

LEGACY PUBLIC SCHOOL

WEEKLY EBULLETIN FOR NOVEMBER 21, 2014

legacy.ps.yrdsb.ca



Legacy Conversation Cafe

School Council is pleased to welcome back Dr. Shyamala Kiru to present at a Conversation Café in the library on Wednesday Nov. 26th at 1:00 PM. Her topic at this presentation will be:

Fostering Self Discipline: Surviving a Culture of Over Indulgence DISCOVER:

- Why self discipline is critical to success
- The correlation between over indulgence and anxiety
- How to identify anxiety in a culture of over indulgence
- Simple strategies to help kids develop self discipline

The presentation will be an hour in length with an hour for Q&A. Don't miss this opportunity to hear Dr. Kiru speak on this important topic. Light refreshments will be served.

Dr. Shyamala Kiru has spent over a decade working with hundreds of individuals, couples and families. She is a Registered Marriage and Family Therapist with the American and Ontario Association of Marriage and Family Therapy, and currently serves as their Chair of Public Relations. She holds a Masters in Counseling and a Doctorate in Marriage and Family Therapy.

In addition to her private practice in Markham, she is a consultant for the Health Services Team at a York Region Private School and is a media expert for sources such as Chatelaine and the Globe and Mail. You can also find her the panel of Discovery Channel's National TV show, Canada's Worst Driver. She regularly delivers psycho-educational workshops as well as professional development for schools all across York Region. With an approach that is sensitive and down to earth, Shyamala brings authenticity and energy to her work with people of all cultures and backgrounds.





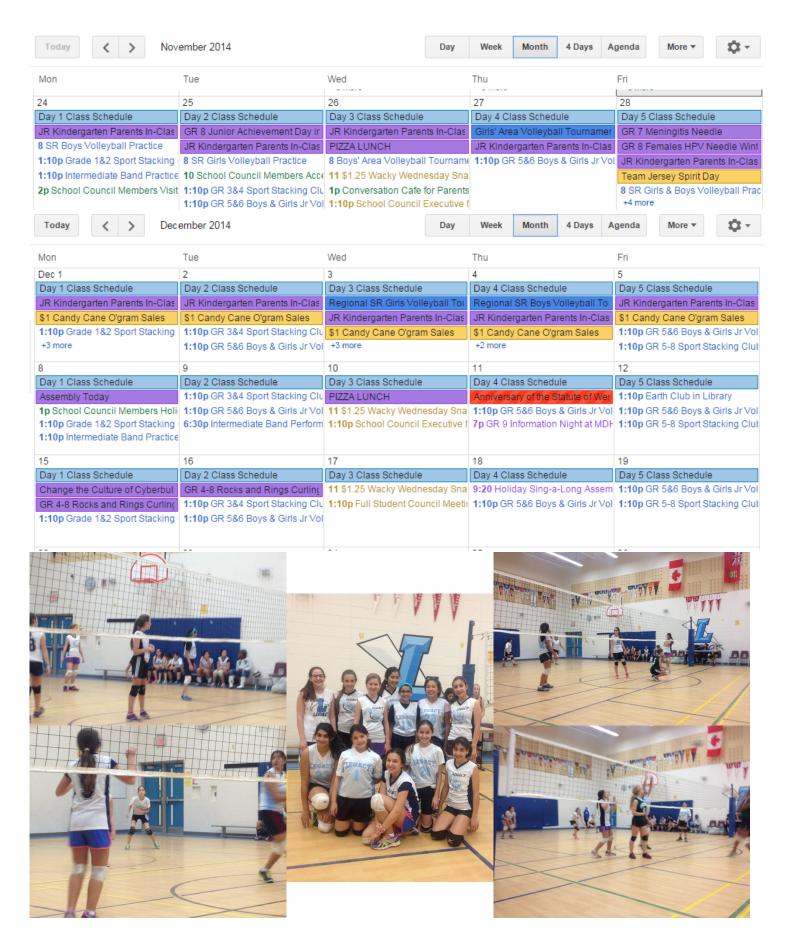


LEGACY PUBLIC SCHOOL CALENDAR IN AGENDA FORMAT IS ON OUR WEBSITE legacy.ps.yrdsb.ca

