## Parent/Guardian Community E-Bulletin



## Markville Secondary School E-Bulletin

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May 12th, 2023

Please keep in mind any information provided in this bulletin is subject to change and is accurate at the time of distribution.

## **Dragon Boat Spotlight**

There was a lot of interest in dragon boating this year, enough to fill THREE boats! The team began their season practicing at Paddle Zone in Pickering where they learned correct form and practiced on paddle machines.





When the weather was warmer, the team was able to practice on water. Practices were at Frenchman's Bay Marina. The team trained hard. They paddled strong and synchronously.

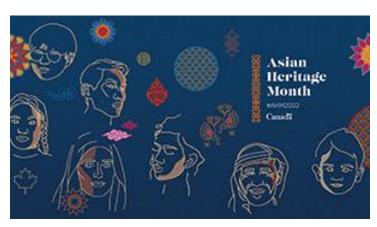






Last year, Markville's two dragon boat teams placed first and third in the Pickering Dragon Boat Community Festival. This year, we will once again compete against other high school teams to reclaim our titles. This regatta will be on June 4th at Bruce Hanscombe's Park. Wish them luck!

## **Asian Heritage Month Spotlight**



May is a festive month in the YRDSB. It is an opportunity for us to learn more about the many achievements and contributions of Canadians of Asian heritage who, throughout our history, have done so much to make Canada the country we know and love.

According to May is Asian Heritage Month - Canada.ca, Asian Heritage Month has been celebrated since the 1990s. In December 2001, the Senate of Canada adopted a motion proposed by Senator Vivienne Poy to officially designate May as Asian Heritage Month in Canada. In May 2002, the Government of Canada signed an official declaration to announce May as Asian Heritage Month.

Over the last two centuries, immigrants have journeyed to Canada from East Asia, Southern Asia, Western, Central and Southeast Asia, bringing our society a rich cultural heritage representing many languages, ethnicities and religious traditions.

The people of this diverse, vibrant and growing community have contributed to every aspect of life in Canada — from the arts and science to sport, business, and government.

Asian Heritage Month offers all Canadians an opportunity to learn more about the history of Canadians of Asian heritage and to celebrate their contributions to the growth and prosperity of Canada.

This month is a reminder for all Canadians to come together to combat anti-Asian racism and discrimination in all its forms.

## Message from Guidance

#### SUMMER SCHOOL REGISTRATION PROCESS

**CREDIT RECOVERY** and **CREDIT UPGRADE** are now available for Summer School Registration.

*In-Person* program offerings:

Credit Upgrading courses

§ 9 days S1 - July 5 to July 17, S2 - July 18 to July 28

§ For students who were successful in the credit (ex. S1 - MTH1W3, S2 - MTH1W4)

§ Credit Upgrading FAQs

Reinforcement courses (Credit Recovery)

§ 9 days \$1 - July 5 to July 17, \$2 - July 18 to July 28

§ For students who were previously unsuccessful and recommended for reinforcement (ex. S1 - MTH1W5, S2 - MTH1W6)

\*\*IMPORTANT: S1 = Session 1, S2 = Session 2. These Sessions apply to 9 day courses - Credit Recovery and Credit Upgrade. If a student is choosing *two* 2-week courses, they must ensure that one is Session 1 and the other is Session 2~

Acceleration course registrations are filling up, but there is still time to register, if interested. Please note, however - if a student selects a course that is currently on their course selection for next year, Guidance is no longer able to replace it with another course. The student's new request will be placed on a waitlist and tended to once the schedule has been built. At this time, we cannot assure that a student will be able to get the desired course. For those interested in Credit Recovery and/or Credit Upgrade, registration does not impact next year's choices.

#### TO REGISTER for Summer School

- \*Students must sign up for In-Person or Online learning summer school through myBlueprint (Continuing Ed tab in your high school pathway planner).
- \*Students MUST fill in the Google Form below to ensure that Guidance has all information, as well as Guardian permission. Confirmation of permission via this form replaces submitting a sign-off sheet.

Google form to be completed in addition to myBlueprint: https://forms.gle/7bpU9yqB7kptjdjf8

Please note if students do not complete both the form and myBlueprint the course cannot be approved by Guidance.

\*Only one 4-week course OR a max of two 2-week courses can be taken during summer. Special exceptions for graduating students only (Dual Credit), where applicable.

\*If for some reason a student is unable to complete summer school and it is a compulsory course, it is the student's responsibility to connect with Guidance at the beginning of the new school year to ensure they have the course added back to their timetable - all efforts to do so will be made. Information on how to do that will be sent to students at that time.

If you have any questions at all, please reach out to Guidance. Have a great weekend!

Your Guidance team~



Health Resource

This is a mental health resource that will appear in the E-Bulletin weekly that was created by past and present Markville students.

https://drive.google.com/file/d/1zxvp0ngpV22ikM7Fow2FNIMxX2wErCF5/view?usp=sharing

#### Markville Guidance Website Wellness Page:

https://sites.google.com/gapps.yrdsb.ca/markvilleguidance/wellness

## **School Notices**



## **Upcoming Dates**

May 16	School Council in Library (2nd Floor) (7:00 - 8:30 pm)
May 17	MAC Event Relay for Life (1:00 - 9:00 pm)
May 22	Victoria Day (no classes)
June 4	Dragon Boat Festival - Bruce Hanscombe's Park, Pickering



## **YRDSB Communications**



#### **Inclusive School and Community Services**

in Partnership with Catholic Community Service of York Region Settlement and Education Partnership in York Region

# A Century of Reflection Celebrating East-Asian Heritage

## Commemorating the 100th Anniversary of the Chinese Exclusion Act

#### Everyone is Welcome!

Come and join the event to honor East-Asian cultures through art performances, cultural displays, fun activities, and community resources.

