



# Poplar Bank News

We are a Respectful and Caring School

April 2016

Issue 8

Principal: Natasha Baage

Phone Number: 905-953-8995

Admin Assistant: Lana Grigorovich

Superintendent: Dianne Hawkins

Secretary: Jennifer Bissonnette

Trustee: Martin Van Beek

[www.poplarbank.ps.yrdsb.ca](http://www.poplarbank.ps.yrdsb.ca)

School Improvement Plan  
Respectful School  
Modern Learning, Math, Mental Health

## Student Class Placement for September 2016

We will soon begin the process of organizing classes for the 2016-2017 school year. The student placement process focuses on creating balanced classes. A great deal of time is spent to ensure that each student's academic and social needs are taken into consideration. Parent input is one factor considered in the placement process. If you have any information about your child's learning needs or know peers he/she works well with, please inform Mme Baage in writing by April 29th. Please be advised that we cannot accommodate requests for particular teachers, or straight grade classes.

## Upcoming Events

- April 14, 18—Lice Checks
- April 19—Junior Boys Basketball Team Area Tournament
- April 20—Junior Girls Basketball Team Area Tournament
- April 27—YRPH Injections Hep B / Grade 8 girls
- April 29—**DEADLINE**-For parents submitting class placement 2016-2017

### **Upcoming Months at a glance:**

- May 2– 6—Grade 8 Grad Trip—Québec City, We wish them fun and a safe trip, as they learn about “La Belle Province”!
- May 17—Track and Field Day @ Denison Secondary School (grades 4 –8, full day event)

## **LUNCH ASSISTANTS NEEDED!**

We are in need of lunch-time school assistants, for Monday to Friday from 11:55- 12:55 p.m. This is a paid position. If you are interested, please contact the school office.



## Grade 1 French Immersion Registration

Registrations are still being accepted daily on a first come first serve basis in the school office from 8 a.m. to 3:00 p.m. If you have a child you would like to enroll, please call the school office at 905-953-8995 for more information.

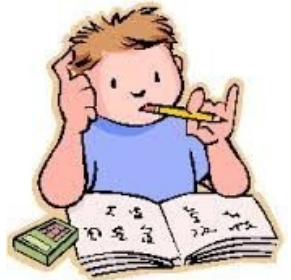
## School Attendance

This is a reminder that the school day starts at 8:05 a.m. **Please note that the early entry bell rings at 7:55 a.m.** Students are expected to be in their classrooms for 8:05 a.m. when instruction begins. Students who enter the classroom after 8:05 am are considered late.

**Punctuality is very important to school routines and student success!**

## Spring Provincial Testing Update: EQAO

In a few short months, our grade 3 and grade 6 students will take part in the provincial EQAO testing. Students in grade 3 French Immersion write only the Mathematics subtest, which is given in French. Students in grade 6 complete three subsets, namely reading, writing and Math in English. For parents interested in finding out more about the EQAO tests, please visit the website at <http://www.eqao.com>. Our Grade 3 and 6 students will take part in the testing between May 25- and June 8. If possible, please avoid taking vacations or booking appointments for your child during this time frame. More information will follow soon.



## Implementation of the new Health Curriculum-Human Development and Sexual Health

As you already know the implementation of the new Health and Physical Education Curriculum has started in September of this school year. The Human Development and Sexual Health unit will be taught to our students during the months of May and June.

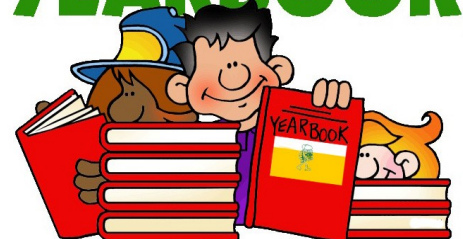
An informational letter along with A Parent's Guide outlining the specific Grade level expectations and topics to be taught were sent home with your child on Friday, April 1<sup>st</sup>.

Please ask your child for this letter and guide so you are aware of the topics and expectations. The Health and Physical Education document can be accessed at [www.ontario.ca/edu](http://www.ontario.ca/edu). If you have any questions, please contact your health teacher.

