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Friday, September 13, 2019

IMPORTANT RESOURCES

MENTAL HEALTH RESOURCES

In an effort to support our students and families in Mental Wellness, please [click here](#) to access an informational document outlining various signs, strategies, and community Mental Health resources. Of course, please always feel free to connect with a Caring Adult at MSS for support, as wellness in ourselves and our loved ones 'takes a village.' This document is also available on our school website under [News & Events](#) and the link will be included in each weekly e-bulletin going forward.

VAPING AND TEENS

The number of teens trying e-cigarettes or vaping has risen dramatically in the last few years. Recently, there have been reports of serious lung illnesses and deaths directly linked to vaping. CBC News released [this article](#) yesterday about the harmful effects of e-cigarette use. The Government of Canada [website](#) has resources to help and is encouraging all parents and guardians to talk to their kids about vaping. Click on the picture below to go directly to the tip sheet, and visit canada.ca/vaping for more information.



GUIDANCE POST SECONDARY PRESENTATION

Today, the Guidance department presented to all of our Grade 12 graduating students. The focus was on the process of applying to college and university. The [presentation](#) is available on our [website](#), and we encourage you to discuss the information with your child.

IMPORTANT ANNOUNCEMENT(S)

PARKING LOT SAFETY

We would like to thank parents and guardians for their patience and willingness to adapt to the significant changes in our parking lot. Students are reminded to use the walkways and marked

crossings to navigate across. Please always be aware of your surroundings when entering and exiting the parking lot.

In particular, we ask parents and guardians to remind students who have classes in the portables to be extra careful about crossing the back parking lot throughout the day. We often have deliveries and pick-ups in the receiving area and trucks that are backing up cannot see students in their blind spots. This is a great lesson for our future drivers, if they cannot see the truck drivers side mirrors, then the truck driver cannot see them! Thank you for continuing to keep our students safe.

On Friday, September 20th during the Terry Fox Walk, students will be crossing the parking lot at 2 locations. One on the east side of the school, and one on the west side near the daycare. As always we encourage our students to continue the health benefits by walking home from school, however, if you are coming to the school to pick up a student, please be aware of the extra foot traffic next Friday.

SCHOOL COUNCIL MEETING

Markville's first school council meeting will be held on Monday, September 16 at 7:15 p.m. in the Library Learning Commons (Room 201). All parents / guardians are welcome to attend.

Elections will be held for parent / guardian representatives on the school council at the September 16th meeting. If you are interested in declaring your candidacy or nominating a candidate for a position (Co-Chair, Secretary, Treasurer) please refer to the nomination form sent home in the Parent / Guardian Start-up package. If you have any questions, please contact the school.



**Parents for Children's
Mental Health**

SUPPORT. EDUCATE. EMPOWER.

Monday, September 16th

PARENTS' Support Group-all are welcome!

**Topic: IEP Individual Education Plan (guest speaker)
Being "identified" in the school system, understanding the
process, and how to advocate for your child.**

**Does your child's anxiety, ADHD, mood disorders, learning disability, or
behaviour challenges make parenting difficult?**

Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
 - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
 - learn how to access resources in the community

For more information and resources, please visit: www.pcmh.ca

PARENT-TEACHER INTERVIEW NIGHT – THURSDAY, OCTOBER 10th

Parent-Teacher Interview Night will be held on Thursday, October 10. Markville Secondary School will be using [Edsby](#), an online platform, to manage our Parents' Night scheduling.

Families will need to create an [Edsby](#) account to access the online appointment scheduler for their child's teachers for Parents' Night. An invitation to [Edsby](#) will be sent through email on Monday, September 16, to parent/guardians without an [Edsby](#) account. Instructions on how to create an account will be included. Please check your junk mail folder if you do not receive an invitation.

Important Timelines

October 3rd	Interim Report Cards sent home.
October 4th	Parents' Night schedule is opened for booking at 9:00 a.m., an invitation to book appointments through Edsby will be sent to your email inbox.
October 10th	Parents' Night (6:30 p.m. - 8:30 p.m.)

