



235 Redstone Road  
Richmond Hill, Ontario  
L4S 2E2  
(905)508-1073

#### School Website

[www.redstone.ps.yrdsb.edu.on.ca](http://www.redstone.ps.yrdsb.edu.on.ca)

#### Twitter

@RedstonePS

December 2017

Superintendent: Rita Russo  
905-884-4477

Trustee: Carol Chan

#### Administrators' Message

December is always a busy month and here at Redstone we have many different initiatives underway to create interesting learning opportunities as well as lasting memories.

It is important that during the holiday season and all throughout the year, that we help children to understand what it means to be fortunate. Donating some time to a Food Bank or making a food, toy or clothing donation to a local agency helps children to be appreciative of our blessings: good health, loving families, safe homes, the first snow fall, and the list could go on and on.

The Holiday Season is a perfect time to begin new family traditions, such as taking time at the dinner table to share what or who you appreciate, or having children keep an appreciation journal to record their thoughts at the end of each day. This way, when things may not be going so well, children can be reminded of these conversations or notes to lift their spirits. Children and adolescents can learn to show their appreciation of the little things that we often overlook. This also helps them to build resiliency and to bounce back from a rough day.

It is equally important to remember the simplicity and importance of family time, for example, with a family game night or a family walk to enjoy nature. Studies have shown that screen time prior to bedtime can have a negative impact on restful and restorative sleep. All electronics should be turned off and put away at least one hour before bedtime to allow for adequate down time prior to going to sleep. This is a great time to read a story, talk about the day, or have an "appreciation" conversation. Ensuring a "good night's sleep" should be a top priority to prepare the mind and body for the following day.

We wish all of our Redstone community a peaceful and joyous Holiday Season, and a very happy New Year!

Sincerely,

W. Thompson

Principal

L. Taglieri

Vice Principal

Office Hours: 8:30 am -4:30 pm

If your child will be absent  
or late please use our  
24-hour voicemail system.

CALL THE SCHOOL

AT 905-508-1073

AND PRESS 2 TO LEAVE A  
MESSAGE ON THE ATTENDANCE  
LINE. If the voicemail is full, send an  
email to:

[www.redstone.ps@yrdsb.ca](mailto:www.redstone.ps@yrdsb.ca)



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Adopt-a-Stream Award  
(see page 2 for more info)



#### EduCamp @ Redstone

On Friday, November 17, we had our EduCamp day for students in Grades 4-6. Our Grade 7 leaders taught students to code, use a 3D printer, robotics, how to use iMovie, stop animation and many other skills. It was a great day of learning. A special thanks to our parent volunteers Mr. Hyman & Mr. Lu, who spent the day supporting student learning and Mr. Grey for organizing the event.

#### Families we need your input!

In preparation for this year's **Wellness Week Symposium** in May, we would like to offer sessions that will be the most meaningful, applicable and relevant to your families' needs. Please visit this link to provide your input at <http://bit.ly/2zR7EH7>. Thank you for your support in building a positive mentally healthy environment for all children to flourish.

Respect  
Responsibility

Honesty  
Empathy

Fairness  
Initiative

Perseverance  
Integrity

Courage  
Optimism

## Respect

I will treat **myself, others and the environment** with consideration, high regard and dignity.

- Leave everything a bit better than how you found it. (Unknown)
- Respect means you care enough to **think** about others' feelings **before** you **act**. (Unknown)

## Book Swap

Redstone's environment club, The Earth Keepers, is hosting our second annual Book Swap! Clean out your house and get some new books to read before the winter holidays! **We are extending our book collection**

**until Wednesday, December 6.**

Students will be given one ticket for each donated book. During the week of *December 11 to 15th*, students can exchange their tickets for books to keep. Thank you for supporting this initiative!

