treated with smaller group and individual performances. On this day, students will be dismissed at their regular time of 3:30, and will need to arrive back at school for 6:00pm.

Tickets cost \$5, and all the proceeds from this event will go directly back into our music program through purchasing of new musical instruments for the school. There is no limit on the number of tickets per family so be sure to purchase early! For those who are interested in reserving a seat in the front three rows, we have special Premium Seating for \$10 a ticket. There will be a limited number of rear gym seats available for a Thursday morning school performance, with tickets available for purchase at the door.

Please fill out and return the ticket order below, along with cash, or cheque made to Legacy Public School, stating how many tickets are being purchased. Students will give their orders to their homeroom teachers.

Thank you for your support of what will be a great evening!

Student Name \_\_\_\_\_ Homeroom Teacher \_\_\_\_\_\_

\_\_\_ (state number of tickets) @ \$5.00 each

Amount of money enclosed \_\_\_\_\_\_



Mr. Pavey

Grade 6-8 Music Teacher



# **Excellence in Counselling**



YOGA, ZUMBA & **EXERCISE** 

MAKE FRIENDS

FREE CHILD CARE, **SNACKS** 

# Tamil speaking Women's Group

Please join us together with other women, have fun and discuss topics that matter to you and your families!

When: Monday, May 5th, 2014 **Languages:** Tamil and English

WHERE: Legacy Public School in Markham

**61 Russell Jarvis Drive** 

Time: 6:30 to 8:30 pm Yoga or Zumba included

You are welcome to Join Anytime!

How to help your child with Parenting literacy and math **Family Stress** 



**Adjusting to Canadian living** Health & Nutrition self care

Dealing with children with different learning needs.

For Registration and more information call

**Initha Subramaniam at** (905) 884 2046 ext 270 or FSYR"s Tamil line at (416) 857-6308

Language specific funding provided by York Region









#### LEGACY PUBLIC SCHOOL CALENDAR IN AGENDA FORMAT IS ON OUR WEBSITE

legacy.ps.yrdsb.ca

## **AUTISM AWARENESS WEEK** & PALISE TO PLAY WEEK AT LEGACY



Sat May 3

All day

Markham, ON, Canada

Mon Apr 28	All day	⊕ Read-A-Thon				
	All day	⊕ Autism Awareness Week at Legacy - Bring a Toonie to School for Autism ⊕ Pause to Play Week at Legacy				
	All day					
	8:30am - 9:30am	⊕ BOOK SWAP DROP OFF BOOKS DEADLINE in Library - Library				
	9:00am - 12:00pm	⊕ GR 2 Vocino & Giotis - Scientist In School - School				
	10:40am - 11:10am	⊕ GR 7 Band Rehearsal in Room 115 - Room 115 □				
	12:00pm - 3:30pm	⊕ GR 1 Rands & Giotis - Scientist In School - School				
	1:10pm – 1:50pm	⊕ GR 1-7 Sport Stacking - Gym - Gym □				
Tue Apr 29	All day	⊕ Read-A-Thon				
	All day	⊕ Autism Awareness Week at Legacy - Bring a Toonie to School for Autism				
	All day	⊕ Pause to Play Week at Legacy				
	9:00am - 12:00pm	⊕ GR 4 Scientist In School - Mrs. Kennedy				
	10:40am - 11:10am	■ Multicultural Show Meeting for Primary, Junior & Intermediate - Room 203				
	10:40am – 11:10am	⊕ GR 8 Band Rehearsal in Room 115 - Room 115 □				
	12:00pm - 3:30pm	⊕ GR 4 Scientist In School - Ms. Andrews				
	12:00pm - 3:30pm	⊕ GR 2 Husain & Giotis - Scientist In School - School				
	1:10pm - 1:50pm	Stacking TEAM Sport Stacking in Portable 2 - Portable 2 □				
	1:10pm - 1:50pm	⊕ GR 6 Boys' Book Club Meeting in Portable 3 with Mrs. Wirth - Portable 3 □				
	3:45pm - 5:00pm	⊕ GR 3-6 Girls Can Run - Meet in the Music Room @				
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By Sport Stacking Tournament at Bur Oak Secondary School - Bur Oak Secondary School, Bur Oak Avenue,