Mon Nov 24	All day	⊕ Day 1 Class Schedule □
	All day	⊕ JR Kindergarten Parents In-Class Observation Visits □
	8:00am - 8:55am	⊕ SR Boys Volleyball Practice - Gym Ø
	1:10pm - 1:50pm	⊕ Intermediate Band Practice - Music Room
	1:10pm - 1:50pm	⊕ Grade 1&2 Sport Stacking Club - Rm.212 □
	2:00pm – 3:00pm	⊕ School Council Members Visiting Classrooms to Introduce Holiday Tree of Wishes Initiative
Tue Nov 25	All day	⊕ Day 2 Class Schedule ⊠
	All day	⊕ GR 8 Junior Achievement Day in Grade 8 Classrooms - Grade 8 Classrooms
	All day	⊕ JR Kindergarten Parents In-Class Observation Visits □
	8:00am - 8:55am	⊕ SR Girls Volleyball Practice
	10:00am - 2:00pm	⊕ School Council Members Accepting Classroom Wishes for the Holiday Tree - Front Hallway
	1:10pm - 1:50pm	⊕ GR 5&6 Boys & Girls Jr Volleyball with Mr. Carlisle & Mr. Chin - Gym 📮
	1:10pm – 1:50pm	⊕ GR 3&4 Sport Stacking Club - Room 212 □
Wed Nov 26	All day	⊕ Day 3 Class Schedule Ø
	All day	⊕ PIZZA LUNCH
	All day	⊕ JR Kindergarten Parents In-Class Observation Visits □
	8:00am - 8:00pm	⊕ Boys' Area Volleyball Tournament at Legacy PS
	11:00am - 11:15am	⊕ \$1.25 Wacky Wednesday Snack Day - Outside Music Room & Room 211 □
	1:00pm - 3:30pm	⊕ Conversation Cafe for Parents-Sponsored by School Council
	1:10pm - 1:50pm	⊕ School Council Executive Meeting in Room 207 - Room 207 □
Thu Nov 27	All day	⊕ Day 4 Class Schedule Ø
	All day	⊕ Girls' Area Volleyball Tournament
	All day	⊕ JR Kindergarten Parents In-Class Observation Visits □
	1:10pm – 1:50pm	⊕ GR 5&6 Boys & Girls Jr Volleyball with Mr. Carlisle & Mr. Chin - Gym 🗈
Fri Nov 28	All day	⊕ Day 5 Class Schedule Ø
	All day	⊕ GR 8 Females HPV Needle Winter Clinic
	All day	⊕ GR 7 Meningitis Needle
	All day	⊕ Team Jersey Spirit Day
	All day	⊕ JR Kindergarten Parents In-Class Observation Visits □
	8:00am – 8:55am	⊕ SR Girls & Boys Volleyball Practice - Gym □
	9:00am – 11:00am	⊕ GR 3 Ms. Walker Swim to Survive - Cornell Community Centre & Library, Bur Oak Avenue, Markham, ON Canada □
	1:10pm - 1:50pm	⊕ Earth Club in Library - Library □
	1:10pm - 1:50pm	⊕ GR 5-8 Sport Stacking Club - Room 212 □
	1:10pm – 1:50pm	⊕ GR 5&6 Boys & Girls Jr Volleyball with Mr. Carlisle & Mr. Chin - Gym □
Mon Dec 1	1:10pm – 1:50pm All day	⊕ Day 1 Class Schedule □
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Mon Dec 1	All day All day All day	
Mon Dec 1	All day All day All day 1:10pm – 1:50pm	⊕ Day 1 Class Schedule □ ⊕ JR Kindergarten Parents In-Class Observation Visits □ ⊕ \$1 Candy Cane O'gram Sales □ ⊕ Intermediate Band Practice - Music Room
Mon Dec 1	All day All day All day 1:10pm - 1:50pm 1:10pm - 1:50pm	
Mon Dec 1 Tue Dec 2	All day All day All day 1:10pm – 1:50pm 1:10pm – 1:50pm 3:30pm – 5:00pm	⊕ Day 1 Class Schedule □ ⊕ JR Kindergarten Parents In-Class Observation Visits □ ⊕ \$1 Candy Cane O'gram Sales □ ⊕ Intermediate Band Practice - Music Room ⊕ Grade 1&2 Sport Stacking Club - Rm.212 □ ⊕ Staff Meeting in Library
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LEGACY PUBLIC SCHOOL CALENDAR LINK ON OUR WEBSITE

http://www.yrdsb.ca/schools/legacy.ps/NewsEvents/Pages/School-Calendar.aspx



Legacy's Holiday Initiative

Starting on Monday November 24th, students and staff will be collecting money to support this year's **Holiday Initiative**:

TREE OF WISHES

in support of this year's chosen charity
YELLOW BRICK HOUSE

YELLOW BRICK HOUSE provides services in York Region to help women and children who are less fortunate and have had difficult family situations. For more info please visit http://www.yellowbrickhouse.org

The **TREE OF WISHES** in the school lobby will be decorated with **YELLOW BRICK HOUSE** ornaments, each representing a **Wish Gift** for members of the families in need.

On Tuesday November 25th, each class will choose their **Wish Gift** when they visit the **TREE OF WISHES** with their teacher.

A donation envelope will be sent home with each child next week. We kindly ask that a monetary donation of your choice be sent back with your child/ren NO LATER THAN Monday December 8th.

The top 3 classrooms that raise the most money will be awarded a **CLASS PRIZE** that they can all enjoy together as a team.

All money collected will be used to purchase each classroom's chosen Wish Gift. On Thursday December 18th all Wish Gifts will be presented to a YELLOW BRICK HOUSE representative at our school assembly.

In addition, there will ALSO be a Donation Box for non-perishable food items located next to our **TREE OF WISHES**

We thank you and your family in advance for your support in this year's Holiday Initiative

Legacy Sport Stacking Order ~ deadline Dec. 1st!!!!!!!!!

Your child has been introduced to an activity in Phys. Ed./Health class and would like to be a part of our club at school. Students stack & unstack specially designed cups in predetermined sequences and race against the clock to improve personal/team times and set school, area, provincial and even world records! Stacking promotes confidence, hand-eye coordination, ambidexterity, concentration, reaction time, fitness and develops both sides of the body & brain. It motivates kids to move and is a positive alternative to screen time.

The school again participated in a Guinness Book of World Records Event last week (Most People Sport Stacking at Multiple Locations in One Day) and we go as a school to spring tournaments.

Students are using school cups but many are asking where they can purchase their own, in order to practise at home. This group order offers:

15% discount to students, free shipping and free equipment for our school.

Choose your items from the product brochure and order either through A or B or C

A **order online**: go to <u>www.speedstacks.com/go</u>
Find *Legacy PS* in school listing and order by **credit card**

B pay by cheque: ask Stacking teacher/coach for *order form* Pay by cheque payable to *Legacy PS*

C call Speed Stacks 1-877-468-2877
Order by credit card & don't forget to mention it is for Legacy PS

All equipment will be shipped to the school and distributed to the students. If your order is a surprise **holiday gift**, please let us know and you may pick up.

GROUP ORDER OFFER ENDS Dec. 1st!!!

Maria Kollias, FSL Teacher & Sport Stacking Coach 905-472-4764 x210