## **Recipients of the Character Award in October - Responsibility**

Mrs. Coetzee & Ms. Niaz – Nara M., Nusaybah N., Sarra S.  
Mrs. Wong & Mrs. Mira – Lauren L., Stanley H.  
Mr. Janzen & Ms. Bidos – Skye S.  
Mrs. Gertzbein & Mrs. Jaffer – Emma, Rachel, Darian  
Mrs. Inglis – Michelle, Anderson, Naomi  
Mrs. Blumenthal – Audrey, Jadyn, Owen  
Mr. Hynd – Lucy L.  
Ms. Cancelli – Melaina  
Ms. Kathir – Kathyna, Danbi  
Ms. Wainberg – Gracie  
Mr. Horowitz – Victoria (gr. 3), Jueun (gr. 4)  
Mrs. Cookson – Katerina, Bernie  
Mrs. Alvarez – Hannah, Ilakia  
Mr. Inglis – Gaya, Kaeshi  
Mrs. Richter – Eshani, David  
Mr. Stoddart – David  
Mr. Grey – Rukshan, Jasmine  
Mr. Barwin – Marlo, Ali  
Mrs. Ciani – Robert, Abigail  
Mrs. Clark – Emily, Keymia  
Mr. Mangaloglu – Marianna, Nathan  
Ms. Vittorio -- Nicholas

## NEW PIZZA SESSION - JANUARY TO MARCH

Visit <https://yrdsb.schoolcashionline.com/> to place your order.



Our **Donation Drive** was a great success. We raised **almost \$6000** which will be used to support technology, literacy, math and well-being initiatives at school.

A big thank you to all families who made a donation and to School Council and our parent volunteers for organizing this fundraiser.



## Holiday Heroes – Toy Drive

In partnership with the York Region Police, we invite you to contribute a **new, unwrapped toy** for any age between now and December 11 to support families in our community. Simply place your new, unwrapped toy under the tree in the main hallway of the school.

## Adopt-a-Stream Award

Redstone Community Group, an environmental group formed by families of Redstone PS received the "2017 Adopt-A-Stream" award by Ontario Streams in recognition of the exemplary work this group has done towards environmental stewardship with their Adopt-A-Stream site. Congratulations!



## EQAO for 2017-18

At Redstone, our Grade 3 & 6 students will be writing the EQAO assessment later this year. Please do not book appointments or vacations during the period of May 22-June 4, 2018. More information for families will be provided as we approach these dates. Thank you.

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# What ZONE Are You In?

(Adapted from: *The Zones of Regulation* by Leah M. Kuypers)

In the last two months, many students at Redstone have had the opportunity to participate in the curriculum called the Zones of Regulation with Mrs. Dawn. The goal of the curriculum is to teach children about self-regulation and how to strengthen their self-regulation skills.

Self-regulation can go by many names, such as self-control, self-management, and impulse control. Self-regulation is an essential skill in life, and in all learning environments. Children who can regulate their own emotions and attention are better ready to learn and thrive.

The Zones of Regulation groups all the ways that we feel and act into four coloured “Zones”.





**Blue Zone—when your body is running slowly, such as when you are tired, sick, sad or bored.**

**Green Zone—when you are ready to learn or “good to go.” You feel happy, calm and focused.**

**Yellow Zone—when you feel your engine running high, such as when you are frustrated, overwhelmed, silly, wiggly, excited, worried, anxious, or surprised.**

**Red Zone—when you have lost control of your emotions and you need to stop, you have extreme feelings such as terror, uncontrolled anger, aggression, or elation.**

## The ZONES of Regulation®

			
BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Terrified Yelling/Hitting Out of Control

The curriculum includes lessons and learning activities are designed to help the students recognize when they are in the different zones as well as learn how to use strategies to change or stay in the zone they are in. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading other people’s facial expressions, perspective about how others see and react to their behavior, insight into events that trigger their behavior, calming and alerting strategies, and problem solving skills.

It is important to note that everyone experiences all of the zones—the Red and Yellow Zones **are not** the “bad” or “naughty” zones. All of the zones are expected at one time or another. The Zones of Regulation is intended to be neutral and not communicate judgment.

If you use the Zones of Regulation vocabulary at home, please use neutral language. For example, “I notice you are in the Blue Zone. What is your plan for moving to the Green Zone?” Or “The Yellow Zone is great for the playground, but right now we are getting ready for dinner. Can you tell me what Zone would be a better match for getting ready for dinner?” “You are in the Red Zone. It is hard to solve problems when you are in the Red Zone. Do you need help getting calmer, so you can be in the Green Zone?”.