## Yearbook News

"The Cover Contest ended April 1st! Students feverishly created beautiful artwork in hopes of winning a spot of honour in this year's yearbook! The winners will be announced in the May newsletter. Stay tuned! Have you purchased your copy of the 2015-2016 Yearbook yet, for the low price of \$26 dollars? You have until May 5th to do so! Use the SchoolCashOnline.com option and you may win yourself a free yearbook. The winner of our first annual draw will be announced in the June newsletter! Don't miss out on making our memories a part of yours!"

*It's Time to Order Your.....*  
**YEARBOOK!**

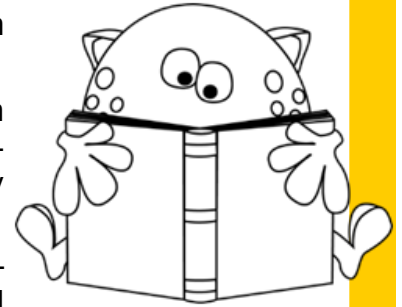


## A Note from the Library . . .

Poplar Bank's library program supports learning for grades one through eight in variety of areas of the curriculum in both French and English.

Students come to the Learning Commons with their classes or with passes to work individually or in small groups. Children may borrow resources from the library for two weeks, and they may extend their loan by bringing the resource back to school and re-checking it out.

Please encourage your child to try to return their books within the two-week borrowing period, so that the resources can be shared and enjoyed by others as well. Merci!



## Student Busing Eligibility

Did you know that students' busing eligibility changes throughout their school career? Your son/daughter's eligibility to ride the school bus may change according to their grade and distance from home to school. Below are the provisions for eligibility identified in the Board's Transportation Policy #680:

- ◆ All YRDSB students in Grades JK-3 who live within 1.2 km of their school are not eligible for transportation
- ◆ All YRDSB students in Grades 4-8 who live within 1.6 km of their school are not eligible for transportation

All YRDSB students in Grades 9-12 who live within a transit served area are not eligible for transportation

To view Board Policy #680 Student Transportation, please visit [www.yrdsb.ca](http://www.yrdsb.ca) For more information about bus transportation and to determine your son/daughter's eligibility please visit [www.schoolbuscity.com](http://www.schoolbuscity.com).



## Grade 8 Graduation

This year's Poplar Bank Grade 8 Graduation will be on Monday June 27th 2016. The ceremony will start at 6:00 p.m, in the Poplar Bank Gym. Please mark this in your calendars. More information will follow.

## Junior Girls Basketball

The Junior Girls Basketball team is practicing hard, and playing a number of exhibition games in preparation for the Area tournament at the end of April. Team members include: Abby, Alejandra, Aryn, Caroline, Ceilidh, Laura, Olivia, Maggie, Maia, Maya and Vanessa. We wish the girls best of luck with for their season!



## Scooters, Skateboards, Roller Blades



Please refrain from allowing your child to bring these items to school as this presents a safety hazard. These are expensive items and we cannot be responsible if they are lost, stolen or damaged while on school property. They also represent a storage problem in the classroom.

### Student Safety & Bikes at School

If your child is going to ride a bike to school, please note the following: Have students walk their bike on and off the school property. Students are not to ride bikes around the property before school or directly after school. They must wait until 6:00 p.m.

- ◆ Retain a description of the bike and the serial number at home.
- ◆ Students are encourage to wear a safety helmet.
- ◆ Remember to lock your bikes.

### **No Parking Fire Zone at the Front of the School**

The front laneway of the school is a Fire Zone and there is no parking in this area. In the event that you need to come into the school, we would ask that you park your vehicle in the south parking lot. There is additional parking on the north-east side of the school, near the

playground. Parking in the Fire Zone at the front of a school will result in a fine from the Traffic Officer. Please comply with the signs to avoid a fine.

