

Parent/Guardian Community E-Bulletin

Inspire Learning!



Markville Secondary School E-Bulletin



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June 4th 2021

Please keep in mind any information provided in this bulletin is subject to change and is accurate at the time of distribution.

Markville Gazette Spotlight

Fresh off the Press: Markville Gazette

This unprecedented year has made way for Markville's first virtual newspaper. The Gazette team has worked hard on bringing important stories from a variety of topics that impact the Markville community and the world. Writers, editors, and layout teams have developed a compelling publication that covers school and community, arts and culture, sports, and world news. We hope that you enjoy reading this year's news and look forward to spreading the news next year!

[June 2021 Publication](#)

Yearbook Committee

Parents/Guardians!

We are excited to share with you that a group of dedicated students have committed to producing an yearbook for the unusual 2020/2021 school year. They are working hard to collect pictures and appropriate information for the book. Your son/daughter has been asked to send a portrait-like picture of themselves to use in the book since none were taken in the fall. Please ask them to check their emails for following message:

All students in Grade 9 to 11, although there was no Picture Day this year, we're still hoping to include every one of you in this year's historic yearbook!

Please take a photo of yourself (or use an existing one) with your pet, with food, with an instrument, just by yourself, or whatever way makes you most comfortable. You must upload your photo at bit.ly/mss-portrait by June 15th,

and please remember to click the left-hand button that says "Upload a Student Portrait".

P.S. Yearbooks are now on sale via School Cash Online for \$35! Order yours today :)

Yearbook Committee

Please help us out by submitting an individual picture of your child. We anticipate that yearbooks will be ready for distribution in the fall.

If you have any questions or concerns please email Bina Shah (bina.shah@yrdsb.ca) or Ingrid Achong (ingrid.achong@yrdsb.ca)

Envirothon

On May 19th, two of our Envirothon Teams competed in the Provincial Envirothon competition. Competing teams only had 48 hours to prepare a virtual presentation for a scenario that involved a nature based solution to climate change.

Out of 20 teams that made it to the Provincial level, Team 8 also known as the Eco-Teletubbies consisting of Chloe Liang, Evan Zhou, Gloria Yi, Jerry Zhou and Maggie Huang placed 10th.

Team 6 also known as the Green Beans consisting of Emily Hur, Grace Achong, Mason Lyn, Natalie Sat and Ricky Yang placed 6th!

Congratulations to both teams and their wonderful achievements!

The OAPT is an annual physics contest that is open to grade 11 physics students. This year, the contest was written on May 26th. There were 182 students that wrote the contest this year. Rosana Gao finished in the 95th percentile. She placed 10th overall! Congratulations to Rosana on her outstanding achievement!

Hosa

Hi Markville Students!

Don't miss out on Markville HOSA's sixth and final MTP night of 2020-2021! Our guest speaker for June is Dr. Franciska Shaw, a psychiatric resident!

Here is a short message she has written for you all:

Franciska is currently completing her psychiatry residency training at the University of British Columbia. She previously attended high school in Vancouver and went on to

complete her Bachelor of Science in Nursing degree at McGill University in Montreal. She then attended the Michael G. DeGroot School of Medicine in Hamilton, ON. She is currently working in general psychiatry at St. Paul's Hospital, Vancouver General Hospital, and UBC Hospital. Outside of work, she enjoys hiking, reading a good novel, and trying new foods.

Please ensure you fill out the google form to register and be sent a zoom link on the day of the event (Thursday, June 10th). We hope to see you all there!

Event Registration Link:

https://docs.google.com/forms/d/e/1FAIpQLSdPNleSEnzI28Wwt3EAWPuolkESjCKrKN3apHI9Y6VcbjJc0Q/viewform?usp=sf_link

Markville HOSA

Covid Mental Health Support

It is no secret that Covid-19 has created unprecedented challenges for students that have impacted their social and emotional well-being. Talking about and acknowledging the impact of the past year, followed by the conscious decision to apply new behaviours, is a critical aspect in producing positive change.

Hong Fook Youth Services is providing a **Mental Health Workshop** for all students, in order to unpack these experiences and provide *tangible strategies* to help students move forward. Please join us on **June 14th from 3:30-4:30pm**, for some much-needed support!