If you would like to learn more about the Zones of Regulation and Self-Regulation, please communicate your interest by completing the Redstone Wellness Input form at <http://bit.ly/2zR7EH7>

Respect      Honesty      Fairness      Perseverance      Courage  
Responsibility      Empathy      Initiative      Integrity      Optimism



### Kindergarten Registration Commences on January 19, 2018

Kindergarten registration will commence on January 19, 2018 for the 2018-19 school year. Registration forms are available on YRDSB's website: [www.yrdsb.ca](http://www.yrdsb.ca). Children who turn four or five years old during 2018, live within the school boundary and whose parents are public school tax supporters will be eligible to register for kindergarten. A kindergarten information session for parents is being planned for this spring. For more information, please visit the YRDSB website or contact your local school.

### French Immersion Information Sessions and Registrations

Information sessions for the French Immersion (FI) program will take place at French Immersion schools on January 18, 2018 at 7 p.m. Please visit YRDSB's website in January 2018 (<http://www.yrdsb.ca/Programs/fi/Pages/Program-Locations.aspx>) to find the FI program location for your elementary school location. FI registration will begin January 19, 2018. Parents or guardians of Senior Kindergarten students entering Grade 1 in 2018, and wishing to enrol in the FI Program, can visit or call the school office and request an *Office Index Card - short version*. The Office Index Card must be signed by the principal of the home school. Parents or guardians then take this form, along with one piece of identification showing their address to the designated FI program location to register between January 19 and February 9, 2018. This eliminates the need to provide duplicate enrollment information or to pre-register.

YRDSB's FI Accommodation Plan provides long-term consistency and equity of access to all students in York Region and will enable YRDSB to continue to offer the FI program to all who wish to enrol. The FI program will be offered in Dual Track or Single Track settings, in a variety of configurations. In order to meet community needs and optimize available space in our schools, a community's Grade 1-8 FI program may be provided over more than one school during the course of a student's FI education. Space requirements at some schools may mean that siblings are in different schools for primary dual track French Immersion programs due to differing grade structures. Like any of our schools across the Board, changes to school boundaries, and/or the accommodation model for the French Immersion program may need to be considered when new schools open, a school experiences enrolment growth, and program changes occur. This will allow flexibility in addressing community needs and the opportunity to use existing space in schools.

More information is available on the Board's website: [www.yrdsb.ca](http://www.yrdsb.ca). Please note: Some of the FI accommodation plans will require facility modifications or the development of new schools and will require short-term transition plans that might include overflow while we work toward the long-term vision. Overflow refers to situations in which the Board directs students to attend a school other than their community school or optional program for a specific period of time, as defined in Policy #108

*Bonjour*

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### Drop-Off & Pick-Up Safety

If you are picking up or dropping off your children, please remember that, **for student safety, this must happen in our loop at the side of the school.** Please do not drop students off in the driveway in front of the school as this area is reserved for busses.

If you choose to drop students off from the road, please use the sidewalk and crosswalk to safely cross the driveway. Remind your child to look both ways prior to crossing the driveway.

As drivers, we need to be watching for children.

### Volleyball News

Congratulations to the Sr. Girls Volleyball team who finished their season at the Area Tournament late in November. The team showed great sportsmanship, teamwork and skill development throughout the season. Although we came up short at the areas, we still consider this year a great success. Thank you to our coaches Mrs. Cancelli and Mr. Mangaloglu for a great season.

Our Sr. Boys Volleyball team participated in the Area Tournament as well and put forth a valiant effort. They finished in first place in their pool, winning all their games and moved on to the semi-finals. They finished the tournament in fourth place. Congratulations Boys! Thank you to the coaches Mr. Barwin and Mr. Horowitz, and Ms. Alvarez for a great season.



### Message from Our Trustee

In November, about 1,000 students, staff members and community partners came together from across the Board to form a [Ring of Peace](#) and stand together against hate, discrimination and intolerance. The student speakers at the event shared meaningful messages about the importance of feeling welcome, valued and respected.