### **Warm Weather is Around the Corner! Dress Code**

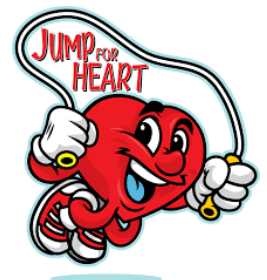
With the warm weather upon us, we ask for your help to ensure that students are dressed in an appropriate manner conducive to a proper learning environment. Please review the following with your children: Shorts and skirts must be mid-thigh length or longer. Tops must meet bottoms without the midriff showing. A top must not be low cut and the straps must be at least the width of two fingers. Undergarments must be covered. Beach wear type clothing, such as tank tops with spaghetti straps, halter tops, tube tops and muscle shirts is not permitted. The bib on overalls must be attached to its straps. Sheer see-through clothing is not permitted. We thank you in advance for your help and cooperation.



## Jump Rope for Heart

Poplar Bank students and families! You spent the month of February raising funds for our Jump Rope for Heart initiative. What a great job you all did! Our funds goal for 2016 was \$2500.00. Our OFFICIAL total is in fact \$3431.90!!! We surpassed our original goal by almost \$1000! You should be so proud of all your hard work! This money will be of great assistance to the Heart and Stroke Foundation and all the good that they do!

Thank you Poplar Bank students and Families!!!



## Music News

Congratulations to the Primary students who performed wonderfully at the Winter Concert! Music is in full swing at Poplar Bank!! We will be starting our music festival season very shortly. Here are the dates of the upcoming musical events



Group	Date	Location	Time
Advanced Band	March 22 <sup>nd</sup>	Newmarket Theatre	12pm
J/I Choir	April 5 <sup>th</sup>	Cosmo Music	9:30am
Calixa Lavallee	April 5 <sup>th</sup>	Cosmo Music	9:30am
Junior Band	May 11 <sup>th</sup>	Newmarket Theatre	12pm

Parents/Guardians are welcome to come and support our fabulous musicians!!

On THURSDAY, APRIL 28<sup>TH</sup>, we will be having our Spring Concert at Poplar Bank. The grade 4s will be playing the recorder and the above ensembles will be performing. Please mark your calendar!!! Every member is important.

Musically Yours,  
Mme Smith

## Additional Congratulations!!!

To the Advanced Band who received a **PLATINUM** and an invitation to the "Musicfest Nationals" at the Music Festival on March 22<sup>nd</sup> for their *outstanding* playing.

This is a reminder that we will have our annual "**Focus on Festivals**" *spring music concert* at Poplar Bank on **Thursday, April 28<sup>th</sup>** from **6:30-8pm**. At this concert, you will have the opportunity to hear the Advanced Band, Junior Band, Grade 5 Band, J/I Choir, Calixa Lavallee and the Grade 4 recorder players. The students are looking forward to sharing with you all of their hard work and their amazing musical talent!!!

Hurray!! Hurray!! It's Popcorn Day!! For the entire month of April, we will be selling popcorn (buttersalt, dill pickle and white cheddar). All of the proceeds will go towards supporting the music program. The popcorn will be \$2 a bag and will be sold at first recess. Yumm Yumm!!!

Musically Yours,  
Mme Smith







## FOOD WASTE at our school



Here at Poplar Bank PS, we are doing a **great job at composting**. For one week, one random class photographed and weighed the contents of their compost bin after lunch. They averaged about 2 kg (4 ½ lbs) of wasted food a day. That means **over 8 tons of food a year is probably wasted at our school alone** (with 20 classes in our school, and 185 lunches in a school year). It's great that we have diverted the waste from the landfills to the compost bin, but our next step is to **reduce** some of this waste!

Please involve your child in preparing their lunch and ask them to send home what they don't eat, so you can better monitor what is actually being enjoyed and what is being wasted.

For more information on the importance of not wasting food, and the negative impact it has on our environment, please check out [National Geographic's March 2016 cover article](#).

