



# Poplar Bank News

We are a Respectful and Caring School

June 2014

Issue 10

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Trustee: Martin Van Beek

**School Improvement Plan**  
**3 Part Math lesson**  
**Differentiated Instruction and Assessment**  
**Respectful School**

## **June Report Cards**

Report Cards will be sent home on June 26. If your family sets out on vacation prior to June 26, your child's report card will be mailed to your home address.

## **Grade 8 Graduation**

This year's Grade 8 Graduation will be on Wednesday, June 25, 2014. The ceremony will start at 6:00 pm. Invitations have already been mailed to our Grade 8 parents. A brief reception will follow for graduates and their families. Afterwards, the students will celebrate with a dance in the gym from 8:00-10:00 p.m. We look forward to celebrating the successes of our 2014 Graduating Class!

## **June 26th, 2014 Early Dismissal in Elementary Schools**

All schools in the York Region District School Board are committed to student success and well-being. On **Thursday, June 26, 2014** an early release day will take place to allow elementary teachers and support staff to take part in staff meetings during the afternoon of that day. These meetings will allow for school staff to engage in culminating activities regarding the review and revision of the School's Improvement Plan. As has been our practice over the past three years, students will attend school during the morning of Thursday, June 26<sup>th</sup>, 2014 only. Students will be dismissed early that day at **11:05 a.m.** Arrangements will be made to ensure that students who are normally bussed to and from school will receive transportation at this time. Parents whose children attend after school child care should make appropriate arrangements to address this change in schedule

## **UPCOMING DATES**

Monday June 2  
Tuesday June 3  
Tuesday June 10  
Mon June 16  
Thurs June 19  
Mon June 23  
Wed June 25  
Thurs June 26

Pizza Day  
School Council Meeting  
Fun Festival 5 – 8  
Pizza Day  
Talent Show 1 – 2:30  
Play Day  
Grade 8 Graduation  
Last Day of School, dismissal 11:05

# R E S P E C T C O R N E R

During the month of May, Mme Kendall and Mme Jenicek's Grade 6 classes discussed the importance of respectful behavior when participating in co-curricular activities at Poplar Bank. Though our students take part in varied activities from musical ensembles to clubs to sports teams, the recurring theme of respect is prevalent. Listening attentively to teachers, coaches and peers, positively encouraging teammates, attending practices and rehearsals on time and being fully prepared are certain examples, suggested by our students.

## **Highlights from Students' Voice Conference**

### **Bullying**

Bullying hurts, it affects people and we need to make a safe place without bullying. To be happy, just smile at anyone in the hall even if you don't know them it will make you feel better and the person you're smiling at. Cyber bullying has a big effect on people it is one of the easiest ways to hurt someone over the internet or on Facebook twitter, instagram, etc. We need to stand up to the bullies the one online and the ones at school, you don't need to hurt them, just tell them to stop. There are many different ways of bullying, all hurt and we need to try PREVENT it for good, there is: Cyber bullying, Physical bullying, verbal bullying and social bullying. STOP them. These are the many ways of bullying and how they hurt and why we need to stop.  
Kaleb

### **Bullying hurts, it affects people and we need to prevent it**

As you know, there is lots of different ways to bully someone. There is cyber bullying, physical, verbal and social. At school, bullies use all of them. We need to try and stop it and make a safe place for everyone to be who they are and feel free. Everybody plays a role, everyone can make a change. We have to stand up to bullies. Bullies will bully for plenty of reasons. They are mentally hurt. Bullies could feel jealous, mad, angry and sad and they just want to get rid of their problems. Something you could do is smile. Smile at someone in the hallway and show that you care. Even if the person is not a bully, it would feel good to be smiled at. Make a change. If you see someone outside getting hurt (emotionally or physically) stand up to the bully. Don't just be the witness, be the hero. Let's all work together to make a difference.  
Talia

## **Poplar Bank Volunteers Are the Best!**

We are most fortunate at Poplar Bank Public School to have over 44 Volunteers who help out at the school in many ways: the Helpers for the Crunchy Munchy, Fund Raising and Pizza. School Council Members who represent the school community and dialogue about important issues and how they impact on P.B.P.S.; and Volunteers who help out regularly in the Library, in classrooms and with special events, such as our Move-a-thon and Fun Festival, and on fieldtrips. On May 23, we were very happy to hold our get together at which we recognized our volunteers! Merci beaucoup! Thank you!