TWEET OF THE WEEK



[@Markville_YRDSB](#)

Markville SS Retweeted



[Markham PublicLibrary](#)@markhamlibrary

Calling all high school students! Have you signed up for our awesome creative writing and spoken word workshop? Come on out and try it! It's happening this Saturday at Aaniin Library, 2-4 PM. [@VIBEArtsTO](#)



Happening now! Club sign up day is packed! Open to all Ss on lunch p3 & p4 today. Learn what cheese on your head has to do with peer tutoring! [@YRDSB](#) [@MarkvilleSAC](#)

DEPARTMENT SPOTLIGHT

TERRY FOX WALK / RUN SCHOOL WIDE FUNDRAISER
FRIDAY, SEPTEMBER 20 (rain date is Sept 27)

Terry Fox carved a path into the hearts of Canadians 38 years ago through his commitment, leadership and innovation. The Terry Fox Foundation invites students from across Canada to follow in his footsteps and be innovators themselves, just like Terry was. For more information on who Terry Fox was and the story of the Marathon of Hope, please visit <http://www.terryfox.org/> or watch this video [ESPN- Terry Fox](#) (9 min).

On Friday, September 20, 2019, through the hard work and organization of Markville's SAC (Student Activity Council), MAC (Markville Athletic Council), TAC (Transitions Activity Council) and the Grade 12 Leadership Classes, Markville will host our own school wide Terry Fox Walk / Run and Fox Fundraiser.

Goals of Terry Fox Walk / Run:

- * To broaden social awareness: Students will become positive agents of change in the fight against cancer
- * To unite, just like Terry did: Students will form teams in a strong show of solidarity, while continuing Terry's legacy
- * To celebrate and have fun: School spirit will soar through positive team building as they work towards a goal
- * To fund Canada's most promising research: 82 cents of every dollar raised goes to fund innovative cancer research

What will happen on Fri. Sept. 20th?

- * The "Fox Fair" will run periods 3 and 4 in courtyard / large field (lots of activities such as Minute to Win it Games, Feats of Strength, Ice Cream Truck, Wax It, Goodie Sale). All proceeds will go to the Terry Fox Foundation
- * Students are encouraged to fundraise at least a "Toonie for Terry" in their period 5 classes or set up their own fundraising page at <http://www.terryfox.ca/MarkvilleSSMarkham>. Prizes will be given to Top Student Fundraiser as well as Top Fundraising Class.
- * Period 5: Students who would like to RUN the "Terry Fox Funky 5 km" can buy a 'Run Ticket' starting September 12 in atrium at MAC table for \$5 or pay cashonline (note waiver must also be signed). We will have teachers posted throughout the route at intersections to ensure student safety.
- * Period 5 Classes: with their classes at designated times, all students will participate in the Terry Fox Walk. A specific route will be set up around the school by the Grade 12 Leadership class who will cheer our walkers on! SAC will also be tabulating "Rep Your Grade" points for all students who are wearing their grade colours! Grade 9 – Blue, Grade 10 – Purple, Grade 11 – Red, Grade 12 – Green.



We are looking forward to a great event!

Upcoming Events

DATE	School News	Student Life	Arts	Sports & Clubs	Academics
MONDAY, SEPT. 16 th	<ul style="list-style-type: none"> • Grade 9 - Camp Green Acres (8:15am – 2:45pm) 				

	<ul style="list-style-type: none"> Golf Tournament School Council Meeting (7:15pm – 8:45pm)
TUESDAY, SEPT. 17 th	<ul style="list-style-type: none"> Auston Matthews & Alexander Ovechkin have birthdays today
WEDNESDAY, SEPT. 18 th	<ul style="list-style-type: none"> Grade 10 Literacy Task #1 (9:45am – 11:00am)
THURSDAY, SEPT. 19 th	<ul style="list-style-type: none"> SHSM (Specialist High School Major) CPR / First Aid
FRIDAY, SEPT. 20 th	<ul style="list-style-type: none"> SAC (School Activity Council) Rep Your Grade Event – Wear Your Colour! Grade 9 – Blue Grade 10 – Purple Grade 11 – Red Grade 12 – Green Terry Fox Run / Walk (1:45pm – 3:00pm) Girls Field Hockey Tournament

Looking for Volunteer Opportunities? Come visit the Guidance Office, or check out these helpful links:

	Student Volunteer Opportunities		Volunteer Opportunities
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Lunch Time Tutoring – Library Learning Commons, Mondays and Wednesdays – Periods 3 and 4
 After School Tutoring – Room 345, Tuesdays and Thursdays 3:00pm – 4:00 pm

If you have any questions, please email your child's vice-principal: michael.vlachopoulos@yrdsb.ca for students with surnames A – LIM, or kathy.mcalpine@yrdsb.ca for students with surnames LIN– Z

Please visit our website at <http://markville.ss.yrdsb.ca>