### “Pause and Play”

Our school has been registered for a one week Healthy Living campaign called "Pause to Play". The week of Mon, April 18-Fri April 22 will be an awareness week for parents and students to encourage them to get off their "screens" (TV, computer, video games). **Poplar Bank Health Teachers are asking that all students print the Activity Log Sheet** and document their screen time, the physical activities they do, and healthy foods they eat for one week. Please fill out the activity log sheet, and hand in to your Health Teacher where follow up discussion and lessons will take place. Poplar Bank is a Healthy School so let's all participate and show we can "Pause to Play!"

**\*Please find attached a copy of the Activity Log to print for your child. All students are asked to complete this sheet for the week of April 18—22 and then return to their health teacher. This is an important part of the Healthy Living week long Campaign.\***

## Eco News

On March 22nd, 2016 the grade 7 & 8 **Eco-Leaders** of the Poplar Bank Eco-Team wrote a letter to the editor of several local newspapers. This letter was sent to raise awareness for **Earth Water Day** and the **importance of clean water**. Sadly **many people in Canada do not have access to clean water**. We would like the federal gov-



ernment to pass an **environmental bill of rights** that **protects our right to clean water**. Please visit the David Suzuki Foundation's Blue Dot movement website for more information on how you can help.

**Eco-Ambassadors** (grades 3-6) made informative posters for our **lights out** campaign for Earth Hour, reminding everyone to turn out lights and computers when they aren't being used in order to save energy. **All the grade one classes** made beautiful posters in honour of Earth Hour showing how much they **love planet Earth** and what they do to protect it (such as recycling batteries and cleaning up the garbage outside). They are displayed outside of Mme Cooper's room.



The Eco-Team has also been collecting **worn out markers** that Crayola will take back to **recycle**. If you have any old markers at home please bring them into school: the collection box is outside of the art room on the second floor. **Old batteries** are a hazard to our environment, so we continue to **recycle** them too. The brown box is just outside of the office. We are constantly encouraging the use of **reusable water bottles** and **containers** to minimize the amount of waste our school creates.



Presently, the whole Eco-Team is busy preparing for classroom presentations on **Earth Day, April 22nd**.

by: Kaylah C. Eco-Leader  
with contributions from Mme Rudyk (Eco-Team Leader)



## Indoor Shoes for Students

This is a reminder that students must always have a pair of indoor running shoes at school that they change into and wear in the school and in the gym. Not only will this reduce the amount of dirt, sand and mud tracked into the classrooms; it will also increase student foot safety as they will not have to go in stocking feet in the school.

## Immunization Information

If you have recently updated your child's immunization, please inform the York Regional Health Services. The York Region Health Services is required by law to keep and check immunization information for all children attending school in York Region. As of May 2003, York Region Health Services collects immunization information directly from parents/guardians of all York Region students. All communications regarding immunization should be directed to: York Region Health Services at 1-877-4649675.



## School Council Update

Thank you to all the parents who joined us for Mental Health: For our Kids and Families hosted by the Healthy Schools Committee. We were fortunate to have Michelle Cassidy the YRDSB Mental Health Lead join us to talk about the social and emotional skills we can teach our kids for good mental health. Thanks to all the parents who helped organize the event, and other healthy schools initiatives.

We just started a pilot project in conjunction with the Town of Newmarket and Canadian Tire JumpStart offering a group of grade 3, 4, and 5 students multisport activities one day a week at lunch time. We're looking forward to hearing feedback from this first group of students and parents, and hope to offer more programs in the future. If you were interested in this program but did not get a spot due to limited space, we have held on to your form for future sessions.

Crunchy Munchy, our free healthy snack bins in each classroom continue to be extremely popular with the variety of fruits and vegetables introduced this year. We had a record high of 1042 servings in one week! Our kids and parents are very appreciative of this volunteer run program. Thanks to School Council and York Region Public Health for funding equipment for our grade 1-3 PLAY program running with the guidance of Mme Nicholson, parent volunteers, and our junior and senior student PLAY Leaders. These organized games are encouraging fun physical activity during morning recess. As the warm weather hopefully arrives soon, we hope our Outdoor Activity Boxes in each classroom will be in high use again. We have lots of soccer balls, and tennis balls! Other donations of outdoor equipment such as basketballs, skipping ropes, baseball gloves, soft balls, sidewalk chalk can be dropped by your child in their classroom box.

