

InspireLearning!



## Markville Secondary School E-Bulletin



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Friday, February 08, 2019

### A MESSAGE FROM OUR PRINCIPAL

It is hard to believe that semester 2 has started. I would like to thank everyone, students, parents, and staff for your commitment and hard work. At this time, I would also like to welcome our new students and their families to our wonderful school. We are very excited to have you join us and are looking forward to new experiences and friendships during your years at Markville. As we are completing the first week of the semester, we want to wish our students a term filled with lots of learning while taking care of your well-being and good health. We enjoy and value our partnership! All the best,

Patricia Obadia

### IMPORTANT RESOURCES

#### MENTAL HEALTH RESOURCES

In an effort to support our students and families in Mental Wellness, please [click here](#) to access an informational document outlining various signs, strategies, and community Mental Health resources. Of course, please always feel free to connect with a Caring Adult at MSS for support, as wellness in ourselves, and our loved ones 'takes a village.' This document is also available on our school website under [News & Events](#).

#### COURSE SELECTION OPTIONS

Students in Grades 9 – 11 will be attending course selection assemblies on Monday, February 11<sup>th</sup>. The [Markville Course Calendar 2019 – 2020](#) is available on the [home page](#) of our website, which lists all the available classes for students here at Markville. Please see the Department Spotlight this week for more information on how students can log in and select the courses they would like for next year.

### IMPORTANT ANNOUNCEMENT(S)

#### SEMESTER 2 PICTURE DAY

Photographers from Edge Imaging will be at Markville SS on Friday, February 15<sup>th</sup> for any new students, as well as Grad pictures for any students who were absent, or are requesting retakes. Grad students can sign up for an appointment by visiting [www.bookmygrad.ca](http://www.bookmygrad.ca) using the code WMS.

#### ECO THEME FOR FEBRUARY: REDUCE THE USE OF PAPER TOWELS

Every conservation effort takes dedication and participation from communities as a whole. This month, pay attention to the amount of paper towels you use and make an effort to cut back. A little for each of us turns into a whole lot for all of us.

#### INCLEMENT WEATHER

The York Region District School Board (YRDSB) will declare an inclement weather day when it is unsafe for school buses to operate. When an inclement weather day has been declared, it applies to all YRDSB schools. Schools will remain open, however, any assessments, tests, quizzes, or assignments will be postponed. Please check our [twitter feed](#), the [YRDSB twitter feed](#), your local [news](#) and [radio](#) stations, or the [Student Transportation Services](#) website for information and updates about cancellations. If you choose to keep your child home on an inclement weather day, please call the school to let us know.

In very rare, emergency situations, YRDSB may have to close a school. This will be communicated through the same news organizations mentioned above. For more information, go to the [Inclement Weather](#) page on our website, found under the School Information tab. The policy is available in a variety of languages.



**FEBRUARY 20, 2019 • 7PM-9PM**  
 YOUTH MENTAL HEALTH AWARENESS FOR PARENTS AND CARING ADULTS  
 NEWMARKET THEATRE • 505 PICKERING CRESCENT, NEWMARKET

Hear from our **YOUTH SPEAKERS**, who will share their personal stories and how they were able to cope with mental health challenges, bullying and substance misuse

LEARN MEANINGFUL WAYS TO CREATE A **SAFE SPACE** FOR YOUTH TO TALK

Hear from **YORK REGIONAL POLICE** how we can protect youth from cyberbullying

SEE A PERFORMANCE BY **UNITY Charity**, FOCUSED ON IMPROVING YOUTH MENTAL HEALTH AND WELL-BEING

Visit **AGENCY BOOTHS** to access valuable information and resources

THANK YOU TO OUR SPONSORS



**"APPROXIMATELY 1 IN 5 CHILDREN AND YOUTH IN ONTARIO HAS FACED OR WILL FACE A MENTAL HEALTH CHALLENGE"**

Canadian Mental Health Association Ontario (2019)



As a parent or caring adult, it is important that you know how to identify these challenges and help youth cope and face life's challenges with resilience and self-confidence

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Parents for Children's  
Mental Health  
SUPPORT. EDUCATE. EMPOWER.

**Monday, February 11<sup>th</sup>**

(note this is special date due to the next week Family Day holiday)

**3<sup>rd</sup> anniversary of PCMH Aurora/York**

**Guest Speaker Dr. K Thompson Topic: Building Trust**

### PARENTS' Support Group

Does your child's anxiety, ADHD, mood disorders, learning disability, or behaviour challenges make parenting difficult?

#### Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
  - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
  - learn how to access resources in the community

Future Meetings 3 <sup>rd</sup> Monday of each month NOTE some dates change due to statutory holiday conflict.	Monday, March 18 <sup>th</sup> group discussion sharing resources
	Monday, April 15 <sup>th</sup> <u>Guest Speaker</u> P. Marra-Stapleton Mental Health Lead York Region District School Board Topic: 4 Pillars of Mental Health
	Monday, May 13 (special date due to the next week stat holiday)
	6:30-8:00 pm No pre-registration is needed Sorry no child minding available. Young children cannot safely be left unattended.
Where	*NEW* Aurora Kinark Office 218 Earl Stewart Drive, Unit 7, Aurora, ON L4G 6V7. One block south of St. John's Sideroad. One block west of Bayview Ave.

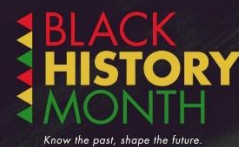
PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit [www.pcmh.ca](http://www.pcmh.ca).

### TWEET OF THE WEEK



[@Markville\\_YRDSB](https://twitter.com/Markville_YRDSB)

#BlackHistoryMonth2019 is not only a time to celebrate the many achievements & contributions of Black people but it is also a time to educate ourselves. There



are so many wonderful community events we can attend to continue our learning.

## DEPARTMENT SPOTLIGHT

### GUIDANCE DEPARTMENT – COURSE SELECTION FOR 2019 – 2020



February is Course Selection time for all of our students who are returning to Markville next year. Our board has introduced a new electronic platform for Course Selection called My Pathway Planner that replaces our previous platform, Career Cruising. We will be having assemblies for all of our students on Monday, February 11<sup>th</sup> to share information about Course Selection and demonstrate the new system. **We would also like to invite any interested parents to a Course Selection Presentation on Wednesday, February 13<sup>th</sup> beginning at 6:15 in the evening.** There will be 3 separate grade specific presentations occurring simultaneously (students going into Grades 10, 11, and 12) for parents between 6:15pm – 6:45pm. The time frame will include an opportunity to ask specific questions. Teacher representatives from Math, Science, English, and Special Education will be available. **At 6:45pm – 7:30pm, parents of Grade 11 students are invited to stay for a presentation about the application process to college and university.** We are looking forward to seeing you!

#### Upcoming Events

DATE	School News	Student Life	Arts	Sports & Clubs	Academics
SATURDAY, FEB 7 <sup>th</sup> – 9 <sup>th</sup>	DECA Provincial Competition (FEB 7 <sup>th</sup> – 9 <sup>th</sup> )				
MONDAY, FEB 11 <sup>th</sup>	Semester 1 Report Card Distribution				
	Grade 9 Course Selection Assembly (8:30am – 9:00am)				
	Grade 10 Course Selection Assembly (9:00am – 9:30am)				
	Grade 11 Course Selection Assembly (9:50am – 10:20am)				
	Curling League Game (1:15pm – 6:00pm)				
	Junior Girls Volleyball (3:30pm – 5:30pm)				
	Senior Girls Volleyball (4:00pm – 11:30pm)				
TUESDAY, FEB 12 <sup>th</sup>	OBA (Ontario Band Association) Concert Band Festival (5:40pm – 9:40pm)				
	Second City Improvisation (8:20am – 3:30pm)				
WEDNESDAY, FEB 13 <sup>th</sup>	American Math Contest (11:05am – 1:45pm)				
	Michael Smith Science Challenge (12:00pm – 1:00pm)				

	Senior Girls Volleyball (3:15pm – 6:00pm)
	OBA Concert Band Festival (6:00pm – 9:00pm)
	Course Selection Presentation for Parents (6:15pm – 6:45pm)
	Applying to College / University for Parents of Grade 11 Students (6:45pm – 7:30pm)
THURSDAY, FEB 14 <sup>th</sup>	Alpine Ski & Board Team (5:30am – 5:30pm)
	OBA Concert Band Festival (6:00pm – 9:00pm)
FRIDAY, FEB 15 <sup>th</sup>	Senior Girls Volleyball (3:15pm – 6:00pm)
MONDAY, FEB 18 <sup>th</sup>	FAMILY DAY – NO SCHOOL

Looking for Volunteer Opportunities? Come visit the Guidance Office, or check out these helpful links:

	<a href="#">Student Volunteer Opportunities</a>		<a href="#">Volunteer Opportunities</a>
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Lunch Time Tutoring – Library Learning Commons, Mondays and Wednesdays – Periods 3 and 4  
 After School Tutoring – Room 345, Tuesdays and Thursdays 3:00pm – 4:00 pm

If you have any questions, please email your child's vice-principal: [michael.vlachopoulos@yrdsb.ca](mailto:michael.vlachopoulos@yrdsb.ca) for students with surnames A – LIM, or [kathy.mcalpine@yrdsb.ca](mailto:kathy.mcalpine@yrdsb.ca) for students with surnames LIN– Z

Please visit our website at <http://markville.ss.yrdsb.ca>