At York Region District School Board, we are committed to listening to the voices of our students and communities. We will continue working with our school communities to ensure our schools provide safe, welcoming and inclusive environments for everyone.

Last month, our annual [Quest conference](#) brought together educators from across Ontario, Canada and around the world to share, learn and discuss how to foster well-being in schools. Some of the themes covered included equity and inclusivity, and safe and caring environments.

It was a wonderful opportunity to learn more about some of the positive things happening in our own schools and other districts. In recent months, we have had several international visitors come to our system and schools to learn more about the work in our system to support student achievement and well-being, including Qatar, the Netherlands, Texas and the United Kingdom.

We are pleased to have these opportunities to continue highlighting and sharing the great things happening in our schools thanks to our outstanding students, staff members, families and community partners. Your engagement makes a difference in our schools and I encourage you to continue getting involved in the life of your child's school.

As we enter the holiday season, I am once again impressed by the generosity of our school communities and our students' commitment to helping others.

Best wishes to everyone for a safe and happy holiday season and a wonderful start to 2018.

Carol Chan

Respect  
Responsibility

Honesty  
Empathy

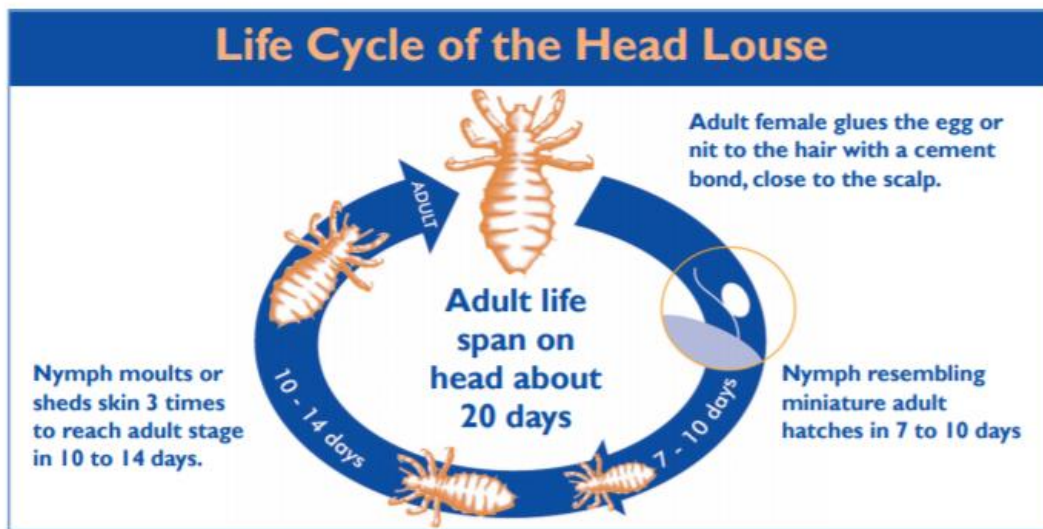
Fairness  
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## Health Connections – Head Lice

We have had a few cases of head lice at Redstone. We are asking all families to be vigilant throughout the course of the year by checking your child's hair for nits (eggs) or live lice. Children with live lice must remain at home. Treatment involves not only the child's hair, but also other family members, bedding, clothing, hair accessories, etc. More information is available through [Public Health](#). Families are reminded to continue to check for lice and nits even after treatment has been applied. Continued combing using a specialized comb for the removal of nits is the only way to prevent a recurrence or the spread of lice.



### OHIP+

Beginning January 1, 2018, the province will provide free prescription drug coverage for children and youth aged 24 and under, regardless of family income.

Under OHIP+, over four million Ontario children and youth will have access to over 4,400 medications and other drug products. This will help many families access medications their children need to stay healthy at no cost – no co-payment or annual deductible.

Enrollment in OHIP+ will be automatic, based on age. There are no upfront costs for eligible medications. Those who are eligible for OHIP+ will only need their health card number and a valid prescription from their doctor or nurse practitioner when they visit their pharmacist.

Visit [Ontario.ca/OHIPplus](https://Ontario.ca/OHIPplus) for more information.