Students can access the presentation using the information below:

Topic: Hong Fook Youth Service – Mental Health Workshop

Time: Jun 14, 2021 03:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://yrdsb->

[ca.zoom.us/j/95330854918?pwd=YzRUMllwWUZXdHhHQm5aN0F0blZBUT09](https://yrdsb-ca.zoom.us/j/95330854918?pwd=YzRUMllwWUZXdHhHQm5aN0F0blZBUT09)

Meeting ID: 953 3085 4918

Passcode: 051502

Community Events



YRTSA DANCE WORKSHOP

Guest Speaker: Jesi Sadayar

Jesi Sadayar is recognized for competing at World Of Dance New York with Kindred Culture, opening for Tory Lanez alongside Rajan at the Loud Festival, being the previous Head Coordinator of the award-winning York-Seneca Huskies Dance Team, as well as placing second in an international competition, Aadukalam, while representing Team Canada in the UK.

As one of the founders of a Toronto-based dance workshop program, FLUX, Jesi Sadayar has also accompanied many established artists to run and teach intensive workshops for all levels.

Date and Time:
June 9th, 2021
4:00 p.m. to
5:00 p.m.

Register Here:

<https://bit.ly/3fDdsI7>

**Earn SHSM elective certification for
Arts and Culture sector for PETHS students**

<http://bit.ly/3fDdsI7>

Peer Tutoring



Hey Markville!

Do you need extra help? Are you looking for a tutor? If so, don't wait or hesitate! Submit an application for a 1-on-1 Peer Tutor. Sessions start the week of February 22.

What? 1-on1 Peer Tutoring!

Who? Adaptive and SVS Markville students!
***Note:** Peer Tutoring prioritizes support for Gr 9-12 compulsory courses. If you are looking for extra help in a senior elective, please first connect with your teachers.

When? Lunch 11:20-12:10 (Tuesdays and Thursdays) or After School 3:00-3:50 (Wednesdays and Fridays). Tutees and Tutors will meet weekly and attendance will be taken.

Where? Virtually! Zoom invitations will be sent once a match has been confirmed. Students must be logged into YRDSB accounts.

How? Submit an application at bit.ly/msstutoringsignup2021 and check your GAPPs email for a match confirmation!

Tips for speaking with your Child after a Tragic Event

1. Reassure children that they are safe. Emphasize that schools are very safe. Validate their feelings. Explain that all feelings are okay when a tragedy occurs. Let children talk about their feelings, help put them into perspective, and assist them in expressing these feelings appropriately.
2. Make time to talk. Let their questions be your guide as to how much information to provide. Be patient. Children and youth do not always talk about their feelings readily. Watch for clues that they may want to talk, such as hovering around while you do the dishes or yard work. Some children prefer writing, playing music, or doing an art project as an outlet. Young children may need concrete activities (such as drawing, looking at picture books, or imaginative play) to help them identify and express their feelings. Choose what information is to be shared based on the child's age and an assessment of your child's need to know.

3. Keep your explanations age appropriate.

- Early elementary school children need brief, simple information that should be balanced with reassurances that their school and homes are safe and that adults are there to protect them. Give simple examples of school safety like reminding children that there are many adults monitoring the school and playground, emergency drills practiced during the school day, and the school has a good working relationship with York Regional Police.
- Upper elementary school children may be more vocal in asking questions about whether they truly are safe and what is being done at their school. They may need assistance separating facts from misinformation.
- Upper elementary school and secondary school students may have strong and varying opinions about the causes of violence in schools and society. They may want to share concrete suggestions about how to make school safer and how to prevent tragedies in society. Emphasize the role that students have in maintaining safe schools by following school safety guidelines (e.g., not providing building access to strangers, reporting strangers to the office, reporting threats to the school safety made by students or community members, etc.), communicating any personal safety concerns to school administrators, and accessing support for emotional needs.

4. Review safety procedures. This should include procedures and safeguards at home. Help children identify at least one adult at school and in the community to whom they may go if they feel threatened or at risk.

5. In an emergency situation, students should contact 911. If they have information about a potential risk or crime, they can contact Crime Stoppers at [1-800-222-TIPS](tel:1-800-222-TIPS), or text "TIPYORK" + your message and send it to CRIMES (274637).

6. Observe children's emotional state. Some children may not express their concerns verbally. Changes in behavior, appetite and sleep patterns may indicate a child's level of anxiety or discomfort. In most children, these symptoms will ease with reassurance and time. If anxiety or discomfort continues beyond four to six weeks, it is important to seek professional support. However, some children may be at risk for more intense reactions. Children who have had a past traumatic experience or personal loss, suffer from depression or other mental health issues, may be at greater risk for severe reactions than others. Seek the help of a mental health professional if you are at all concerned.

