

Principal: Catarina Burisch

Superintendent: Rashmi Swarup (905)940-7800 Trustee: Juanita Nathan (416)885-3479

www.millikenmills.ps.yrdsb.edu.on.ca

Character Trait of the Month

December—Empathy

We strive to sense and appreciate the emotions of others. We demonstrate appreciation of and concern for their feelings. We try to understand issues from their perspectives even though we may not agree with them personally.

“Only your compassion and your loving kindness are invincible, and without limit.”- Thich Nhat Hanh

A Message from the Principal

At this time of year we celebrate the beauty and goodness of the human potential through various Festivals of Light.

Our recent Primary concert showcased this message beautifully this past week with the children’s sparkling eyes, smiles and joyful voices. We celebrate this daily as our students engage in powerful learning and achieve many milestones in their classrooms. The various classroom displays illustrate various areas of the curriculum including beautiful art work. The grade 8 students have visited high schools and are excited at considering what lies ahead. Our Safe School week highlighted many possibilities through the “Caught You Caring” campaign.

As the days grow shorter and darkness seems to dominate, we create a sense of light as a community knowing that through a lens of mutual understanding we will build on our past challenges to build an even better New Year. We would like to take this opportunity to wish all of our students and their families a joyous and restful holiday! We wish you all happiness, health and peace in the New Year! See you back at school on January 6th!

Message from our Trustee

As 2013 draws to a close, I hope everyone has had a wonderful school year so far. As a trustee, I am always very proud to hear about the great things happening in our schools, thanks to the hard work of our students, staff, parents and community members.

With the school year well underway I hope you have had an opportunity to get involved with the school community. There are many different ways to get involved. Our great schools become even better when everyone in the school community - parents, students, staff and community partners - feels welcome and engaged in the school.

We will begin 2014 with a renewed Mission, Vision and Values statement. They are being updated to better reflect the school communities we serve, and the changes we have seen in education over the past decade. Thank you to everyone who took the time to share their views.

If you have any questions or concerns, please feel free to contact me by email at Juanita.nathan@yrdsb.edu.on.ca or by phone at 416-885-3479. If you would like to be kept informed about various initiatives or topics that relates to your child’s education and well being, please send me your email address and I would be happy to keep in touch with you on a regular basis.

As we enter the winter months, on behalf of the trustees and staff of the York Region District School Board, I would like to wish you and your families a safe and happy holiday season, and a wonderful start to the New Year.

Juanita Nathan

416 885 3479

Juanita.Nathan@yrdsb.edu.on.ca

Trustee | York Region District School Board - Area 4

City of Markham - Ward 7 & 8

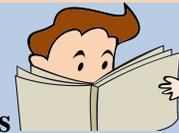


Kindergarten Registration

Kindergarten registration will commence on January 17, 2014 for the 2014-15 school year. Registration forms are available on YRDSB's website. Children who turn four or five during 2014, live within the school boundary and whose parents are public school tax supporters will be eligible to register for kindergarten. A kindergarten information session for parents is being planned for this spring.

French Immersion Registration

To streamline the registration process, we are introducing some changes. There is no longer a need for the extra step of pre-registering. There will be FI spaces for all students. Instead of completing another set of registration forms, families will be asked to bring an Office Index Card - Short version, which they can request from their home school. The Office Index Card must be signed by the principal of the home school. This form, along with a piece of identification showing their address, will be used at the FI school to register. New students to our Board need to complete a full registration form and provide proof of residency. More information will be shared on January 16, 2014.



Secondary Schools-Grade 8 Information Nights (for September 2014 Enrolment)

Bur Oak SS:	January 16, 2014	7:00 pm
Markham DHS:	January 9, 2014	7:00 pm
Markville SS:	January 15, 2014	7:00 pm
Middlefield CI:	January 16, 2014	7:00 pm
Milliken Mills HS:	January 8, 2014	6:30 pm
Pierre E. Trudeau HS:	January 13, 2014	7:00 pm
Richmond Green SS:	December 10, 2013	7:00 pm
Richmond Hill HS:	January 9, 2014	7:00 pm
Stouffville DSS:	January 15, 2014	7:00 pm
Unionville HS:	January 15, 2014	7:00 pm

Important Dates

November 27th: New Website Launch

December 20th: PA Day (No Class)

December 23rd to January 3rd: Winter Break (No Class)

January 8th: Milliken Mills H.S. Grade 8 Information Night

January 13th: Piere Elliot Trudeau H.S. Grade 8 Information Night

February 18th: Report Card Day

June 23rd: Grade 8 Graduation

June 26th: Final Report Card Day

June 26th: Early Release Day (students will attend school in the morning only)

Food Bites: A Guide to Fats

We know fats are essential to our health and well-being, and not all fats are created equal.