#### LEGACY PUBLIC SCHOOL CALENDAR IN AGENDA FORMAT IS ON OUR WEBSITE

legacy.ps.yrdsb.ca

	6:30pm – 8:00pm	⊕ Kindergarten Information Evening
	1:10pm – 1:50pm	⊕ Community Class Track & Field Event  ⊕ Student Council Meeting in Room 227 - Room 227 □
Wed May 21	All day 9:00am – 3:00pm	⊕ Pizza Day  ⊕ Community Class Track & Field Event
	1:10pm – 1:50pm 3:45pm – 5:00pm	⊕ GR 6 Boys' Book Club Meeting in Portable 3 with Mrs. Wirth - Portable 3 □ ⊕ GR 3-6 Girls Can Run - Meet in the Music Room □
Tue May 20	All day	⊕ GR 1-8 MONDAY CLASS SCHEDULE
Mon May 19	All day	⊕ Victoria Day - No School
	1:10pm – 1:50pm	⊕ Earth Club in Library - Library □
Titinay 10	1:10pm – 1:50pm	⊕ GR 6 Boys' Book Club Meet in Room 215 with Mrs. Vocino - Room 215 □
Fri May 16	All day	⊕ K-MW
	6:30pm – 8:00pm	⊕ GR 4-8 Spring Concert - Gym
	10:40am – 10:55am 3:45pm – 5:00pm	<ul> <li>⊕ Terrific Treat Thursday □ ▲</li> <li>⊕ GR 3-6 Girls Can Run - Meet in the Music Room □</li> </ul>
Thu May 15	9:00am – 12:30pm	⊕ GR 4-8 Spring Concert Dress Rehearsal - Gym
	1:10pm – 1:50pm	⊕ Student Council Meeting in Room 227 - Room 227 □
Wed May 14	9:00am – 3:30pm	⊕ Dental Screening Tuesday & Wednesday - JK, SK, 2, 8 - Conference Room □
	3:45pm – 5:00pm	⊕ GR 3-6 Girls Can Run - Meet in the Music Room □
	1:10pm – 1:50pm	⊕ GR 6 Boys' Book Club Meeting in Portable 3 with Mrs. Wirth - Portable 3 □
	10:40am – 11:10am	⊕ GR 8 Band Rehearsal in Room 115 - Room 115 □
Tue May 13	9:00am – 3:30pm 9:00am – 3:30pm	<ul> <li>⊕ GR 7 Junior Achievement Day</li> <li>⊕ Dental Screening Tuesday &amp; Wednesday - JK, SK, 2, 8 - Conference Room □</li> </ul>
T 11 42		
Mon May 12	9:00am – 3:00pm 10:40am – 11:10am	<ul> <li>⊕ GR 6 Scientisit in the School - Biodiversity</li> <li>⊕ GR 7 Band Rehearsal in Room 115 - Room 115 □</li> </ul>
Man May 40		
	1:10pm – 1:50pm	⊕ Earth Club in Library - Library □
	8:30am – 4:00pm 1:10pm – 1:50pm	<ul> <li>⊕ Area Badminton Tournament at Bur Oak SS - Bur Oak SS</li> <li>⊕ GR 6 Boys' Book Club Meet in Room 215 with Mrs. Vocino - Room 215 □</li> </ul>
Fri May 9	All day	K-MW  Area Padminton Tournament at Pur Oak SS - Bur Oak SS
Thu May 8	10:40am – 10:55am 3:45pm – 5:00pm	<ul> <li>⊕ Terrific Treat Thursday</li> <li>□ ▲</li> <li>⊕ GR 3-6 Girls Can Run - Meet in the Music Room</li> </ul>
	1:10pm – 1:50pm	⊕ Student Council Meeting in Room 227 - Room 227 □
Wed May 7	All day	⊕ Pizza Day
	3:45pm – 5:00pm	⊕ GR 3-6 Girls Can Run - Meet in the Music Room   □
	1:10pm – 1:50pm	⊕ GR 6 Boys' Book Club Meeting in Portable 3 with Mrs. Wirth - Portable 3 📮
Tue may o	10:40am – 11:10am	⊕ GR 8 Band Rehearsal in Room 115 - Room 115 □
Tue May 6	9:00am – 5:00pm	⊕ Regional Jr. Boys Basketball
	3:30pm – 5:00pm 7:00pm – 8:30pm	<ul> <li>⊕ Staff Meeting □</li> <li>⊕ School Council Meeting - Library □</li> </ul>
Mon May 5	10:40am – 11:10am	⊕ GR 7 Band Rehearsal in Room 115 - Room 115 □
		<u>109407.63.71438.64</u>