7. Limit television viewing of these events. Limit television viewing and be aware if the television is on in common areas. Inappropriate information can cause anxiety or confusion, particularly in young children. Adults also need to be mindful of the content of conversations that they have with each other in front of children, even teenagers, and limit their exposure to vengeful, hateful, and/or angry comments that may be misunderstood.

8. Maintain routines. Keeping to a regular schedule can be reassuring and promote health and well-being. Ensure that children get plenty of sleep, regular meals, and exercise. Encourage them to keep up with their schoolwork and extracurricular activities but don't push them if they seem overwhelmed.

Suggested Points to Emphasize When Talking to Children

Schools are safe places. School staff work with parents and public safety providers (local police and fire departments, emergency responders, hospitals, etc.) to keep you safe.

We all play a role in school safety. Be observant and let an adult know if you see or hear something that makes you feel uncomfortable, nervous or frightened.

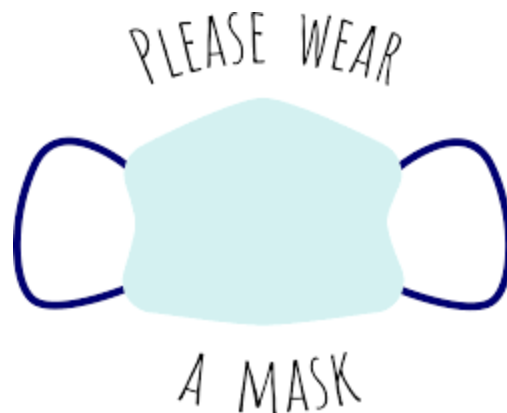
There is a difference between reporting, tattling or gossiping. You can provide important information that may prevent harm either directly or anonymously by telling a trusted adult what you know or hear.

Don't dwell on the worst possibilities. Although there is no absolute guarantee that something bad will never happen, it is important to understand the difference between the possibility of something happening and the probability that it will affect our school.

Senseless violence is hard for everyone to understand. Doing things that you enjoy, sticking to your normal routine, and being with friends and family help us feel better and keep us from worrying about the event.

Violence is never a solution to personal problems. Students can be part of the positive solution by participating in anti-violence programs at school, learning conflict mediation skills, and seeking help from an adult if they or a peer is struggling with anger, depression, or other emotions they cannot control.

This information was prepared with resources from the National Association of School Psychologists, the Ontario Psychological Association, the American Psychological Association.



Tweet of the Week



York Region DSB ✓ @YRDSB · May 30



The news of a mass grave at a former residential school in Canada is truly heartbreaking. As a sign of mourning, starting May 31, all YRDSB flags will be lowered for 215 hours. Parents, here are some tips for speaking with your child after a tragic event.



Tips for Speaking with your Child after a Tragic Eve...

1. Reassure children that they are safe. Emphasize that schools are very safe. Validate their feelings. ...

yrdsb.ca



YRDSB Communications

Summer Programs Available – Register now to reserve your spot

Ongoing Open Registration for 2020-2021 Adult ESL, LINC & LBS Programs

English as a Second Language (ESL); Language Instruction for New Comers (LINC); and Literacy and Basic Skills (LBS) Classes

YRDSB offers Adult **English as a Second Language (ESL)** programs for those who want to develop effective language skills in speaking, listening, reading, and writing for daily life in Canada. We also offer specialized classes in *Citizenship* and *Conversation*.

Adult ESL Program Registration – In person and online options available!

1. Email uplands@yrdsb.ca or call **905-731-9557** with the following information: · your first and

last name

· your telephone number

· CLARS identification number (those without a CLARS number will require an assessment, please contact us for further assistance).

2. Our office will contact you if additional documentation is required.

3. Visitors to Canada may also register and attend for a fee of \$10 per

day, per class. **For an assessment or to register,**

please call: 905-731-9557



If you are interested in improving your digital skills, want to work on your resume or interview skills, or prepare to take your GED exam, our Literacy and Basic Skills (LBS) program is for you!

Literacy and Basic Skill Assessment – In person and online options available!

1. Email uplands@yrdsb.ca or call **905-731-9557 Ext. 307** with the following information: · your first and last name

· your telephone number

· tell us that you are *“interested in the LBS program”*

NOTE: Due to the high volume of inquires, it may take a few days to receive a reply communication from our office. We appreciate your patience.

