

InspireLearning!



Markville Secondary School E-Bulletin



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Thursday, May 02, 2019

IMPORTANT RESOURCES

MENTAL HEALTH RESOURCES

In an effort to support our students and families in Mental Wellness, please [click here](#) to access an informational document outlining various signs, strategies, and community Mental Health resources. Of course, please always feel free to connect with a Caring Adult at MSS for support, as wellness in ourselves and our loved ones 'takes a village.' This document is also available on our school website under [News & Events](#).

IMPORTANT ANNOUNCEMENT(S)



Parents for Children's
Mental Health
SUPPORT. EDUCATE. EMPOWER.

Monday, May 13th

PARENTS' Support Group-all are welcome!
Special Guest: Children's Treatment Network- community resources

Does your child's anxiety, ADHD, mood disorders, learning disability, or behaviour challenges make parenting difficult?

Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
 - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
 - learn how to access resources in the community

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| Future Meetings 3 rd Monday of each month NOTE some dates change due to statutory holiday conflict. | Monday, May 13th Guest Speaker: Children's Treatment Network community resources Monday, June 17th Self-Care and Parent discussion and resources sharing No meetings July and August Monday, Sept 16th Guest Speaker: YRDSB IEP Individual Education Plans & IPRC understanding what is the process and how to advocate for your student |
| | 6:30-8:00 pm No pre-registration is needed. All are welcome. Sorry no child minding available. Young children cannot safely be left unattended. |
| Where | *NEW*Aurora Kinark Office 218 Earl Stewart Drive, Unit 7, Aurora, ON L4G 6V7. One block south of St. John's Sideroad. One block west of Bayview Ave. Lots of free parking |

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit www.pcmh.ca.



Have FUN & Get PAID!

Now Hiring Summer Camp Counsellors

Apply by May 17

Now Hiring Summer Camp Counsellors

Are you looking for a fun summer job? Land one of the best jobs in Markham and get paid doing something you love, while making memories for campers that will last a lifetime! Make new friends and build valuable skills that will set you apart in the workforce.

Some of the perks you'll enjoy:

- Work close to home
- Steady hours with evening and weekends off
- Exclusive discounts:
 - Markham Fitness Centre membership (restrictions apply)
 - YRT transit passes

Apply by
May 17

For requirements and to apply, visit markham.ca/workhere.

MARKHAM

MAY ECO THEME – CONSERVE WATER

Canada has 20% of the world's total freshwater resources. However, less than half of this water – about 7% of the global supply is renewable. Each of us can do our part to conserve what we have and make sure we don't waste this most valuable resource. Here are 5 easy tips for conserving water:

1. Turn off the tap while brushing your teeth & washing your hands.
2. Fix any leaks. Even a small, slow leak can add up over time.
3. Invest in a rain barrel. Use the collected water to water your plants.
4. Cut your showers a little shorter. Every minute counts!
5. Run your dishwasher and washing machine only when it is full.

TWEET OF THE WEEK



[@Markville_YRDSB](https://twitter.com/Markville_YRDSB)

Way to go Markville!!! Relay for Life over \$20,000 raised to help beat cancer!!!



DEPARTMENT SPOTLIGHT

MUSIC DEPARTMENT

Second semester has been a very busy time in the Markville Music Department. We have had highly successful appearances in the Kiwanis Music Festival of Greater Toronto, the OBA Concert Band Festival, and the York Region Music Alive Festival. All of the Markville Music ensembles achieved top honours, winning five first place awards, six platinum ratings, ten gold ratings, and five scholarships for outstanding performances. In addition, Markville Music received nine invitations to compete in the MusicFest National Competition, and the Symphonic String Orchestra was selected to compete in the OMFA Provincial Championships.

In April, senior music students traveled to Orlando, Florida to participate in the **Disney Performing Arts Program**. In addition to getting the opportunity to enjoy the many attractions at Walt Disney World, Markville Music students participated in workshops with outstanding Disney clinicians, heard world-class Disney musicians performing in a variety of genres and ensembles, and performed for audiences from all over the world.

Our performance season will wrap up with our annual **Markville Pops** concert series on Monday, May 6th and Tuesday, May 7th at Markham Theatre. This year our theme is "**Music of the Masters: A Salute to the Great Composers**", and will highlight exceptional compositions by both traditional and contemporary composers. The concerts will feature all of the major performing ensembles from the Markville Music Department (including our concert bands, string orchestras, and choir), as well as groups from our neighbouring elementary schools (Central Park P.S., James Robinson P.S., Ramer Wood P.S., and Unionville P.S.).

Finally, the Markville Music Department's annual Music Banquet will take place on Thursday, May 23rd at the Pickle Barrel at Markville Mall. This semi-formal event is an end-of-year celebration of the Music Department's accomplishments that will include a buffet dinner, an awards ceremony, and a dance.


For further information about Markville Music performances and events, please visit the Music Department website at <http://www.markvillemusic.com> or contact the Music Department by phone at 905-940-8840 ext. 131.

Upcoming Events

| DATE | School News | Student Life | Arts | Sports & Clubs | Academics |
|-----------------------------|---|--------------|------|----------------|-----------|
| MONDAY, MAY 6 th | <ul style="list-style-type: none"> • Full Disclosure Date – All classes remaining on a student's timetable after this date will appear on their transcript | | | | |
| | <ul style="list-style-type: none"> • MAC / SAC / TAC Application Process | | | | |
| | <ul style="list-style-type: none"> • Mental Health Awareness Week (May 6th – 10th) | | | | |
| | <ul style="list-style-type: none"> • Young People's Theatre (10:00am – 2:30pm) | | | | |
| | <ul style="list-style-type: none"> • Varsity Girls Soccer (4:00pm – 5:30pm) | | | | |
| | <ul style="list-style-type: none"> • Markville Pops (7:30pm – 9:30pm) | | | | |

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|--------------------------------|--|
| TUESDAY, MAY 7 th | <ul style="list-style-type: none"> • Mental Health Awareness Week • Varsity Boys Baseball (12:45pm – 3:00pm) • Markville Pops (7:30pm – 9:30pm) |
| WEDNESDAY, MAY 8 th | <ul style="list-style-type: none"> • Mental Health Awareness Week • Advanced Placement (AP) European History Exam (12:00pm – 4:00pm) • Varsity Girls Soccer (4:00pm – 5:30pm) • Parent Engagement Night: The Surprising Secrets to Success (6:30pm – 7:30pm) |
| THURSDAY, MAY 9 th | <ul style="list-style-type: none"> • Mental Health Awareness Week • Track and Field (8:00am – 4:00pm) • Advanced Placement (AP) Chemistry Exam (8:00am – 12:00pm) • Chemistry Contest (12:25pm – 4:05pm) • Tier 1 Ultimate Frisbee (2:30pm – 5:40pm) • Dragon Boat (2:30pm – 5:15pm) |
| FRIDAY, MAY 10 th | <ul style="list-style-type: none"> • Mental Health Awareness Week |

Looking for Volunteer Opportunities? Come visit the Guidance Office, or check out these helpful links:

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|  | Student Volunteer Opportunities |  | Volunteer Opportunities |
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Lunch Time Tutoring – Library Learning Commons, Mondays and Wednesdays – Periods 3 and 4
 After School Tutoring – Room 345, Tuesdays and Thursdays 3:00pm – 4:00 pm

If you have any questions, please email your child's vice-principal: michael.vlachopoulos@yrdsb.ca for students with surnames A – LIM, or kathy.mcalpine@yrdsb.ca for students with surnames LIN– Z

Please visit our website at <http://markville.ss.yrdsb.ca>