Learn the history of East Asian Canadians and celebrate their contributions to the growth and prosperity of Canada.

Wednesday, May 24, 2023 6:00 p.m - 8:00 p.m

## **Richmond Green Secondary School**

1 William F. Bell Pkwy, Richmond Hill, ON L4S 2T9





For more information, please contact YRDSB Community and Partnership Developers: Cynthia Liu - cynthia.liu@yrdsb.ca, Pauline Guo - pauline.guo@yrdsb.ca















A teen's emotional state affects their performance at school, their relationships and their physical and mental well-being. Emotions can be hard to identify, to move through and hardest of all...to talk about.

## **NURTURING YOUR TEEN'S EMOTIONAL WELL-BEING**

DATE: Tuesday May 23rd TIME: 6:45 - 8:00 pm

In this presentation, parents and guardians will learn 3 Strategies to help develop:



**Resilience and Emotional Well-Being** 

Using the 3 Strategies with your tee will help them:

- · Navigate emotions
- · Decrease anxiety and stress
- Strengthen their confidence muscle
- Communicate with empathy, respect & kindness
- · Master the skill of making character-based choices

#### Register online now

'Thank you for an incredible presentation!
You gave us a sense of honesty, understanding & connection.
As parents the journey can become rocky & doubtful at times wondering if we are doing a good job.'

As seen and heard on Global TV, Sirius XM, Rogers TV, CHCH, CTV

www.sarawestbrook.com

#### Parent/Caregiver virtual workshop supporting students of the Tamil Diaspora





யோர்க் பிராந்திய மாவட்டப் பாடசாலைச் சபையானது எங்கள் பிள்ளைகளின் நல்வாழ்வுக்கு ஆதரவளிக்கின்றது

உங்கள் பிள்ளை, கல்வியிலும் உணர்வு மற்றும் சமூக ரீதியாகவும் சிறந்த ஆதரவைப் பெற்றுக்கொள்வதனை விரும்புகின்றீர்களா?

\*இது தமிழிலும் ஆங்கிலத்திலும் வழங்கப்படும்

#### பேச்சாளர்கள்

Nijatha Subramaniam, MSW, RSW - Community Care Team - Social Worker for the Tamil Diaspora

Thanara Rajakulendran, M.Sc, M.Psy (Clin.)
- Psychoeducational Consultant



- உங்கள் பிள்ளைகளுடன் ஊடாடுவதற்கும்
   இணைந்துகொள்வதற்கும் உரிய உதவிக்குறிப்புகள்
- உங்கள் பிள்ளைகளின் நல்வாழ்வு மற்றும் உணர்ச்சிகளின் நிலை மாற்றங்களுக்கு ஆதரவளிப்பதற்கான வழிமுறைகள்
- கல்வி ரீதியாகவும் சமூக ரீதியாகவும் சிறப்பாகச் செயற்பட அவர்களுக்கு உதவுவது எப்படி என்பதைக் கற்றுக்கொள்ளல்
- YRDSB மற்றும் யோர்க் பிராந்தியச் சமூகத்தில் இதற்குரிய ஆதாரவளங்கள் கிடைக்கும்

ஜூன் 1,2023 பிப 6:00-7:30 வரை

இங்கேயுள்ள எங்கள் <u>Google</u> படிவத்தில் பதிவு செய்யவும்

பதிவு செய்வதற்கான காலக்கெடு: மே 26, 2023

பதிவுசெய்த பிறகு, இதில் சேர்வதற்கான இணைப்பு மின்னஞ்சல் மூலம் வழங்கப்படும்.

கேள்விகள் அல்லது வசதிகள் தொடர்பான கோரிக்கைகளுக்குத் தயவுசெய்து மின்னஞ்சல் செய்யவும்: <u>nijatha.subramaniam@yrdsb.ca</u>



#### June 1, 2023 6:00 -7:30 pm

Parents and caregivers are invited to join this workshop to learn about supporting their children's academic, emotional and social well-being. The session will provide practical tips to

create space for open conversations about mental health and well-being, ways to provide support and resources available through YRDSB and the York region community.

Register here on our <u>Google</u> Form. Link to join will be provided via email following registration.





## York Region District School Board Presents

## Supporting Our Children's Well-being

Looking to better support your child academically, emotionally, and socially?

\*To be delivered in Tamil and English

#### **Speakers**

Nijatha Subramaniam, MSW, RSW - Community Care Team — Social Worker for the Tamil Diaspora

Thanara Rajakulendran, M.Sc, M.Psy (Clin.)
- Psychoeducational Consultant

#### Join us virtually to chat about:

- · Tips to engage and connect with your children
- Ways to support your children's well-being and emotional ups and downs
- Learning how to help them do better academically and socially
- Resources available at YRDSB and the York Region community

June I, 2023 | 6:00 - 7:30 pm

Register here on our Google Form

Registration deadline: May 26, 2023

Link to join will be provided via email following registration

For questions or accommodation requests please email: <a href="mailto:nijatha.subramaniam@yrdsb.ca">nijatha.subramaniam@yrdsb.ca</a>