Thank you for your interest in our programs. We look forward to serving you.



FREE English as a Second Language Classes for Adults



Adult English as a Second Language & Citizenship
 Improve your Listening, Speaking, Reading and Writing Skills
 Communicate with Confidence in English

SUMMER SCHOOL - July 5-31, 2021

COURSE OFFERINGS

COURSE CODES	CLASS		
	Description	Day	Class Time
Online - Morning	Everyday English	Mon - Fri	9:00 am - 12:00 pm
Online - Afternoon	Everyday English	Mon - Fri	12:30 pm - 3:30 pm
Online - All Day	Everyday English	Mon - Fri	9:00 am - 2:30 pm
Online - Evening	Everyday English	Mon - Fri	6:00 pm - 8:30 pm
Online - IELTS	IELTS	Mon - Fri	6:00 pm - 9:00 pm
Online - Citizenship	Citizenship	Mon - Fri	12:30 pm - 3:30 pm
	Citizenship	Mon - Fri	6:00 pm - 8:30 pm
Online - Saturday	Everyday English	Sat	9:00 am - 12:00 pm

York Region

DID YOU KNOW...



The European gypsy moth / *Lymantria dispar dispar* (LDD) is a non-native invasive insect? It was introduced to the United States in the late 1800s and first detected in Ontario in 1969.

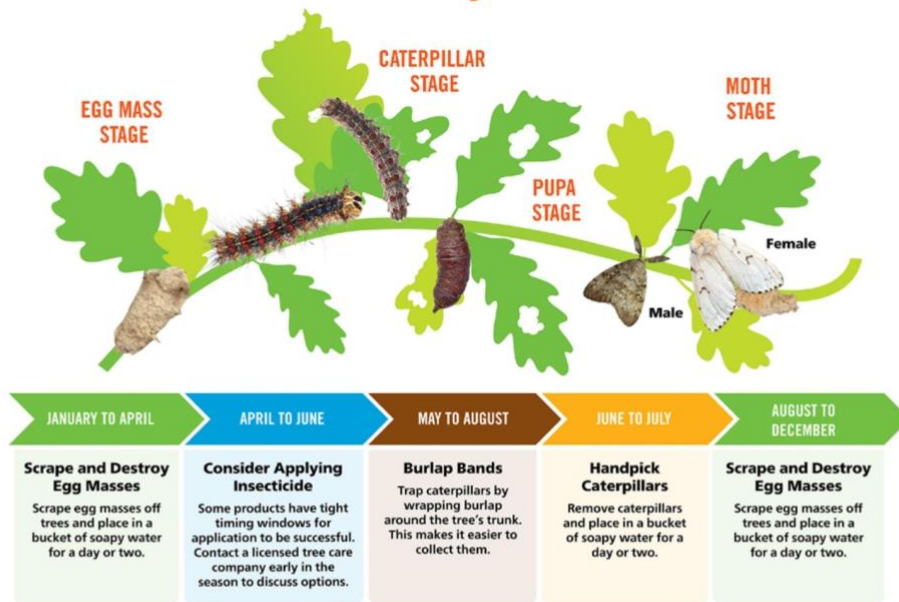
Monitoring indicates York Region will likely experience an infestation of LDD this spring/summer. At outbreak levels, severe tree defoliation is likely to occur in several areas of York Region including school grounds.



LDD prefers to feed on oak tree leaves but will feed on the leaves of many other hardwoods including maple, elm, birch, poplar and willow trees. In some rare cases, when their numbers are extremely high, the caterpillar will feed on evergreens such as pine and spruce.

Take the actions below on trees in your school ground or at home to help control the impact of this invasive pest. Always remember to wear gloves when handling caterpillars and egg masses to avoid an allergic reaction.

Gypsy moth/*Lymantria dispar dispar* (LDD) Life Cycle



Since the name gypsy moth may be perceived as culturally insensitive, this year our messaging will also focus on building awareness of its Latin name *Lymantria dispar dispar* (LDD). Our goal is for people to become familiar with the term LDD and associate it with this invasive pest going forward.

For more information on how to protect trees visit york.ca/LDDmoth



This Month in June

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JUNE
2021
.....

Learn about

the languages, cultures
and immeasurable contributions
of First Nations, Inuit and
Métis peoples.



CANADA.CA/NATIONAL-INDIGENOUS-HISTORY-MONTH
#NIHM2021

