

# PARKVIEW PULSE

[parkview.ps.yrdsb.ca](http://parkview.ps.yrdsb.ca)

January /February 2019

## A Message from Administrative Team



### SCHOOL CONTACT INFORMATION

#### PRINCIPAL

Shelley Anand

#### VICE-PRINCIPAL

Dalia Osman

#### SUPERINTENDENT

Peter Tse

#### TRUSTEE

Ron Lynn

### SCHOOL TIMES

8:25 am

**Entry Bell**

8:30 am – 10:10 am

**Learning Block**

10:10 am – 10:40 am

**Recess**

10:40 am – 12:20 pm

**Learning Block**

12:20 pm – 1:20 pm

**Lunch**

1:20 pm – 3:00 pm

**Learning Block**

February has been a very busy month at Parkview. Students have been engaged in a variety of activities both in and outside of their classrooms. Our students participated in many events such as watching a Lion Dance for Lunar New Year, learning about the contributions made by Black Canadians during Black History Month and raising awareness against Anti-Bullying by participating in Pink Day.

Your child brought home his/her first term report card. Please find time to discuss the report card with your child. The provincial report card gives you information about your child in two different areas: the development of learning skills and work habits, and achievement of curriculum expectations for the subject areas such as Language and Math. We encourage you to review both sections of the report card with your child looking for areas of strength and areas for improvement in order to set goals for next term.

We are in the process of organizing for the next school year. If you know you will be moving out of the Parkview area, please let the office know as it is important for us to have accurate student enrollment numbers to determine staffing.

March break is around the corner, school will be closed from March 11<sup>th</sup>- 15<sup>th</sup>, 2019. We would like to wish everyone a safe and relaxing March Break with family and friends.

*Shelley Anand*

Principal

*Dalia Osman*

Vice-Principal

## A Message from Our Trustee

I hope everyone has had a great start to the second half of the school year. Over the past few months, I have had an opportunity to connect with families, students, staff members and with our broader community. I have seen a lot of exciting opportunities for students to explore their interests, celebrate their identities, and develop skills and knowledge that will benefit them in the future.

Many students are participating in [skills competitions](#) or other events where they problem-solve, innovate, collaborate and further develop their technical skills. Students compete in robotics, construction, hairdressing, transportation, 3D animation and much more. These events are among the many options available to help students explore different careers and [pathways](#), and gain valuable experience. We are grateful for the support of community partners in helping to provide these great learning opportunities to our students.

I also want to express my appreciation to our broader school community. One of the priorities in our [Multi-Year Strategic Plan](#) is to build collaborative relationships. The relationships that our schools have with families is so important. There are many different ways you can be involved - talking to your child's teacher, asking your child about homework, or volunteering on a field trip or the school council. Your contributions make a difference to your child's success and to the success of our schools.

I look forward to meeting and working together more with families, students and staff members in spring and summer. Feel free to contact or communicate with me and I wish you all a great spring and an enjoyable March Break.

*Ron Lynn*  
Trustee

## A Message From School Council

Thank you Parkview Families for your support in purchasing your fundraising raffle tickets. With your purchase, we have raised \$6,625 towards our School Playground Project. 100% of the fundraising raffle tickets sales will be used to purchase new equipment and plants for the playground and outdoor area. To date, we have raised nearly \$27,000 towards this initiative, with more fundraising to be done to reach our goal. Our objective is to complete this School Playground Project in time for the 2021 school year bringing endless amounts of play for years to come for our students and children in the community.

We would also like to thank the many volunteers: parents, guardians, caregivers and staff that help support the various initiatives at Parkview Public School. Thank you in particular to those individuals that we may not directly see or hear about in action, but your work is very much appreciated. Without your effort our school wouldn't be "A Great Place to Be."

