

# Parent/Guardian Community E-Bulletin



## Markville Secondary School E-Bulletin

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**March 31st, 2023**

Please keep in mind any information provided in this bulletin is subject to change and is accurate at the time of distribution.

## Bangladeshi Heritage Month Spotlight



Ontario is home to a large and vibrant Bangladeshi community. Bangladeshi Canadians from across the province have made significant contributions to Ontario's scientific, athletic, cultural and political development, and they continue to help foster growth, prosperity, and innovation throughout Ontario.

The month of March is an important one for the Bangladeshi community. Every year on March

26, Bangladeshis around the world celebrate Independence Day in commemoration of their nation gaining independence in 1971. This day is often marked with music, parades, fairs, and various other public and private gatherings held to celebrate the history and traditions of Bangladesh.

By proclaiming the month of March as Bangladeshi Heritage Month in Ontario, the province honours the many significant contributions Bangladeshi Canadians have made throughout the province, and highlights their important role in strengthening the multi-cultural fabric that keeps Ontario's communities strong.

## Bangladeshi Heritage Month

The month of March is Bangladeshi Heritage Month in Ontario! Bangladeshi Canadians have contributed to science, athletics, cultural and political development throughout the province. Each year on March 26th, Bangladeshis around the world celebrate Independence Day in commemoration of their nation gaining independence in 1971. In March, let's celebrate Bangladeshi Heritage!

Source: <https://www.ontario.ca/laws/statute/16b32>

According to the High Commission of Bangladesh in Ottawa, Around 100,000 Bangladeshi-origin people are living in Canada currently. Professionals were the first immigrants from Bangladesh who began to migrate to Canada in the 1960s. Some came to Canada for higher education as well as professional training and then settled down as immigrants. The migration increased over the later decades, and reached its peak in the late 80s. Bangladeshi-Canadians live primarily in provinces like Ontario, British Columbia, Quebec, Saskatchewan and Alberta, and major cities like Toronto, Montreal, Vancouver, Calgary, Edmonton, Regina and Ottawa. They are vibrant contributors to Canadian society through medium and small business establishments and festivities.

**শুভ বসন্ত** **Śubha basanta (shoo boo bosantha). Happy spring Markville Community!**

## Mental Health Resource Spotlight

This is a mental health resource that will appear in the E-Bulletin weekly that was created by past and present Markville students.

<https://drive.google.com/file/d/1zxvp0ngpV22ikM7Fow2FNIMxX2wErCF5/view?usp=sharing>

Markville Guidance Website Wellness Page:

<https://sites.google.com/gapps.yrdsb.ca/markvilleguidance/wellness>

## School Notices

Mark Your Calendars:

The Spring administration of the OSSLT (Provincial Literacy Test) will take place on Tuesday April 18 and Thursday April 20. Students who are writing will be contacted directly and provided specific details in the coming weeks, including whether they will write on the Tuesday or the Thursday.

### Upcoming Dates

April 7	Good Friday (no classes)
April 10	Easter Monday (no classes)

April 18  
and April  
20

OSSLT Test



## YRDSB Communications

### PARENTING SESSIONS

Let's talk about it!

Children do not come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.

**We welcome all parents, guardians, caregivers and community members to attend these virtual sessions!**

**April 5, 2023 | 10:00 a.m. – 11:30 a.m. Raising Competent Teens** For parents of teens and tweens. This session will focus on strategies for your child to develop

communication skills, self-discipline, good routine and problem solving skills.

[REGISTER NOW](#)

**April 19, 2023 | 10:00 a.m. – 11:30 a.m. Getting Teen Connected** For parents of teens and tweens. This session will focus on strategies to build your child's confidence, encourage social skills, plan and meet commitments and developing positive, supportive friendship. [REGISTER NOW](#)

**April 25, 2023 | 6:30 p.m. – 8:30 p.m. Separation Anxiety For** parents 0-12 years of age. Whether your child is starting daycare, school or summer camp this session will help parents learn about the signs and symptoms of separation anxiety. The focus will be on strategies to calm your child's separation anxiety and how to better prepare your child for the transition. [REGISTER NOW](#)

**Facilitator:** Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



These free virtual presentations for parents and caregivers are brought to you through a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

For more information, please contact Oksana Majaski, YRDSB Community & Partnership Developer via email at [Oksana.majaski@yrdsb.ca](mailto:Oksana.majaski@yrdsb.ca)