



Michaëlle Jean P.S.

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Principal: Nadia Russiello

Superintendent: Michael Cohen

Vice Principal: Linda Taglieri

Trustee: Carol Chan

Administrators' Message

It is hard to believe that we are already looking forward to May ... where has the year gone?? May is always a busy month, with field trips and concerts, not to mention the expectations of the regular school days. Maintaining a regular routine as the days get longer (and warmer) remains important for students to be well rested for school. Be sure to keep homework and bedtime routines as regular as possible.

At the recent Parent Voice Matters Symposium, organized by the YRDSB, the keynote speaker spoke of the importance of feeling as though we matter. Both children and adults alike need to feel like they are needed, their contributions are valued and that they are an important part of our lives. We need our students to know that they matter to us at school – this means their academic success, but also their emotional well-being.

Take some time to speak to your children about their strengths and all of their positive traits. Often, we can see the good in others, but are much harder on ourselves. Children need to be reminded that they are good and kind, and have many positive qualities to share with others. Let's focus on the positive and help children to flourish.

Mme Russiello et Mme Taglieri

Volunteer Appreciation Tea Friday, May 4 – 9:00 - 10:00 am

Thank you to all of our volunteers for all that you do to make MJPS a great place for students. If you volunteered (i.e., library, trip, pizza, etc.) we hope to see you then.

Safe Arrival

If your child is going to be absent:

Call 1-855-203-2994 or go online yorkrdsb.schoolconnects.com before 8:00 a.m.

By reporting your child absent in advance using the *Safe Arrival* toll free number or website, you will NOT receive a call.

A confirmation number must be assigned once the absence is reported. Please do not hang up before the confirmation number is assigned.



- April 30 – May 4 – Pause to Play
- May 2 – Staff Appreciation Lunch
- May 3 – Jump Rope for Heart
- May 4 – Volunteer Appreciation Tea (9:00-10:00am)
- May 10 – School Concert @ 6:30 pm
- May 18 – Hero Day
- May 21 – Victoria Day – No School
- May 22 & 23 – Grade 2 Zoo Trip
- May 24 – Grade 1 Open House for new Gr. 1 students in September 2018
- May 24 – Dr. Douglas Campbell @ MJPS – page 3
- May 25 – Character Assembly @ 8:30 am

Please check the school website for more events.

EQAO

Grade 3 students will be completing the EQAO provincial **on Monday May 28 and Tuesday May 29**. Please arrive to school on time.

Pizza Fridays

If you ordered pizza through School Cash Online, please mark the following dates in your calendars:

May 4, 11, 18, 25 June 1, 8, 15, 22

Pita Mondays

If you ordered pitas through School Cash Online, please mark the following dates in your calendars:

May 14, 28 June 11, 25

Our Vision

At Michaëlle Jean P.S., we begin to lay the foundation to prepare our students to become lifelong learners as they learn to effectively communicate in French. We promote an environment of cooperation, and encourage problem solving, independence and risk-taking.

We demonstrate respect for each other through our thoughts, actions and words.

We are responsible for our learning and our behaviour and strive to be positive in our outlook and our interaction with others. It is through our individual and collective efforts that we achieve a vibrant learning community.

Character Award Recipients for April

Grade 1:

Mme Collin – Alex, Elina
Mme Karchevskaya – Ryan
Mme Lee – Michael, Brielle
Mme Manarin – Alyson, Kingsley
Mme Mnkjjan – Kena, Samuel
Mme Prabakaran – Tareq, Matteo
Mme Yum – Kaylee, Fiona

Grade 3 :

Mme Barr – Isabella, Sidney
Mme Bessette – Audrey, Chloe
Mme Darvish – Dalia, Beverly
Mme Griffiths – Mehran, Jonathan

Grade 2:

Mme Bourrie – Sepehr, Darya
Mme Brown – Gabriella, Aaron
Mme Gray – Noah, William
Mme Kim – Anna, Roneika
Mme Marjanovic – Arshan, Sabeeka
Mme Tadrissi – Chloe, Ryan
Mme Tajahmady – Renee, Emily
Mme Yau – Lucas, Zainab

Mme Messeroux – Ulas, Sanam
M. Mohamed – Sarah, Sophia
Mme Ryan – George, Evelyn
Mme Safar – David, Kian

La responsabilité

Everything YOU do
is based on the choices
YOU make.



YOU, and only YOU,
are RESPONSIBLE, for
every decision
and every choice
that YOU make.



Clip art by Laura Stokland

Le caractère compte ... Character Matters!

This month, we focus on responsibility, "L'Initiative". I will recognize what needs to be done and do it, without prompting from others.