We are very excited to have a new fundraiser with Cardinal Golf Club. During the month of May anytime you visit Cardinal for a game of mini-putt, mention you are a Poplar Family and half the ticket price will be donated back to our school.

Fun Festival planning is underway. The first meeting will be in the school library at 6:30pm on Thursday April 7. Please bring your ideas and energy! Volunteers make this event happen and organize foodtrucks, raffle baskets, silent auction, ticket sales, site logistics, games, prizes, vendors, inflatables, and lots more. It's a fun group of volunteers who work to raise money for extra school resources. Please consider getting involved.

Our Parent Resource Library located outside the office will soon be closing up for the year. If you have borrowed books or kits please return by the end of May. Thanks to everyone who has donated parenting books or magazines. Many are being checked out frequently.

Thanks to the parent volunteers who help us out on Thursdays with pizza day. We had one pizza cancelled this year with a snow day when buses were cancelled. There will be an extra Thursday pizza lunch added in June.

A reminder our Twitter feed @PoplarBankSC can be accessed from the Poplar Bank home page and has daily updates with info for parents including Poplar Bank activities, community events, and parenting resources. Please check us out!

Our next school council meeting is this Wednesday at 6:45 and will include a presentation on the new Health Curriculum. All welcome!

If you'd like to get in touch with school council please e-mail [poplarbankpc@gmail.com](mailto:poplarbankpc@gmail.com)

**Have you changed your Address, Phone number ? Are you moving? Do we have your up-to-date email address?**

If you have changed your address, phone number, email address or plan on moving, please call the school office. It is very important that we have your up-to-date information in the event that we have to contact you for any reason



**Update Your Information**



## pause to PLAY student activity log

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_ Grade: \_\_\_\_

Day	Screen time (TV, computer and video games): (except for homework)	Physical activities I did:	Healthy foods I ate:	Family time and other activities I did:	Parent initials
Monday, April 18	<input type="radio"/> I had no screen time today <input type="radio"/> I had ___ minutes of screen time				
Tuesday, April 19	<input type="radio"/> I had no screen time today <input type="radio"/> I had ___ minutes of screen time				
Wednesday, April 20	<input type="radio"/> I had no screen time today <input type="radio"/> I had ___ minutes of screen time				
Thursday, April 21	<input type="radio"/> I had no screen time today <input type="radio"/> I had ___ minutes of screen time				
Friday, April 22	<input type="radio"/> I had no screen time today <input type="radio"/> I had ___ minutes of screen time				
<b>Weekly Total</b>	<input type="radio"/> I had no screen time <input type="radio"/> I had ___ minutes of screen time	<b>Favourite:</b>	<b>Favourite:</b>	<b>Favourite:</b>	<b>Comment:</b>

When this week is done, I PLEDGE to be active more often than before and to turn off my screens and turn my activity levels up!

\_\_\_\_\_ (Sign your name here)

*Tip: Watch one less TV show or replace 60 minutes of screen time with 60 minutes of physical activity every day!*

1-800-361-5653  
TTY 1-866-252-9933

Community and Health Services  
Public Health



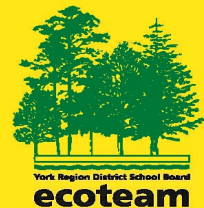
York Region Health Connection

www.york.ca

*April*



**REUSABLE  
CONTAINERS!**





*Bill Crothers Secondary School Presents...*

**The 2016**

*Return to Learn*

# **Concussion Management Symposium**

An informative evening about sport-related concussion management for parents, students, educators, and coaches.

