

Volume 3.1 Feb. 13th 2017



Term 1 Report Cards

Term 1 report cards will be sent home on Friday, February 17th. Please take the time to discuss with your child their report card and complete the parent section on page 4 / return to your child's homeroom teacher. As always, please contact your child's teachers if there are any questions or concerns.

Safe Schools Reminder

We are asked to remind parents to ensure that their child does not bring any replica weapons, knives, air guns, or replica guns to school at any time. The Safe Schools policy is very clear to ensure safety for all. If you have any questions please do not hesitate to ask.

Concussions - not just a bump on the head!

A concussion is a brain injury that cannot be seen on routine x-rays, CT scans or MRIs. It is caused by any blow to the head, face, neck or any sudden jarring of the head (i.e. a fall to the head, playground fall or being checked into the boards in hockey). (Children do not need to be knocked out (lose consciousness) to have had a concussion.

Children that may have a concussion should:

- Stop playing the sport or activity right away
- Not be left alone
- Be seen by a doctor as soon as possible

Anyone with a concussion should not go back to play that day, even if they say they are feeling better. Problems caused by a head injury can get worse later that day or night. The signs and symptoms of a concussion often last for seven to 10 days but may last much longer. In some cases, children may take many weeks or months to heal!

For more concussion information visit www.thinkfirst.ca

For health-related information call York Region Health Connection at 1-800-361-5653, TTY 1-866-252-9933 or visit www.york.ca/healthyschools



Inquiry based measurement. How many cups long is this scarf?



Winter Electives fun!



Grade 8 Grad photos were taken this past week.

Grade 3 and Grade 6 EQAO

Testing Dates fy!

Our EQAO grade 3 and 6 testing is tentatively scheduled to be held from May 23-June 1st. Please avoid scheduling any medical appointments/ vacation time during that time if possible. Information is available at www.eqao.com. We encourage our grade 3 and 6 parents to explore this website. EQAO resources will also be shared with the students in preparation for the assessments.

HANDWASHING

A Newsletter for Parents

Dear Parents and caregivers,

Handwashing plays a key role in reducing the risk of illness in your family. Germs are everywhere, in the air and on things we touch. It is important for people of all ages to know when and how to properly wash their hands to avoid getting sick.

Proper handwashing is the single most effective way to reduce the spread of germs and prevent infection.

WHEN TO WASH HANDS

Before

- eating, drinking or touching food
- cooking or serving food

After

- blowing your nose, coughing or sneezing
- playing outside or with animals
- visiting someone who is sick
- going to the washroom
- handling garbage

If hands look or feel dirty

HOW TO WASH HANDS

The six steps to proper handwashing are:

1. Wet hands with warm water
2. Apply liquid soap
3. Lather hands for 20 seconds
4. Rinse hands back and front
5. Dry hands with a paper towel
6. Turn water taps off with paper towel

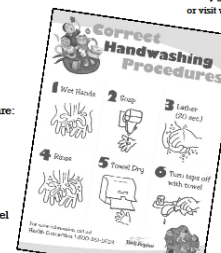
Helping your child reach the 20 second target for lathering

Lathering for at least 20 seconds with soap and water lifts dirt, oils and germs from hands so they can be rinsed away. To help your child judge the length of 20 seconds have them sing a song, like Happy Birthday or the ABCs, while lathering their hands.

How you can support proper handwashing at home

- The handwashing message needs to be reinforced several times a day
- Establish routines at home that involve handwashing
- Post the *Correct Handwashing Procedures* poster next to sinks as a reminder
- Be a handwashing role model and children will follow your lead

For more information about handwashing, call Health Connection at 1-800-361-5653 or visit www.york.ca



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The Park Avenue Post



This week at Park Ave

Mon. Feb. 13 Day 4	Hep B immunizations for Grade 7 students am in library Boys and Girls Club after school Date Night fundraiser evening
Tues. Feb. 14 Day 5	Int. Girls' Basketball Area tournament Boys and Girls Club after School
Wed. Feb. 15 Day 1	Int. Boys' Basketball Area tournament Subway Lunch
Thurs. Feb. 16 Day 2	Boys and Girls Club after School
Fri. Feb. 17 Day 3	Pizza Day Frans Curling am Term 1 Report Cards sent home

A Walk in the Park

Photos of the Week that was...



Our Kindergarten students LOVED their drumming workshop!



Mrs. Walsh captives her student audience with a read aloud.

Community Corner

Boomerang Lunches

There is nothing better than doing something for the well-being of our planet each and every day! At Park Avenue we encourage students and staff to be more environmentally aware. As part of an eco friendly school, students and their guardians are encouraged to bring "Boomerang" lunches to school.

Boomerang lunches are lunches with little or no waste.

That means juice is packed in reusable containers, sandwiches and other foods are brought to school in reusable containers and everything has to be packed neatly in a lunch bag. Any waste produced from the lunch must be taken home in the lunch bag and disposed of there at home.

Help Park Avenue be an Eco Friendly school.

Thank you to our students and staff who regularly use our refillable water bottle station! Way to go Panthers!



Park Avenue Public School

Trustee: Lorealea Carruthers- 905-953-0562

Superintendent of Schools: Shawn Bredin- 905-895-5155

Principal: Bruce Baynham

Elementary Office Administrator: Kim Eikeland

Secretary: Hilary Purdham

School Council Chair: Melanie Marcus

Need bus information? Visit

www.schoolbuscity.com

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