At home: Adapted from : <http://theparentcue.org/4-ways-to-teach-your-kids-initiative/>

- 1. MODEL IT:** We probably don't go around announcing that we see the trash overflowing then tell everyone we're going to take it out to the trash bin, but kids often need help making connections between what they see and what they can do about it. When we talk about the ways we're taking initiative, our kids see it in action and can learn how to take initiative in their own life.
- 2. LET THEM DO IT:** It's often easier or faster to do the job ourselves, but why not give your kids a chance to put initiative into practice. If they come to you with a problem, help them think through how they could follow through and solve the problem. Then, let them do it. It might not be perfect, but at least they're learning what it means to see something and do something about it.
- 3. BE PREPARED:** Put everyday items in places where kids can reach them – charging cords, household cleaning items, etc. Encourage them to help around the house to get the job done faster. Sure they might need help sometimes, but they're empowered to begin the job on their own.
- 4. PRAISE THE EFFORT NOT THE RESULT:** Just because they're doing the job doesn't mean they're always going to get it perfect. If we get mad or frustrated at them for how they do the job, they may not want to risk taking initiative another time. Celebrate them for taking a moment to try and do something they saw needed to be done. When it comes to initiative, starting and finishing the job is what matters; their skills to accomplish the job with excellence will develop over as they continue to practice.

Eco Corner



7 Practical perks of gardening with kids

- It encourages them to eat healthier. It makes some intuitive sense.
- It provides engaging, moderate exercise.
- It builds a sense confidence.
- It develops STEM & analytical abilities.
- It relieves stress.
- It improves focus & memory.
- It positively impacts mood & psychological wellbeing.



From: "Gardening for Kids: 7 Reasons Planting Seeds Enriches Their Lives"
By [Brianna Flavin](#)

Frozen Yogurt

When? -- Every Wednesday
in May & June

Please order through School
cash online for the month of
June. (May session has closed)



The Michaëlle Jean PS School Council presents...

Supporting Our Children Through Bullying

Presenter: Dr. Douglas Campbell

Psychologist specializing in supporting children through bullying situations

Enter a draw for a chance to win a children's book

Thursday, May 24, 2018

Michaëlle Jean P.S.

6:30 pm - 7:30 pm

One- hour presentation for parents to learn valuable strategies to increase resiliency and fortify their children as they face challenges in life.

Question and Answer period to follow.

Refreshments will be provided

Please note that limited babysitting for school-aged children will be available to those that respond by Thursday, May 17, 2018. Please let us know the number and ages of the children when you RSVP.

Please R.S.V.P. by May 17, 2018 at

<https://goo.gl/forms/pYw2NyrkuOiyBo1F2>



Beverley Acres Fun Fair

Beverley Acres Public School would like to invite you to our Community Event and Funfair for an evening of food, fun and entertainment on **Thursday May 3rd from 5.00 pm - 7.00 pm.**

There will be businesses from the community showcasing their products and services including a car display. M & M food market will be preparing hot burgers and our school band and choir will be entertaining us together with the D.J.

We look forward to seeing you at the event!



2018-19 CLASS PLACEMENTS

In the upcoming months, our teaching staff will begin organizing classes for September 2018. A great deal of time, consideration and staff collaboration goes into placing students in balanced and positive learning environments. Classes at each grade level are formed using a variety of important criteria such as:

- Class size consistent with Board and Ministry guidelines;
- Gender balance in each class;
- A range of performance levels within each class, taking into account the skills, knowledge, attitudes and work habits of individual students;
- Promoting positive social relationships while minimizing unproductive associations.

Please note that combined grade classes may be part of our organization for the upcoming school year.

The staff at Michaëlle Jean has a very strong understanding of our students and is extremely caring and professional about the class placement process. As parents and guardians, if you do feel there are considerations about your child's learning style or peer associations that are important to be taken into consideration, **please send your information to the Principal, Nadia Russiello by May 18th**. Please note that requests for specific teachers will not be accepted. If you do include the name of a specific teacher, your request will be returned to you. As always, we appreciate your understanding as we work together for the benefit of all our students.



Packing healthy lunches and snacks

Healthy lunches and snacks give kids the energy and nutrients they need to learn and play. As well, studies find that kids who eat better, learn better. Because they eat at least one meal and two snacks at school every day, it is important to ensure that these meals are nutritious. Read on for tips, ideas and recipes to help make lunches and snacks your kids will enjoy eating.

Get the supplies you need and make it fun!

A little bit of planning can go a long way for busy families. Here are some ideas to help you plan.

