

How to Get the MOST from Extra Help in Math

Have your questions ready. When you come for extra help, don't say, "I have no idea about what's going on" or "I don't understand anything." Rather, work through your class notes - examples, problems, proofs - carefully and completely, and then be prepared to say, "I understand everything up to this point. How did we get from this line to the next line?"

In other words, do your part! Spend quality time with the material.

Struggle more than a brief moment. Don't give up after one attempt. Make a sincere effort to sort out your problems. That way, when you say, "I am stuck right here", you will be so up on your problem that your teacher's words of wisdom (?) won't seem like a foreign language. You need to struggle enough so that your teacher's explanation can work.