# Parent/Guardian Community E-Bulletin



## Markville Secondary School E-Bulletin

1000 Carlton Road, Markham ON L3P 7P5

**Phone:** (905) 940-8840 **Fax:** (905) 940-8895

E-mail: markville.ss@yrdsb.ca

**Principal:** Anthony Hu **Vice-Principal:** Barbara Caravella (A-Lim) **Vice-Principal:** Kathy McAlpine (Lin-Z)



#### April 28th, 2023

Please keep in mind any information provided in this bulletin is subject to change and is accurate at the time of distribution.

## **Library - Film Festival Spotlight**

Every year on April 19th, Markville's Library Learning Commons celebrates Canadian National Film Day in partnership with REEL Canada. This year we showed three short films by Canadian filmmakers and were able to dive into topics around equity, inclusivity and how cinematography can be used to help tell someone's story. The question students were asked to consider at the beginning of the festival was, "How do stories help us understand ourselves, others, and the larger world we live in?". Students participated in a number of meaningful activities and had opportunities to let their voices be heard. The Canadian filmmakers featured at this year's film festival included Alicia K. Harris from Scarborough, Ontario, Sinay Kennedy from the Dene community of Clearwater River in Saskatchewan and Madison Thomas from Winnipeg, Manitoba. These filmmakers were part of a series that REEL Canada calls, "Own Voice"; the films feature characters from underrepresented groups and the filmmaker also share the same identity. Of course, no film festival would be complete without popcorn!







## **Markville Gazette Spotlight**

Hello Markville! The long, long awaited and anticipated publication of the Markville Gazette is ready for circulation. Thank you to the semester one publication team for all your hard work. Before you know it, the semester two publication will be fresh off the press, so keep a look out for that as well. Without further ado, please enjoy the hard work of our semester one team.

#### PDF Link:

https://drive.google.com/file/d/1sOZPpl1ivSLFc3pwGX0xAdiQ2HxqvnHH/view?usp=sharing

### **Message from Guidance**

### **Enabling Google Translate Extension**

(Translating links and documents)

Next week the YRDSB is recognizing and supporting Children's Mental Health Week in schools.

Acknowledging mental health as a primary component of Student Well-Being, the Board Mental Health Strategy team has created a number of resources to support schools and families.

For next week specifically, families can join the following workshop opportunities, hosted by community agencies (registration required):

#### **MONDAY - May 1**

Presentation Topic/ Title: Panic Attacks

**Audience:** Caregivers **Time:** 6:00-7:00 pm

**Organization name:** Kinark

Registration Link: Mindful Monday Registration

#### **TUESDAY - May 2**

Presentation Topic/ Title: Loss, Grief and Mental Health

**Audience:** Caregivers

Time: 6-7pm

**Organization name:** Hope House Hospice

Presenter(s) name: Vilma Oliveros

**Overview:** This presentation is for parents and looks at grief, what it is and why it is

important to talk about it. The goal of the presentation is to help caregivers

understand that grief is a unique experience for every person and for every loss.

Further, this presentation looks at common myths as they relate to grieving and how

to support yourself and others experiencing loss and grief.

Registration Link: Thoughtful Tuesday Registration

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Presentation Topic/ Title: Perfectionism

**Audience:** Caregivers **Time:** 6:00-7:00 pm

**Organization name: Kinark** 

Registration Link: Thoughtful Tuesday Registration

#### **WEDNESDAY - May 3**

Presentation Topic/ Title: Children's Grief

Audience: Caregivers

Time: 5-6pm

Organization name: Hospice Georgina

Registration: Wellness Wednesday Registration

#### **THURSDAY - May 4**

Presentation Topic/ Title: The impact of gaming

**Audience:** Caregivers **Time:** 6:30-8:00pm

Organization name: Hong Folk Presenter(s) name: Hannah Xu

Registration: Take Care Thursday Registration

YRDSB has also developed this vast <u>Family Toolkit Resource</u>. There are numerous resources to explore. In particular, please note the **May Calendar** on pages 10-14.

Lastly, the YRDSB has organized these additional support opportunities:

- South Asian Heritage Month Event: All YRDSB staff and parents are invited to network, share and learn about ways to affirm and create positive spaces for students of South Asian Heritage. See flyer for further information.
  - o Date: May 4, 2023 from 6:00 pm 8:30 pm.
  - o Location: Randall Public School, 50 Randall Ave, Markham
  - o Registration Link
- Recreation Subsidies | York Region
  - o York Region offers subsidies for recreation programs, day camps and youth overnight camps. Recreation programs and day camp subsidies provide children from families with low income the ability to take part in programs offered by the municipal recreation departments. The youth overnight camp funding helps eligible youth ages 11 to 17 attend an approved overnight camp.
- PLAY Program Positive Leisure Activities for Youth
  - o Applications are currently being accepted-Please review Eligibility criteria in the link below
  - o PLAY program Recreation Subsidy Application Form
  - o The PLAY program is for children ages four to 18 and single parents. The funding is available in the fall, winter, spring and summer.
- Parents for Children's Mental Health (PCMH)
  - o Aurora/York Chapter meets the 3rd Monday of the month. See <u>Flyer</u> for more details.

As always, please keep in mind your weekly access to the MSS student-created Mental Health Family Resource Package, and the Wellness page on the Guidance website.

Please don't go it alone - it 'takes a village' to navigate through the tough times.

Your Guidance Team~



This is a mental health resource that will appear in the E-Bulletin weekly that was created by past and present Markville students.

https://drive.google.com/file/d/1zxvp0ngpV22ikM7Fow2FNIMxX2wErCF5/view?usp=sharing

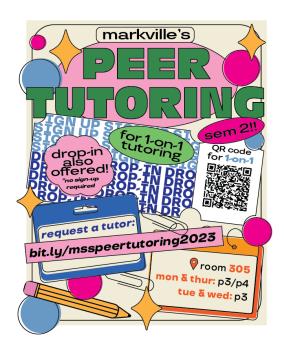
Markville Guidance Website Wellness Page:

https://sites.google.com/gapps.yrdsb.ca/markvilleguidance/wellness

## **School Notices**

#### **Upcoming Dates**

May 3-5	Electronic Distribution of Midterm Reports
May 5	PA Day
May 5	Red Dress Day (Missing and Murdered Indigenous Women Day)
May 11	Moose Hide Campaign Day
May 12	SAC Event: Picnic and Pals



### Social Media of the Week



Don't miss our free wood chip mulch giveaway!

Bring your own shovel & container to pick-up mulch to help beautify your garden & trees.

The giveaway is for Markham residential use only. Please be mindful of how much mulch you take.

Learn more: markham.ca/KeepMarkhamBea...



https://www.markham.ca/wps/portal/home/neighbourhood-services/Keep-Markham-Beautiful/Property-Care/03-Property-Care-and-Mulch-Giveaway