## **Poplar Bank Family Fun Fair**

Come one, come all! Poplar Bank Public's School Parent Council is holding its annual **Fun Festival and BBQ on June 10<sup>th</sup>** from 5:00 pm – 8:00 pm. There will be a ton of fun activities: inflatables, face painting, gift basket draws, magic show, local vendors and much more. Book the date and invite your friends and neighbors too! Remember all BBQ food must have been pre-ordered by May 24.

# School Council

## June Update

As the school year comes to a close the School Council and parent volunteers are in high gear with preparations for the **Poplar Bank Fun Festival on Tuesday June 10**. Organizing this event is similar to throwing a very big party and is made possible by a dedicated Fun Festival committee.

You can still help! Here are some ways to get involved:

**-Send in small prizes for games!** We have about half the number of loot-bag style prizes needed to supply the games section of the Festival. Items such as water squirters, bouncy balls, small toys etc are perfect!

**-Contribute!** There is still time to send in a gift card or other item to be included in one of our raffle baskets. We are also accepting new or gently used books and DVDs for our book sale.

**-Volunteer!** Just an hour of your time anytime from 2:30 – 9 pm on June 10 would be appreciated. We will need help with set-up, supervision at games and inflatables, and clean-up. E-mail Diana dtwigger@rogers.com

**-Join us!** This is a great community event where we can celebrate the end of the school year. There will be lots of fun activities indoors and out from 5-8 pm on Tuesday June 10<sup>th</sup>. The party is on rain or shine!

For those of you that pre-ordered BBQ or activity tickets, they will be sent home June 3<sup>rd</sup>. BBQ items will be available only to those who purchased tickets in advance but extra activity tickets and various yummy treats will be on sale at the Fun Festival.

There are still other council activities going on as we wrap up the year.

As a special treat, **ice-cream sandwiches** are on sale Mondays, Wednesdays, and Fridays for \$2.

**Crunchy Munchy** nutritious snacks continue to be available in each classroom.

Not only was the **Move-a-thon** a fun morning of music and movement for our entire school, but we raised \$1941.25 that will help fund council initiatives in the fall. Thanks to everyone who contributed! We are especially looking forward to some of the special rewards for raising such a fantastic amount. We didn't get to dye Mme Baage's hair pink (next year?!) but will be having a day with an extra recess, a no-homework day, and hat day. Lots of fun in June!

Our next Council Meeting is Tuesday June 3<sup>rd</sup> at 6:45 pm in the library. All parents are welcome.

## Lost and Found

We have accumulated a number of clothing items. These items will be put on display in the school from June 17-20. After that, unclaimed items will be donated to a local charity.

## Are you moving?

If you are planning on moving over the summer and will not be returning to Poplar Bank P.S., please call the school office at 905-953-8995 as soon as possible. That would be greatly appreciated as we plan and prepare classes for September 2014.

## Student Leaders at Work in the School Office for 2013-2014

Every year, we seek Grade 8 students to run the school's opening morning exercises, play the national anthem and do our daily announcements. New this year, we had an opportunity for students to help with office duties during lunch/recess. We are very proud of the following students and would like to thank them for getting involved in school life and sharing their voice. Reem, Emily, Brianna, Jack, Ethan, Hannah, Vane, Jennifer, Michelle, Jade, Keston. Merci beaucoup.

