



School-Specific Procedures

Boomerang Lunch Program

HOW IT WORKS: All waste from your child's snacks/lunches will be returned home in their lunch bags. This includes all packaging, uneaten food and leftovers.

WHY WE NEED THIS PROGRAM: Most lunch trash comes from disposable packaging of single use food items, plastic bags and foil. It's estimated that the average school age child using a disposable lunch produces 67 pounds of lunch waste per school year! Using re-usable containers, thermos bottles and bringing the right amount of food will let children know they can be part of the solution to our waste problems.

BENEFITS: A Boomerang lunch provides you with information about the eating habits and preferences of your child. By carrying home the leftovers you can see what's been eaten or not. Teachers see a huge amount of uneaten food go into the garbage day after day. This is not only wasteful but expensive. We know this is asking families to re-think food preparations and student actions but our hope is that informative discussions will take place and habits will change. Packing a waste free lunch not only helps the environment it can also result in healthier more nutritious snack/lunches. Did you know that many pre-packaged foods contain significant amounts of salt, preservatives, sugar and fat!

Waste Free Snack/ Lunch Tips

1. Use reusable lunch carriers. Please avoid plastic or paper bags.
2. Use reusable containers. Please avoid plastic wrap, foil, wax paper, Styrofoam.
3. Use reusable drinks bottles or thermos. Please avoid single-use juice boxes, pouches, cans and plastic water bottles.
4. Use a cloth napkin and wash and re-use. Please avoid paper napkins.
5. Use silverware and wash and re-use. Please avoid plastic forks/knives.
6. Buy fresh fruits and vegetables and cut them up so you can send the right amount. Cutting and peeling fruit and vegetables makes it quicker and easier for your child to eat in their short eating time.
7. Get your children to help pack their snacks/lunches with healthy foods.
8. Only pack as much food as your child will eat.