

Minutes

Healthy Schools Committee

Date: May 10/2016

Participants: Sally, Judy, Anna, Nicole, Vittoria & Alison

Wrap up

Alison discussed our wrap up and Nicole will complete the Action Plan and submit to Alison. Alison gave the award to Nicole for Healthy Schools.

Plan for Next year

We will continue to focus on mental health

Alison – train teachers -activities. Stress or get one teacher trained and that teacher trains the other teachers (lunch and learn / PA days)

- a. Plan to start next fall – to be discussed with Angie Furlin
- b. Tag team teacher for sharing information for primary and for senior classes

Enhanced funding application for selection of school - 1st year will be awarded \$1,000.00. Funds will be given to provide more extensive training. 2nd year will be awarded \$500.00, 3rd year will be awarded \$400.00

- a. Should be completed by June 3rd, 2016
- b. Complete action plan
- c. Requirements – have to have 2 teaching staff AND minimum 5 students from grades 1-8
- d. Involves 3 meeting per year with admin staff
- e. Themes could be on mental health, nutrition, physical activity

Farm to table – program of fundraising of fruits and veggies from local farms

- a. Anna Skomorovskaia will look into this program to determine if school is eligible

Your the Chef and the Play Program will continue next year we will need dedicated teachers to run these programs.

Milk program will be stopped as of September 2016

Other business

A Thank you lunch” to be scheduled to all students who helped with our programs

Actions

Anna to look into the Farm to table program and we will review further at the October meeting

Nicole to complete the Action plan wrap up

Judy, Sally and Nicole to finalize date for Thank you lunch.

Judy can bring in bagels etc like we have done in past

Anna can help with lunch, possibly bring in plates etc

Judy can print Certificates for students- just need to know numbers

Next meeting will be October 2016-exact to be determined