Your Parkview School Council Chairs,

*Anoosh Sharif & Flora Ho*



## Curriculum Corner

### Promoting a Growth Mindset

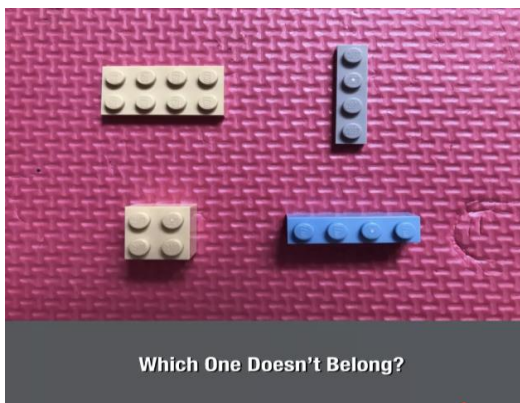
"In a **growth mindset**, people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment." (**Dweck, 2013**)

"Before your child can learn mathematics, he or she needs to believe in his or her ability to do so. That's where you come in. You can be your child's 1<sup>st</sup> role model for learning. When you engage with your child in a supportive, relaxed atmosphere, your child will enjoy exploring the world of mathematics." (**Doing Mathematics with Your Child, Kindergarten to Grade 6**)

### K-8 Family Math Activity

**Which One Doesn't Belong** is a great activity that promotes mathematical thinking because there are many "right" answers - it all depends on their reasoning.

Show your child this picture:



Ask them, "which one doesn't belong? Why?"

For additional images, check out: <http://wodb.ca>

## Equity Corner

Celebration of Black History/African Heritage Month has been a part of Canadian society since the 1950's. Lieutenant Governor Hal Jackman declared February as Black History month in Ontario in 1993 and it was in 1995 that the Honorable Jean Augustine made the same declaration in the House of Parliament in Ottawa. These declarations set the stage for acknowledgement of the contributions of peoples of African Heritage to the cultural, economic, political and social fabric of Canada, dating back to the early 1600's. African Heritage is an integral part of Canadian history. During the month of February, we deliberately reflect upon the legacy of African history in all its various forms, and we join all Canadians in celebrating Black History/African Heritage month. By contemplating on persons of African heritage, famous and not so famous, who have been of significant influence through their ideas, words and actions, we appreciate the place of African history in the history of Canada and the world. At Parkview we are proud to recognize the accomplishments and contributions of Black Canadians.



## ECO Corner

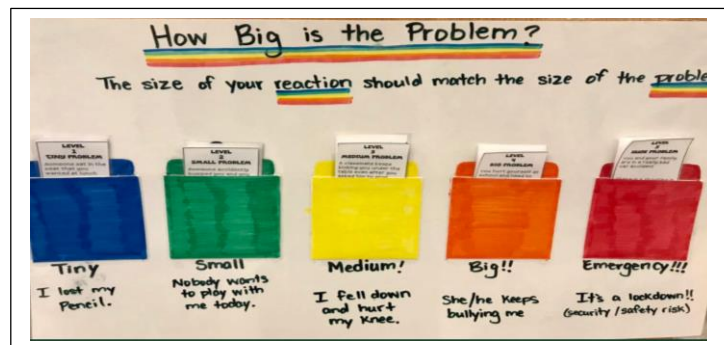
Thank you to our School Council and ECO team for organizing our annual School Book Exchange. We collected 2000 books. Many of our students took home new books, magazines to enjoy! A portion of the books were donated to other school communities. Thank you to our Parkview families for all their support!

## Parent Tea

Thank you to all our Parkview families for providing input on the google survey that was sent out. This information was used to plan our Parent Teas for the 2018-19 school year. This month we invited parents, guardians and caregivers to learn about The **ZONES** of Regulation Program that we are using at Parkview. The **ZONES** of Regulation is a thinking framework which support students with self-regulation and problem solving strategies. Thank you to all our Parkview Families who attended. It was a wonderful way to engage in professional learning together.