- Use a fun, insulated lunch bag or box.
- Be litterless. Use reusable containers for packing food (avoid foil, plastic wrap and baggies). Look for leak proof containers that have a snap top and are easy to open.
- Pre-portion foods like whole grain crackers or cereal in containers ahead of time to make them grab and go.
- Have a bin or shelf that is just for lunch items.
- Use reusable drink containers such as a thermos or reusable water bottle.
- Use stainless steel spoons and forks.
- Keep hot foods hot. Use a wide-mouth thermos for hot foods. Keep food hot until lunch by pre-heating the thermos. Pour hot water in it and let it stand for a minute or two. After you pour out the hot water, immediately put in the hot food and seal the lid.
- Keep cold foods cold. Pack cold lunches with ice packs.

Get the kids involved!

Getting kids to help pack their own lunch is not only helpful, but it's also a good way for them to start learning how to cook. They will be more excited about their lunch if they make it. Get kids involved by having them:

- Talk about their lunch likes and dislikes. This is a good opportunity to discuss healthy choices.
- Help make the grocery list and come to the grocery store with you.
- Choose a new vegetable or fruit to include in their lunch.
- Wash vegetables and fruit.
- Peel fruit ahead of time to help save time during lunch and snack.
- Portion out vegetables, fruit or whole grain cereal into snack-sized containers.
- Make their own sandwich.
- Help bake some healthy muffins to freeze.
- Fill their own water bottle each morning.
- Pack everything into their lunch bag.

Plan it out and make it complete!

Use Canada's Food Guide (canadasfoodguide.net) to help choose foods. Choose foods from three or four food groups for lunches and one or two food groups for snacks. Aim to include at least one vegetable or fruit with each meal and snack.



Health Connections

For more information, visit york.ca

Just a reminder ...

Please ensure an extra set of plastic utensils (fork and spoon only) are packed with your child's lunch. We are quickly running out of plastic forks & spoons in the office. If you have spare packages you would like to donate, we would be very grateful.



School Cash Online

All YRDSB schools are now using School Cash Online as an online payment system. School Cash Online is an easy, safe and convenient way for families to pay online for extracurricular items or events, including yearbooks and field trips. It helps to reduce paper and the amount of cash/cheques handled by parents and students.

Families may make payments using School Cash Online, or by cash or cheque.

You can [register for School Cash Online](#) at any time. There is also a button on our school website. Once you are registered, you will be notified of any new items available for your child.

ARE YOU MOVING??

If you will be moving by September 2018, please let us know as soon as possible. We are currently projecting our student enrolment for September 2018. These numbers help us hire sufficient staff and support personnel. It is important that we know as soon as possible if your child will not be attending Michaëlle Jean in September. This does not apply to our Grade 3 students, unless they will not be attending Beverly Acres P.S. Thanks for your assistance in preparing for the next school year. Please call our office with any information: 905-770-6507.



Celebrating Our Diversity

May's Holidays and Observances

Baha'i Faith	Buddhism
<p>May 24 – Declaration of the Bab. On this day in 1844 C.E., a man known as the Bab, a title which means “the Gate”, announced his mission as a manifestation of God whose purpose was to prepare the world for the coming of the promised manifestation of all religions, Baha'u'llah. The Baha'i calendar is dated from this day. Work and academic studies are suspended on this day.</p> <p>May 29 – Ascension of Baha'u'llah. This date marks the passing in 1892 C.E. of Baha'u'llah, the prophet-founder of the Baha'i Faith, near Haifa, in the Holy Lands. Work and academic studies are suspended on this day.</p>	<p>May 29 – Wesak is celebrated on the full moon. It is considered the most auspicious day of the year, celebrating Buddha's Birth, Enlightenment, and Final Demise. In Canada, many Buddhist groups join together to celebrate the three festivals of Buddha's life as one event. They do this on the day of the fourth full moon after the lunar new year, or the Sunday closest to that day. This is usually a round mid-May.</p>
Christianity	Islam
<p>May 10 – Ascension Day (Western) marks Jesus' ascension into heaven and is observed through prayers and music. It occurs forty days after Easter.</p> <p>May 20 – Pentecost (Western) celebrates the renewal of faith that Jesus' followers felt after his death. It commemorates the coming of the Holy Spirit upon the disciples of Jesus. It comes fifty days after Easter.</p>	<p>May 1 – Nisfu-Shaban is known as the Night of Forgiveness or repentance. Many Muslims spend the preceding night in prayer seeking God's guidance.</p> <p>May 16 – Ramadhan is the ninth month of the Islamic calendar. All Muslims who are physically able, fast during this month abstaining from food and drink each day from dawn to sunset. The beginning of Ramadhan depends on the sighting of the moon on the previous evening.</p>
Judaism	Wicca
<p>May 20-21 – Shavuot celebrates the Israelites receiving the Torah.</p>	<p>May 1 – Beltane meaning “May”, the greening of the Earth, blossom time, when Goddess and God are reunited. Beltane has long been celebrated with feasts and rituals.</p>