#### LEGACY PUBLIC SCHOOL CALENDAR LINK ON OUR WEBSITE

http://www.yrdsb.ca/schools/legacy.ps/NewsEvents/Pages/School-Calendar.aspx

Today \ \ \ \ \ May	2014	Day	Week Mon	th 4 Days	Agenda	More ▼	₽-	
Mon	Tue	Wed	Thu		Fri			
28	29	30	May 1		2			
Read-A-Thon		10:40 Terrific Treat Thurs		eat Thursday	K-TT			
Pause to Play Week at Legacy								
Autism Awareness Week at Lega	icy - Bring a Toonie to School for Au	ıtism						
8:30 BOOK SWAP DROP OFF BC	9 GR 4 Scientist In School - Mrs. I	8 Positive Climate Our Voice Fie	li <b>3:45p</b> GR 3-6 Gi	irls Can Run - Me	Sports Hol	bby Day - W	ear your fa	
+4 more	+7 more	+6 more			+2 more			
5	6	7	8		9			
10:40 GR 7 Band Rehearsal in R	9 Regional Jr. Boys Basketball	Pizza Day	10:40 Terrific Treat Thursday		K-MW			
3:30p Staff Meeting 7p School Council Meeting	10:40 GR 8 Band Rehearsal in R 1:10p GR 6 Boys' Book Club Mee 3:45p GR 3-6 Girls Can Run - Me		3:45p GR 3-6 Girls Can Run - Me		8:30 Area Badminton Tournamen 1:10p Earth Club in Library 1:10p GR 6 Boys' Book Club Mee			
12	13	14	15		16			
			9 GR 4-8 Spring Concert Dress R					
10:40 GR 7 Band Rehearsal in R	9 GR 7 Junior Achievement Day 10:40 GR 8 Band Rehearsal in R 1:10p GR 6 Boys' Book Club Mee 3:45p GR 3-6 Girls Can Run - Me				1:10p Earth Club in Library 1:10p GR 6 Boys' Book Club Mee			
19	20	21	22		23			
Victoria Day - No School	GR 1-8 MONDAY CLASS SCHEL	Pizza Day	8 Regional Bad	minton	K-MW			
·	1:10p GR 6 Boys' Book Club Mee 3:45p GR 3-6 Girls Can Run - Me	9 Community Class Track & Fie	3:45p GR 3-6 Gi		1:10p Eart			
26	27	28	29		30			
GR 3 & 6 - EQAO Testing								
GR 8 Ottawa Trip			10:40 Terrific Tr	•	K-TT			
	9 GR 5 Scientisit in the School Er 9:30 GR 3 Firefighter Visit +2 more	9 GR 5 Scientisit in the School E 1:10p Student Council Meeting i	-	irls Can Run - Me			orary k Club Mee	



# Parents for Children's Mental Health

SUPPORT. EDUCATE. EMPOWER.

# Invites you to be Educated, Informed, Inspired by Dr. Christopher Kearney

**Topic:** Getting Your Child to Say "Yes" to School.



Christopher A. Kearney, Ph.D. is Distinguished Professor of Psychology and Director of Clinical Training at the University of Nevada, Las Vegas. He is also the Director of the UNLV Child School Refusal and Anxiety Disorders Clinic. He has published several books, numerous book chapters and journal articles on these topics.

School refusal behavior refers to child-motivated refusal to attend school and/or difficulties remaining in school for an entire day. This session will describe the four different types of school refusal behaviour and outline the different strategies we use to help get kids back to school. The session will include opportunities for question and answer as well as case consultation.

WHEN Thursday, May 1, 2014

6:30pm to 8:30pm

WHERE The York Centre for Children, Youth and Families

11225 Leslie Street, Richmond Hill, Ontario L4S 1N5

HOW For tickets go to http://pcmhyr141.eventbrite.com

COST \$10

## Children's Mental Health Week May 4 - 9, 2014

The York Centre Coffee & Conversation Series May 5 - 8, 2014

To celebrate Children's Mental Health Week, The York Centre for Children, Youth & Families is hosting a series of workshops for interested parents and other community members. The workshops are free of charge, but **you do need to register in advance for each workshop you would like to attend.** 

The format of the evenings will be structured, but informal. Each evening will include a presentation, discussion, coffee and goodies, not necessarily in that order.

TO REGISTER, please go online to the Eventbrite website using the link listed below each topic. Choose one only for each evening.