Benefits of fat: Some fat in our diets is vital. Fats give us energy and help us vitamins A, D, E and K. They are important for growth development and cell functions. They assist in the functioning of our brains and nerves and maintain skin and tissues.

Types of fat: Fats are made up of fatty acid molecules containing carbon, oxygen and hydrogen. The more hydrogen than carbon a fat has, the more saturated it is.

Unsaturated fats: are liquid at room temperature and considered the "good fats".

- Monounsaturated fats come from seeds, nuts and canola oils.
- Polyunsaturated fats come from vegetables, seeds or nuts and sesame oils.

Saturated fats: are mainly animal fats and are solid at room temperature. Once thought to be the "bad fat", there is now evidence that eating the right ones can actually make you healthy.

Trans fats: are produced when liquid oil is made into a solid fat through a process called hydrogenation. Trans fats should be avoided altogether as they are known to cause major health problems.

Did you know? Kid's Kitchen serves hot lunches at school. For more information visit www.kidskitchen.ca or call 905-944-0210.



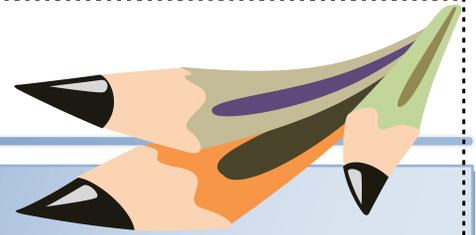
Thank You in Advance for your Cooperation

- Please do not drop students off prior to 8:05 to ensure your child's safety.
- All visitors must report to the office and sign in.
- Between 8:00am to 8:15am and 2:40pm to 3:00pm only school buses are permitted in the bus loop. This is for the safety of students.
- Tell students when they will be picked up instead of taking the bus before school to avoid disrupting class.
- At the end of the day, families are asked to meet students outside.
- Students driven to school when buses are cancelled must be picked up a 2:40pm. Buses cancelled in the morning will not run at the end of the day.



As the holiday season approaches and 2013 draws to a close, we extend best wishes for the holiday season and a happy 2014. We are confident the break will prove to be a restful and pleasurable. Here are a few ideas to keep busy.

1. Make a craft or do some artwork.
2. Read a book or two. There's nothing like escaping into another world or learning something new.
3. Do some baking! Make a special treat.
4. Get outside and play! Build a fort, make a snowman, skate or just go for a walk.
5. Play a board game! It's a great way to stay warm and pass the time.



WeCare Café for K-3 Parents and Caregivers 愛心茶室K-3的家长 and 照顾者

January 一月

Children's social and emotional adjustment plays an important part in the academic success in school. How can we help children develop social and emotional competence and manage emotional difficulties so that they are more ready to learn in school?

孩子的社交和情绪调节能力是在学校的学业成功重要部分我们怎样才能帮助孩子的社交和情绪发展和管理情绪困扰的能力，使他们更能准备在学校学习？

Purpose: To improve student achievement by building school-family partnership

目的:通过建立学校与家庭的合作伙伴关系提高学生的成绩

Milliken Mills Public School on Wednesday 8:20am - 9:30am in room 103

時間: 星期三上午8:20 - 上午9:30 地點: 103室

Highgate Public School on Thursday 1:45pm - 2:45pm in the Library

時間: 星期四下午1:45 - 下午2:45 地點: 图书馆

Language: English / Chinese

語言: 英文/中文

Upcoming Topics/Dates:

Week One: No Meeting

第一周: 会议取消

Week Two: Social and Emotional Development Part 1

第二周: 社交和情绪发展一

Week Three: Social and Emotional Development Part 2

第三周: 社交和情绪发展二

Week Four: Social and Emotional Development Part 3

第四周: 社交和情绪发展三

Remember to bring a parent!

請記住，帶一個父母來！

