



The Mount Joy Messenger

Principal—Leeanne Hughes-Fernandes

Vice Principal—Lily Leung

Superintendent—Paul Valle

Trustee—Allan Tam



November at a glance

November 1 & 2 — Intermediate Volleyball Area Tournaments

November 5 — Spirit Assembly

November 6 — Diwali

November 8 — Photo Retake Day; Grade 3s @ Pioneer Village

November 9 — Remembrance Day Assembly @ 10:30 am

November 11 — Remembrance Day

November 12—30 — Every Student Counts Surveys

November 19—30—Book Fair

November 19 — Bur Oak Information Evening (Gr. 8 Families)

November 20 — Report Cards Go Home

November 22 — Parent Teacher Interviews (PM)

November 23 — PA Day; Parent Teacher Interviews (AM)

Pizza Lunch Dates: Sept. 26, Oct. 3, 10, 17, 24, 31 and Nov. 7, 14, 21 & 28

Pasta Lunch Dates: Oct. 29, Nov. 5, 12, 19, 26, Dec. 3, 10 & 17

Sushi Lunch Dates: Oct. 30th, Nov. 6th, 13th, 20th, 27th, Dec 4th, 11th, 18th)

Subway Lunch Dates: Nov. 1st, 8th,

From the Principal's Desk

November has arrived and we have much to look forward to as we move into our third month of school. Although the teachers and students focus most of their time on academics, we also recognize the importance of our learning skills as well as the physical and social/emotional well being of our students. Our commitment to healthy living and nourishing the body and mind are equally important. Our teachers' commitment to Daily Physical Activity, the various extra curricular activities that your children have participated in such as Cross Country and Volleyball, Eco and Healthy Schools Teams, Library Helpers and Ozobot Coding at lunchtime as well as events such as our Dance-a-thon, Terry Fox Run and Take Me Outside Day, are just a few of the important components of school which enrich the lives of our students. Research evidence shows that education and health are closely linked. Promoting the health and well-being of students within schools has the potential to improve their educational outcomes.

Equally important to building academic success in school are the learning skills and work habits that teachers address daily in a purposeful way. Teachers, students and parents/guardians need to work together to set goals to develop all of the learning skills, work habits and healthy living goals in order to set the foundation for academic success. We look forward in the months ahead as we continue to work in partnership to achieve these goals!

We look forward to seeing families at Mount Joy for Parent—Teacher Interviews / Student Led Conferences on November 22 and/or November 23, 2018.

STUDENT ALLERGIES

Due to the severe allergy to peanuts / nuts and shellfish of several of our students, we are asking that NO peanuts / nut products or shellfish be brought into the school for snacks of lunches.

Please don't send fast food from McDonald's, Tim Horton's as these restaurants are not peanut free. If you would like a list of nut free snack and lunch ideas please visit:

<http://snacksafely.com/>



Please **DO NOT** send any food items to school to celebrate your child's birthday or other holidays. Mount Joy is a Healthy School and we do have students who are allergic to certain food items. Thank you for your under-



NEW! Pathways Planning and Course Selection Platform: Grades 7 - 12

The York Region District School Board will be providing your child with an engaging and new interactive online education and career/life planning platform starting in November 2018. Career Cruising will not be available to students after November 15, 2018. *Students will be notified via their GAPPS account email of the steps required to save information, that has been stored in their Individual Pathway Plan (IPP,) from Career Cruising into their GAPPS account.*

This new platform will include a number of beneficial resources to support your child as they progress through high school, including:

- **Who Am I** – 6 unique assessments for self-exploration and discovery (including Learning Styles, Myers-Briggs Personality, Holland Interests, Knowledge, Motivations, and Compatibility)
- **High School** – A tool to visually plan courses, track progress toward graduation, and instantly identify post-secondary eligibility for opportunities in all pathways
- **Post-Secondary** – A database to explore post-secondary opportunities and compare detailed information on apprenticeships, college programs, university programs and workplace sectors across Canada
- **Goals** – An interactive goal setting tool to set S.M.A.R.T. goals and action plans
- **Occupations** – A database of over 500 occupations to compare comprehensive information on jobs
- **Resumes & Cover Letters** – Interactive tools to record personal experiences, build resumes and write cover letters
- **Money** – An engaging budget-making tool to help students track income and expenses and develop financial literacy
- **Job Search** – A tool to explore real-world job postings that relate to occupations of interest
- **Portfolios** – A portfolio builder to create multiple portfolios and share it with parents, teachers, or future employers

Schools will be receiving more information regarding the transition to this new platform in the coming weeks and will continue to provide students and parents/guardians with updates.