# W i l d f i r e



The **Grade 8's** went to **Wildfire** Lodge, an outdoor education centre for 2 nights and 3 days, and they had a successful and fun trip. They had a great time participating in many activities such as orienteering, wilderness survival, and archery and lacrosse! Many special memories were made to finish off their elementary school years!

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## **Tentative School Organization for September 2014**

We are projecting an enrolment of approximately 445 students. Here is the tentative class organization structure with 20 classes for 2014-2015:

### ***French Immersion Primary Division Classes:***

-Grade 1, 1, 1, 1, 2, 2, 2, 2, 3, 3

### ***French Immersion Junior Division Classes:***

-Grade: 3/4, 4, 4, 5, 5, 5/6, 6

### ***French Immersion Intermediate Division Class:***

-Grade 7, 7/8, 8

This organization of classes is tentative and should our enrolment change over the summer, a re-organization will occur. Information on Staff Assignments will be shared in the July newsletter which will be sent home in each student's report card envelope on June 26. Student class placements will be shared on September 2, 2014 the first day of school.

### **Good Bye to our Grade 8 students!**

This marks the last month our grade 8 students spent in elementary school. It is a very special time for them and we sincerely hope that these last weeks at Poplar Bank P.S. will be among their best. We wish them success and happiness in their secondary studies and all future endeavours. Au revoir et bonne chance!

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### **School Council Move-a-thon: A Great Success!**

On May 23, all our students and staff participated in our Move-a-thon fund raiser! Students moved to the groove and had a blast! \$1941.00 was raised to support school activities and programs. Thank you to our Poplar Bank school community for supporting the event and for your generosity, and to the parents who joined in the fun! Special thank you to Steve Klos for offering his DJ services for this school events! Thank you to Wendy Lebskin and Petra Turco for working on the event.

### **Poplar Bank's Healthy School Focus Continued: 2013-2014**

We are very proud of the school's "Crunchy Munchy" program, along with the School Council's efforts to heighten student and parent awareness on "Healthy Schools" issues! Thank you to Petra Turco and her team of volunteers: Pam Taylor, Arlene Labelle, Kim Dick, Samantha Timbers, Liz Gerecke, Mitchella Lopez, Jenny-Lynn Paterson, Katherine Yu, Kim Guggino. Thank-you! Thank you very much to our Healthy Schools Coordinators, for accessing the grants on behalf of the school! Thank you also to our School Council for supporting all our Healthy School initiatives. Stay tuned for more exciting "Healthy Schools" activities next year!

### **Pizza Lunch Committee**

We were very grateful to have the Pizza Committee in full force again this year! Both students and parents are most appreciative of having this lunch option each month! Thank you to the team of volunteers who helped run the Pizza days: Sue Thompson, Arlene Labelle, Pam Scheps, Lori Dangelo, Elaine Mota, Scott Bailey, Michelle Williams-Lee, Kathryn Bell and Suzanne Abela-Nagels.

# Library News



## Library News

### **Book Returns!!**

Clearing accounts, cleaning and reorganizing shelves and checking stock for damaged/lost books takes many, many hours of hard work. With that in mind, **ALL library books** are due back to the library **no later than June 16th!** The last day to sign out books will be June 9th. Please have your child check their rooms, the car, grandma and grandpa's, the family room, etc. for missing, lost or overdue library books. A notice of overdue books (with their replacement cost) will be sent out the week of June 10th. Thank you for your support in getting these books sent back to school so others can enjoy them.

### **Thank-you**

A big **THANKS** goes out to all of the parents who have volunteered in the library this year. Your help and dedication was very much appreciated!

### **Parent Volunteers needed for September 2014!**

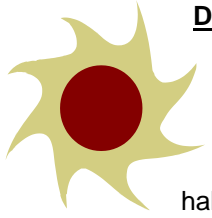
If you have a few hours to spare every week (or two!) then the library is just the place for you! The library is looking for parents who can help with shelving and organizing books as well as processing new materials and making repairs on well-loved books. Please contact the office if you are able to help out!

