

Parent/Guardian Community E-Bulletin



Markville Secondary School E-Bulletin

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February 17th, 2023

Please keep in mind any information provided in this bulletin is subject to change and is accurate at the time of distribution.

Message From Guidance

COURSE SELECTION

Hello Markville Families.

We are in the midst of **Course Selection** season for our students who will be continuing their studies here at Markville for the 2023-2024 school year.

We conducted **Grade Assemblies on the Course Selection Process** for all of our students last Friday during periods 1 and 2.

We also have pre-recorded a Guidance presentation on Course Selection for families to view. It is found on the Markville Guidance Website in the Family Night Webinar section. Here is the link to access this very informative presentation: [Family Night Webinar](#). Just scroll down to the "Course Selection" presentation on this page (Image #5).

Students have hopefully logged onto their **MyPathwayPlanner** (MyBlueprint) from the main page of the Markville website. Please have your child choose courses carefully and please discuss those choices and ensure that you approve the courses before your child presses **SUBMIT**. Students can start to **submit their choices between February 16th at 9 am and February 24th at 4 pm**. There is no advantage to submitting early. **After February 24th, all students' Course Selection will be locked and further changes cannot be made.**

Thank you.

Your Guidance Department

Black History Month

[SHINE Podcast](#)

SHINE is a YRDSB podcast that features voices from the Black community. It introduces conversations that inspire and challenge. Guests share their lived experiences, advice, industry expertise and more.

[YRDSB Centre for Black Student Excellence Programs](#)

The YRDSB offers a variety of programs for Black students designed to affirm identity and support student achievement and well-being.

[Celebrating Black Excellence](#)

Celebrating Black Excellence - Black Voices aims to centre and celebrate the Black members of our YRDSB community and share their voices. This Black History Month campaign asks students, staff and community members who identify as Black to consider submitting a short video of themselves.

(*direct link to watch the videos - [Black Excellence Video Series](#))

[Students - Black History Month Resources](#)

Black History/Heritage Month is recognized every February. The resource list below offers some resources and **events** that may be helpful in learning about Black History both here in Canada, and around the world.

[Anti-Black Racism Resources for Parents](#)

Parents are encouraged to review the linked resources to identify those that are best suited for their use.

[Additional Resources and Events](#)

If you have more resources to share with the community, please forward the title, date, a short summary of the event and link(s) if applicable to nina.saini@yrdsb.ca

School Notices

[Upcoming Dates](#)

Feb 20	Family Day (Holiday)
Feb 22	Pink Shirt Day
Feb 23	SAC Semi-Formal (The Estate & Banquet, Scarborough) (6:00 – 10:00 pm)

markville's

PEER TUTORING

is back!

drop-in
also
offered!

**no sign-up
required*

for 1-on-1
tutoring

QR code
for 1-on-1



request a tutor:

bit.ly/msspeertutor2022

rooms **308/311**

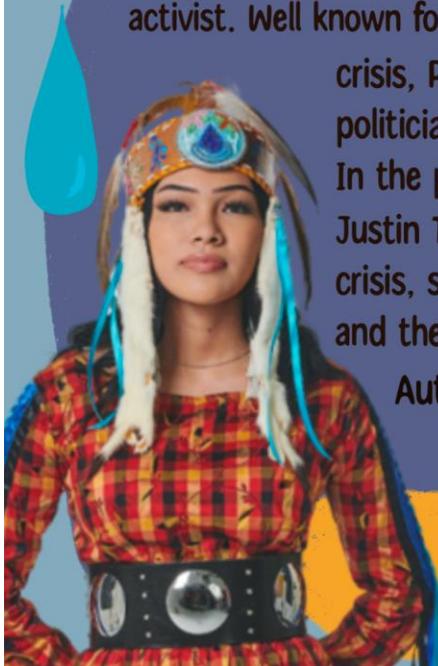
mon & thur: p3/p4

tue & wed: p3

Social Media of the Week



ECO CAT YOUTH SPOTLIGHT: MEET AUTUMN PELTIER



Beginning her work at age 8, Autumn Peltier is an 18 year old Anishinaabe activist. Well known for her work to draw attention to the Indigenous water crisis, Peltier has also done her part putting pressure on politicians to do more to address the climate crisis.

In the past 12 years, not only has she publicly addressed Justin Trudeau, bringing worldwide attention to the water crisis, she has also spoken at the UN General Assembly and the UN Secretary-General's Climate Action Summit.

Autumn Peltier is a great inspiration to our ability to make change, even as youth.

"I've always believed that when a message comes from youth, it's so much more powerful and so much stronger because generally, you wouldn't think a young person would stand up and use their voice or speak up about world issues or political issues."

YRDSB Communications



SEX TRAFFICKING

Instances of sex trafficking and sexual exploitation are a growing concern in York Region.

Youth as young as 12 are being recruited!

**Would you know it if you saw it?
What could you do?**

**February 22, 2023 | Session A: 10:00 a.m. – 11:30 a.m.
Session B: 6:30 p.m. – 8:00 p.m.**

We welcome parents, guardians, caregivers, educators, staff and community!

[Register](#) today!

York Region District School Board in a collaborative partnership with Women's Support Network is hosting a virtual information session about sex trafficking and sexual exploitation.

This session will provide awareness and information about:

- What is sex trafficking
- How to identify signs of someone who may be in the process of being recruited or is already being trafficked
- Who is at risk
- Available resources and supports in the school and community



More Information:

Oksana Majaski

Community & Partnership Developer, YRDSB

Oksana.majaski@yrdsb.ca

Parent/caregiver series supporting students of Chinese Heritage.

The series will provide a number of parent/caregiver virtual events to build community, support mental health, and promote healing.

The third session in the series is offered for any parent/guardian of students of Chinese Heritage. Parents, caregivers are invited to join this workshop and engage meaningful conversations that help students thrive at school. Tips on ways that help strengthen family relationships and emotional wellbeing will be shared. This will be a free virtual event.

Community Building and Engagement Event

February 27th, 2023 at 7:00pm-8:30pm Cantonese Session

[Registration for Cantonese Session](#)

March 6th, 2023 at 7:00pm-8:30pm Mandarin Session

[Registration for Mandarin Session](#)



Parenting Program for Farsi and Dari Speaking Families

Building healthy relationships with your children is a fundamental parenting skill. As a parent, we want to raise healthy individuals. This starts with knowing and practicing strategies that help us mitigate parenting challenges. Join us for a session full of helpful information and practical strategies. Some of these topics are:

Session 1: Fostering positive relationships with children with looking at self esteem enhancement strategies

- Tips on fostering a healthy and secure attachment with your child
- Useful communication strategies such as emotional validation and normalization
- Learning how to strengthen your child's self-esteem

Session 2: Regulating Emotions

- Functionality of emotions: What can emotions do for you?
- Understanding and naming emotions
- Tips for addressing your child's emotions and strategizing healthy coping strategies to deal with challenging emotions

Session 3: Social Media and Parenting Concerns Q&A

- Social media and recommendations regarding healthy social media habits
- Age-appropriate screen time
- Peer pressure and interpersonal skills

Date: February 27, March 27 and April 24, 2023

Time: 6:30 pm - 8:30 pm

Location: Zoom (Virtual) Held in Farsi / Dari

[Register Here](#)



For more information, please contact: **Maryam Jariani**
Community Partnership Developer (Iranian/Afghan Community)
maryam.jariani@yrdsb.ca; 905-727-0022 ext. 3512

Speaker: **Afsaneh Zafarani** School Social Worker
Speaker: **Mahsa Ghayoumi** Psychotherapist from (Family Service York Region)