What Families Need to Know about Cannabis

As of October 17, 2018, it will be legal for individuals **19 and older** to buy, use, possess and grow recreational cannabis. It remains illegal for anyone under the age of 19. This is the same as the minimum age for the sale of tobacco and alcohol in Ontario.

Regardless of age, cannabis is not allowed on school property or at school-related events at any time.

It is illegal for **anyone** regardless of age to smoke or vape any substance, including cannabis:

- at school, on school grounds, and all public areas within 20m of these grounds
- on children's playgrounds and public areas within 20m of playgrounds
- in child care centres, or where an early years program is provided
- in places where home child care is provided – even if children aren't present

There will be consequences for students if they are believed to be in possession or under the influence of alcohol, illegal drugs or cannabis. Suspension will be considered. There are exceptions if the medicinal use of cannabis is outlined in the student's Health Care Plan.

If a student gives alcohol or cannabis to anyone under the age of 19, the school will contact police, suspend the student and consider expulsion.

In YRDSB, we want families and students to be informed about the facts of cannabis legalization. To support this learning, you may find the following resources helpful . You can also request a hard copy through the school office.

[Cannabis: What Parents/Guardians and Caregivers Need to Know](#)

[Cannabis Talk Kit: Know How to Talk With Your Teen](#)

We will continue to provide students with information and support to make positive and



Check out Mount Joy's 2018 Feed: <https://twitter.com/MJPSMarkham>



Our Website!

Please bookmark this website so you can check to see what is happening at Mount Joy PS.

<http://mountjoy.ps.yrdsb.ca/>

Our website aims to be more environmentally friendly by reducing the amount of communication sent home on paper.

The Scholastic Book Fair is back! November 19 - 23, the Scholastic Book Fair will be in the library for the school to enjoy. It will be open for students from Monday - Thursday during morning recess (9:55-10:25 am), in addition it will also be open Thursday after school and in the evening, as well as Friday morning during the Parent/Teacher Student-Led Conferences/Interviews. Part of the proceeds go directly back to the school library! We can't wait for everyone to enjoy!



The **Healthy School Team** is looking for donations for our school's snack program. If you are able to donate the following unopened, nut-free cereals listed below to our snack program it would be much appreciated.

- Multi-Grain Cheerios
- Cheerios (nut-free)
- Shreddies
- Rice Chex



In addition, monetary donations to Mount Joy Public School are accepted on School Cash On Line. A tax receipt will be provided for donations over \$20.



In November 2018, York Region District School Board will invite all students to participate in the **Every Student Counts Survey (ESCS)**. The purpose of this census survey is to better understand YRDSB's diverse student population as well as students' experiences in school and outside of school. Families with a child in Kindergarten to Grade 6 will be invited to complete the survey online with their child at home. Students in Grades 7-12 will be invited to complete the survey online during class time. If you are a parent/guardian of child(ren) in Grades 7-12 and do **not** want them to participate in the survey, please contact CCI Research at 1-866-450-4907 **no later than October 9, 2018**.

The surveys are voluntary and confidential. Information about the surveys and the process is available at www.yrdsb.ca/escs. This important initiative will help us work together to create equitable and inclusive

OSBRC (Ontario Schools Battery Recycling Challenge)

Mount Joy P.S. is collecting batteries to recycle! This challenge aims to teach students and their families about the proper ways to handle, store and recycle batteries at home and at school. It encourages students to divert garbage from the landfill and learn other ways to reduce, reuse and recycle. An added bonus is that students have the chance to win prizes! This challenge will take place from now until April 19, 2019, so hold onto those used batteries! Look out for more information to be sent



Do you have markers, pens and highlighters that have run out of ink? Do you have mechanical pencils that no longer work? Hold onto them! You no longer need to throw them in the garbage. We at Mount Joy P.S., are collecting them to recycle. Teracycle in partnership with Staples Canada are running this recycling program to allow us to divert these used writing instruments from going in landfills and give them a second life.