Dates: May 5-8, 2014 Cost: Free

**Time:** starting from 6:30 p.m.

**Place:** The York Centre for Children, Youth & Families

11225 Leslie Street, Richmond Hill (1.5 kilometres north of Elgin Mills on the east side)

905-887-5896

Monday, May 5: Attachment Based Parenting - Teens Presenters: Natasha Wakefield, MA, CCC

6:30-8:00 p.m. <a href="http://tyc141.eventbrite.com">http://tyc141.eventbrite.com</a>

Art Therapy (presented in Farsi) Presenter: Mah Ostad, MA, OACCPP

Kim Cooper, MSW, RSW

http://tyc142.eventbrite.com

Therapeutic Use of Hand Drumming Presenter: John Ciccone, CYW

http://tyc143.eventbrite.com

<u>Tuesday, May 6</u>: Theraplay Presenter: Jaana Lempinen, CYW

6:30-8:00 p.m. <a href="http://tyc144.eventbrite.com">http://tyc144.eventbrite.com</a>

Parenting Your Anxious Child Presenter: Jennifer Scott, SSW

http://tyc145.eventbrite.com

Wednesday, May 7: De-escalating Crisis in the Home Presenter: Bruce Johnson, CYW

6:30-8:00 p.m. <a href="http://tyc146.eventbrite.com">http://tyc146.eventbrite.com</a>

Thursday, May 8: safeTALK training Presenter: Michelle Cassidy,

6:30-9:30 p.m. http://tyc147.eventbrite.com Mental Health Lead, YRDSB

Workshop Descriptions on reverse side.

#### WORKSHOP DESCRIPTIONS

#### Monday, May 5 (choose one)

Attachment Based Parenting - Teens: Do you have trouble with your teen? Are you and your teen fighting a lot? Is your teen skipping school or getting in trouble with friends? Are they locked in their room for days at a time? Many children and teens experience mental health difficulties that make it hard for them to do well at home, at school, and in their community. These problems can include feelings of anger, depression and confusion, aggressive behaviour and conflict with parents and teachers. This conversation will introduce concepts are specifically designed to help parents and other caregivers of teens who are struggling with these issues.

Art Therapy (presented in Farsi): Art is a powerful tool in communication. It is now widely acknowledged that art expression is a way to visually communicate thoughts and feelings that are too painful to put into words. Creative activity has also been used in psychotherapy and counseling not only because it serves another language but also because of its inherent ability to help people of all ages explore emotions and beliefs, reduce stress, resolve problems.

هنر درمانی هنر درمانی، تکن

هنر درمانی، تکنیکهای روان درمانی را با فرایندهای خلاقانه در هم می آمیزد تا سلامت روانی و بهزیستی را بهبود بخشد. هنر درمانی از فرایندهای خلاقانه هنری استفاده می کند تا سلامت و بهزیستی جسمی، روانی و هیجانی افراد را در همه ردههای سنی، بهبود و ارتقاء بخشد. هنردرمانی بر پایه این اعتقاد قرار دارد که فرایند خلاقانه در خود بیانگری هنری، به مردم در حل تعارضات و مشکلات، تقویت مهارتهای ارتباطی، تنظیم رفتار، کاهش استرس، افزایش حرمت نفس و خودآگاهی، و به دست آوردن بینش بهتر و بیشتر کمک می کند.

**The Therapeutic Use of Hand Drumming:** This 90 minute interactive session is limited to *ten adult participants*. The session will have a brief Powerpoint and discussion followed by a facilitated drum circle.

#### Tuesday, May 6 (choose one)

**Theraplay:** Theraplay is NOT Play Therapy!! Please come and learn the difference and discover how you can increase the bond you have with your child by including Structure, Nurture, Engagement and Challenge. This workshop will be interactive, fun, and silly; please wear comfy clothes and come with a joyful heart and willingness to find your inner child. ©

\*\*Adults only. This workshop will relate best to parents who have children under age 10.

**Parenting Your Anxious Child:** What does a child who is anxious look like and sound like? Come and learn about the cycle of anxiety and the signs and symptoms that anxious children present. There are things you can do and things you perhaps shouldn't do. You'll learn helpful strategies that parents can use. This workshop is geared to parents and caregivers of kids of all ages.

#### Wednesday, May 7

**De-escalating Crisis in the Home:** NO!!!! ....SO WHAT? WHAT ARE YOU GOING TO DO IF I DON'T.... YOU'RE NOT THE BOSS OF ME! I CAN DO WHAT I WANT! YOU CAN'T STOP ME! - I'M LEAVING! JUST TRY AND MAKE ME! Does this sound familiar? This workshop will provide an overview of how crisis situations can spiral out of control. We will discuss how to respond to the different levels of a crisis.

#### Thursday, May 8

safeTALK training: safeTalk is a training that prepares you to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers know how to use these opportunities to support that desire for safety. As a safeTALK-trained suicide alert helper, you will be better able to: move beyond common tendencies to miss, dismiss or avoid suicide; identify people who have thoughts of suicide; apply the TALK steps (Tell, Ask, Listen and KeepSafe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers. Powerful video clips illustrate both non-alert and alert responses. Discussion and practice help stimulate learning. Learning steps that contribute to saving lives. This workshop is three hours in length.