## **Student Bussing Eligibility**

Did you know that students' bussing eligibility changes throughout their school career? Your son/daughter's eligibility to ride the school bus may change according to their grade and distance from home to school. Below are the provisions for eligibility in the Board's Transportation Policy #680:

- All YRDSB students in Grade JK-3 who live within 1.2 km of their school are not eligible for transportation
- All YRDSB students in Grade 4-8 who live within 1.6 km are not eligible for transportation
- All YRDSB students in Grades 9-12 who live within a transit served area not eligible for transportation

To view the Board Policy #680 Student Transportation, please visit [www.yrdsb.edu.on.ca](http://www.yrdsb.edu.on.ca). For more information about bus transportation and to determine your son/daughter's eligibility, please visit [www.schoolbycity.com](http://www.schoolbycity.com)



### **Dress Code for Warm Weather**

With the warm weather upon us, we ask for your help to ensure that students are dressed in an appropriate manner conducive to a proper learning environment. Please review the following with your children: Shorts and skirts must be an appropriate length. Tops must meet bottoms without the midriff showing. A top must not be low cut and the straps must be at least the width of two fingers.

Undergarments must be covered. Beach wear type clothing, such as tank tops with spaghetti straps, halter tops, tube tops and muscle shirts is not permitted. The bib on overalls must be attached to its straps. Sheer see-through clothing is not permitted. We thank you in advance for your help and cooperation. If you have questions, please call Mme Baage.

### **Are you moving?**

If you are planning on moving over the summer and will not be returning to Poplar Bank P.S., please call the school office at # 905-953-8995 as soon as possible. That would be greatly appreciated as we plan and prepare classes for September 2014.

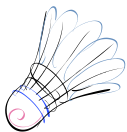


The Eco theme for the month of May is WATER CONSERVATION. Students are asked to think about the ways that they use water, and what they can do to use it wisely.

In grade 2 Science, the students have come up with a list of water saving practises that they and their families can use:

1. Turn off the tap while you brush your teeth and turn off the tap while you lather your hands with soap in order to wash them.
2. Take a quick shower rather than a bath as you use less water.
3. Make sure that the dishwasher is full before turning it on.
4. Don't let the water run until it's cold enough. Keep a container of cold water in the refrigerator and pour only the amount of water that you wish to drink.
5. Close the water tap firmly after using it. A leaking tap wastes water.
6. Instead of using a water hose, use a pail in order to wash the car.
7. Install rain barrels under your eavetroughs in order to collect rain water for your plants.

The less water we use, the more water there is for others.



### **Sports News**

The Poplar Bank Pride Badminton Team enjoyed a strong outing at the 2014 Area B Badminton Tournament at Huron Heights. Highlights from the day were Boys pair Isaac A and Ethan C, as well as Girls pair Slava Kand Madeleine P both making it to the final 8 teams in their respectful divisions. Congratulations is also in order for Daniel A, Richard G, Nick T, Seif A, Jade W, Hannah M, Crystal S, and Sarah W for their gutsy performances on the day. The students all showed tremendous poise and sportsmanship as they were expected to officiate their own games, working out differences using their best judgment. Truly, it was a great day of sport and fair play. Way to go Poplar Bank!

Coach Maccarone

## Ice Cream Sandwiches Available for Sale

Terra Cotta Ice Cream Sandwiches will be available for sale on Monday, Wednesday and Friday's at \$2.00 each. The options are Chocolate Chip Cookie with vanilla ice cream or Chocolate Cookie with Chocolate Chips filled with Vanilla Ice Cream.

## Gauss Competition

Each year approximately 12 000 Intermediate students write the University of Waterloo Gauss Competition. It is a competition comprised of 25 questions, each question becomes increasingly difficult.