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*Featuring a keynote presentation from...*

**Dr. Neilank Jha - Neurosurgeon and Concussion Expert**

*Concussion Management Today*

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*additional presentations from...*

**Cherie Piper, Three-time Olympic Gold Medalist**

*Concussion Management in Elite Sport*

**Dr. Frances Flint - Sport Psychologist**

*Social and Emotional Considerations for Concussion Rehabilitation*

**Dr. Sari Kraft & Stefanie Moser, Athletic Therapist**

*Clinical Management of Concussion : From Family Medicine to Athletic Therapy*

**Rebecca Green - YRDSB Superintendent**

*Concussion Management Protocol in Our Schools*

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**April 11, 2016 at 7:00 PM**

**Bill Crothers Secondary School**

44 Main Street | Unionville, ON

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**Admission is FREE, but space is limited.**

**E-mail [derek.virgo@yrdsb.ca](mailto:derek.virgo@yrdsb.ca) to register!**

## Our Mission

At Belinda's Place, The Salvation Army provides basic needs, temporary housing, client-focused wraparound supports and follow up services to assist women who are homeless or at risk of homelessness.

We help women find and keep housing and successfully reintegrate into the community.



## Contact us

16580 Yonge Street  
Newmarket, ON  
L3X 2N8

289-366-4673 (HOPE)

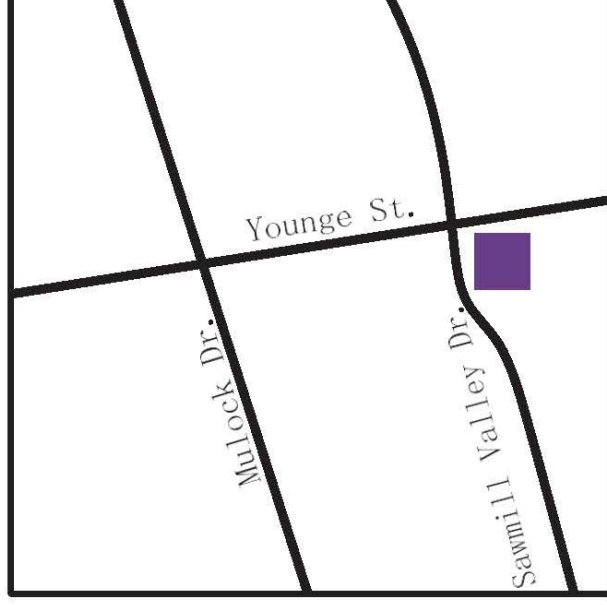
BelindasPlace.ca

Belindas\_Place@can.salvationarmy.org

 Belinda.Place.Hope  
 @belindasplace

Registered charitable number:  
107951618RR0451

# Belinda's Place



Supporting Women  
who are homeless  
or at risk of  
homelessness



Belinda's Place is a multi-service facility that provides support and services to women to get back on their feet.

## Our Clients

We offer emergency and transitional housing to homeless women, age 18 and up as well as drop in and aftercare services to women at risk of homelessness in the community.

Please note that Belinda's Place cannot support women who are fleeing violence and we cannot accommodate children. However, we can refer you to support services.

## Our Programs

- **Emergency housing** (28 single rooms)
  - operating 24 hours a day, 7 days a week and providing basic needs. Women may stay up to 30 days.
- **Transitional Housing** (9 self-contained units) - supporting women to develop skills to live independently. Women may stay up to 364 days.

- **Drop-In Services** - supporting women who are homeless or at risk of homelessness, by providing them with supplies and connecting them with services. Drop-in services are available from 9 a.m. - 9 p.m., 7 days a week.
- **After care** - offering continued support to all newly housed women including follow-up case coordination and practical assistance services up to 12 months.



## Our Services

### Housing and Community Supports

- Rental housing searches
- Housing appointments
- Application assistance
- Life skills training and coaching

### Wraparound Supports

- Connections to community agencies
- Mental health
- Harm reduction
- Wraparound support planning

### Outreach Supports

- Life skills training
- Food security
- Transportation assistance
- Household start-up
- Health supports

### Employment Supports

- Work skills assessment
- Resume development
- Individualized job search
- Job application completion
- Interview coaching

### Drop-in Community Supports

- Access wraparound services offered by community agencies
- Referrals to on-site partner agencies

