



# GUIDANCE BULLETIN

VOLUME

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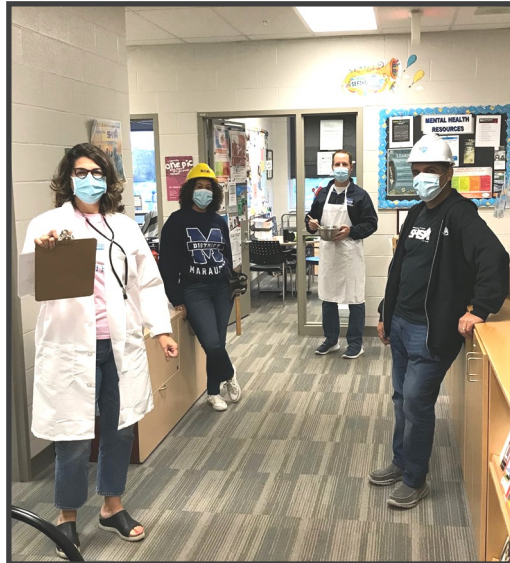
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**Guidance office  
hours:**

**Monday- Friday  
7:45am—3:45pm**



This past week we visited all of the grade 9 in-person classes.  
It was great to see our new MDHS students.



### Parent Interview Night—Thursday, October 29th 6—8pm

If you wish to meet with a Guidance Counsellor, appointments may be made through your student's TeachAssist account (not Edsby).

### Timetable Changes

Semester 2 timetable change requests can now be made with your alpha counsellor. In order to make changes to your timetable, please make an appointment using TeachAssist.

### Interim Reports

Interim report cards were recently distributed to all students. If you are concerned about a particular course(s), please reach out to the teacher to discuss or you can also discuss with your alpha counsellor.

### Volunteer Hours

For students graduating in the 2020-2021 school year, the community involvement graduation requirement will be reduced to a minimum of **20 hours** of community involvement activities. For further information, please refer to the letter that was sent out to all families yesterday.

Please check our guidance website for updates:

<http://www.yrdsb.ca/schools/markhamdistrict.hs/guidance/Pages/default.aspx>



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## Mental Health Awareness



We understand that students may be finding these extremely challenging times. Students may experience feelings of distress as course demands increase. If your student or if you know of a student struggling emotionally, please reach out to the alpha guidance counsellor for support. The school has access to a social worker and mental health nurse that can support students with a referral. We can also refer students to community supports, if necessary.

If your concern is immediate and you feel that your child is in crisis, please contact one of the following links or phone numbers.

**310-COPE:** 905-310-COPE (2673) or 1-855-310-COPE (2673), <https://www.yssn.ca/> - available 24/7

**KidsHelpPhone:** 1-800-668-6868, text 686868 - <https://kidshelpphone.ca> - available 24/7

OR call 911 if immediate assistance is required.

## Post-Secondary Information

**To all Grade 12 graduating students:**

**University Applicants Google Classroom code – Inatkxp**

**College Applicants Google Classroom code – khz24ox**

**University Info Session #2 - Applying to University—October 29th**

Adaptive model students will view the recorded presentation during Period 2 (Block 4) class or spare on October 29th. Virtual School students may view on their own time—after school or during study hall in last period. A link to the presentation recording and all other application materials (checklist and condensed slide deck) will be posted on Thursday, October 29 in the Google Classroom.

PIN distribution will follow the presentation. Students will receive a confidential gapps email with their personal PIN number, which is required to make an account in OUAC and then apply.

Live drop-in seminars will be available for Q&A. Dates and times to be posted in the Google Classroom.

**Ontario College Virtual Fair**—Please make sure to register!

This year's College Information Fair will be a virtual event. Attendees will be able to speak with faculty and staff from 24 of Ontario's colleges in a fully interactive virtual environment. Prospective students can participate in information sessions, learn more about available programs, and how to apply to college. Visit <https://ontariocollegefair.ca/> for registration information.

**Wednesday, November 4, 2020 4 pm — 8 pm**

**Thursday, November 5, 2020 9 am — 1 pm**

Note: Students are not allowed to miss class to attend the College Virtual Fair. It is expected that they attend on their own time.



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## Scholarship Information

### Upcoming School Sponsored Scholarships:

Queen's Chancellor—November 16th deadline

Lester B. Pearson Scholarship (International Students)- November 16th deadline



Please join the Scholarship Google Classroom with code - [15zjuvv](#)

## Specialist High Skills Major (SHSM)

### **SHSM SECTORS at MDHS**

**Arts & Culture, Construction, Health & Wellness, Horticulture & Landscaping,  
Non-Profit and Transportation**

**Reminder:** Grade 12 SHSM students should check that they are in a position to earn the Red Seal. If you are missing a certification (e.g. Working at Heights for Construction, Standard First AID/CPR Level C), there will be opportunities to earn them. If you are missing other SHSM requirements (e.g. courses, Reach Ahead, Experiential Learning), inquire to see how you may be able to complete these requirements.

### **CERTIFICATIONS EARNED:**

If you have earned certificates outside of school (e.g. St. John's Babysitting, Standard First AID/CPR Level C, leadership, customer service, or others), please send us a scanned copy and we will see if it is eligible to count toward your SHSM requirements.

**REGISTRATION FOR SHSM** (*It is not too late and there are many grade 11 students taking co-op in semester 2 who are eligible to still apply*)

For Grade 11 students interested in registering for SHSM (and are planning to take co-op in grade 12 or who are enrolled in co-op this year), feel free to contact Mr. Weinstein for information ([marc.weinstein@yrdsb.ca](mailto:marc.weinstein@yrdsb.ca)).

For Grade 10 students interested in registering for SHSM for next year (and are planning to take coop in grade 11 or grade 12), feel free to contact Mr. Weinstein for information.

To apply to MDHS SHSM programs, use the bit.ly shown below. If you are unable to complete your application, please contact Mr. Weinstein.

1. [bit.ly/YRDSBSHSMapp](https://bit.ly/YRDSBSHSMapp)
2. Complete the application and submit

**At this time, these steps are not required:**

3. Print from your gapps email
4. Obtain parent/guardian signature and return

Students are asked to check the SHSM google classroom for opportunities being offered. Students can then self-report their participation using the form posted in the google classroom. We are awaiting further direction on training and other SHSM experiences. Stay tuned...