Tel: (905)-294-1886 Email: markham.dhs@yrdsb.ca Website: http://www.markhamdistrict.hs.yrdsb.ca

#### ATTENDANCE REMINDER

Parents/Guardians are reminded to report all late or absent notices to the Attendance Office by calling 905-294-1886, option 1 or emailing <a href="markham.dhs@yrdsb.ca">markham.dhs@yrdsb.ca</a>. Should your student be absent for 3 or more days, an extended absence form must be signed by each subject teacher, Parent/Guardian and the Vice-Principal <a href="mailto:prior-to">prior-to</a> leaving for the absence. Forms are available from the attendance secretary or main office.

<u>Week of May 22nd-26th, 2023</u>						
Monday,	Victoria Day—School Closed-No Classes					
May 22nd Tuesday,	Anime Club in room 163 at lunch-Mr. Kee					
May 23rd	Track and Field Team to Bill Crothers, bus departing MDHS at 7:30 am, return time TBDMr. Morris					
	• Girls Slo-Pitch Team to Milliken Mills Park Diamond 4, departing MDHS at 9:15 am, game at 10:30 am leaving location at 3:00 pm-Mr. Barber					
Wed.	Track and Field Team to Bill Crothers, bus departing MDHS at 7:30 am, return time TBDMr. Morris					
May 24th	• Rugby Team to St. Theresa de Liseux, bus departing at 1:30 pm, game at 3:00 pm, leaving location at 4:15 pm-Mr. Sewell					
	• Visit from the International Delegation from Thaiwan in the library at 1:00-3:00 pm-Mr. Ganeshalingham					
	Senior Girls Soccer Team to Stouffville S.S, game at 4:00 pm-Mr. Ellinas and Mrs. Howard					
	School Council Elections Dress rehearsal in the cafeteria-Mr. Macdonald					
Thursday,	Best Buddies Prom at Grand Cinnamon Banquet Hall, bus leaving at 9:15 am-Mrs. Takla					
May 25th	Magic Card Club at lunch in room 163-Mr. Kee					
	York Region Staff Volleyball Tournament 3:30 pm-9:00 pm-Mr. Feasby					
Friday,	• SHSM/Co-op - Customer Service & Conflict Resolution Skills Workshop in the library, 8:20 am to 2:35 pm–Mr. Weinstein					
May 26th	Lunchtime fun club in room 163-Mr. Kee					
	School Council election assemblies during period 1-Mr. Macdonald					

#### **Congratulations to the Archery Team**

On Wednesday, May 17 the MDHS Competitive Archery team attended the Ontario High School Archery Championships at Richmond Green Community Center. MDHS is the only school in York Region with an archery club and it started in January with over 120 students coming out for training and 10 made the first competitive team York Region has ever had. Practices were held 10 times a week leading up to Provincials which yielded excellent results. Ashley Cao won a gold medal in the Girls Standard division as the top archer in her division. She boosted her team score and MDHS won Bronze team medals. Our boys won 5th and 6th place overall in the standard division, helping their team win Silver medals. Congratulations to Mr. Kee all the team members for an amazing year!

#### **Drama Department**

 $Night of Musical\ Theater:\ Little\ Shops\ of\ Horror-May\ 29,\ 30th,\ June\ 5\ and\ 6th,\ 6:00-9:00\ pm\ in\ the\ Cafeteria-Mr.\ Lavalle$ 

#### Message from Phys. Ed.-Attention graduating athletes!

If you believe you have earned enough points for your athletic letter, complete an application to find out. Log into the Markham Athletics, Google classroom and complete the application form and submit it before May 26th.

Class code: 4266vpa

<u>Graduation</u> Hoodie and t-shirt are now available on School Cash Online to purchase until May 26, 2023. Please log-in to view and order. Congratulations Grads.

<u>ISE-Ontario Exchange Program.</u> The Student Exchange Program, which has been on pause, due to COVID, for the past few years, will resume for the 2023-2024 school year. In cooperation with York Region District School Board, ISE-Ontario will offer students aged 13-17 years old the opportunity to experience several European destinations for an 8 to 12 week period. For more information, please email the York Region contact <u>RosalieSelick@iseontario.on.ca</u>, or visit the <u>ISE-Ontario</u> website for application guidelines, prices, and other information.

#### **Summerfest!**

Student Council is excited to announce that Summerfest will be held on Wednesday, May 31st!

Clubs will be hosting a variety of fun activities and there will be a photo booth, face painting, tye dying t-shirts and other games.

The Markham Lions Club will be hosting a BBQ and there will be Dairy Queen Ice Cream and Popcorn available for sale. The burgers will be available to pre-order through School Cash Online as well, students may buy burgers for cash on May 31st. Please see chart below for prices. Note that ordering by School Cash Online is preferred as it helps us know how many burgers to buy.