Special congratulations to Pierson T for achieving a perfect test. This is only the second time Mrs. Middleton's has seen a student achieved a perfect test in 20 years of teaching math. When Pierson was finished the Gr. 7 test, he wrote the Gr. 8 test in the remaining time and scored 123 on the Gr. 8 test.

The Gr. 8 results were excellent this year. Ten students scored over 130 point and an additional six students scored over 120 points. These are excellent results. Although test result statistics vary each year, typically a score over 130 would rank a student in the top 5% and a score of 120 to 130 points would rank a student in the top 8% of the students who write the test. Wow! Great Job Grade 8's.

Top 10 Grade Seven Students; Pierson T, Yvonne L, Feyi O, Nicholas M, Sara A, Richard G, Michaela L, Lauren B, Nicolas M, Samantha S

Top 10 Grade Eight Students (All over 130)

- 1<sup>st</sup> - Nicholas T and Vasily K
- 2<sup>nd</sup> - Seif A
- 3<sup>rd</sup> - Emily A, Hannah W, Sydney T, Hannah M
- 4<sup>th</sup> - Ethan C-J
- 5<sup>th</sup> - Devon W
- 6<sup>th</sup> - Jade W

Special Recognition to the Students Over 120; Meredith P, Tasha M, Madeleine P, Genevieve M, Jewell C, Megan E



## Music News!

Congratulations to all of the amazing musicians at Poplar Bank!!!! This year has been another incredible year of music making! The choirs and bands were outstanding!!! Do you know that Poplar Bank has 5 choirs and 4 bands?!

Recently at the "Music Alive" music festival, the Junior Band received a GOLD + and the Stage Band received a SILVER. Way to go!

*Thank-you to all of the families that donated to the school "sound system fund" at the Spring Concert. We raised \$485.00!!! We are still accepting donations if you are still interested in donating J*

## BAND INSTRUMENT DONATIONS

Thank you to the Bascovan Family for their generous donation to this music program!!

**POPLAR BANK IS TRYING TO INCREASE THEIR BAND INSTRUMENT INVENTORY. IF YOU HAVE ANY BAND INSTRUMENTS AT HOME IN DECENT WORKING CONDITION THAT YOU WOULD LIKE TO DONATE, POPLAR BANK WOULD GREATLY APPRECIATE IT!!!! THANK-YOU!!!**

Thank-you for supporting your child's passion for music.

Musically Yours,

Mme Smith

# ATTENTION PARENTS!

**A NEW Magazine Sale is Coming Fall 2014!**

## **MAGAZINES AND MEMORIES!**



Coming Fall 2014, we will have our annual **Magazine Subscription Program** (including more digital magazines!) and also an opportunity to purchase **Personalized Photo Memory Products** including; Photo Books, Labels, Cards, Calendars, Posters, Notepads and more!



**Please help us by saving your Magazine orders and your personalized Photo purchases for our QSP Magazines and Memories Fundraising Program.**

- **QSP** offers us great prices and product selection.
- **Our School** earns a profit, and the money raised goes towards programs and events that help to enrich our children's lives at our school.
- **Our Children** - Magazines - Help improve literacy skills; any reading material, including magazines, encourages children to read, or they model your reading behavior. Photo Products - Capture memorable moments of your children with the personalized photo products available.

If you wish to order your magazines early or purchase a gift you can go to [www.QSP.ca](http://www.QSP.ca) anytime and support our school. Please do not renew or purchase directly through the publishers as we will not receive profits from your purchases. Thank you.

