

MOBYSS

Youth Walk-In Clinic

MOBYSS offers a safe space to talk to a medical or mental health professional in a warm, welcoming, friendly environment. MOBYSS is run just like a regular walk-in clinic, but we also provide counselling services. Our services are 100% free and confidential with staff who are caring and non-judgemental.

STUDENTS:

Are you stressed out? Have problems with school work, home life, time management, relationships, social life or just need to vent? Are you feeling unwell, have an injury, need STI screening or worried about pregnancy? You can come see our team on MOBYSS for any of these, plus so much more. You can talk to one of our counsellors about anything that may be bothering you, or come see our nurse practitioner for anything you might go see your family doctor for..... and it's all free and confidential, which means we will not talk to your parents, friends, or teachers about anything you come to see us for!

PARENTS/GUARDIANS:

Do you recognize that your teenager's mood has changed, do they seem bothered by something and won't open up to you? Do they need medical attention and you don't have time to see your family doctor? No need to worry, encourage them to come to MOBYSS!

STAFF ON MOBYSS

(Medical) Nurse Practitioner: You could meet with a NP about anything you would meet with your family doctor about.

(Counselling) Youth Mental Health Worker: Stressed? Or have a mental health concern speak to our YMHW to work on coping skills and different treatments that can work for you.

(Counselling) Peer Support: Chat with our Peer Support worker and who can provide lived experience, hope and motivation when it comes to recovery.



(289) 879-2376



www.mobyss.ca



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