Item	Cost	Combo	Item	Cost	Combo
Beef burger \$3.50 \$4.00		Beef burger Gluten bun	\$3.50	\$4.00	
Beef Cheese burger	\$4.00	\$4.50	Beef Cheese burger Gluten	\$4.00	\$4.50
Veggie burger	\$4.00	\$4.50	Veggie burger Gluten bun	\$4.00	\$4.50
Veggie Cheese burger	\$4.50	\$5.00	Veggie Cheese burger Gluten	\$4.50	\$5.00
Halal Chicken burger	\$3.50	\$4.00	Halal Chicken burger Gluten	\$3.50	\$4.00
Halal Chicken Cheese burger	\$4.00	\$4.50	Halal Chicken Cheese burger Gluten	\$4.00	\$4.50
Pop: Coke, Pepsi, Ginger Ale			\$1.00		



# **MDHS SPORTS**



Please note that these dates and times are subject to change based on YRAA and busing/taxi booking.

#### **Senior Girls Tier 2 Soccer Schedule**

Date	Opponent	Depart MDHS	Game Time	Location	Depart Location
May 3	Middlefield	Home	3:30 pm	Markham DHS	
May 8	Father McGivney	2:30 pm	3:30 pm	Father Michael McGivney CA	4:45 pm
May 11	Bill Crothers SS	Home	3:30 pm	Markham DHS	
May 15	Milliken Mills	2:45 pm	4:00 pm	Milliken Mills HS	5:15 pm
May 17	Pierre Elliott Trudeau	Home	3:30 pm	Markham DHS	
May 24	Stouffville	2:55 pm	4:00 pm	Stouffville DSS	5: 15 pm

#### **Ultimate Schedule**

Date	Depart MDHS	Location	Game Time	Depart Location
May 8th	1:40 pm	Bill Hogarth	2:30 & 4:30 pm	5:45 pm
May 10th	7:00 am	Fletchers Field	TBD	4:30 pm
May 15th	2:30 pm	Markville S.S	3:30 & 4:30pm	5:45 pm
May 17th June 6th	1: 00 pm 7:00 am	Bur Oak S.S Fletchers Field	3:30 & 4:30 pm TBD	5:45 pm 5:00 pm

#### Rugby

Date	Depart MDHS	Game Time	Location	Depart Location
May 12	7:45 am	All Day	Cardinal Newman	4:00 pm
May 17	2:00 pm	4:15 pm	St. Teresa de Liseux	5:00 pm
May 24	1:30 pm	3:00 pm	St. Teresa de Liseux	4:15 pm
May 31	2:00 pm	3:00 pm	Bill Crothers	4:00 pm

#### Varsity Girls Tier 1 Slo Pitch Schedule

Date	Depart MDHS Opponent		Game Time	Location	Depart Location
May 16	9:15 am	St. Brother Andre	10:30 am	Milliken Park 4	3:00 pm
May 16		Unionville HS	1:30 pm	Milliken Park 4	
May 23	9:15 am	Bill Crothers SS	10:30 am	Milliken Park 4	3:00 pm
May 23		Bill Hogarth SS	1:30 pm	Milliken Park 4	
May 30	7:45 am	Middlefield C.I	9:00 am	Milliken Park 2	12:00 pm
May 30		Markville S.S	10:30 am	Milliken Park 2	



## PARENTING SESSIONS

Let's talk about it!

## May 2023 Calendar of Events

We welcome all parents, guardians, caregivers and community members to attend these virtual sessions!

May 15, 2023 | 10:00 a.m. – noon

Mindful Parenting: Ride the Waves

For parents of children 0-12 years of age. This session will provide an understanding of the importance of mindful parenting and the role it plays in nurturing positive relationships within the family.

May 16, 2023 | 6:30 p.m. – 8:30 p.m.

Mindful Parenting: Ride the Waves

For parents of children 0-12 years of age. This session will provide an understanding of the importance of mindful parenting and the role it plays in nurturing positive relationships within the family.

May 24, 2023 | 10:00 a.m. - 11:30

Test and Exam Preparation

For parents of children and teens. This session will focus on routines and strategies for parents to help better prepare their child for effective learning outcomes.

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



These free virtual parent presentations are brought to you in a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

## **REGISTER NOW**

For information contact: Oksana Majaski, Community & Partnership Developer, YRDSB

## Bike to School Week is May 29-June 2

#### Let's get cycling!

Celebrate active modes of transportation like cycling and wheeling along with other students and staff across Ontario during Bike to School Week - May 29-June 2, 2023. Bike to School Week is a free and fun week-long celebration for kids of all ages and abilities.