***Use the QSP SEARCH feature using our school name to ensure our school gets the credit!***

***Thank you in advance for your support of our children and our school!***

***If you have an inquiry please contact QSP Customer Service, 1-800-667-2536***







### Tip of the Month

With summer on the way we want to ensure our children are staying active without school and aren't becoming couch potatoes. Raising active children is about the love of moving needing to be taught and encouraged, exactly the same way we teach and encourage our children to love to read. If you want your child to lead an active and healthy life and aren't sure how to get them on the right path, then these can't-fail tips to encourage them are for you. **1) Make physical activity part of your daily routine**-every night after dinner try building in a 15 min walk **2) Choose to walk or bike instead of drive**- have children walk to school, quick trip to the convenient store? Walk! **3) Expose your children to a wide variety of activities**- so they can find something they like to do and build different skills **4) Spend time outdoors** – activities outside almost guarantees some sort of movement, have bored children play outside instead of facing a screen **5) Choose a daycare or preschool that fosters physical activity**- small children especially need lots of opportunities to move and develop basic skills like running, jumping, hopping, skipping, etc. Structured and unstructured play are both essential in helping them to develop these skills.



### Recipe of the Month

*These frozen yogurt freezer pops are a perfectly cool treat on those hot summer days.....and they're healthy! Greek yogurt punches up the protein power, while the fruit adds a touch of sweetness and a ton of flavour.*

#### *Frozen Yogurt Fun*

**Nutritional Information:** Calories: 72, Protein: 6 g, Fat: 1g, Saturated Fat: 0g, Dietary cholesterol: 0 mg, Carbohydrate: 10g, Dietary fibre: 1g, Sodium: 24 mg, Sugars: 1g, Potassium: 117 mg

#### Ingredients

- 1 tub (500 g) 0% plain Greek yogurt
- 1 ripe banana, cut in chunks
- 125 mL (1/2 cup) frozen blueberries or strawberries
- 25 mL (2 tbsp) ground flax
- 175 mL (3/4 cup) orange juice
- 15 mL (1 tbsp) maple syrup or liquid honey (optional)
- 5 mL (1 tsp) vanilla

#### Directions

1. In blender, combine yogurt, banana, blueberries and flax. Pulse to mix together. Add orange juice, maple syrup, if using and vanilla; puree until smooth.
2. Pour mixture among eight small (5 oz) disposable cups and cover with plastic wrap. Push craft stick in centre and place in freezer for at least overnight or up to 3 weeks.
3. Tropical variation: Substitute frozen mango and pineapple chunks for the banana and blueberries. You will need about 375 mL (1 1/2 cups) fruit in total.

### Question of the Month

**Q:** "I'm a bit baffled by all the choices in the cereal aisle and, while I read the Nutrition Facts label, I don't really know what to look for. Can you give some guidelines?"

**A:** My kids begin most days with a bowl of cereal because it's a quick, high-fibre, filling breakfast. I add milk and fruit for a winning combination to start the day. Here are five things to look for when you read nutrition labels on cereal boxes: **\*Check the serving size.** Cereal serving sizes on the Nutrition Facts table are standardized at 30 grams or 55 grams. Before comparing the nutrient content of two cereals, check to see if they are the same serving size. (The nutrition information here is based on a 30 gram serving.) **\*Look for whole grains.** The first word on the ingredient list should be whole (oats, wheat, rice, corn, etc.). Wheat bran is also acceptable; it's the outer layer of the grain where most of the fibre is found. **\*Choose fibre.** A "source of fibre" claim can be found on cereals with at least 2 g fibre per serving. Aim high - the more fibre, the better. **\*Dodge sugar.** Sugar can range from 1 to 16 grams per serving. This time, you want to aim low - no more than 6 grams of sugar (roughly 1.5 teaspoons) per serving. If your children love pre-sweetened cereals (about 12 g sugar per serving), fill half the bowl with a lower sugar, high fibre cereal first. **\*Watch out for sodium.** Salt? In cereal? Yes, even in sweet cereals, sodium is used as a flavourless preservative. Choose a cereal with 240 mg sodium or less per serving - the lower the better. **\*Fat is not usually too high in cereals,** unless they are made with lots of oil, coconut or nuts (think granola). Aim for cereal with 3 grams of fat or less.