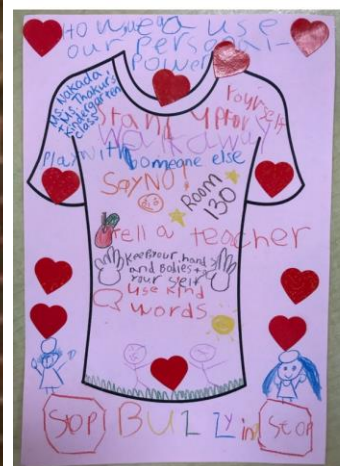
The **ZONES** of Regulation®

<b>BLUE ZONE</b> Sad Tired Bored Moving Slowly	<b>GREEN ZONE</b> Happy Calm Feeling Okay Focused Ready to Learn	<b>YELLOW ZONE</b> Frustrated Worried Silly/Wiggly Excited Loss of Some Control	<b>RED ZONE</b> Mad/Angry Terrified Telling/Hitting Belted Out of Control



Our next tea will focus on supporting your child with reading at home, more details will be sent out in the upcoming weeks.

## PINK DAY



Be a Hero! -  
School Wide  
Challenge  
"How can  
you use your  
personal  
power to  
stop  
bullying?"



## Support TEAM PARKVIEW!

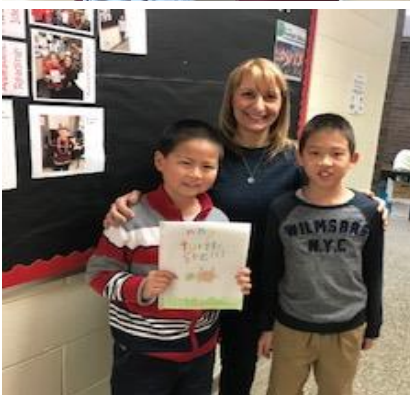
This year at **Parkview**, our **grade 8 students** will be supporting **360° Kids**, a non-profit organization that supports homeless youth, by participating in the **In-School Experience**. Throughout this experience, provided by 360Kids, students will learn about youth homelessness in York Region, and the different challenges that youth in this position have to overcome on a daily basis. Our Parkview students will spend one-night outdoors and try their best to stay warm and dry overnight as they battle the elements through a series of challenges that will test their problem solving, teamwork, and leadership skills. This overnight outdoor experience will allow our students to gain a newfound understanding of the challenges faced by homeless youth. Please support our **Parkview Student Team** in reaching the goal they have set of raising **\$1000.00** by clicking on the link below to make a donation:

<https://360kids.akaraisin.com/pledge/Team/Home.aspx?seid=18987&mid=10&tid=211628&sgid=>

Tax receipts will be issued by 360 Kids for donations above \$10.00.



## Parkview "A Great Place To Be!"



## SAFETY REMINDERS

### **It's time to remind children about being safe in our community.**

*It's a good time for parents to remind children about personal safety.*

Here's what children need to know:

- Their name, age, telephone number, address, city and province. This can be done through rhyme or song.
- How to contact their parents at any time, by memorizing cell or work numbers.
- How and under what circumstances to call 911.
- To never approach or enter a stranger's vehicle. A responsible adult would never ask a child for directions or any other question for that matter.
- Make sure they know they have a right to say "no" to an adult, especially when the adult is asking them to do something they have been taught is wrong or feels uncomfortable. Reminding children of this right is important because children are taught from a young age to respect adults.
- To always tell parents where they will be and to never enter someone's home without their parent's permission.
- If home alone, never admit it when answering the phone. Never answer a knock at the door or speak through it. Adults can be very persuasive. Teach your child to call you if there is a knock at the door and if they fear for their safety, teach them to call 911. Make sure they know that police officers are there to help them and would not get mad if it were a false alarm.
- If they think they are being followed or are in danger they should run home or to a public place. If someone grabs them, they should try to get away, yelling and screaming while doing so.

It is important to play in safe areas, never take shortcuts and stick with a buddy whenever possible. It is never too early or too late to teach children the importance of personal safety. Common sense, communication and consistency are the keys. Remind children to alert a responsible adult if something strange happens that makes them feel uncomfortable. Remember, crime prevention is everyone's responsibility.

For more information on this subject, visit [www.yrp.ca](http://www.yrp.ca).