When cycling, remember to:

- Wear a properly fitting helmet. Every cyclist under 18 must wear a bike helmet.
- . Air Brakes Chain Check your bike tires, brakes and chain before you start riding.
- Ensure your bike has a working bell, white light or reflector at the front, and a red light or reflector at the back. For information and to learn more visit the <u>Government of Ontario's</u> bicycle safety information.
- Cross at crosswalks, if there is one. Walk beside your bike when crossing the road.
- Watch for cars backing out of driveways and turning at intersections.
- Lock your bike in bike racks.
- Be visible and dress for the weather.

For anyone who can't walk or cycle to school every day, we encourage you to try choosing an active mode of travel two or three times a week, or consider parking and walking a block to decrease the pollution around your school.

#### Benefits of Biking to School

- · Promotes physical and mental health
- Students arrive energized and ready to learn
- Improved safety in school zones
- Good for the environment
- Convenient, bicycling is often faster than sitting in traffic
- Good for the community, encourages social interaction
- Promotes life-long habits that foster independence and active lifestyles, preparing children for their future
- Just plain old simple fun!

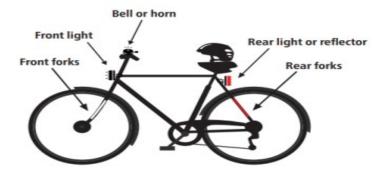
#### **Cycling Safety Factsheet**

Be Seen - Be Heard - Be Safe

#### Did you know?

Ontario law requires that you equip your bike with:

- White reflective tape on the front forks and red reflective tape on the rear forks
- A white front light and a red rear light or reflector if you ride between 1/2 hour before sunset and 1/2 hour after sunrise
- A bell or horn that works



Every cyclist under 18 years of age must wear an approved bicycle helmet

Graphic and more information can be found at York Region Cycling education webpage.

#### School Staff

York Region has kindly offered to donate some items for the first 50 schools that register to help get your started with your bike to school week celebrations!

Items include:

- Bike bells
- Bike Lights Bike Reflector Stickers
- Spoke Lights or beads
- Posters

If your school is interested please fill out the google form (Link below). We will have the kits delivered to your school through the internal mail. Note: you will be requested to share your plans for bike to school week and we kindly ask that you keep track how many kids are cycling by simply counting the number of bikes by the racks/fence once a day. These stats will help ensure future support.

https://forms.gle/sXeLPcmxAwahbig46



## **Recreation Subsidies**

### Free Recreation and Sports Programs at Local Community Centres:

#### Participate in:

- Recreation programs at your local community centre with qualified recreation staff.
- Arts and crafts, dance, martial arts, sports, swimming, yoga and much more.
- Gym and drop-in programs; memberships and drop-in activities may also be available.

For eligible children and youth ages 4 to 18 and single parents participating in at least one of the following programs:

- Ontario Works
- · Ontario Disability Support Program
- Assistance for Children with Severe Disabilities
- Rent Subsidy (including STAR and Ontario Housing Benefit)
- Child Care Fee Subsidy (income below \$36,000)

### Free Summer Camp 2023:

For eligible children ages 4 to 13 of families participating in select social services programs:

- · Ontario Works
- Ontario Disability Support Program
- Assistance for Children with Severe Disabilities
- Rent Subsidy (including the STAR Program and Ontario Housing Benefit)

### Free Youth Overnight Camp 2023:

For eligible youth ages 11 – 17 of families receiving:

- · Ontario Works
- Ontario Disability Support Program
- Assistance for Children with Severe Disabilities york.ca/children
- Child Care Fee Subsidy (income below \$36,000)



And eligible youth ages 11 - 17 from a household in one of the following York Region communities:

- · Housing York Inc.
- Non-Profit Housing
- Cooperative Housing
- Rent Subsidy (including the STAR Program and the Ontario Housing Benefit)

### For Eligibility and more Information:

Call Access York at 1-877-464-9675 or visit york.ca/recreationsubsidies

#StartswithKidsYR

#### (Newsletter Insert)

# Free and/or Subsidized Recreation, Sport Programs, Summer and Overnight Camps

For Children and Youth ages 4-18 whose families participate in one of the following:

- o Ontario Works
- o Ontario Disability Support Program
- Assistance for Children with Severe Disabilities
- Rent Subsidy (including STAR and Ontario Housing Benefit)
- Child Care Fee Subsidy (income below \$36,000)

Some programs are only eligible to families in York Region Housing Communities

- Housing York Inc.
- Non-Profit Housing
- Cooperative Housing

#### For More Program Information and Eligibility:

Call Access York at 1-877-464-9675 or visit york.ca/recreationsubsidies