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# **BUS CANCELLATIONS** **DUE TO INCLEMENT WEATHER**

YOU MUST **NOTIFY** THE **SCHOOL** IF YOUR CHILD WILL BE **ABSENT** DUE TO **BUS CANCELLATIONS**.

PLEASE EMAIL [www.redstone.ps@yrdsb.ca](mailto:www.redstone.ps@yrdsb.ca) to notify the school.

## **SCHOOLS REMAIN OPEN**

During an Inclement Weather Day, the school is open and alternate programming may be provided depending on the number of students in attendance on this day.

## **PIZZA LUNCH & LUNCH LADY**

If Pizza Lunches are scheduled on an Inclement Weather Day they will be **cancelled and rescheduled**.

All Lunch Lady orders will be delivered, unless cancelled by phone or email **before 8:00AM** on the day of delivery.

## **DROP OFF/PICK UP**

Students who come to school on a Snow Day may be dropped off and picked up through the parking lot loop. Please pick up students by 3:45 pm.

## **School Bus Cancellation Notice**

To ensure the safety of students, school bus service may be cancelled due to inclement weather, extreme temperatures and/or poor road conditions. In these cases, parents and students should develop alternate care/transportation arrangements.

Cancellation decisions will only be made after thorough consultation with the Safety Officers of school bus companies servicing York Region and are based on several factors including precipitation, air temperature, road conditions and weather forecast.

Please note the following;

- A decision to cancel school bus service will be **region-wide** meaning all school buses, vans and taxis will not operate.
- **School bus routes may be cancelled when severe weather may not be affecting all municipalities in York Region.** Both the YRDSB and YCDSB operate many regional educational programs. Students attending these programs are transported over large attendance areas encompassing several municipal boundaries. This limits the ability to cancel bus service using a municipality or zone methodology.
- When bus service is cancelled all school tests and/or examinations will be cancelled and rescheduled.
- Student trips involving the use of school buses will also be cancelled.
- Unless otherwise stated, schools will remain open and parents can make arrangements to transport their children to and from school even if school bus service is cancelled. **If buses are cancelled in the morning, they will not operate in the afternoon. Therefore, students transported to school by parents will require the same transportation home.**

Parents, students and school staff are asked to access the following radio and television stations after 6:00 a.m. to receive bus cancellation information:

### **RADIO**

590 AM	640 AM	680 AM	860 AM	1010 AM	1050 AM	1540 AM	1580 AM
88.5 FM	89.9 FM	92.5 FM	93.1 FM	94.9 FM	95.9 FM	97.3 FM	98.1
FM99.1 FM	99.9 FM	101.1 FM	102.1 FM	104.5 FM	100.7 FM	105.9	107.1 FM

### **TELEVISION**

CITY TV	CTV Barrie	CTV Toronto	CP24	GLOBAL NEWS
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A bus cancellation message will also be available at [www.schoolbuscity.com](http://www.schoolbuscity.com) and by calling 1-877-330-3001, or by following @YRDSB and @YCDSB on twitter.

**Please note that school bus charters (trips) will not operate when home to school bus service is cancelled.**

Respect      Honesty      Fairness      Perseverance      Courage  
Responsibility      Empathy      Initiative      Integrity      Optimism

# December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Holiday Heroes Toy Drive Until Dec. 11				1 Mawlid-un- Nabi	2
3 Holiday Heroes Toy Drive Until Dec. 11	4 Book Swap donations	5	6 Pizza Day	7	8	9
	Dental Screening (YRPH)		Dental Screening (YRPH)			
10 Holiday Heroes Toy Drive Until Dec. 11	11 Book Swap Exchange	12	13 Pizza Day	14	15	16
			Birthday of Aga Khan  Chanukah begins			
17	18	19	20 Pizza Day	21	22	23
			Primary Winter Elective Day (Tentative)	Holiday Sing-a-Long (for students)	PJ Day	
24 Winter Holidays	25 Christmas	26 Kwanzaa	27	28	29	30
		Death of Prophet Zarathustra				
31	See you on Monday January 8, 2018!					

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