Accepted waste:

Any brand of pens and pen caps

Mechanical pencils

Markers and marker caps

Highlighters and highlighter caps





Bag2School

Mount Joy wants your unwanted textiles again to send to Bag2School! This program encourages our community to think about **reducing, reusing and recycling textiles**. It brings awareness to the amount of textiles produced, purchased, worn and eventually thrown into the landfill. It allows us to make a positive environmental impact by **donating our unwanted used clothing**. The textiles will be taken to sell as used clothing in Canada and abroad or taken to recycling facilities where they will be recycled into new products. There is an added bonus. The textiles will be weighed and exchanged for money that we will put towards environmental activities/products.

Some of the **benefits of reusing textiles**:

- The vast majority (89%) of discarded textiles still have 75% wear left

Extending the average life of clothes by just three months of active use would lead to a 5-10% reduction in each of the carbon, water and waste footprints

Some of the **benefits of recycling textiles**:

Reduces the amount of pesticides used in growing cotton or to make fabrics from petroleum sources and the water needed to dye fabrics

Cuts down on the pollutants, greenhouse gases and volatile organic compounds released into the water and air from manufacturing processes.

(source: bag2school.ca)

Accepted Items are:

- **any clean clothing** in reasonable condition
- all kinds of footwear (tied together, please)
- mittens
- backpacks
- outerwear
- scarves
- purses
- soft bags
- hats
- belts
- hand bags
- linens – clean towels and clean linens

Not Accepted:

Duvets
Pillows
Curtains
Heavily soiled clothing
Wet clothing

Collection dates: **Wednesday, November 21st - Friday, November 23rd** in the office conference room

Thank you for taking care of our planet and supporting our green team.

We would like to update you on our new specials for next month.

NOVEMBER LUNCH SPECIALS

Available for November 2018 on the days we service your school.



Our **Monthly Specials** are:

*** *Homemade meat lasagna nest with a mini olive bun***

*** *Homemade vegetarian lasagna nest (minced soy) with a mini olive bun***

Available as an entrée only or as a combo with a drink.

These items are available as a combo or entrée only. Visit us on-line to see our full menu. Our November specials are available for November 1st - 30th only. Place your orders today!

For everyday inquiries about the Kid's Kitchen program at your school, please feel free to contact our Customer Service Team at 905-944-0210 or information@kidskitchen.ca.

City of Markham

Please be aware of these common school zone violations. It is crucial for parents dropping and picking up students to follow and abide by these signs to ensure safety for all. In addition, if you child rides their bike/



Drivers must observe signage and watch for reduced speed limits. Fines may be doubled.



Supervised Crossing. Cross the street here. Obey the crossing guard.



No Parking allowed at the specified times.



School Zone - observe speed limit.



No Parking in Fire Routes. These need to be clear for emergency vehicles. Fines are \$200.




No Stopping sign means no stopping at all the times specified; except to obey police or danger on the road.



Prepare to stop for a school bus at any time. Fines range from \$400 to \$2,000 with six demerit points for a first offence.

November 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1 (Day 5) Subway Lunch	2 (Day 1)	3
4	5 (Day 2) Pasta Lunch Spirit Assembly	6 (Day 3) Sushi Lunch	7 (Day 4) Pizza Lunch	8 (Day 5) Subway Lunch Photo Retake Day Gr 3 Trip	9 (Day 1) Remembrance Day Assembly 	10
11	12 (Day 2) Pasta Lunch	13 (Day 3) Sushi Lunch School Council Meeting 6:30pm	14 (Day 4) Pizza Lunch	15 (Day 5) Subway Lunch	16 (Day 1)	17
18	19 (Day 2) Pasta Lunch Book Fair	20 (Day 3) Sushi Lunch Progress Reports Go Home Book Fair	21 (Day 4) Pizza Lunch Book Fair	22 (Day 5) Subway Lunch Parent Teacher Interviews (PM) Book Fair	23 (Day 0) PA Day Parent Teacher Interviews (AM) Book Fair	24
25	26 (Day 1) Pasta Lunch	27 (Day 2) Sushi Lunch	28 (Day 3) Pizza Lunch	29 (Day 4) Subway Lunch	30 (Day 5) Spirit Assembly	