

GUIDANCE 7

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MENTAL HEALTH AWARENESS

We understand that students may be finding these extremely challenging times. If your student or if you know of a student struggling emotionally, please reach out to the alpha guidance counsellor for support. The school has access to a social worker and a mental health nurse that can support students with a referral. We can also refer students to community supports, if necessary.

If your concern is immediate and you feel that your child is in crisis, please contact one of the following links or phone numbers.

310-COPE: 905-310-COPE (2673) or 1-855-310-COPE (2673), https://www.yssn.ca/ - available 24/7

KidsHelpPhone: 1-800-668-6868, text 686868 - https://kidshelpphone.ca - available 24/7 OR call 911 if immediate assistance is required.

POST SECONDARY INFORMATION

Scholarship Classroom code: Vlbxwry

<u>School Nominated Scholarship:</u> The Schulich Leaders Scholarship is due January 12, 2022 in Guidance either via email or in person.

University Applicants Google Classroom code - 3mpytle

University Application Deadline is January 13, 2022

The OUAC is officially closed for the holidays from December 22 to 31, 2021, inclusive. The OUAC website will remain available during this time. It will re-open on January 3, 2022

College Applicants Google Classroom code - yijyrpw

College Application Deadline is February 1, 2022 (for equal consideration)

OCAS is closed from noon on Dec. 24, 2021, to 8:30 am on Jan. 4, 2022. The Contact Centre will be closed all day on Dec. 24 and will reopen at 8:30 am on Jan. 3, 2022.

Please check our guidance website for updates:

http://www.yrdsb.ca/schools/markhamdistrict.hs/guidance/Pages/default.aspx



GUIDANCE BULLETIN

Guidance Information

SHSM CLOTHING ORDERS— Attention all students in SHSM

The SHSM clothing order is now available:

- If you are in grade 11, you can order your FREE SHSM t-shirt.
- If you are in grade 12, you can order your FREE SHSM t-shirt (for last year) and an SHSM hoodie.

Use: bit.ly/SHSMClothing or check the SHSM student google classroom.

The deadline to order is 9:00 am on January 3rd, 2022

COMMUNITY INVOLVEMENT REMINDER for GRADUATING STUDENTS

Students Graduating in the 2021-2022 School Year: The community involvement graduation requirement has been reduced to a minimum of **20 hours** of community involvement activities.

We have many potential graduates who are missing some or all of their community involvement hours, a reminder was sent to all students with outstanding hours this past week in their homeroom classes. Please contact your alpha counselor if you have any questions and/ or if you would like to confirm that your hours meet the graduation requirement criteria.

SEMESTER 2 NIGHT SCHOOL OPTIONS

Remote Learning (replacing Face-to-Face / in-person instruction)

https://www2.yrdsb.ca/night-school-credit-courses

- The program will be delivered virtually in real-time (synchronous).
- Classes are held on Tuesday and Thursday evenings from 6:30-9:45 p.m.
- Semester Two Winter 2022 (registration opens Tuesday, January 4, 2022)
- Courses run from February 17, 2022 to June 14, 2022

How to Register

- 1. On Tuesday, January 4, 2022, registration will open on my Pathway Planner. The first night of class is Thursday, February 17, 2022.
- 2. After Thursday, February 10, 2022, you will need to complete an <u>online</u> registration form as my Pathway Planner will be closed. Once submitted, a form will be emailed to you.
- 3. Please share the form with your guidance counsellor and have them email it to continuing education with their approval.
- Students may register after the first class with the understanding that it is their responsibility to catch up on any missed work.

Please note: Register early as course offerings are subject to sufficient enrollment.

Online Learning (formerly known as e-Learning)

https://www2.yrdsb.ca/schools-programs/online-learning-formerly-e-learning

- Classes occur online using an asynchronous model, with synchronous check-in opportunities with the teacher.
- Online Learning Night School (formerly Night School e-Learning) courses are taught by YRDSB teachers using Ontario's Virtual Learning Environment-BrightSpace by D2L.
- Winter 2022 registration for current YRDSB students is January 25 February 23, 2022.
- **MyPathwayPlanner** will be used during the registration period [January 25 February 23, 2022] to register for a course offered through Online Learning Night School.

Please contact your alpha guidance counselor to discuss eligibility prior to submitting an application via MyPathwayPlanner.





GUIDANCE BULLETIN

Specialist High Skills Major (SHSM)

SHSM SECTORS at MDHS

Appropriate for all pathways (apprenticeship, college, university and workplace)

Arts & Culture: (careers ranging from artist to writer)

Construction (careers ranging from architect to welder)

Health & Wellness(careers ranging from biomedical engineer to veterinarian)Horticulture & Landscaping(careers ranging from agricultural technician to wetland biologist)Non-Profit(careers ranging from administrative officer to social services)Transportation(careers ranging from auto mechanic to urban planner)

***Please note, there are many other careers that fall into the various sectors above.

SHSM TRAINING OPPORTUNITIES

1) CPR-C with AED and First Aid Compulsory Certification

If you need to complete your CPR-C with AED and First Aid compulsory certifications, you can do so by registering for the online First Aid Awareness course from St. John Ambulance (this single elective certificate will count for BOTH compulsory certs). The course takes approximately 6 hours to complete online.

Link to register: https://bit.ly/SHSMCPRAwareness2022

Register before this Friday at 12:00 pm and you will be enrolled before the holiday break. Registrations will open again in the New Year.

2) Anti-oppression and Allyship elective certificate- this is an elective option for all sectors provided by 4 Seasons of Reconciliation.

Link to register: https://bit.ly/SHSMAllyshipReg

*Once you have registered please provide some time for the organizers to contact you about how to access the course (at least 1 week).

REGISTRATION FOR SHSM

For Grade 11 students interested in registering for SHSM who are in co-op this year (or who are planning to take co-op in Gr. 12), feel free to book an appointment with Mr. Weinstein for information.

To apply to MDHS SHSM programs, use the bit.ly shown below.

- 1. bit.ly/YRDSBSHSMapp
- 2. complete the application and submit

SHSM @ MDHS

SHSM STUDENT SITE: https://sites.google.com/gapps.yrdsb.ca/shsm-student/home

Take a look at the resources collected for you on the SHSM Student. There you will find:

Overview of the SHSM program and details specific to your sector (ex. how many certifications you need and what they are called).

Reach ahead, experiential and certifications opportunities you can complete when it is convenient for you. (ex. multi-sector certifications like Infection Control, Project Management and other sector specific certifications).

Self-reporting forms for you to report completion of SHSM activities that are not organized by the Regional team or by a staff member at your school.

Reminders**

*As an SHSM student please frequently check your SHSM Google Classroom and your GAPPS for SHSM opportunities. Some opportunities are time sensitive and require quick response for registration.